**ADULT SERVICES POLICY COUNCIL**

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Barry Johnson (805) 540-6540 bjohnson@mha.org
Immediate Past Chair: Laura DeLoye (805) 225-6101 mariposamusictherapy@gmail.com
First Vice Chair: Vacant
Second Vice Chair: Andrew Jackson (805) 464-0108 ajackson@amdalinhome.com

### AGENDA

**08/05/2016**

9:00 a.m. - 11:00 a.m.

**INTRODUCTIONS and ANNOUNCEMENTS:** (30 Minutes)

(New developments for the population, agency or program changes that affect other agencies or programs)

**PUBLIC COMMENT:** (5 Minutes or less)

**GUEST SPEAKER:** (30 Minutes each)
- Kathleen Karle, Dept of Public Health
- Pete Rodgers, San Luis Obispo Council of Governments (SLOCOG)

**MEMBER COMMENT:** (5 Minutes)

**CORRECTIONS / ADDITIONS TO THE SYNOPSIS:**

**ACTION ITEMS:** (5 Mins)

**COMMITTEE UPDATES AS NEEDED:** (10 minutes or less)
- IHSS
- POLST
- Transportation

**MEETING LOCATION:**

CAPSLO

1030 Southwood Drive, San Luis Obispo

**NEXT MEETING:**

09/02/2016
Adult Services Policy Council
08/05/2016
9:00 AM - 11:00 AM

ATTENDEES:

Andrew Jackson, Amdal In-Home Care
Sara Bartlett, Central Coast Hospice
Sara Trauger, SLOCOG
Pete Rogers, SLOCOG
Kathleen Bellefontaine, Commission on Aging of SLO Co
Jay Wells, Sherriff’s Department
Marie Brinkmeyer, RSVP-Senior Volunteer Services
Sean Martin, SLO County Probation Department
Susana Castaneda, SLO Co. Public Health
Gina Perrault, Home Instead Senior Care
Kathleen Karle, Dept of Public Health
Leann Booker, DSS
Martina Tovar, DSS
Roxi Selck, DSS
Jason Portugal, Ride On
Elias Nimeh, Senior Nutrition Program
Jamie Dietze, Wilshire Community
Paul Smith, Aging Life Care
Father Dollinger, St. Stephens
Angela Viles, Victim Witness
Mara Whitten, CAPSLO/Adult Center
Shelly Jackson, Senior Solutions

INTRODUCTIONS AND ANNOUNCEMENTS:
Second Vice Chair, Andrew Jackson opened up the meeting at 9:00AM.

Gina Perrault- Getting a team together for Alzheimer’s Walk

Sara Bartlett- Announced upcoming Parkinson’s Program

Marie Brinkmeyer- Announced they have a raffle going on, tickets are $5 for 1 or $20 for 5. Prizes are, 1st place a one-week trip to Tahoe, 2nd prize is $500 in groceries, 3rd prize is $300 in gasoline, 4th prize is a cruise for two and 5th prize is a $100 Visa gift card. To purchase tickets contact Marie at (805) 544-8740.

Kathleen Bellefontaine-There is a meeting, August 19th to find solutions for transportation for seniors.

Jamie Dietze- Passed out a flyer labeled “Pizza with a Purpose,” in support of Wilshire Community Services Good Neighbor Program. The fundraiser will be held Thursday August 11th, 2016 at California Pizza Kitchen located at 876 Marsh Street, San Luis Obispo, CA. This is an all-day event.

Kathleen Karle- Handed out quarterly public health bulletin. Also mentioned if you are interested in being placed on the email distribution list, you may contact Kathleen personally.

Andrew Jackson- Reminded us that Amdal offers transportation services for on call emergency room services. This will alleviate financial burdens of normal ambulance ride costs.

Elias Nimeh- Passed out a brochure showing the Senior Nutrition Program provides free hot noon time meals to any residence 60 years of age or older all over San Luis Obispo county. As of right now there is no wait list for home deliveries.

Shelly Jackson-Announced Bates Care Services closed as of July 15, 20146. After serving San Luis Obispo for more than 10 years, Meredith Bates has retired. Shelly, formerly Bates Care manager, has joined Astrid Meffert, owner of Sweet Home California, to create Senior Solutions Case Management.

