

COUNTY OF SAN LUIS OBISPO

HEALTH COMMISSION

Minutes of Meeting

Monday, November 19, 2018 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage (Chair), Robert Campbell, Elisa Moylan, Catherine Shipp, Susan Warren, Candace Winstead

Members Absent: Jinah Byram, Jean Raymond, Tamar Sekayan

Staff Present: Penny Borenstein, MD, Jean White

Speakers: Ann Wyatt, Executive Director, HomeShareSLO

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order at 6:00 PM by Chair Sage.	<i>Call to Order</i>	<i>Chair Sage</i>
2. Approval of Minutes: October 15, 2018	October 15, 2018 minutes were approved as drafted.	<i>October 15, 2018 minutes approved.</i>	<i>RC/JR / All</i>
3. Public Comment	Chair Sage opened the floor to public comment with no response.		
4. Presentation: HomeShare SLO: Senior Housing and Health	<p>Ann Wyatt, Executive Director, HomeShareSLO, presented an overview of HomeShare SLO, a local non-profit that facilitates home share matches between those with an extra room and those looking for affordable housing. She talked about trends, changing demographics, and noted they are seeing a lot more single person households and more single senior women households. She referred to the County’s Community Health Improvement Plan, of which the Health Commission had a part, that included priorities to reduce injuries from falls, increase safe and affordable housing, and to increase Cal Fresh enrollment. As the number of seniors increases over the next years and decades, there is a need for more tools and systems in place to deal with the challenges and this challenge can be used as an opportunity to use existing resources. They would like to expand their home share services beyond the current matching in homes to co-living services, by owning or leasing a structure and renting it out as co-living. They are working with a group of social investors to be able to purchase a building. Structures can be in the form of residential hotels, boarding houses, group homes, conversion of motels, splitting up transitional single-family houses into several private spaces and tiny house communities. Recently, the state passed new codes which codifies the Junior ADU (Accessory Dwelling Unit) that is either inside or attached to the main house. Hope’s Village, a local non-profit, is working on a location for a tiny house village and they have acquired 3-4 tiny houses. The City of SLO is poised to pass a tiny house ordinance next Tuesday that would allow tiny houses in SLO City residential backyards with a number of restrictions. HomeShareSLO includes the County’s Cal Fresh application is their welcome packet. She asked everyone to start thinking in terms of a new normal and out of the box.</p> <p>Commissioner Warren asked if hospitals, ERs, and social workers are making referrals to HomeShare SLO. <i>(Ms. Wyatt answered that they receive referrals from hospital discharge staff and care center discharge staff, but that home sharing requires detailed screening and matching for compatibility, so is not often a quick enough process to serve clients immediately after discharge.)</i></p>	<i>A copy of the Power Point presentation is filed with the official record of the meeting.</i>	

	<p>Commissioner Shipp asked if the program operates only in SLO City. <i>(Ms. Wyatt advised that the program is countywide.)</i></p> <p>Commissioner Shipp asked how rents are determined. <i>(Ms. Wyatt advised that the home provider and home seeker decide on the rents amongst themselves. The program requires that the agreements be clear but does not dictate what the agreement is. Average rent is about \$825/month, including utilities. HomeShare SLO is subsidized by grants and private donations and charges a \$50.00 screening fee and the home providers pay the program their first month's rent.)</i></p> <p>Commissioner Shipp asked about changes in circumstances; for instance, when a person can no longer afford rent. <i>(Ms. Wyatt advised that there hasn't been an instance yet of unpaid rent. There have been a few instances where a match didn't work out. Part of the screening process is that the person has a dependable income and a good credit score.)</i></p> <p>Commissioner Campbell referred to the statistic presented and asked what portion of single senior women living alone live on \$1100 month or less. <i>(Ms. Wyatt estimated approximately 40% live on social security and do not have any outside income.)</i></p> <p>Commissioner Sage asked how they find and market homes for sharing. <i>(Ms. Wyatt advised they have had success through church groups, senior centers, service groups, outreach at meetings, and client referrals.)</i></p> <p>Commissioner Winstead asked what their biggest challenges are and how the Health Commission can help. <i>(Ms. Quinn answered that funding is their major challenge. They currently do not have an office and operate with 3 part-time staff persons; volunteers help fill the gaps.)</i></p> <p>Commissioner Moylan asked if they have a board. <i>(Ms. Quinn advised that they have a 9-member volunteer board.)</i></p> <p>Commissioner Moylan asked if they work with the housing authority, who has been looking at various types of co-living. <i>(Ms. Quinn answered that they work with the housing authority as one of many partners, but there hasn't been a way to tap funding. The Housing Authority has helped them with inspections of their co-living facilities.)</i></p>		
<p>5. Health Agency / Public Health Report</p>	<p>Penny Borenstein, MD, MPH, Health Officer/Public Health Director, provided an update:</p> <ul style="list-style-type: none"> • The Community Health Improvement Plan (CHIP) is out for public comment. She asked commissioners to review and provide any feedback. • The County is gearing up for FY 2019/2020 budget. Unfortunately, the County is looking in the order of a 5-10 million-dollar budget gap. • There will be a hearing on fees tomorrow at the Board of Supervisors. Fees are a major means of financing for Environmental Health, EMS, Laboratory and some of the clinics. • First 5 SLO will be celebrating its 20th anniversary with a presentation at the Board tomorrow. • Recently, they have been seeing a few cases of pertussis (whooping cough). Pertussis tends to cycle every five years and is preventable with the TDAP vaccine. Young infants are most at risk because they are not old enough to get vaccinated. Beginning at age 11 or 12, everyone should have a single dose or a booster of the Pertussis vaccine. • Jean White will be retiring next month. 		

