

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

**Chair: Sarah Woolsey**

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**Second Vice Chair: Nicole Bennett**

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## AGENDA

3.1.19

9:00 a.m. - 11:00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

### PUBLIC COMMENT: (5 Minutes or less)

### GUEST SPEAKERS: (60 Minutes)

- [Atascadero Loaves and Fishes –Tim Eckles](#)

### MEMBER COMMENT: (5 Minutes)

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

### ACTION ITEMS: (10 Mins)

- [Approve February 1<sup>st</sup>, 2018 Minutes](#)
- [Approve ASPC 2017-18 Draft Annual Report](#)
- [Election of ASPC Second Vice Chair](#)
- [Speaker Suggestions](#)

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- [End of Life - Decision Making and Care](#)
- [Transportation](#)
- [Case Management](#)

### MEETING LOCATION:

Meadow Park Building, 2333 Meadow St, San Luis Obispo

### NEXT MEETING:

4.5.19

### Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

### Elected Officials

CA Senator Bill Monning, 17th District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

### Non-Profit Agencies

AIDS Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
GALA Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/CCCV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

### Private Organizations

Amdal In-Home Care  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

### Public Agencies

San Luis Coastal Adult School

### San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
SLO Regional Rideshare  
Social Services/Adult Services

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Sarah Woolsey  
 Facilitator: Sarah Woolsey  
 Recorder: Leann Ross

Meeting Called By: Sarah Woolsey  
 Time: From: 9:00 To: 11:00  
 Date: Friday March 1<sup>st</sup> 2019

Location: Meadow Park Building, 2333 Meadow St, San Luis Obispo, CA

Members Present:

1. Andrew Jackson Amdal In-Home Care	14. Gina Hambly Department of Social Services
2. Laura DeLoye Arts for Living/Mariposa Music Therapy	15. Leann Ross Department of Social Services
3. Teresa Scott CenCal Health	16. Sarah Woolsey San Luis Obispo Council of Governments
4. joyce ellen lippman Central Coast Commission for Senior Citizens	17. Meghan Madsen Transitions-Mental Health Association
5. Lisa Salopek Central Coast Home Health & Hospice	18. Dee Rittenhouse Tri-Counties Regional Center
6. Shannon McOuat Hospice of SLO County	19. Kellie Eaton PathPoint
7. Jerry Mihaic Independent Living Resource Center	20. Donna Hayes Behavior Health
8. Jason Portugal Ride-On Transportation/UCP	21. April Lewallen PathPoint
9. Fred Munroe Ridership Development	22. Hilary Gieske Public Health
10. Lori Gomez District Attorney, Victim Witness	23. Brian K Hollander Independent Living Resource Center
11. Angela Viles District Attorney, Victim Witness	24. Jacob Lesner-Buxton Independent Living Resource Center
12. Kathleen Karle Public Health	25. Crystal Harman Independent Living Resource Center
13. Michelle Shoresman Public Health	26. Kim Chartrand Hospice SLO County

