ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Andrew Jackson  (805) 464-0108 ajackson@amdalinhome.com
Immediate Past Chair: Barry Johnson  (805) 540-6540 bjohnson@t-mha.org
Vice Chair: Sarah Trauger  (805) 781-1385 strauger@rideshare.org
Second Vice Chair: Fred Munroe  (805) 461-4150 Fred@RidershipDevelopment.com

AGENDA
07/07/2017
9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)
(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- Hospice – Kris Barker
  End of Life Planning/ POLST

MEMBER COMMENT: (5 Minutes)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- American Health Care Act Memorandum

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- End of Life - Decision Making and Care
- Transportation
- Case Management

MEETING LOCATION:
CAPSLO
1030 Southwood Drive, San Luis Obispo

NEXT MEETING:
08/04/2017
Adult Services Policy Council  
Friday July 7\textsuperscript{th}, 2017  
801 Grand Ave, San Luis Obispo, CA  
9:00 AM to 11:00 AM

Attendees:
Becky Watson, Alzheimer’s Association 
Andrew Jackson, Amdal In-Home Care 
Laura DeLoye, Arts for Living 
Nicole Bennett, CenCal Health 
joyce ellen lippman, Central Coast Commission for Sr. Citizens 
Kathleen Bellefontaine, Commission on Aging 
Tauria Linala, GALA 
Gina Perrault, Home Instead Senior Care 
Deborah Bayles, Hospice 
Kari Bowron, Jodi House 
Karen Jones, LTC Ombudsman 
Brittany Venia, People’s Self-Help Housing 
Mark Shaffer, Ride-On Transportation/UCP 
Fred Munroe, Ridership Development 
Jay Wells, Slo Co Sherriff’s Department 
Lori Gomez, Slo Co District Attorney, Victim/Witness 
Gina Hambly, SLO Co Social Services-Adult Services 
Martina Tovar, SLO Co Social Services-ASPC Coordinator 
Sarah Trauger, SLO Regional Rideshare 
Monica Anderson, United Way of SLO County 
Jessica Geihs, UCP SLO 
Kris Barker, Hospice of SLO 
Jerry MiHaic, ILRC 
Whitney Gordon, US House of Representatives

Introductions and Announcements:
Brittany Venia announced they will be bringing more health agencies to sites and if anyone is interested in partnership, please contact her.
Kathleen Bellefontaine announced they will be introduction the new director of social services, Devin Drake at the Commission on Aging’s next meeting on July 21\textsuperscript{st}.
Laura DeLoye sent around a save the date for a “Savory Soiree” on Saturday November 4\textsuperscript{th} from 6:00 pm to 9:00 pm at the Toyota of San Luis Obispo.
Sarah Trauger reminded us all about call 511 for transportation information or you may call her direct at 781-1385.
Jerry Mihaic announced that next month is their 40-year anniversary and they did move offices from Atascadero to San Luis Obispo.
Deborah Bayles announced that they will be doing a “Caring for Life” education series on July 12\textsuperscript{th} from 11:00 am to 12:30 pm in Arroyo Grande. For more information, contact her at 544-2266
joyce ellen lippman passed around a flyer for Senior Farmers Market happening in the month of July at various locations. For more information, please call 925-9554. She also shared that they are starting the update for senior information guide publication.
Karen Jones shared that volunteer training is coming up soon and if interested to call her at 785-0132.
Tauria Linala shared with us that it is PRIDE week in San Luis Obispo, they will be having “Pride in the Plaza” Sunday from 11:00 am to 5:30 PM.
Jessica Geihs passed out a flyer reminding us for the month of September, UCP of San Luis Obispo will host the local branch of September. For more information, contact 805-543-2039.

(9:13AM)

Public Comment:
Jessica Geihs-Ride-On is starting a program to lease vehicles to social services agencies that have drivers with Class B licenses. Also the Five Cities Senior Shuttle will be moving from Ride-On to Yellow Cab on September 1\textsuperscript{st}.
Andrew Jackson-Brought it up for discussion about moving the meetings to the San Luis Obispo Veterans Hall. Karen Jones suggested also looking into the PG&E building as a possible new meeting location. He
also stated that they plan on doing an email blast every couple months to the group to keep the communication going and also to encourage members to reach out to potential new members.

(9:20AM)

**Guest Speaker:**
Kris Barker, Hospice, End of Life Planning/POLST

- Survey done in 2012
  - 2/3 of Californians say they prefer natural death
  - 60% say they make sure their family is not burdened
  - 56% of Californians have not communicated their end of life wishes
  - 82% of Californians say it’s important to have end of life wishes in writing
  - 23% said it’s not important
  - 80% would talk to a doctor
  - 7% said they would not talk to doctor
  - 70% said they would wait to die at their house
    - 32% died at home
    - 42% died at the hospital
    - 18% died at the nursing home

- Researchers Found
  - Patients who had an end-of-life discusses
    - Have DNR in place
    - Preferred medical treatment that focused on relieving pain

- 41% of Medicare patients with advanced directive entered hospice care
- 24% without advanced directive entered hospice care
- Patients with advance directives were much less likely to die in the hospital
- What can we expect?
  - Mortality is at 100%
  - Knowing what might lay ahead can assist in planning
  - Understanding disease trajectories for major causes of death can help some make decisions
  - It is important to appreciate that living and dying are physical and emotional processes. Attention is required to both.
- One in four elderlies will eventually need someone else to make end-of-life decisions about their medical care
- Common fears of dying
  - Pain and suffering
  - The unknown
  - Non-existence
  - Eternal punishment
  - Loss of control
  - Dying alone
  - Fear of what will become of loved ones

(10:48AM)

**Action Items:**
American Health Care Act Memorandum
The memorandum and recommendation was reviewed by the group and a recommendation was made by joyce ellen lippman to approve the recommendation by the group, the recommendation was seconded by Jay Wells and approved by the entire group.

Committee Updates:
End of Life -Decision Making and Care- None
Transportation- None
Case Management- Will be meeting July 20\textsuperscript{th} at 2:30 pm at Karen Jones office. Everyone is welcome to attend.

Meeting adjourned at 11:12 AM
Next Meeting is Friday August 4\textsuperscript{th}, 2017