ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources and independence wherever they reside.

Chair: Laura DeLoye (805) 225-6101 mariposamusictherapy@gmail.com
Immediate Past Chair: Marie Brinkmeyer (805) 544-8740 rsvpslo@srvolunteer.org
First Vice Chair: Sara Sanders (805) 781-1385 ssanderson@rideshare.org
Second Vice Chair: Barry Johnson (805) 540-6540 bjohnson@t-mha.org

AGENDA
09/04/2015
9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:
(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:
• James Statler, Community Counseling Center

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:
• ASPC Meeting Location

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)
• IHSS
• POLST
• Transportation

MEETING LOCATION:
CAPSLO
1030 Southwood Drive, San Luis Obispo

NEXT MEETING:
10/02/2015
Adult Services Policy Council  
09/04/2015  
9:00 a.m.-11:00 a.m.

ATTENDEES:  
Adam Morgan, SLO YMCA  
Barry Johnson, Transitions-Mental Health Association  
Brittany Carraway, People’s Self-Help Housing  
Dee Rittenhouse, Tri-Counties Regional Center  
James Statler, Community Counseling Center  
Jason Portugal, Ride-On Transportation/United Cerebral Palsy  
Jean Raymond, French Hospital/Health Commission  
Jessica Devereaux, Wilshire Community Services  
joice ellen lippman, Central Coast Commission for Senior Citizens  
Kathleen Bellefontaine, Commission on Aging of SLO County  
Laura DeLoye, Mariposa Music Therapy  
Marie Brinkmeyer, RSVP-Senior Volunteer Services  
Mariana Szydlauski, TCRC  
Martin L. Meltz, Community Representative  
Meghan Boaz Alvarez, TMHA  
Michelle Shoresman, SLO County Health Agency  
Rosana Ortiz, SLO County Probation Department  
Sara Bartlett, Central Home Health & Hospice  
Sara Sanders, SLO Regional Rideshare  
Sonya Laputz, Alzheimer’s Association  
Stephanie Garza, Wilshire HCS  
Theresa Scott, CenCal Health  
Tina McEvoy, Dignity Health

INTRODUCTIONS AND ANNOUNCEMENTS:  
Chairwoman Laura DeLoye welcomed group - Arts of Living is having a rhythm circle at the Templeton Park, Saturday September 26th 10:30-11:00 - See Flyer, also on Sunday September 20, 2015 3:00-4:30pm. An afternoon of musical meditation will be in Morro Bay at St Timothy’s Catholic Church - See flyer.

Marie Brinkmeyer – Senior Volunteer Services- Thank you for helping with the 7th annual RAFFLE, almost 10k raised.

Sonya Laputz – announced the 2015 Walk to End Alzheimer’s October 24th at Laguna Lake Park in San Luis Obispo.

Jason Portugal - see flyer for vendor fair, united Cerebral Palsy featuring vendor booths featuring local organizations, food booths, live performances, games and family fun Saturday October 10,2015 10am-2pm.

Barry Johnson – Transitions - see flyer - Suicide prevention forum: Stories of hope and survival event on October 8th, 2015. Two programs to choose from: 11 am- 1 pm and 6 pm- 8 pm at LDS Church Building 651 E Foothill Blvd. in San Luis Obispo. No fee, no reservations necessary, free CEU’s available, resource tables and networking.

James Statler – LYCEUM - see flyer - 3rd annual fundraiser October 9th, National Mental health day. Awards Luncheon at Ventana Grill 12:00-1:15pm cost: $50.00

Martin L. Meltz - Community Representative - Paso Cares trial run in November to transport homeless. Any suggestions greatly appreciated any churches willing to house homeless.

Kathleen Bellefontaine -SLO County Commission on Aging, announced that the Presentation at the Sept 18th COA meeting will be about Mental Health Services for Older Adults in our County with speakers from Wilshire Community Services, County Mental Health and Transitions-Mental Health Association.

PUBLIC COMMENT:  
None
Guest Speakers:

James Statler - Community Counseling Center (CCC)
See brochure with locations and hours. Non-profit community based organization provides premium, short-term, mental health and information to SLO county residents. CCC has been providing affordable and professional community counseling for San Luis Obispo County residents since 1968. CCC has served 40k clients. They have over 35 therapists; qualified, insured, state licensed professionals. They include clinical social workers, marriage and family therapists, psychologists and graduate level, supervised interns and trainees who volunteer their time and services. All inquiries call (805) 543-7969. Offers up to ten sessions of counseling to children, adolescents and adults of all ages at a sliding fee scale for issues including: Anxiety, Depression, Anger, PTSD, eating disorders, LGBTQ, life transitions, Family/parenting and relationship issues. CCC has been partnering with high schools to raise awareness. 1407 clients served in last fiscal year.

Member Comment:
Sara Sanders - Survey Monkey Email - reminder to turn in survey for ASPC goals due by September 15th.

Kathleen Bellefontaine presented a complaint from a Medi-Cal recipient trying to get affordable transportation to medical services outside of the County. In trying to seek help from Ride On she was told that since her Physician was not a Medi-Cal Doctor she would have to go through CenCal for approval to get a ride. In trying to transact this with 3 agencies (her medical group, CenCal, and Ride On) she was unable to get ride approval in time for her appointment for surgery and her new appointment is now 2 months away.

CHC - spoke about the reason for the having to register with CenCal

Jason from ride-on transportation suggested seniors can apply online for Medi-Cal to cover the expenses.

Corrections / Additions to the Synopsis:
Corrections to the draft synopsis are presented. The synopsis was approved as a group.

Action Items:
ASPC location - parking is an issue, please try to park on street or carpool.

Committee Updates as needed:
IHSS - Kat Lauterback provided hand out

POLST - report from Jean- see hand out

Transportation - October 6th event coming up at SLO Veterans hall, expect an invite from Sara Sanders. October 7th - International walk to school day - be careful on the road.