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>JASON PORTUGAL  RIDE ON TRANSPORTATION/UNITED CEREBRAL PALSY OF SLO COUNTY  PASSED OUT FLYER ON NIGHT WITHOUT LIMITS FUNDRAISER SUPPORTING PEOPLE WITH DISABILITIES IN SLO COUNTY.  APRIL 27<sup>TH</sup>, 5:30 – 10:30 PM @ COURTYARD BY MARRIOT 1605 CALLE JOAQUIN RD, SAN LUIS OBISPO</p> <p>MONICA ANDERSON  UNITED WAY  PASSED OUT FLYER FOR FREE TAX PREPARATION  PASSED OUT FLYER FOR UPCOMING FUNDRAISING EVENT FLAVORS OF SLO.  MAY 4<sup>TH</sup> 1:00 – 4:00 PM @ MISSION PLAZA, SAN LUIS OBISPO  VISIT <a href="http://WWW.FLAVOROFSLO.ORG">WWW.FLAVOROFSLO.ORG</a> FOR MORE INFORMATION OR CALL 805-541-1234  PASSED OUT FLYER FOR VETERANS &amp; FAMILY RESOURCE FAIR  JUNE 1<sup>ST</sup> 10:00 – 2:00 PM, @ CUESTA COLLEGE</p> <p>DONNA HAYES  BEHAVIOR HEALTH  ANNOUNCED COUNTY OF SLO WELLNESS FAIR  WEDNESDAY MARCH 20<sup>TH</sup>, 3:00 – 5:30 PM @ COPELAND HEALTH EDUCATION PAVILION AT FRENCH HOSPITAL COMPLEX, 1911 JOHNSON AVE.  RIDE ON IS PROVIDING TWO SHUTTLE BUSES FOR CLIENTS FROM NORTH AND SOUTH COUNTY  THIS EVENT IS OPEN TO COMMUNITY, CLIENTELE AND CLINICIANS</p> <p>GINA HAMBLEY  DEPARTMENT OF SOCIAL SERVICES  ANNOUNCED IHSS CLIENTS AND PROVIDERS WILL BE SUBMITTING HOURS ELECTRONICALLY OR BY PHONE. IMPLEMENTING NOW TO START 1/1/2020  GREAT FOR PROVIDERS, PAYS WITHIN A COUPLE DAYS INSTEAD OF WAITING WEEKS</p> <p>JERRY MIHAIC  INDEPENDENT LIVING RESOURCE CENTER  LOOKING FOR DONATIONS OF WHEELCHAIRS, WALKERS AND CANES.  CAT (COMMUNITY ACTION TEAM) MATCHED THE POLICE DEPARTMENT WITH SOCIAL WORKER TO ASSIST WITH GETTING A WHEELCHAIR FOR HOMELESS IN CITY</p> <p>FRED MUNROE  RIDERSHIP DEVELOPMENT  CITY COUNCIL OF PASO ROBLES COMMITTED GRANT FUNDING TO LOOK AT EVENTUAL SITE FOR HOMELESS SHELTER ON EAST SIDE OF THE RIVER</p> <p>BRIAN HOLLANDER  INDEPENDENT LIVING RESOURCE CENTER  ANNOUNCED WORKSHOP ON CONDUCTING ACCESSIBLE COMMUNITY EVENTS. WORKING WITH ADA AND ANY BARRIERS THEY HAVE HAD IN ATTENDING EVENTS. THIS EVENT IS BEING HELD MAY 6<sup>TH</sup> 10:00 – 12:00 PM AT DICK DEWESS COMMUNITY CENTER, 1120 WEST OCEAN AVE., LOMPOC  PASSED AROUND FLYER FOR SERVICES PROVIDED IN VENTURA, SANTA BARBARA AND SAN LUIS OBISPO COUNTIES FOR THOSE WHO ARE LEGALLY BLIND OR HAVE LOW VISION. FOR MORE INFORMATION CALL 805-650-5993 EXT 205 OR EMAIL <a href="mailto:EMEDEL@ILRC-TRICO.ORG">EMEDEL@ILRC-TRICO.ORG</a></p> <p>KIM CHARTRAND  HOSPICE OF SLO  ANNOUNCED 'THIS SIDE OF GOODBYE' POETRY OPPORTUNITY, FOR PEOPLE TO REFLECT THEIR REFLECTIONS WITH LOSS AND GRIEVING, GREAT CREATIVE OUTLET. SUBMISSIONS ARE DUE BY MARCH 18<sup>TH</sup>  ANNOUNCED ANNUAL BINGO BONANZA ON APRIL 6<sup>TH</sup>, TICKETS ARE AVAILABLE ONLINE</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>MEREDITH BATES  LOS OSOS CARES RESOURCE CENTER  ANNOUNCED PRESENTATION APRIL 6<sup>TH</sup> FROM THE DISTRICT ATTORNEY’S OFFICE ON SCAM AND ELDERS ABUSE.  