

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator Bill Monning, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

SLO Hotline
AIDS Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
GALA Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Senior Volunteer Services (RSVP/CCCV/PLS)
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
SLO Hep C Project
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bates Care Management
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

Chair: Sarah Woolsey

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Immediate Past Chair: Andrew Jackson

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ajackson@amdalinhome.com

First Vice Chair: Fred Munroe

(805) 461-4150

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Second Vice Chair: Nicole Bennett

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nbennett@cencalhealth.org

AGENDA

2.1.19

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- [ECHO Shelter – Wendy Lewis](#)

MEMBER COMMENT: (5 Minutes)

- [Temporary meeting location change for March – June Meetings](#)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- [Approve December 7th, 2018 Minutes](#)

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- [End of Life - Decision Making and Care](#)
- [Transportation](#)
- [Case Management](#)

MEETING LOCATION:

Veteran's Hall 801 Grand Avenue, San Luis Obispo

NEXT MEETING:

3.1.19

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of
adults and seniors. Our vision is safe and supported adults and seniors with
access to a full continuum of resources and independence wherever they reside.

Leader: Sarah Woolsey
 Facilitator: Sarah Woolsey
 Recorder: Martina Tovar

Meeting Called By: Sarah Woolsey
 Time: From: 9:00 To: 11:00
 Date: Friday, February 1st, 2019

Location: Veterans Memorial Building: 801 Grand Ave, San Luis Obispo, CA

Members Present:

