ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Andrew Jackson  (805) 540-6540  ajackson@amdalinhome.com
Immediate Past Chair: Barry Johnson  (805) 225-6101  bjohnson@t-mha.org
First Vice Chair: Sarah Trauger  (805) 464-0108  strauger@rideshare.org
Second Vice Chair: Fred Munroe  (805) 781-1385  fred@ridershipdevelopment.com

AGENDA
02.02.2018
9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)
(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKERS: (60 Minutes)
- Kat Lauterback-Department of Social Services
- Nicole Bennett-CenCal Health

MEMBER COMMENT: (5 Minutes)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)
- End of Life - Decision Making and Care
- Transportation
- Case Management

MEETING LOCATION:
CAPSLO
1030 Southwood Drive, San Luis Obispo

NEXT MEETING:
03.02.2018
## Meeting Synopsis

**Committee Name:** Adult Services Policy Council

**Meeting Purpose(s):**

- Working together to meet the health and human service needs of adults and seniors.
- Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

<table>
<thead>
<tr>
<th>Leader:</th>
<th>Andrew Jackson</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facilitator:</td>
<td>Andrew Jackson</td>
</tr>
<tr>
<td>Recorder:</td>
<td>Martina Tovar</td>
</tr>
<tr>
<td>Time:</td>
<td>From: 9:00 To: 11:00</td>
</tr>
<tr>
<td>Date:</td>
<td>Friday, February 2(^{nd}), 2018</td>
</tr>
<tr>
<td>Location:</td>
<td>CAPSLO: 1080 Southwood Drive, San Luis Obispo, CA</td>
</tr>
</tbody>
</table>

**Members Present:**

1. Andrew Jackson
2. Teresa Scott
3. Nicole Bennett
4. Joyce Ellen Lippman
5. Jean Raymond
6. Tauria Linala
7. Gina Perrault
8. Karen Jones
9. Elias Nimeh
10. Julianne McAdam
11. Brittany Venia
12. Lori Gomez
13. Angela Viles
14. Hilary Gleske
15. Laura Jamieson
16. Sarah Trauger
17. Monica Anderson
18. Caleb Mott

