

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Fred Munroe

(805) 461-4150

fred@ridershipdevelopment.com

Immediate Past Chair: Sarah Woolsey

(805) 781-1385

swoolsey@slocog.org

First Vice Chair: Kim Chartrand

(805) 544-2266 Ext. 117

kimchartrand@hospiceslo.org

Second Vice Chair: Laura DeLoye

(805) 342-0956

ladeloye@alz.org

AGENDA

Friday, February 7th, 2020

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- **Kelly Woolworth**
Humana Healthcare

MEMBER COMMENT: (5 Minutes)

- **New Meeting Location for March and April Meeting**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- **Approve January 2020 Synopsis**
- **Approve 18-19 Annual Report**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Health Decision Making and Care**
- **Transportation**

MEETING LOCATION:

Veterans Memorial Building

801 Grand Ave

San Luis Obispo, CA

NEXT MEETING:

Friday, March 6th, 2020

Boards, Commissions and Community

Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator Bill Monning, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
GALA Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Senior Volunteer Services (RSVP/CCCV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Fred Munroe
 Facilitator: Fred Munroe
 Recorder: Martina Tovar

Meeting Called By: Fred Munroe
 Time: From: 9:00 To: 11:00
 Date: Friday, February 7th, 2020

Location: Veterans Memorial Building: 801 Grand Ave, San Luis Obispo, CA

Members Present:

1. Sarah Lindeman Access Support Network	14. Michelle Shoresman County of San Luis Obispo Public Health
2. Laura DeLoye Alzheimer's Association	15. Jessica Devereaux Wilshire Community Services
3. Nicole Bennett CenCal Health	16. Kristen Grasso Wilshire Community Services
4. Jean Raymond French Hospital/Health Commission	17. Jamie Coyle Independent Living Resource Center
5. Sandra Maez Home Instead Senior Care	18. Natalie Markis MISP
6. Kim Chartrand Hospice of San Luis Obispo County	19. Riley Smith United Way of San Luis Obispo County
7. Jerry Mihaic Independent Living Resource Center INC.	20. Sadie Weller SLOAF
8. Karen Jones Long Term Ombudsman Services of San Luis Obispo	21. Martina Tovar County of San Luis Obispo Department of Social Services
9. Juliane McAdam Meals That Connect	22. Kiersten Arnaudin Coast Caregiver Resource Center
10. Fred Munroe Ridership Development	23.
11. Dona Reed County of San Luis Obispo District Attorney	24.
12. Angela Viles County of San Luis Obispo District Attorney	25.
13. Francine Levin County of San Luis Obispo Public Health	26.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>SARA LINDEMAN</p> <ul style="list-style-type: none"> • AIDS EVENT WAS RESCHEDULED TO MAY 16TH! <p>NICOLE BENNETT</p> <ul style="list-style-type: none"> • MEDI-CAL PRODUCT REINSTATED THE OPTICAL SERIES INCLUDING LENSES FOR INDIVIDUAL OVER 21 <p>KAREN JONES</p> <ul style="list-style-type: none"> • NEW EMPLOYEE KARI BOWRON HAS STARTED! TRAINING WILL BE AVAILABLE IF INTERESTED. <p>LAURA DELOYE</p> <ul style="list-style-type: none"> • SAVVY CAREGIVER TRAINING AVAILABLE. • CONFIDENT CAREGIVER SERIES AVAILABLE – TWO HOUR CLASS, EVERY MONTH THROUGH NOVEMBER, HELD AT THE GRACE BIBLE CHURCH • NEW SUPPORT GROUP IN PISMO BEACH IN THE EVENINGS AVAILABLE. • UPDATED BROCHURES AVAILABLE IF NEEDED. <p>KARI PARDO</p> <ul style="list-style-type: none"> • LOS OSOS CARES HAVING A COMMUNITY FORUM! <p>JOYCE ELLEN LIPPMAN</p> <ul style="list-style-type: none"> • SAVE THE DATE FOR AN ELDER ABUSE CONFERENCE ON MAY 24TH IN SAN LUIS OBISPO! • CENSUS 2020 IS WELL ON ITS WAY! IF ANYONE IS INTERESTED IN HAVING A SPEAKER GO TALK TO YOUR SUPPORT GROUP, I WOULD BE MORE THAN HAPPY TO DO SO. <p>FRANCINE LEVIN</p> <ul style="list-style-type: none"> • IF ANYONE WOULD LIKE A COPY OF FALL PREVENTION CLASSES, PLEASE CONTACT ME AND I WILL BE HAPPY TO PROVIDE THE INFORMATION. • WE APPLIED FOR AN ALZHEIMER'S GRANT AND WAITING TO HEAR BACK A RESPONSE. • WE ARE OFFERING CHILD PASSENGER TRAINING TO THE COMMUNITY IF ANYONE IS INTERESTED. <p>ANGELA VILES</p> <ul style="list-style-type: none"> • DONA REED WILL BE TAKING OVER FOR LORI GOMEZ • IF YOU HAVE, ANY CASES COME ON IN! • THERE ARE NEW BIT COIN SCAMS GOING AROUND! BE AWARE! <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • INDEPENDENT LIVING RESOURCE CENTER HAS HIRED JAIME AND SHE WILL BE DOING BENEFITS. • IRLC WILL BE GETTING MORE INVOLVED IN THE HOUSING ELEMENT IN THE COUNTY REALLY TRYING TO FOCUS ON REPRESENTING SENIORS AND ADA ACCESSIBLE IN ALL PROJECTS ETC. <p>KIM CHARTRAND</p> <ul style="list-style-type: none"> • ANNUAL BINGO BONANZA IS MARCH 21ST 11:00-3:00! WILL HAVE GREAT PRIZES! <p>KIERSTEN ARNAUDIN</p> <ul style="list-style-type: none"> • WE HAVE JUST HIRED ANOTHER PART TIME EMPLOYEE