1. Sarah Woolsey San Luis Obispo Council of Government	14. Paul Garth
2. Barry Johnson Transitions Mental Health Association	15. Violeta Vallin Los Osos Cares/Women Aide
3. Kim Chartrand County of San Luis Obispo Hospice	16. Wendy Lewis ECHO
4. Fred Munroe Ridership Development Consultants	17. Meredith Bates Los Osos Cares
5. Jerry Mihaic Independent Living Resource Center	18. Anna Devers San Luis Obispo Council of Government
6. Theresa Scott CenCal Health	19. Blake Fixler San Luis Obispo County Board of Supervisors
7. Martina Tovar Department of Social Services	20. Donna Jones San Luis Obispo Legal Assistance Foundation
8. Dee Rittenhouse Tri-Counties Regional Center	21. Monica Anderson United Way of San Luis Obispo County
9. Juliane McAdam Meals That Connect	22.
10. Lisa Salopek Central Coast Home Health and Hospice	23.
11. April Lewallen PathPoint	24.
12. Mark Shaffer Ride-On/United Cerebral Palsy	25.
13. Kellie Eaton Path Point	26.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
INTRODUCTIONS AND ANNOUNCEMENTS	<p>SARAH WOOLSEY SAN LUIS OBISPO COUNCIL OF GOVERNMENT PASSED OUT A FLYER ON SENIOR GO! FOR MORE INFORMATION CALL 805-473-3333</p> <p>BARRY JOHNSON TRANSITIONS MENTAL HEALTH ASSOCIATION JOURNEY OF HOPE WEDNESDAY, FEBRUARY 6TH, 2019 6:00 PM-8:00 PM @ NEW LIFE COMMUNITY CHURCH , 990 JAMES WAY, PISMO BEACH, CA FOR MORE INFORMATION CONTACT CCERUSSI@T-MHA.ORG</p> <p>APRIL LEWALLEN PATH POINT HAS BEEN APPOINTED THE NEW VICE PRESIDENT OF PATH POINT!</p> <p>JULIANE MCADAM MEALS THAT CONNECT ANNUAL FUNDRAISER OF "NIGHT OF A MILLION MEALS" WILL BE MAY 11TH AT THE CLIFFS THIS YEAR. THE THEME THIS YEAR IS "PASSPORT TO ADVENTURE"</p> <p>FRED MUNROE RIDERSHIP DEVELOPMENT CONSULTANTS CAL POLY PUT OUT AN EXTRAORDINARY ISSUE OF PUTTING OUT THE ISSUE ON MENTAL HEALTH IN COLLEGE YOUTH. A MUST READ! VERY EDUCATIONAL!</p> <p>JERRY MIHAIC INDEPENDENT LIVING RESOURCE CENTER ATTENDED A GREAT BENEFITS WORKSHOP! ILRC IS WORKING ON GETTING A GRANT FOR GETTING SOMEONE TO WORK ON BENEFITS!</p> <p>ANNA DEVERS SAN LUIS OBISPO COUNCIL OF GOVERNMENT HAVE AVAILABLE "KNOW HOW TO GO" GUIDES IF ANYONE NEEDS THEM. PASSED OUT A FLYER ON "TEA WITH YOUR TRAVEL TRAINER" WHICH WILL TAKE PLACE TUESDAY FEBRUARY 12TH ,2019 2:00 PM-3:30 PM, AT ATASCADERO SENIOR CENTER</p> <p>MEREDITH BATES LOS OSOS CARES IN APRIL THEY WILL BE HAVING A PRESENTATION ON SCAMS AND ELDER ABUSE IN OCTOBER THEY WILL BE HOLDING A SENIOR FAIR AT THE LOS OSOS COMMUNITY CENTER</p> <p>THERESA SCOTT CENCAL HEALTH INFORMATION ON THEIR COMMUNITY REPORT IS AVAILABLE THROUGH A LINK AT CENCAL2018.ORG</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>MONICA ANDERSON UNITED WAY OF SAN LUIS OBISPO COUNTY</p> <p>SUNDAY, FEBRUARY 9TH, IN OCEANO AND AT ALLAN HANCOCK COLLEGE THERE WILL BE ACCESS TO USE COMPUTERS TO FILE TAXES.</p> <p>AS A REMINDER, GO TO 211 AND VERIFY YOUR OWN INFORMATION TO MAKE SURE IT IS CORRECT.</p>
Public Comment	NONE
