

COUNTY OF SAN LUIS OBISPO HEALTH AGENCY PUBLIC HEALTH DEPARTMENT

PROVIDER HEALTH ADVISORY

Date: May 21, 2024

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California Child and Adolescent Mental Health Access Portal (Cal-MAP)

Primary Care Providers (PCPs) now have a number to call to receive no-cost consultation, education, and resource navigation while addressing mental and behavioral health concerns in youth ages 0-25.

The California Child and Adolescent Mental Health Access Portal (Cal-MAP) is a CalHOPE pediatric mental health care access program designed to increase timely access to mental health care for youth throughout California's communities, especially in the state's most underserved and rural areas. Cal-MAP's team of psychiatrists, psychologists and social workers are available to PCPs either right away for assistance with a patient in their office, or for a scheduled date and time. Cal-MAP's website also contains a hub of resources for providers to utilize in practice, which covers ACEs, substance use, anxiety screening, and more.

Providers must register as an individual or group at <u>cal-map.org/s/registration</u> and will then have access right away.

Once registered, request a consultation by visiting <u>cal-map.org</u>, or if you are a PCP in need of a consultation right away, call 1-800-253-2103 (Mon-Fri, 8:30am-4:30pm).

California Child and Adolescent Mental Health Access Portal

Cal-MAP

Licensed clinicians delivering primary care or school-based health care to children and youth under age 25 now have a new place to turn for immediate no-cost consultation addressing mental and behavioral health.



www.cal-map.org (1-800-253-2103



What is Cal-MAP:

The California Child and Adolescent Mental Health Access Portal (Cal-MAP) is a CalHOPE pediatric mental health care access program. Cal-MAP's team of psychiatrists, psychologists and social workers are available to clinicians for on-the-spot patient assistance or by appointment. Cal-MAP also provides education, CME events, care coordination, and more.

Who can use these services:

Cal-MAP is available to all licensed clinicians delivering primary care or school-based health care to youth ages 0-25. This includes doctors, nurses, nurse practitioners, physician assistants, and others.

To register:

Registration is required as an individual or as a group. The process takes 10-15 minutes.

Register at: cal-map.org/s/registration

To request a consultation:

Clinicians may request a consultation online or by calling for immediate support:

cal-map.org (Any time) 800-253-2103 (M-F, 8:30-4:30)