

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

**Chair: Sarah Woolsey**

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**Second Vice Chair: Theresa Scott**

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## AGENDA

5.3.19

9:00 a.m. - 11:00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

### PUBLIC COMMENT: (5 Minutes or less)

### GUEST SPEAKERS: (60 Minutes)

- **Brian Hollander, Jerry Mihaic, Crystal Harman – Independent Living Resource Center**

### MEMBER COMMENT: (5 Minutes)

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

### ACTION ITEMS: (10 Mins)

- **Approve April 5<sup>th</sup>, 2019 Synopsis**

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **End of Life - Decision Making and Care**
- **Transportation**
- **Case Management**

### MEETING LOCATION:

Meadow Park Building, 2333 Meadow St, San Luis Obispo

### NEXT MEETING:

6.7.19

#### Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

#### Elected Officials

CA Senator Bill Monning, 17th District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

#### Non-Profit Agencies

AIDS Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
GALA Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/CCCV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

#### Private Organizations

Amdal In-Home Care  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

#### Public Agencies

San Luis Coastal Adult School

#### San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
SLO Regional Rideshare  
Social Services/Adult Services

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Sarah Woolsey

Meeting Called By: Sarah Woolsey

Facilitator: Sarah Woolsey

Time: From: 9:00 AM To: 11:00 AM

Recorder: Martina Tovar

Date: Friday, May 3<sup>rd</sup>, 2019

Location: Meadow Park Building: 2333 Meadow Street, San Luis Obispo, CA

**Members Present:**

1. Sarah Woolsey San Luis Obispo Regional Rideshare/SLOCOG	14. Laura Jamieson County of San Luis Obispo Public Health
2. Jerry Mihaic Independent Living Resource Center	15. Meghan Madsen Transitions-Mental Health Association
3. Gina Hambly Department of Social Services	16. Jamie Dietze Wilshire Community Services
4. Luis Campoverde Department of Social Services	17. Paul Garth District 2 Representative/Commission on Aging
5. Martina Tovar Department of Social Services	18.
6. Theresa Scott Cencal Health	19.
7. Joyce Ellen Lippman Central Coast Commission for Senior Citizens	20.
8. Brian Hollander Independent Living Resource Center	21.
9. Jean Raymond French Hospital/Health Commission	22.
10. Shannon McOuat Hospice of San Luis Obispo County	23.
11. Juliane McAdam Meals That Connect	24.
12. April Lewallen PathPoint	25.