**Jerry Mihaic**

**Agenda Items**

**Comments/Conclusions/Actions (If Any)**

<table>
<thead>
<tr>
<th>Agenda Items</th>
<th>ANDREW JACKSON</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introductions and Announcements</td>
<td>• MEETING IN APRIL WILL MOVE TO VETERANS MEMORIAL BLDG</td>
</tr>
<tr>
<td></td>
<td>• COMING JULY WE WILL NEED A 2(^{nd}) VICE CHAIR</td>
</tr>
<tr>
<td></td>
<td>○ TERESA SCOTT NOMINATED NICOLE BENNETT</td>
</tr>
<tr>
<td></td>
<td>ANGELA VILES</td>
</tr>
<tr>
<td></td>
<td>• APRIL 8(^{th})-14(^{th}) IS NATIONAL CRIME VICTIM’S RIGHTS WEEK</td>
</tr>
<tr>
<td></td>
<td>• PLEASE JOIN APRIL 12(^{th}), 2018 FROM 3:00 PM TO 5:00 PM AT THE MONDAY</td>
</tr>
<tr>
<td></td>
<td>CLUB FOR A DESSERT SOCIAL TO HONOR THE VICTIMS, SURVIVORS AND ADVOCATES</td>
</tr>
<tr>
<td></td>
<td>IN OUR COMMUNITY.</td>
</tr>
<tr>
<td></td>
<td>• TO PRE-REGISTER GO TO STANDSTRONGNOW.ORG/IPVC</td>
</tr>
<tr>
<td></td>
<td>SARAH TRAUGER</td>
</tr>
<tr>
<td></td>
<td>• SARAH HANDED OUT A STAFF REPORT (DRAFT) OF A REQUEST FOR PROPOSALS</td>
</tr>
<tr>
<td></td>
<td>FOR A CONTRACTOR TO PROVIDE TRAVEL TRAINING AND MOBILITY OPTIONS</td>
</tr>
<tr>
<td></td>
<td>COUNSELING IN SAN LUIS OBISPO. IF ANYONE IS INTERESTED OR NEED</td>
</tr>
<tr>
<td></td>
<td>ADDITIONAL INFORMATION, YOU MAY CONTACT SARAH TRAUGER.</td>
</tr>
<tr>
<td></td>
<td>JOYCE ELLEN LIPPMAN</td>
</tr>
<tr>
<td></td>
<td>• FINISHED ALL DATA ENTRY FOR ELDER NEEDS ASSESSMENT</td>
</tr>
<tr>
<td></td>
<td>• NEARLY 900 COMPLETED!</td>
</tr>
<tr>
<td></td>
<td>• REPORT WILL BE COMING OUT IN APRIL/MAY</td>
</tr>
<tr>
<td>Agenda Items</td>
<td>Comments/Conclusions/Actions (If Any)</td>
</tr>
<tr>
<td>--------------</td>
<td>--------------------------------------</td>
</tr>
<tr>
<td>• <strong>OLDER AMERICANS MONTH IS COMING IN MAY, NOMINATIONS WILL BE GOING OUT NEXT WEEK.</strong></td>
<td></td>
</tr>
<tr>
<td>• <strong>THERE WILL BE A TRAINING ON ELDER ABUSE AND DEPENDENT ON MAY 21ST WITH A PHENOMENAL SPEAKER! CONTACT JOYCE ELLEN LIPPMAN FOR MORE INFORMATION.</strong></td>
<td></td>
</tr>
<tr>
<td><strong>JEAN RAYMOND</strong></td>
<td></td>
</tr>
<tr>
<td>• <strong>WILL BE PUTTING TOGETHER A NEEDS ASSESSMENT AND IF YOU HAVE ANY IDEAS FOR JEAN, PLEASE BRING TO HER ATTENTION.</strong></td>
<td></td>
</tr>
<tr>
<td><strong>KAREN JONES</strong></td>
<td></td>
</tr>
<tr>
<td>• <strong>EMERGENCY PREPAREDNESS TRAINING WILL BE HELD MARCH 22ND AT THE VETERANS MEMORIAL BLDG. REGISTRATION IS AT 8:30 AM. EVENT WILL BEGIN AT 9:00 AM. IT IS $30.00 TO ATTEND. FOR MORE INFORMATION PLEASE CONTACT LONG TERM CARE OMBUDSMAN AT 805.785-0132</strong></td>
<td></td>
</tr>
<tr>
<td><strong>JESSICA DEVEREAX</strong></td>
<td></td>
</tr>
<tr>
<td>• <strong>WILSHIRE COMMUNITY SERVICES IS LOOKING FOR VOLUNTEERS TO “ADOPT A GRANDPARENT” ATTEND THEIR NEXT VOLUNTEER ORIENTATION! FOR MORE INFORMATION CONTACT 805-547-7025 EXT 20 OR EMAIL <a href="mailto:JDIEZTE@WILSHIREHCS.ORG">JDIEZTE@WILSHIREHCS.ORG</a></strong></td>
<td></td>
</tr>
<tr>
<td>• <strong>WILSHIRE WILL BE HOLDING A TRAINING WORKSHOP ON HELPING OTHERS NAVIGATE CHANGES AS THEY AGE ON MARCH 8TH AND 9TH AT WILSHIRE COMMUNITY SERVICES. FOR MORE INFORMATION CALL 805-547-7025 EXT 14</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Public Comment</strong></td>
<td><strong>NONE</strong></td>
</tr>
</tbody>
</table>

**NICOLE BENNETT**  
**CENCAL HEALTH**  
**EFFECTIVE JANUARY 1, 2018 VENTURA TRANSIT SYSTEM (VTS) WILL ARRANGE AND COORDINATE ALL COVERED TRANSPORTATION SERVICES FOR CENCAL HEALTH MEMBERS.**

