Say cheese

See your dentist for better health
Aetna Dental® plans

aetna®
Is dental care safe during pregnancy?
Yes, and it’s so important. That’s because many of the changes happening in your body at this time can actually affect your gums and teeth. Studies even suggest women with no dental care have a higher risk of delivering a preterm baby.¹

Your Aetna Dental plan includes a special perk: You’re covered for one extra dental cleaning during pregnancy.* So you can take special care of your teeth — and your tiny one — throughout this special time.

Signs to look out for
See your dentist if you have:
- Bleeding, swollen or receding gums
- Mouth sores or growths
- Persistent bad breath
- Loose or shifting teeth

Your home for dental benefits
No matter what you need to do, aetna.com is your place to do it.

Log in to:
- Find a dentist
- Track a claim
- Print ID cards
- Send us an email

Need one-on-one help? Just call 1-800-779-3357, Monday – Friday, 8 a.m. to 6 p.m. ET.

Healthy mouth, healthier you.
See your dentist today.


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Preventive dental care can prevent many health issues.

Schedule a dental visit today.
Call 1-800-779-3357.