

COUNTY OF SAN LUIS OBISPO HEALTH COMMISSION

Retreat / Planning Meeting Minutes

Monday, December 10, 2018

Public Health Department, 2191 Johnson Avenue, San Luis Obispo

Members Present: Mary Jean Sage (Chair), Jinah Byram, Robert Campbell, Elisa Moylan, Jean Raymond, Tamar Sekayan, Catherine Shipp, Susan Warren, Candace Winstead
Members Absent: None
Staff Present: Penny Borenstein, Theresa Miranda, Jean White

1. **Call to Order**

Meeting called to order by Chair Sage at 6:00 pm.

2. **Public Comment**

Chair Sage opened the floor to public comment with no response.

3. **Dinner Break**

Commissioners adjourned for a 20-minute dinner break.

4. **Commissioner Announcements / Updates**

Commissioner Shipp attended the Oral Health Coalition where they are continuing to work on the Oral Health Needs Assessment. Joel Diringer, Diringer & Associates, will be finalizing the draft, with a plan to bring forward to the Board of Supervisors.

Commissioner Raymond attended the Adult Services Policy Council where she asked if there were any issues or areas of concerns where the Health Commission could assist. The council provided her with a list of topics that she will include in tonight's discussion of agenda topics.

Commissioner Campbell will be unable to attend the next Tobacco Coalition meeting where they will be discussing new FDA regulations for e-cigarettes. Chair Sage volunteered to attend in his place.

Chair Sage attended the Healthy Communities Workgroup. The workgroup is working on their strategic plan and how to reach more cities within our county.

5. **Review and appointments of liaisons to County advisory committees**

Liaison appointments were reviewed, and no updates were made.

6. **Discussion & Planning of Health Commission Agenda Topics for Jan-Jun 2019**

Each commissioner brought forward their topics of interest:

Commissioner Raymond:

- Hospice
- Addiction
- SLO Village
- Regional Health Data Exchange
- Continuum of Care
- Mental Health
- Social Isolation
- Technology and Impact on Health
- Transportation for Elderly / Access Issues
- Suicide
- CenCal Benefits
- Housing – Transitions Mental Health/Bishop

Commission Byram:

- Marijuana Issues – particularly pregnancy & breastfeeding

Commissioner Moylan:

- Addiction Treatment
- Suicide Prevention Programs in Schools
- Elderly Issues

Commissioner Shipp:

- Suicide Prevention
- Cannabis Issues
- Breastfeeding Rates/Trends
- Vaccines

Commissioner Sekayan:

- Vaccines: Top 10 Myths
- Essential Oils
- Kids in Court System (Advocacy)
- EH – Pesticides/Spraying

Commissioner Warren:

- Follow up to Dr. Chasoff’s Presentation (women who continue to use after pregnancy / SLO has high rates / are our numbers changing?)

Commissioner Winstead:

- Addiction – Hep C – Treatment
- Suicide
- Cal Poly Undergraduate PH Degree
- Cal Poly “With Us” – Michael Eberhard

Commissioner Campbell:

- General addiction theme and tie in e-cigs, vaping, implication of nicotine addiction to children
- Tobacco Control use Health Commission as a conduit
- Air Pollution / Oceano Dunes

The following topics were discussed and decided upon for January-June 2019:

Month	Topic(s)	Lead
01/14/2019	Care Coordination: <i>Recuperative Care/CAPSLO (Grace McIntosh) /Transitions Food and Shelter (Orlando Gallegos) /SLOHIP (BH) /HSOC (Jane Nichols) SLO HUB (CAPSLO/THMA)</i>	Borenstein/Warren
02/11/2019	No Meeting February 2019	
03/11/2019	Transportation Planning: <i>Non-Emergency CenCal Benefits/SLOCOG/Caltrans/SLO Senior Go (new grant)/CHC</i>	Borenstein/Sage
04/08/2019	Breastfeeding <i>Breastfeeding Coalition Chair/WIC (Dawn Wilt)/Work Place Environment (Molly Kern-Chamber)/4 P’s Plus/First 5 (Wendy Wendt)</i>	Borenstein/Shipp
05/13/2019	Electronic Health Records and Health Information Exchange <i>Nick Drews</i>	Borenstein
06/10/2019	Suicide <i>BH has new Suicide Prevention Coordinator (/ Seniors /VETS/ Mindful Mothers (EM to coordinate speaker)” With Us” (Cal Poly National Network for Peer Accountability) / Aware Awake Alive</i>	Borenstein/Moylan
07/08/2019	Planning/Retreat	

Additional Topics for Fall 2019:

- Health Effects of Cannabis
- Cal Poly Public Health Degree
- Addiction
- Foster Care Nurse/Kinship Center
- Telemedicine and Telepsychiatry

7. Proposed Future Items

No meeting will be held in February 2019. Next Meeting is January 14, 2019.

8. Adjournment

The meeting adjourned at 8:00 pm.