**NON-EMERGENCY MEDICAL TRANSPORTATION (NEMT)**

- **COVERED SERVICE WHEN A THE MEMBER’S MEDICAL AND PHYSICAL CONDITION IS SUCH THAT TRANSPORT BY ORDINARY MEANS OF PUBLIC OR PRIVATE CONVEYANCE IS CONTRAINDICATED AND TRANSPORTATION IS REQUIRE FOR OBTAINING MEDICALLY NECESSARY COVERED SERVICES.**

- **SCHEDULED TRANSPORTATION COVERED WHEN PRESCRIBED BY IN WRITING BY A PHYSICIAN, DENTIST, PODIATRIST, OR MENTAL HEALTH OR SUBSTANCE USE DISORDER PROVIDER.**

**NON-MEDICAL TRANSPORTATION (NMT)**

- **COVERED SERVICE FOR MEMBERS TO OBTAIN TRANSPORTATION MEDICALLY NECESSARY MEDI-CAL COVERED SERVICES, INCLUDING BUT NOT LIMITED TO, SPECIALTY MENTAL HEALTH, SUBSTANCE USE DISORDER, DENTAL, PHARMACY PICK UP AND MEDICAL SUPPLY PICK UP.**

- **SCHEDULED TRANSPORTATION OF MEMBERS TO MEDICAL SERVICES BY BUS, PASSENGER CAR, TAXICABS, OR OTHER FORMS OF PUBLIC OR PRIVATE CONVEYANCES.**
Guest Speakers

**DIFFERENCE BETWEEN NEMT AND NMT**
- NEMT they will need a prescription and authorization
- NMT they will need just the prescription (it should be written for one year)

**ELIGIBILITY**
- Members must be eligible at the time of service
- Transportation must be requested 5/7 business days in advance of the trip to ensure time to process the authorization and coordinate transportation
- The transportation provided must be the least costly method that meets the member’s needs.
- VTS and CECAL will coordinate along with the member’s physician to determine the type of transportation required. A screening will be completed upon request to ensure the level of need

**KEY INFORMATION**
- Dialysis members will be current until they expire
- No weight limit for transportation services
- NMT has to be requested within 24 hours
- They have implemented a quality review process

**KAT LAUTERBACK**

**DEPARTMENT OF SOCIAL SERVICES**

**CALFRESH FOR SENIORS & INDIVIDUALS WITH DISABILITIES**

**FOOD INSECURITY & SENIORS**
- Food insecurity is rising among California seniors.
- In California, 1 in 5 cannot afford their basic needs.
- In SLO County 46,000 people are at risk of being hungry or are food insecure.
- Seniors make up 20%!

**CALFRESH CAN HELP!**

**CALFRESH CAN STRETCH THE FOOD BUDGET**
- $15 is the minimum monthly CalFresh benefit
- How much can you buy with $15?
- Macaroni, tuna, peas, ground turkey, eggs, cheese, bananas.
- Beans, tortillas, potatoes, chorizo, eggs, tomato sauce, pasta.

**CalFresh Changes**
- **CalFresh Elderly Simplified Application Project (ESAP)**
- CalFresh Medical Deduction Changes

**REQUIRED VERIFICATIONS**
- Noncitizen’s Immigration Documents
- Receipts for Medical Expenses
- Information NOT available electronically
**Agenda Items**

**Comments/Conclusions/Actions (If Any)**

ESAP IS AUTHORIZED BY USDA.
- SUCCESSFUL IN 6 STATES (AL, GA, FL, MS, SC, & WA).
- California’s ESAP authorized from 10/1/17 - 9/30/21

TO BE ELIGIBLE FOR ESAP:
- EVERYONE IN THE HOUSEHOLD MUST BE A SENIOR (60+) AND/OR A DISABLED INDIVIDUAL WITH NO EARNED INCOME.