(9:04 am - 9:16 am)

Public Comment: None
Guest Speakers:
Peter Rogers, SLOCOG- Measure “J”

- New transportation investments are needed throughout San Luis Obispo county
- 12-member board
- Consists of a staff of 20
- Funding is deteriorating
- Revenue lost due to increased fuel efficiency (electric cars)
- Funding is deteriorating
- Sacramento has further cut funding despite lobbying efforts by cities/counties throughout state
- In November 2016 voters will be asked to approve a ½ cent sales tax to address these needs
- The proposal is a 9 year proposed investments of $225 million dollars
- 1% Administrative Expense Cap
- It will be a ½ percent tax increase for transportation which will generate 25 million dollars per year
- Over 50% of the money will be paid by non-residents

Investment Plan
- 55% of the money will have local control
- 25% of the money will be for Regional Projects
- 10% of the money will be for Bike and Pedestrian Safety and Connectivity
- 10% of the money will be for Public Transportation

Plan for Local Control
- Arroyo Grande ($8.5 million)-street maintenance and repair; congestion relief and operational improvements: E. Branch/E. Grand area, Halcyon Corridor improvements; Operational and bike/pedestrian safety improvements at E. Branch/Crown Hill
- Atascadero ($13.4 million)-Street maintenance, repair and rehabilitation; Congestion management at key intersections; Bike/Pedestrian safety improvements and connectivity
- Grover Beach ($6.8 million)-Repair and maintenance of local major streets; Grand Avenue Enhancements; Sidewalk infill and accessibility improvements; Gateway and Wayfinding Signs; Grover Beach bike paths per Bike Master Plan
- Morro Bay ($5.6 million)-Local street reconstruction, rehabilitation and repair
- Paso Robles ($13.9 million)-High-priority street repair, maintenance and reconstruction; Union Road and Golden Hill intersection improvements; other high-priority traffic and intersection improvements; congestion management
- Pismo Beach ($4.5 million)-Street maintenance and repair, Local interchange/intersections improvements; Boardwalk extension; Downtown, Shell Beach, and other streetscape and pedestrian improvements
- San Luis Obispo ($20.2 million)-Roadway Repair & Maintenance: Madonna Foothill, Los Osos Valley Road, Grand Ave; Broad Street Corridor Improvements; Bike and Pedestrian Improvements; Safe Routes to School projects

Plan for Regional Projects ($56.2 million)
- Shell Beach/ Pismo Beach congestion relief on US 101 South
  - This project could be under construction in 3 years if measure is passed
- Safety and congestion relief in south SLO city area (Prado & Hwy227)
- North County 101 and 46E congestion relief
- North Coast Highway 1 improvements

Plan for Bicycle and Pedestrian Projects (22.5 million)
- Regional connectors including: City-to-the-Sea/Bob Jones; Atascadero/ Templeton Connector; Morro Bay/Cayucos Connector; Plus, local bike/ped improvement program

Plan for Public Transportation Projects ($22.5 million)
- Transit (6%); Improved mobility for Senior, Veterans, Persons w/disabilities (3%); Transportation demand management (1%)

Real cost to local taxpayer
- $44 a year
- $3.66 a month
For more information, you may visit selfhelpslo.org or call (805)781-4219

2nd Guest Speaker:
Kathleen Karle, Department of Public Health
- Granted a fall prevention program
- There are 4,000 trauma calls every year
- Falls are the biggest percentage of trauma calls over the age of 60
- 5 calls per day, every day in our county are EMS providers responding to these calls
- Sierra Vista and SLO Sports Therapy are just two of the organizations who want to be involved
- Program will include:
  - Primary prevention such as offers classes to educate them before they fall or get severely injured
  - Secondary prevention, which will work with our resources in the community and hospitals to get them what they need, also do in-home assessments
- Do need to find resources to get funds in order to be able to buy things for homes such as grab bars etc.
- Have placed a person to head up the program and run it, she is going through background right now but as soon as she is done would like to bring her in the meet everyone
- Possibly organize a committee to help get things going

Corrections/Additions to the Synopsis:
- “Andre” to “Andrew”
- Spelling error on “Announcements”
- Elias Nimeh made a motion to approve the minutes with corrections
  - Kathleen Karle seconded the motion
  - All in favor

Action Items: None

Committee Updates as Needed:
IHSS Roxi Selck,
- IHSS violations for providers effective 07/01, have started and are being processed
- There were 8 violations in the month of July
- Violation Consequences:
  - 1st violation is a warning
  - 2nd violation they are required to do training
  - 3rd violation is a suspension for 90 days
  - 4th violation is a suspension for 365 days
- Reaching out to providers to make them aware and understand the new rules and regulations for hours
- New rules and regulations are very confusing and complex

POLST- No updates

Transportation – No updates

Meeting Adjourned by Andrew Jackson at 10:31am