



**COUNTY OF SAN LUIS OBISPO HEALTH AGENCY  
PUBLIC HEALTH DEPARTMENT**

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## **PROVIDER HEALTH UPDATE**

**Date:** September 18, 2018

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### **County of San Luis Obispo Public Health Department Now Provides PrEP**

This Provider Update is intended to ensure that our medical providers are aware that you may encounter HIV-negative patients taking routine medication as prophylaxis against HIV infection.

The County of San Luis Obispo Public Health Department now offers pre-exposure prophylaxis (PrEP) to prevent HIV infection. Use of PrEP is restricted to individuals who are HIV negative and are at substantial and ongoing risk of HIV infection.

PrEP is a once-daily oral medication licensed by the FDA as a combination of two antiretrovirals: tenofovir disoproxil fumarate (TDF) and emtricitabine (FTC). PrEP is also known by the trade name Truvada®.

Indications for PrEP include (but are not limited to) men who have sex with men (MSM) in an ongoing sexual relationship with an HIV-infected partner, heterosexual men or women in an ongoing sexual relationship with an HIV-infected partner, commercial sex workers, and injection drug users who share injection equipment. Patients receiving PrEP should continue to use condoms during sex.

Side effects from PrEP have been similar to placebo, though patients may report nausea during the first month of treatment. Decreases in renal function and occasional cases of acute renal failure have occurred, so PrEP may not be appropriate for some individuals with pre-existing renal impairment. In addition, both TDF and FTC are active against Hepatitis B. Thus, hepatitis serology is recommended prior to initiation of PrEP.

For more information about PrEP, please visit [www.cdc.gov/hiv/risk/prep](http://www.cdc.gov/hiv/risk/prep). To find a PrEP provider near you, please visit [www.pleaseprepme.org](http://www.pleaseprepme.org).

This notice is also available online at [www.slopublichealth.org](http://www.slopublichealth.org).

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