ANNOUNCED SENIOR FAIR ON OCTOBER 5<sup>TH</sup> AT THE LOS OSOS COMMUNITY CENTER, LOOKING FOR GOVERNMENT AND NON-PROFIT AGENCIES TO BE INVOLVED</p> <p>KELLIE EATON  PATHPOINT  ANNOUNCED 70’S THEMED DANCE FOR SENIORS AND ADULTS WITH DISABILITIES. THIS EVENT IS BEING HELD MARCH 29<sup>TH</sup> 6:00 – 8:00 PM AT PATHPOINT, 11491 LOS OSOS VALLEY ROAD, SAN LUIS OBISPO</p> <p>JOYCE ELLEN LIPPMAN  AREA AGENCY ON AGING  ANNOUNCED ELDER AND ADULT ABUSE PREVENTION COUNCIL IS HAVING ELDER AND ADULT ABUSE PREVENTION CONFERENCE ON WEDNESDAY MAY 22<sup>ND</sup>.  ANNOUNCED SENIOR INFORMATION FAIR BEING HELD ON MAY 14<sup>TH</sup> 9:00 – 12:00 PM AT SIERRA VISTA HOSPITAL</p> <p>MEGAN MADSEN  T-MHA  ANNOUNCED MENTAL HEALTH FIRST AID TRAINING BEING HELD ON APRIL 10<sup>TH</sup> IN PASO ROBLES.  ANNOUNCED T-MHA IS OFFERING SUICIDE PREVENTION TRAINING BEING HELD MARCH 8<sup>TH</sup> AND 9<sup>TH</sup> IN SAN LUIS OBISPO.  ANNOUNCED WELLNESS RECOVERY ACTION PLAN COURSE, FOR INDIVIDUALS IN RECOVERY FROM VARIOUS MENTAL HEALTH CHALLENGES. THIS IS AN 8 WEEK COMPLETELY FREE COURSE FOR ANYONE 18 OR OVER, BEING HELD IN PASO ROBLES STARTING APRIL 3<sup>RD</sup></p> <p>LORI GOMEZ  DISTRICT ATTORNEY, VICTIM WITNESS  REMINDER THEY ARE ALWAYS HAPPY TO PRESENT OR HAVE OUTREACH MATERIAL AT EVENTS.  ANNOUNCED THEY HAVE FACEBOOK WEBSITE, WHERE YOU CAN ALSO FIND EVENTS AND OTHER INFORMATION POSTED</p> <p>MICHELLE SHORESMAN  PUBLIC HEALTH  REMINDER THAT THEY HAVE HEALTH CARE NAVIGATORS</p> <p>MARA WHITTEN  CAPSO ADULT DAY CENTER  ANNOUNCED THEY HAVE OPENINGS FOR PARTICIPANTS. V.A. WILL PROVIDE TRANSPORTATION FOR ELIGIBLE VETERANS</p>
<p>Public Comment</p>	<p>NONE</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Guest Speakers	<p>TIM ECKLES</p> <p>ATASCADERO LOAVES AND FISHES, FOOD PANTRY</p> <p>SERVES ALL OF NORTH COUNTY EXCEPT PASO ROBLES, SAN MIGUEL AND SHANDON.</p> <p>MISSION TO REDUCE FOOD INSECURITY. LARGEST IN POINT PROVIDER TO CLIENTS WITHIN THIS COUNTY. LARGEST PARTNER OF FOOD BANK COALITION. ALL INCLUSIVE, ALL VOLUNTEER ORGANIZATION.</p> <ul style="list-style-type: none"> <li>• 126 VOLUNTEERS, 90 OF THOSE PARTICIPATING ON AT LEAST A WEEKLY BASIS.</li> <li>• 67% FUNDED BY LOCAL DONATIONS, 33% GRANT FUNDED</li> </ul> <p>VOLUNTEERS SERVE TWO SHIFTS.</p> <ul style="list-style-type: none"> <li>• MORNING STOCKING CREW COMES IN. WHEN THEY ARRIVE SHELVES ARE VIRTUALLY EMPTY. PICKUP OF FOOD DONATIONS ARE DONE 6 DAYS A WEEK. FOOD BANK PROVIDES FRESH PRODUCE THROUGH GLEANING AND HARVEST PROCESS. PICK UP OF MIXED SALVAGED SURPLUS AND DATED FOOD PROVIDED BY SMART &amp; FINAL, ALBERTSONS AND GROCERY OUTLET. LARGE VARIETY AND QUANTITY OF FOOD PROVIDED INCLUDING MEAT.</li> <li>• AFTERNOON CREW INCLUDES RECEPTIONIST, 2 INTERVIEWERS AND 3 BAGGERS. EVERY CLIENT IS INTERVIEWED, PROVIDE REFERRAL SERVICES AND FACILITATE MAKING CONTACT. <ul style="list-style-type: none"> <li>○ RECEPTIONIST GREETES EACH CLIENT AND PULLS CLIENTS FILE OR CREATES NEW ONE</li> <li>○ INTERVIEWER PROVIDES INFORMATION ON OTHER RESOURCES AND INFORMS CLIENTS ON HOW TO SHOP SMART, BUDGET AND CREATE HEALTHY MEALS.