Guest Speakers	<p>WENDY LEWIS ECHO SHELTER Who is ECHO?</p> <p>ECHO IS SAN LUIS OBISPO COUNTY'S HOMELESS SHELTER SERVING ALL OF THE COMMUNITIES IN THE NORTH COUNTY AREAS. WE ARE A 50-BED TRANSITIONAL SHELTER HELPING FAMILIES AND INDIVIDUALS FIND PERMANENT HOUSING WITHIN THREE MONTHS OF ENTERING. WE PROVIDE CASE MANAGEMENT SERVICES TO THE HOMELESS, HELPING THEM CREATE AN ACTION PLAN, LIVE WITH NEW BEHAVIORS, FIND A JOB, AND LOCATE A PERMANENT HOME. OTHER SOCIAL SERVICE AGENCIES DEPEND ON US. IN ADDITION, A GROUP SERVES UP TO 80 DINNERS EACH EVENING FOR ANYONE WHO IS HUNGRY THANKS TO OUR NETWORK OF DEDICATED VOLUNTEERS.</p> <p>WHO ARE THE HOMELESS?</p> <p>ABOUT 60% OF OUR BEDS ARE OCCUPIED BY CHILDREN AND THEIR PARENTS. IN THE MONTH OF DECEMBER 2018 ALONE, 22 CHILDREN WERE SHELTERED WITH US. MANY ARE THE WORKING POOR WHO ARE UNABLE TO FIND AFFORDABLE HOUSING. MANY ARE THE ELDERLY AND/OR VETERANS. MANY ARE FAMILIES WITH CHILDREN. MANY STRUGGLE WITH PHYSICAL AND MENTAL ILLNESS.</p> <p>MEETING COMMUNITY NEEDS</p> <p>SINCE 2001, WE HAVE HELPED HOMELESS INDIVIDUALS AND FAMILIES TRANSFORM THEIR LIVES AS THEY WORK TO ESTABLISH AND SUSTAIN PERMANENT HOUSING. WITH GENEROUS DONATIONS FROM THE COMMUNITY, WE RENOVATED THE SHELTER IN 2015 AND INCREASED CAPACITY FROM 31 TO 50 BEDS.</p> <p>WHO SUPPORTS ECHO?</p> <p>THE ENTIRE COMMUNITY! MORE THAN 73% OF OUR INCOME COMES FROM DONATIONS! IT TAKES A COMMUNITY-WIDE PARTNERSHIP TO MAINTAIN AND OPERATE A SHELTER, AS WELL AS PROVIDE CRITICAL CASE MANAGEMENT SERVICES. WE NEED YOUR SUPPORT TO CONTINUE THE SERVICES THAT ENABLE HOMELESS MEN, WOMEN AND FAMILIES TO GET BACK HOME!</p> <p>CASE MANAGEMENT</p> <p>WITHIN FIVE DAYS OF ENTERING ECHO, CLIENTS ARE ASSIGNED A CASE MANAGER TO HELP THEM RESOLVE CORE ISSUES FOR THEIR HOMELESSNESS AND TO DEVELOP A PLAN TO GET BACK HOME.</p> <p>SAFE SHELTER</p> <p>ECHO HAS PROVIDED SAFE AND SECURE SHELTER TO THE HOMELESS FOR 16 YEARS WITH NEVER A CLOSED NIGHT.</p> <p>THERE ARE SEPARATE SLEEPING AREAS FOR FAMILIES AND MEN/WOMEN</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>OPEN MEAL PROGRAM</p> <p>EACH EVENING, A VOLUNTEER GROUP FROM THE COMMUNITY PREPARES AND SERVES UP TO 80 MEALS TO ANYONE WHO IS HUNGRY.</p> <p>ECHO SERVES 22,000 MEALS ANNUALLY</p> <p>47 VOLUNTEER TEAMS PROVIDE DAILY MEALS</p> <p>PROFESSIONAL LEADERSHIP</p> <p>ECHO IS GUIDED BY AN EXPERIENCED EXECUTIVE DIRECTOR AND A VOLUNTEER BOARD OF DIRECTORS</p> <p>EMPLOYMENT SERVICES</p> <p>ECHO PROVIDES ONE-ON-ONE JOB ASSISTANCE. OUR STAFF HELPS CLIENTS IDENTIFY SKILLS, UPDATE THEIR RESUMES, AND SEARCH FOR JOB OPENINGS.</p> <p>VOLUNTEERS</p> <p>DONATED VOLUNTEER HOURS ENABLE MORE FUNDS FOR DIRECT SERVICES.</p>
Member Comment	<p>WENDY LEWIS</p> <p>ECHO</p> <p>EMPTY BOWLS EVENT, APRIL 21ST</p> <p>SARAH WOOLSEY</p> <p>SAN LUIS OBISPO COUNCIL OF GOVERNMENT</p> <p>NEW MEETING LOCATION FOR NEXT COUPLE MONTHS: MEADOW PARK BUILDING, 2333 MEADOW STREET, SAN LUIS OBISPO, CA</p>
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH CORRECTIONS NOTATED
Action Items	NONE
Committee Updates as Needed	<p>END OF LIFE-DECISION MAKING AND CARE</p> <p>NONE</p> <p>TRANSPORTATION</p> <p>YOU MAY FILL OUT APPLICATION ONLINE FOR ACCESS PROGRAM</p> <p>RIDE ON STILL HAS THE CAPACITY TO WORK ON AGENCY VEHICLES</p> <p>RIDE ON HAS FREE 6HOUR PROGRAM DRIVER TRAINING TO LEASE THEIR VANS</p> <p>CASE MANAGEMENT</p> <p>NONE</p>

The next meeting is: Friday, March 1st, 2019 Time: 9:00 AM
Location: Meadow Park Building, 2333 Meadow Street, San Luis Obispo, CA 93401