ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Laura DeLoye (805) 225-6101 mariposamusictherapy@gmail.com
Immediate Past Chair: Marie Brinkmeyer (805) 544-8740 rsvpslo@srvolunteer.org
First Vice Chair: Kathleen Bellefontaine (805) 235-5779 kbellefont@charter.net

AGENDA
12/05/2014
9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:
(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- Theresa Scott and Krista Vega - CenCal Health
- ASPC Members to bring donations for various charities - Share a few sentences about the charity and why they chose it.

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS
- POLST
- Transportation

MEETING LOCATION:
CAPSLO
1030 Southwood Drive, San Luis Obispo

NEXT MEETING:
01/09/2014
Adult Services Policy Council  
December 5, 2014  
9:00 a.m. – 11:00 a.m.

ATTENDEES

Sonya Laputz - Alzheimer's Association  
Krista Vega - CenCal Health  
joyce ellen lippman - Area Agency on Aging  
Kathleen Bellefontaine - Commission on Aging  
Mara Whitten - CAPSLO Adult Day Center  
Yudilia Tomsen - Independent Living Resource Center  
Laura DeLoye - Arts for Living/Mariposa Music Therapy  
Mark Shaffer - Ride-On Transportation/United Cerebral Palsy  
Fred Munroe - Ridership Development  
Marie Brinkmeyer - RSVP - Senior Volunteer Services  
Elias Nimeh - Senior Nutrition Program  
Brittany Carraway - Peoples' Self-Help Housing

INTRODUCTIONS AND ANNOUNCEMENTS
Chairwoman Laura DeLoye called the meeting to order. She reported that the Department of Social Services is very busy with the new rules regarding In Home Supportive Services (IHSS) and training providers.

Marie Brinkmeyer, RSVP, distributed the proposed 2015 meeting calendar. She pointed out that the January 2015 meeting is the 2nd Friday of the month. It was suggested that the July 3rd meeting be canceled.

Judy Thompson, ILRC, introduced herself.

Mark Shaffer, Ride On Transportation, announced that they are looking to serve small group homes. They would set up a regular schedule that was convenient with the facility.

Sonya Laputz, Alzheimer’s Association, announced that the Association has money for respite care grants. She explained that these are once a year grants of up to $900.00 to pay CAPSLO for day care or others for in home respite care. While there are no strict financial restrictions, they prefer the income level to be close to the Medi-Cal level. She explained that she has money that must be spent by the end of the calendar year. She stated that the intake can be done over the telephone if necessary.

Kathleen Bellefontaine, County Commission on Aging, reported that they are recruiting for members. They need to be senior advocates.

PUBLIC COMMENT
None presented.
Krista Vega reminded members that the Affordable Care Act provisions were implemented January 1, 2014. She reported that there are 38,000 new Medi-Cal recipients in both San Luis Obispo and Santa Barbara Counties. The distribution is approximately 2:1 with 24,000 new recipients in Santa Barbara County and 14,000 new recipients in San Luis Obispo County. She also explained that in San Luis Obispo County has the highest proportion is in south County area.

To illustrate the growth, Krista Vega stated that the new total number of Medi-Cal recipients in both Counties is 149,000. In January 2013 the total enrollment was 108,000 in both counties. She also reported that 30% of the California population is a Medi-Cal recipient. She noted that the 14,000 growth in Medi-Cal recipients in 2014, 11,000 was from Medi-Cal expansion. She explained that the 'wood work effect' resulted in the rest of the increase- the increased awareness of health care coverage availability.

Krista Vega continued that there were 3,338 persons aged 65+ in the Medi-Cal expansion in San Luis Obispo County. She also noted that 65% of the total Medi-Cal expansion in San Luis Obispo County was female. She noted that the actual enrollment exceeded the projections.

Krista Vega noted enrollment continues at a steady rate. In fact, 5000 new members were added in the month of December. Currently, there remains a significant backlog of applications: 835 applications at the State level from San Luis Obispo County. She explained that the ACA costs are currently paid by the federal government at 100% and this continues through 2017. After 2017 the feds will be responsible for 90% costs and the State 10%. A problem is the lack of providers and the delay for new Medi-Cal recipients.

Krista Vega reported that they are seeing low utilization at this time. They believe the cause is that prevention is not common practice. The newly eligible include males aged 18-64 who previously were not eligible. She referred members to the CenCal Health website for more data. She responded to a question and noted that undocumented are not eligible. She also noted that many of those enrolling and are eligible have pre existing conditions.

Krista Vega also noted that the ACA includes a new mental health benefit, which builds on the mental health parity law. She explained that effective January 2014, CenCal Health offers psychotherapy for those with mild- moderate mental health conditions. This includes individual and group counseling, psychological testing, and substance abuse screening (including brief intervention and treatment).

Krista Vega reported that the Holman Group has over 160 providers and over 40% of the providers in San Luis Obispo County are contracted with Holman Group. This includes 8 Spanish speaking providers in san Luis Obispo County. The data from January- November 2014 reveal that 5005 visits for 1,284 CenCal Health members in San Luis Obispo County. This includes 39 with language requests.

Krista Vega stated that a 2012 drug survey identified 20.6 million people in need but not receiving mental health services. She noted that the contact is the primary care physician who CenCal Health requires to do a screening. In order for the provider to bill for this procedure, they must complete 4 hours of training. A discussion of the large impacts of alcohol and substance abuse/misuse.
MEMBER COMMENT
Fred Munroe suggested that the Council review the time of the ASPC meeting to ascertain if that may be causing the recent decrease in attendance. Mark Shaffer suggested that the Council ask each organization once a year who is the representative to ensure we have correct names and email addresses.

Laura DeLoye will send members a link to the California Senior Legislature website (www.4CSL.org). She asked for volunteers for speakers at upcoming meetings. Sonya Laputz volunteer to speak at the January 2015 meeting. Casey Watson from Garden House (Assisted Living Facility in Morro Bay) could be speaker in February 2015. Also it was suggested a speaker from the group developing an Alzheimer’s Village.

CORRECTIONS/ADDITIONS TO THE SYNOPSIS
Corrections to the draft synopsis are presented.
MSC to approve the draft synopsis as modified. (Shaffer/Brinkmeyer)

ACTION ITEMS
Review and discussion of the proposed 2015 meeting schedule. It is agreed to revise the schedule and eliminate the meeting in July 2015.
MSC to approve the revised 2015 meeting schedule. (Bellefontaine/Nimeh)

COMMITTEE UPDATES
A handout was distributed that presents information about the IHSS Provider workshops throughout the County to explain the new timesheets, overtime and travel rules.

Mark Shaffer reported that they recruiting for new drivers for the Good Neighbor Program. They currently have 60 drivers and their 2015 goal is 100 drivers. They still have requests for transportation help that they cannot handle (approximately 20 a month). Anyone over the age of 21 years is eligible. The target areas are the City of San Luis Obispo, north coast and Paso Robles. Last year (2014) they doubled the number of drivers.

Fred Munroe said that the reception he has received recently at the San Luis Obispo Senior center is improved. He also volunteer Sara Sanders and himself to speak at an upcoming meeting.

Marie Brinkmeyer noted that one of her volunteers recently became a transit user and is promoting it everywhere she goes.

Fred Munroe stated that a local cab company is submitting an application for a New Freedom grant for the purpose of subsidizing transit for the disabled.

MEMBER SHARING
Each person presented and shared information about their favorite charity and why they support it.