

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator Bill Monning, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
GALA Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Senior Volunteer Services (RSVP/CCCV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

Chair: Fred Munroe
Immediate Past Chair: Sarah Woolsey
First Vice Chair: Kim Chartrand
Second Vice Chair: Laura DeLoye

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AGENDA

Friday, January 3rd, 2020
9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- [End of Life Doula Program](#)
Presenter: Shannon McQuat
Volunteer Director at HSLO

MEMBER COMMENT: (5 Minutes)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- [Health Decision Making and Care](#)
- [Transportation](#)

MEETING LOCATION:
Veterans Memorial Building
801 Grand Ave
San Luis Obispo, CA

NEXT MEETING:
Friday, February 7th, 2020

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Kim Chartrand
 Facilitator: Kim Chartrand
 Recorder: Martina Tovar

Meeting Called By: Fred Munroe
 Time: From: 9:00 To: 11:00
 Date: Friday, January 3rd, 2020

Location: Veterans Memorial Building: 801 Grand Ave, San Luis Obispo, CA

Members Present:

1. Sarah Lindeman Access Support Network	14. Sharon Coronado County of San Luis Obispo Libraries
2. Laura DeLoye Alzheimer's Association	15. Natalie Markis County of San Luis Obispo Public Health
3. joyce ellen lippman Central Coast Commission for Seniors	16. Martina Tovar County of San Luis Obispo Department of Social Services
4. Sandra Maez Home Instead Senior Care	17.
5. Kim Chartrand Hospice of San Luis Obispo County	18.
6. Jerry Mihaic Independent Living Resource Center Inc.	19.
7. Karen Jones LTC Ombudsman Services of SLO County	20.
8. Julieane McAdam Meals That Connect	21.
9. April Lewallen Peoples' Self-Help Housing	22.
10. Oscar Martinez County of San Luis Obispo Probation Department	23.
11. Michelle Shoresman County of San Luis Obispo Public Health	24.
12. Elissa Feld Transitions-Mental Health Association	25.
13. Paul Garth District 2 Representative	26.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>ELISSA FELD</p> <p>TWO OPPORTUNITIES TO ATTEND "JOURNEY OF HOPE!" ONE TAKING PLACE ON WEDNESDAY, FEBRUARY 5TH FROM 6:00 PM-8:00 PM AT NEW LIFE COMMUNITY CHURCH. THE SECOND EVENT TAKING PLACE, THURSDAY FEBRUARY 6TH FROM 6:00 PM-8:00 PM AT CUESTA, NORTH COUNTY CAMPUS.</p> <p>MICHELLE SHORES MAN</p> <p>OPEN ENROLLMENT IS STILL GOING ON. DEADLINE FOR APPLICATION IN ORDER TO START INSURANCE EFFECTIVE FEBRUARY 1ST!</p> <p>WE HAVE A NEW NURSE NAVIGATOR, NATALIE MARKIS!</p> <p>OUR COUNTY WAS AWARDED A FIVE-YEAR GRANT INITIATING WHOLE PERSON CARE.</p> <p>JERRY MIHAIC</p> <p>HAVE RECEIVED TWO GENERATORS, WHICH MAY BE LOANED OUT IF NEEDED.</p> <p>HOUSING PERSON IN OFFICE MOVED TO SANTA MARIA OFFICE, SO NOW THERE IS AN OPENING FOR ONE IN SAN LUIS OFFICE.</p> <p>LAURA DELOYE</p> <p>SAVVY CAREGIVER WORKSHOP AND CONFIDENT CAREGIVER WORKSHOP AVAILABLE IN NORTH AND SOUTH COUNTIES!</p> <p>IF INTERESTED OR FOR MORE INFORMATION, CONTACT LAURA DELOYE.</p> <p>SPACE IS LIMITED!</p> <p>KAREN JONES</p> <p>INTERVIEWS START TODAY FOR A NEW STAFF OMBUDSMAN COORDINATOR.</p> <p>JOYCE ELLEN LIPPMAN</p> <p>COME SHARE YOUR IDEAS AT THE 2020 LISTENING SESSION ON THURSDAY JANUARY 30 AT THE SLO CITY/COUNTY LIBRARY AND ALSO FRIDAY JANUARY 31ST AT THE SENIOR CENTER, 270 SCOTT STREET, PASO ROBLES, CA.</p> <p>FOR MORE INFORMATION, WWW.CENTRALCOASTSENIORS.ORG OR CALL 805-541-0384</p> <p>SHARON CORONADO</p> <p>WE CURRENTLY HAVE A GAP IN SERVICE FOR ADULTS WITH DISABILITIES. PLEASE CONTACT ME IF YOU KNOW ANYONE WHO COULD BENEFIT.</p> <p>KIM CHARTRAND</p> <p>HOSPICE VOLUNTEER TRAINING IS STARTING SOON. IF YOU KNOW ANYONE INTERESTED, PLEASE SEND MY WAY.</p>