13. Angela Viles County of San Luis Obispo District Attorney	26.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>SARAH WOOLSEY</p> <p>THE "KNOW HOW TO GO" PROGRAM IS BEING UPDATED AND WILL BE AVAILABLE SOON!</p> <p>MAY IS BIKE MONTH!</p> <p>MEGAN MADSEN</p> <p>MAY IS MENTAL HEALTH MATTERS MONTH!</p> <p>THEY HAVE FOUR DIFFERENT EVENTS HAPPENING!</p> <p>MHFA TRAINING JUNE 14<sup>TH</sup>, 2019 8:00 AM-5:00 PM @ TRANSITIONS MENTAL HEALTH ASSOCIATION</p> <p>WRAP CLASS THURSDAYS MAY 2<sup>ND</sup> THROUGH JUNE 27<sup>TH</sup> 2:00 PM-4:00 PM</p> <p>2019 BIKE BREAKFAST MAY 17<sup>TH</sup>, 7:00 AM-9:00 AM @ BEHAVIORAL HEALTH PREVENTION AND OUTREACH</p> <p>CELEBRATE EACH MIND MATTERS 2019 AT TMHA'S WELLNESS CENTERS</p> <p>FOR MORE INFORMATION CONTACT <a href="mailto:MMADSEN@T-MHA.ORG">MMADSEN@T-MHA.ORG</a> OR 805-503-0350</p> <p>PAUL GARTH</p> <p>COME HELP WITH AN AGING PROJECT EVENT!</p> <p>CALIFORNIA'S LAWMAKERS MUST FUND THE SERVICES AND SUPPORTS PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES RELY ON TO ACCESS OUR CIVIL RIGHTS.</p> <p>FOR MORE INFORMATION VISIT <a href="http://WWW.THELANTERMANCOALITION.ORG">WWW.THELANTERMANCOALITION.ORG</a></p> <p>THERESA SCOTT</p> <p>COMMUNITY EVENT TAKING PLACE AT THE MISSION PLAZA ON MAY 4<sup>TH</sup> FROM 12:00-4:00PM . THIS IS A COLLABORATION WITH SLO COUNTY LATINO OUTREACH COUNCIL AND THE UNITED WAY.</p> <p>JOYCE ELLEN LIPPMAN</p> <p>HOSTING AN ELDER &amp; DEPENDENT ADULT ABUSE TRAINING MAY 22 8:30 AM-4:00 PM AT THE CHURCH OF THE NAZARENE, STUDENT UNION</p> <p>RECRUITING FOR CALIFORNIA SENIOR LEGISLATOR</p> <p>ANYONE WHO IS 55 AND OLDER MAY APPLY TO REPRESENT SAN LUIS OBISPO COUNTY</p> <p>FOR MORE INFORMATION CALL THE OFFICE AT 1-800-510-2020 OR VIA EMAIL <a href="mailto:SENIORS@KCBX.NET">SENIORS@KCBX.NET</a></p> <p>LAURA JAMIESON</p> <p>AVAILABLE TO ASSIST ANYONE WHO MAY NEED ASSISTANCE IN APPLYING FOR SERVICES AND HEALTH CARE.</p> <p>CONTACT LAURA JAMIESON AT 805-781-4815 OR VIA EMAIL <a href="mailto:LJAMIESON@CO.SLO.CA.US">LJAMIESON@CO.SLO.CA.US</a></p> <p>GINA HAMBLY</p> <p>EFFECTIVE JUNE 1, 2019, SSI/SSP RECIPIENTS WILL BE ABLE TO APPLY FOR CALFRESH. THIS IS DUE TO A CHANGE IN CALIFORNIA LAW. THEIR SSI/SSP GRANTS WILL NOT CHANGE.</p> <p>APRIL LEWALLEN</p> <p>ADVOCACY CARES FOR GOVERNOR, TRYING TO GET THE WORD OUT</p> <p>CUESTA ADULT SERVICES IS DOING A SOCK DRIVE. PLEASE DONATE IF ABLE.</p> <p>SPECIAL OLYMPICS WILL BE TAKING PLACE TODAY!</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>BRYAN HOLLANDER</p> <p>JUNE 11<sup>TH</sup> 10<sup>30</sup> AM-12:30 PM SYSTEMS ADVOCACY CAMPAIGN NEEDS YOUR IDEAS AND PASSION ON ADVOCATING FOR HOUSING THAT IS BOTH ACCESSIBLE AND AFFORDABLE TO SENIORS AND PEOPLE WITH DISABILITIES IN SAN LUIS OBISPO COUNTY. MEETING WILL BE AT 1411 MARSH STREET, SUITE 109, SAN LUIS OBISPO, CA</p> <p>OCTOBER 19<sup>TH</sup> THEY WILL BE HOSTING A FUNDRAISER, MORE INFORMATION TO COME.</p> <p>JERRY MIHAIC</p> <p>AT DISABILITY AND ACTION DAY IN SACRAMENTO</p> <p>THEY WILL PRESENT DIFFERENT ISSUES TO LEGISLATORS</p> <p>THEY WILL HAVE A MARCH</p> <p>THEIR MASTER PLAN IS IN SUPPORT OF AGING AND THAT IS IMPORTANT</p>