CAlFRESH MEDICAL DEDUCTION CHANGES!
- MEDICAL DEDUCTION

<table>
<thead>
<tr>
<th>Medical Expenses</th>
<th>Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under $ 35 a month</td>
<td>Not eligible for medical deduction</td>
</tr>
<tr>
<td>$ 35.01 to $ 155 a month</td>
<td>Eligible for the Standard Medical Deduction ($ 120.00)</td>
</tr>
<tr>
<td>$ 155.01 a month and over</td>
<td>Eligible to a deduction of actual expenses over $ 35.00</td>
</tr>
</tbody>
</table>

MAXIMIZE THE MEDICAL DEDUCTION
- PROVIDE OUT-OF-POCKET MEDICAL EXPENSES VERIFICATIONS!
  - RECEIPTS, BILLS & BANK STATEMENTS!
  - A RECORD OF MILEAGE TO:
    - MEDICAL APPOINTMENTS,
    - PHARMACIES
    - Hospitals!
- OUT-OF-POCKET MEDICAL EXPENSES INCLUDE:
  - HEALTH INSURANCE PREMIMS
  - CO-PAYS
  - DOCTOR RECOMMENDED VITAMINS
  - TRANSPORTATION COSTS TO DOCTORS & HOSPITALS
  - SERVICE ANIMAL COSTS
  - HEALTH CARE SUPPLIES & EQUIPMENT
  - Lodging costs for out-of-area treatment

**Member Comment**

TERESA SCOTT
- WILL BE SENDING OUT AN INVITATION FOR THEIR 10 YEAR ANNIVERSARY WHICH WILL TAKE PLACE MARCH 23rd AT THE MARRIOT.

JERRY MIHAIC
- WANTED TO EXPRESS HOW MENTAL HEALTH DID AN AMAZING JOB WITH JOURNEY OF HOPE!

**Corrections/Additions to the Synopsis**

SYNOPSIS WAS ACCEPTED AS WRITTEN
MOVED TO APPROVE BY SARAH TRAUGER
SECOND BY NICOLE BENNETT

**Action Items**

NICOLE BENNET AS 2nd VICE CHAIR
<table>
<thead>
<tr>
<th>Agenda Items</th>
<th>Comments/Conclusions/Actions (If Any)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Committee Updates as Needed</td>
<td><strong>END OF LIFE – DECISION MAKING AND CARE</strong></td>
</tr>
<tr>
<td></td>
<td>• <strong>10TH ANNUAL PALLIATIVE CARE SUMMITT, APRIL 10-11 IN ANAHEIM, CA. FOR MORE INFORMATION VISIT COALITIONCCC.ORG.</strong></td>
</tr>
<tr>
<td></td>
<td>• <strong>VALENTINE’S DAY IS COMING UP, GIVE THE GIFT OF A HEALTH CARE DIRECTIVE, FORMS AVAILABLE ON OMBUDSMANSLO.ORG</strong></td>
</tr>
<tr>
<td></td>
<td><strong>TRANSPORTATION</strong></td>
</tr>
<tr>
<td></td>
<td>• <strong>ACCESS PROGRAM WITH RIDE ON IS TRYING TO GET STARTED! CONTACT RIDE ON IF INTERESTED.</strong></td>
</tr>
<tr>
<td></td>
<td>• <strong>UPDATE ON MOBILITY SOLUTIONS OF AMERICANS, THEY ARE CREATING A DROP BOX SOLUTION TO COMPLY WITH HIPPA REGULATIONS.</strong></td>
</tr>
<tr>
<td></td>
<td><strong>CASE MANAGEMENT</strong></td>
</tr>
<tr>
<td></td>
<td>• <strong>THEY MET YESTERDAY, FEBRUARY 1ST. GOING FORWARD THEY WILL BE MEETING THE 3RD THURSDAY OF MARCH AT 2:30 AT OMBUDSMAN (KAREN’S OFFICE). THEY COULD USE THE PARTICIPATION!</strong></td>
</tr>
<tr>
<td></td>
<td>• <strong>THEY HAVE SOME GROUPS OR ORGANIZATIONS THEY WANT TO REACH OUT TO ABOUT BEING THEIR FISCAL AGENT.</strong></td>
</tr>
</tbody>
</table>

**The next meeting is:** **Friday March 2nd, 2018**  
**Time:** 9:00 AM  
**Location:** CAPSLO: 1080 Southwood Drive, San Luis Obispo, CA