</li> <li>○ BAGGERS, NEED AT LEAST 3 TO GET THROUGH AN AFTERNOON. OPEN HOURS ARE FROM 1:00 – 3:00 PM.</li> </ul> </li> </ul> <p>ONE SERVICE AT LOCATION PROVIDES ENOUGH FOOD FOR HOUSEHOLD TO PRODUCE FIVE COLLABORATIVE MEALS, BREAKFAST AND SOME LUNCH ITEMS AS WELL. WORK WITH NUTRITIONIST TO PROVIDE MENU RECOMMENDATIONS TO BE ABLE TO STRETCH FOOD PROVIDED.</p> <p>CLIENTS</p> <ul style="list-style-type: none"> <li>• 67% ARE ADULTS AND SENIORS <ul style="list-style-type: none"> <li>○ 19% OF THOSE ARE DISABLED</li> </ul> </li> <li>• 33 % ARE CHILDREN</li> <li>• 214 ARE HOMELESS ADULTS <ul style="list-style-type: none"> <li>○ OF THOSE 61 ARE DISABLED</li> </ul> </li> <li>• THERE IS STRONG CORRELATION BETWEEN HOMELESSNESS AND DISABILITY <ul style="list-style-type: none"> <li>○ 29% OF THEIR HOMELESS ADULTS ARE DISABLED</li> </ul> </li> </ul> <p>NO COOK BAG IS GREAT FOR HOMELESS THAT CANNOT STORE OR COOK FOOD. PROVIDED ADDITIONAL PEANUT BUTTER, BREAD AND FRUIT.</p> <p>70% OF FOOD SALVAGED IS BREAD; SHARE THIS WITH ECHO, SENIOR NUTRITION, AND ESCUELA DEL RIO. PRIMARY PROVIDER OF FOOD FOR TRANSITIONAL HOUSING AND FOOD PROGRAM DURING THE WINTER TIME. PROVIDE ACCOMMODATIONS TO DIETARY RESTRICTIONS.</p> <p>1 IN 6 PEOPLE IN THE COUNTY SUFFER FROM FOOD INSECURITY</p> <p>ALSO, PROVIDE HYGIENE PRODUCTS AND PET FOOD.</p> <p>FACILITY RECEIVED 100% RATING ON INSPECTION FROM HEALTH DEPARTMENT.</p> <p>CLIENT NUMBERS ARE GROWING. PARKING IS A HUGE ISSUE. ONLY SIX DEDICATED PARKING SPOTS. ARE IN BEGINNING STAGES OF LOOKING FOR NEW FACILITY.</p> <p>ASSIST 30 PEOPLE/DAY ON AVERAGE. PROVIDE ACCESS TO SERVICES TWO TIMES A MONTH.</p> <p>SERVE 6200 CLIENTS IN ONE YEAR.</p> <p>ESTABLISHED 1984</p> <p>FOR MORE INFORMATION:</p> <p>TIM ECKLES</p> <p>805-674-2466, 805-461-1504</p> <p>TIMECKLES@CHARTER.NET</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Member Comment	<p>FRED MUNROE RIDERSHIP DEVELOPMENT</p> <p>EVERY THREE YEARS ACTION FOR HEALTHY COMMUNITIES DOES A SURVEY OF NEEDS FOR THE COUNTY. IF INTERESTED IN LOOKING AT OLD REPORTS GO TO ACTIONSLO.ORG. WOULD BE GREAT FOR POPULATION OUR MEMBERS SERVE REGARDING THEIR NEEDS, LIMITATIONS AND CONCERNS.</p>
Corrections/Additions to the Synopsis	SYNOPSIS APPROVED AS WRITTEN
Action Items	<p>SPEAKER SUGGESTIONS:</p> <ul style="list-style-type: none"> <li>• T-MHA FAMILY SERVICES</li> <li>• CALIFORNIA WELLNESS TRUST</li> <li>• WILSHIRE</li> <li>• INDEPENDENT LIVING RESOURCE CENTER</li> <li>• PUBLIC HEALTH</li> <li>• BEHAVIOR HEALTH</li> <li>• AREA AGENCY ON AGING</li> </ul> <p>ASPC ANNUAL REPORT APPROVED AFTER NOTED CHANGES THERESA SCOTT VOTED IN TO TAKE VACANT 2<sup>ND</sup> VICE CHAIR SPOT.</p>
Committee Updates as Needed	<p>END OF LIFE-DECISION MAKING AND CARE : NONE</p> <p>TRANSPORTATION: NONE</p> <p>CASE MANAGEMENT: NONE</p>

**The next meeting is: Friday April 5<sup>th</sup>**

**Time: 9:00 AM**

**Location: Meadow Park Building, 2333 Meadow St, San Luis Obispo, CA 93401**