<p>Public Comment</p>	<p>NONE</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Guest Speakers	<p>END OF LIFE DOULA PROGRAM PRESENTED BY: SHANNON MCOUAT, VOLUNTEER DIRECTOR OF HOSPICE SAN LUIS OBISPO</p> <p>OUR VISION WE ENVISION A COMMUNITY THAT RECOGNIZES DEATH AS A PART OF LIFE; WHERE DYING AND GRIEVING ARE EMBRACED AS NATURAL; WHERE ALL HAVE ACCESS TO SUPPORT SERVICES WITHOUT CHARGE; WHERE NO ONE DIES OR IS LEFT TO GRIEVE WITHOUT COMFORT.</p> <p>OUR MISSION WE RECOGNIZE DEATH AS A NATURAL AND PERSONAL EVENT. IN THIS SPIRIT, WE SUPPORT THE COMMUNITY IN WORKING WITH THOSE NEAR THE END OF LIFE AND THE PEOPLE WHO LOVE THEM BY PROVIDING IN-HOME SUPPORT, CAREGIVER RESPITE, GRIEF COUNSELING, SUPPORT GROUPS, COMMUNITY RESPONSE AND EDUCATION. ALL SERVICES ARE OFFERED FREE OF CHARGE.</p> <p>THEY ARE COMPLETELY VOLUNTEER BASED DO NOT CHARGE FOR ANYTHING OR WORK WITH INSURANCE RELY ON DONATIONS AND GRANT FUNDING BEEN AROUND FOR 40 YEARS 1 OUT OF 23 VOLUNTEER HOSPICE LEFT IN THE NATION NO LIMITATIONS WITH CONDITION</p> <p>SERVICES</p> <ul style="list-style-type: none"> PROVIDE IN HOME SERVICES <ul style="list-style-type: none"> RESPIRE AND COMPANIONSHIP DO NOT DO PERSONAL CARE OR ANYTHING RELATED TO NURSE CARE DO PET CARE, SO THEY CAN STAY WITH THE OWNER UNTIL THEY PASS PROVIDES MUSIC THERAPY SUPPORT THROUGH THRESHOLD SINGERS OFFERS END OF LIFE DOULA PROGRAM <ul style="list-style-type: none"> MODELED BY A BIRTH DOULA WHAT MUSIC TO LISTEN TO WHAT PICTURE TO LOOK AT IDENTIFY ALL UNDONE THINGS THAT PERSON WOULD LIKE DONE AND HELP IN ALL POSSIBLE WAYS TO ASSIST THEM IN COMPLETING THEM. TALK ABOUT RITUALS SIT BEDSIDE DURING ACTIVE VIGIL <ul style="list-style-type: none"> ACTIVE VIGIL IS LAST 48-72 BEFORE PASSING ESSENTIAL OILS SOME PERSONAL CARE ALSO WILL ASSIST WITH AFTER DEATH CARE GUIDED IMAGERY <ul style="list-style-type: none"> CREATE WONDERFUL IMAGES AND SCENES OF THEIR FAVORITE PLACES OR FAVORITE THINGS TO MAKE THINGS EASIER FOR THEM TO GO AT ACT OF DYING <p>GRIEF COUNSELING</p> <ul style="list-style-type: none"> OFFER ONE ON ONE GRIEF SUPPORT HAVE A COMMUNITY RESPONSE TEAM ANYONE CAN RECEIVE ANTICIPATION OF GRIEF COUNSELING SERVE 100 CLIENTS MONTHLY <p>CARE MANAGEMENT SERVICES COMMUNITY EDUCATION</p> <p>FUNDED</p> <ul style="list-style-type: none"> DONATIONS GRANTS FUNDRAISING <p>CONTACT</p> <p>1304 PACIFIC STREET SAN LUIS OBISPO, CA 93401 PHONE: (805) 544-2266 FAX: (805) 544-6573</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Member Comment	NONE
Corrections/Additions to the Synopsis	TO REMOVE COMMENT UNDER SANDRA MAEZ STARTING WITH "NEW READY TO MEET...."
Action Items	SYNOPSIS WAS ACCEPTED WITH CORRECTIONS NOTATED
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE</p> <p>WILL BE HAVING A MEETING THE OMBUDSMAN OFFICE ON JANUARY 15TH AT 3:00 PM, EVERYONE IS WELCOME!</p> <p>TRANSPORTATION</p> <p>HUGE THANK YOU AND SHOUT OUT TO AMDAL TRANSPORTATION FOR THEIR DONATED TIME AND SERVICES WHEN NEEDED FOR A RECENT EVENT.</p>

The next meeting is: Friday February 7th, 2020 Time: 9:00 AM
Location: Veterans Memorial Building-801 Grand Ave, San Luis Obispo, CA 93401