The Healthy Communities Workgroup is a committee of the Healthy Eating Active Living SLO Coalition. Workgroup members come from all sectors with representatives from public health, Cal Poly SLO, planning, philanthropy, local business, and the community at large.

A Healthy Community is one that is continually creating and improving physical and social environments, and expanding community resources to enable people to mutually support each other and develop their maximum potential.

A Healthy Community includes:

- A clean, safe, high-quality physical environment
- A stable ecosystem
- A high degree of public participation
- The meeting of basic needs (food, water, shelter, income, safety, work) and the ability to exceed basic needs
- A diverse, vital, and innovative economy
- Encouragement of strong cultural and spiritual heritage
- High health status, public health and healthcare services accessible to all
- A sustainable local food and agricultural system

The purpose of the Healthy Communities Workgroup is to improve the health and wellness of current and future San Luis Obispo County residents through collaboration, education and policy guidance as it relates to health and the built environment.

Broad Street project – example of mixed use development