	<p>Commissioner Sage noted there is a 10-page wait list at CVS Pharmacy for the shingles vaccine. <i>(Dr. Borenstein does not have updated information and will check on vaccine availability.)</i></p> <p>Commissioner Shipp asked about numbers of flu vaccines given at Public Health’s emergency preparedness drill (flu clinic). <i>(Dr. Borenstein noted that over 800 flu vaccines were given, similar numbers to last year. At peak in past years, they were giving closer to 1400, but there is much more availability these days through different venues. It is not too late to get a flu shot.)</i></p> <p>Commissioner Sage asked about effects of air quality from the fires. <i>(Dr. Borenstein noted the air quality reports show yellow zone (moderate), which is not unusual in our county. There are some minor effects from the Southern California fires.)</i></p>		
<p>6. Health Commissioner Updates</p>	<p>Commissioner Warren reported that the Homeless Services Oversight Council will be meeting on Nov 28th at 1:00, at the SLO Veterans Hall. They are doing a lot of public outreach to gather ideas and set priorities for the \$4 million-dollar HEAP funds coming from the State. RFPs will go out in January. Dollars must be spent by June 2020. Meeting is open to the public.</p> <p>Commissioner Warren attended First 5 SLO Commission, who will be presenting on 20 years at the Board of Supervisors tomorrow.</p> <p>Commissioner Warren attended HEAL SLO who is “re-grouping” and will meet again in February.</p> <p>Commissioner Shipp will be the representative on the Oral Health Coalition and also the alternate (to Commissioner Sage) on the CBO/Preventive Health Grant Committee.</p> <p>Commissioner Campbell reported that he met with Jenelle Merzon and Grace Calhoun and talked about how the Health Commission could help the Tobacco Control Coalition with their efforts. The scene is rapidly changing in terms of regulatory response and proposed regulations. He suggested inviting them back for another presentation.</p> <p>Commissioner Campbell had nothing new to report from the Human Trafficking subcommittee but noted they do have a need for a volunteer Mandarin translator.</p> <p>Commissioner Campbell was unable to attend the last Air Pollution Control meeting. State Parks is scheduled to present their master plan for remediation in January. Stay tuned.</p> <p>Commissioner Winstead reported that the Syringe Exchange Program is starting naloxone training at the Jail.</p> <p>Chair Sage reported that she and Commissioner Raymond attended the palliative care luncheon, where Jeremy Irons presented a proclamation. She suggested this as a future agenda item.</p> <p>Chair Sage thanked Commissioner Warren for attending the HEAL SLO meeting. She reported that the Healthy Communities committee continues to meet and that the last meeting included a discussion about the housing forum they sponsored on what went well, what could be improved.</p>		
<p>7. Committee Reports</p>	<p>Nominating Committee: Two vacancies remain on the commission in the consumer category.</p>		
<p>8. Prospective Future Items</p>	<p><u>December 10, 2018</u> – 6:00 PM</p> <ul style="list-style-type: none"> Retreat/Planning meeting at the Public Health Department, 2191 Johnson Avenue, SLO 		
<p>9. Adjournment</p>	<p>Meeting adjourned at 7:15 PM.</p>	<p><i>Adjournment</i></p>	<p><i>All</i></p>