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>JESSICA DEVEREAUX</p> <ul style="list-style-type: none"> • NEW TRAINING TOMORROW 10:00AM-12:00PM. IT WILL TAKE PLACE EVERY 3RD SATURDAY OF THE MONTH. • WE ARE LOOKING FOR VOLUNTEERS IF INTERESTED.
Public Comment	NONE
Guest Speakers	<p>KELLY WOOLWORTH</p> <p>HUMANA HEALTHCARE</p> <p>FAST FACTS</p> <ul style="list-style-type: none"> • FOUNDED IN 1961 • 16.5 MEDICAL MEMBERS ACROSS ALL 50 STATES • 56.9 BILLION IN ANNUAL REVENUES • NUMBER 56 IN THE FORTUNE 500 • 30+ YEARS OF MEDICARE EXPERIENCE <p>DUAL ACTION</p> <p>FOR PEOPLE ON MEDI-CAL AND MEDICAID</p> <p>CCPN=CENTRAL COAST PHYSICIAN NETWORK</p> <p>ENROLLMENT DATES – OCTOBER 15TH TO DECEMBER 7TH</p> <p>EXTRA SERVICES</p> <ul style="list-style-type: none"> • TRANSPORTATION TO AND FROM DOCTOR’S APPOINTMENT • SILVER SNEAKERS • GO365 • ACUPUNCTURE • HEALTHY FOODS CARD LOADED EVERY MONTH WITH \$25 • \$150 EVERY 3 MONTHS TO SPEND ONLINE <ul style="list-style-type: none"> ○ THIS DOES NOT ROLL OVER <p>ORIGINAL MEDICARE</p> <p>PART A & PART B</p> <p>HUMANA HIGHLIGHT</p> <ul style="list-style-type: none"> • TELESERVICE- SEE A DOCTOR OVER THE COMPUTER OR PHONE • FIND AND SEARCH FOR DOCTORS <p>DUAL ELIGIBLE PLAN</p> <ul style="list-style-type: none"> • 0 PREMIUMS • EXTRA BENEFITS • DENTAL COVERAGE UP TO \$1,000 PER YEAR • ROUTINE EYE EXAM

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • \$300 TO EYE FRAMES PER YEAR • \$1,000 HEARING RATE PER EAR, PER YEAR • 30 ONE WAY TRIP FOR TRANSPORTATION <p>EMERGENCY ROOM IS COVERED</p> <p>WELL DINE</p> <ul style="list-style-type: none"> • MEAL DELIVERY IF YOU'VE BEEN RECENTLY HOSPITALIZED • 10 HEALTHY DELICIOUS FRESH MEALS <p>3 STAND-ALONE PRESCRIPTION PLANS</p> <p>CHOOSE HOW TO START:</p> <p>MAKE A PHONE CALL: 1-855-310-5799</p> <p>GO ONLINE: HPENROLL.COM</p> <p>SEND US ORDER IN THE MAIL: HUMANA PHARMACY, P.O.Box 745099, CINCINNATI, OH 45274-Z5099</p> <p>DOWNLOAD THE MOBILE APP</p>
Member Comment	<p>THE NATIONAL LABOR BOARD HAS SAID THAT THE N95 MASK WILL EXPIRE AFTER 5 YEARS. PLEASE MAKE SURE TO CHECK THE LOT NUMBERS FOR EXPIRATION DATE.</p>
Corrections/Additions to the Synopsis	<p>NO CORRECTIONS TO SYNOPSIS</p>
Action Items	<p>APPROVE JANUARY 2020 SYNOPSIS</p> <ul style="list-style-type: none"> • KIM CHARTRAND MADE A MOTION TO ACCEPT THE JANUARY 2020 SYNOPSIS, JOYCE ELLEN LIPPMAN SECOND THE MOTION. <p>APPROVE 18-19 ANNUAL REPORT</p> <ul style="list-style-type: none"> • UPDATED ANNUAL REPORT WAS NOT DISBURSED TO GROUP. ACTION ITEM WILL BE MOVED TO NEXT MONTH'S AGENDA.
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE</p> <ul style="list-style-type: none"> • NEXT MEETING WILL BE HELD FEBRUARY 26TH FROM 3:00PM-4:00PM AT LONG TERM CARE OMBUDSMAN SERVICES • DECISIONS DAY AT THE LIBRARY WILL BE HELD APRIL 16TH AT THE FOLLOWING LIBRARY SITES: ARROYO GRANDE, SAN LUIS OBISPO, MORRO BAY, CAMBRIA, ATASCADERO. • HEALTH COMMISSION HAS THREE OPENINGS RIGHT NOW. IF INTERESTED, PLEASE GO TO THE COUNTY WEBSITE AND FILL OUT AN APPLICATION. <p>TRANSPORTATION</p> <ul style="list-style-type: none"> • NONE

The next meeting is: Friday March 6th, 2020 Time: 9:00 AM
Location: Department of Social Services – 3563 Empleo, San Luis Obispo, CA–Conference Room 1