Public Comment	NONE
Guest Speakers	<p><b><i>BRIAN HOLLANDER, INDEPENDENT LIVING RESOURCE CENTER</i></b></p> <p><b><i>JERRY MIHAIC, INDEPENDENT LIVING RESOURCE CENTER</i></b></p> <p>MISSION</p> <p>THE MISSION OF THE INDEPENDENT LIVING RESOURCE CENTER, INC. (ILRC) IS TO PROMOTE INDEPENDENT LIVING AND FULL ACCESS FOR INDIVIDUALS WITH DISABILITIES THROUGH ADVOCACY, EDUCATION, AND ACTION IN OUR COMMUNITIES.</p> <p>WHAT IS INDEPENDENT LIVING</p> <p>EMPOWERMENT</p> <p>MAKING YOUR OWN CHOICES</p> <p>TAKING RESPONSIBILITIES</p> <p>KNOWING YOUR OPTIONS</p> <p>THE OPPORTUNITY TO PURSUE A CHOSEN DIRECTION</p> <p>LIVING AS INDEPENDENTLY AS YOU CAN</p> <p>THERE ARE 409 INDEPENDENT LIVING RESOURCE CENTERS!</p> <p>HAVE 320 SATELLITE LOCATIONS</p> <p>THEY ARE REQUIRED TO EMPLOYEE 50% OF EMPLOYEES WITH SOME SORT OF DISABILITY</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>SERVICES AVAILABLE</p> <ul style="list-style-type: none"> <li>INFORMATION AND REFERRAL</li> <li>PEER SUPPORT</li> <li>ADVOCACY</li> <li>PERSONAL ASSISTANT SERVICES</li> <li>HOUSING</li> <li>COMMUNICATION ACCESS</li> <li>ASSISTIVE TECHNOLOGY <ul style="list-style-type: none"> <li>PROVIDES LOW COST COMPUTERS AND LOW COST INTERNET TO PEOPLE</li> </ul> </li> <li>TRANSPORTATION AND VACATION OPTIONS FOR INDIVIDUALS WITH DISABILITIES</li> <li>YOUTH SERVICES</li> <li>BENEFITS</li> <li>DISABILITY EDUCATION</li> <li>WORKFORCE INNOVATIONS AND OPPORTUNITIES ACT</li> <li>FEDERAL II SERVICES</li> <li>NURSING FACILITY TRANSITIONS</li> </ul> <p>CONTACT INFORMATION</p> <p><u>SANTA BARBARA COUNTY</u>  423 WEST VICTORIA STREET  SANTA BARBARA, CA 93101  (805) 963-0595 V/TTY  (805) 963-1350 FAX</p> <p>222 CARMEN LANE, SUITE 106  SANTA MARIA, CA 93458  (805) 925-0015 V/TTY  (805) 332-3213 Fax</p> <p><u>SAN LUIS OBISPO COUNTY</u>  1411 MARSH ST. #109  SAN LUIS OBISPO, CA 93401  (805) 462-1162 V/TTY  (805) 752-1261 FAX</p> <p><u>VENTURA COUNTY</u>  702 COUNTY SQUARE DR. SUITE 103  VENTURA, CA 93003  (805) 650-5993 V/TTY  (805) 650-9278 Fax</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Member Comment	<p>JAMIE DIETZE</p> <p>WANT TO MAKE EVERYONE AWARE WE DO HAVE SHOWER CHAIRS AVAILABLE. PLEASE CALL THE MAIN OFFICE AND SPEAK TO JESSICA DEVEREUX FOR MORE INFORMATION</p>
Corrections/Additions to the Synopsis	<p>SYNOPSIS ACCEPTED WITH CORRECTIONS NOTATED</p>
Action Items	<p>NONE</p>
Committee Updates as Needed	<p>END OF LIFE-DECISION MAKING AND CARE</p> <p>NONE</p> <p>TRANSPORTATION</p> <p>NONE</p> <p>CASE MANAGEMENT</p> <p>NONE</p>

**The next meeting is: Friday June 7<sup>th</sup>, 2019                      Time: 9:00 AM**  
**Location: 2333 Meadow Street, San Luis Obispo, CA 93401**