

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Fred Munroe  
 Facilitator: Fred Munroe  
 Recorder: Martina Tovar

Meeting Called By: Fred Munroe  
 Time: From: 9:00 To: 11:00  
 Date: Friday, March 6<sup>th</sup>, 2020

Location: Veterans Memorial Building: 801 Grand Ave, San Luis Obispo, CA

Members Present:

1. Juliane McAdam Meals That Connect	14.
2. Fred Munroe Ridership Development	15.
3. Sadie Weller Senior Legal Services Project	16.
4. Dona Reed County of San Luis Obispo District Attorney	17.
5. Oscar Martinez County of San Luis Obispo Probation Department	18.
6. Elizabeth Merson County of San Luis Obispo Public Health	19.
7. Michelle Shoresman County of San Luis Obispo Public Health	20.
8. Jessica Devereaux Wilshire Community Services	21.
9. Elizabeth Beckett United Cerebral Palsy	22.
10. Riley Smith United Way	23.
11. Martina Tovar County of San Luis Obispo Department of Social Services	24.
12. Clint Weirick County of San Luis Obispo Behavioral Health Board	25.
13.	26.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>JESSICA DEVEREAUX</p> <p>AGING WELL: NORTH COUNTY SENIOR PEER COUNSELING WORKSHOP, MARCH 19<sup>TH</sup> AND 20<sup>TH</sup> FROM 8:30AM-4:30PM AT THE WILSHIRE'S NORTH COUNTY OFFICES, 106 GATEWAY CENTER DRIVE, PASO ROBLES, CA. GO TO <a href="http://WWW.WILSHIRECOMMUNITYSERVICES.ORG">WWW.WILSHIRECOMMUNITYSERVICES.ORG</a> TO LEARN MORE.</p> <p>KIM CHARTRAND</p> <p>WOMEN'S ALLIANCE OF SAN LUIS OBISPO PRESENTS BINGO BONANZA! SATURDAY, MARCH 21<sup>ST</sup>, 2020 AT THE VETERANS MEMORIAL BUILDING FROM 11:00AM-3:00PM. FOR TICKETS OR MORE INFORMATION VISIT <a href="http://WWW.HOSPICESLO.ORG">WWW.HOSPICESLO.ORG</a></p> <p>MARK SHAFFER</p> <p>VOAD MEETING! FORMING A COMMITTEE MEETING ON MAY 21<sup>ST</sup> 2:00PM-4:00PM AT THE PG&amp;E FACILITY ON KENDALL.</p> <p>ELIZABETH MERSON</p> <p>FALL PREVENTION CLASSES, FITNESS CLASSES, SLOCO SENIORS! FREE HOME ASSESSMENTS AND CLASSES TO HELP YOU STAY ON YOUR FEET. FOR MORE INFORMATION CALL MICHELLE ZULIM-CLARK AT 805-781-1561 OR MZULIMCLARK@CO.SLO.CA.US</p> <p>MICHELLE SHORES MAN</p> <p>THEY HAVE EXTENDED ENROLLMENT FOR COVERED CA TO ALLOW INDIVIDUALS TO APPLY DUE TO THE TAX PENALTY AND PEOPLE NOT BEING AWARE THERE WAS A TAX PENALTY. FOR THE LATEST AND MOST UP TO DATE INFORMATION ON THE COVID-19 VISIT READYSLO.ORG</p> <p>RILEY SMITH</p> <p>WE ARE IN THE MIDDLE OF "MY FREE TAXES" BEING HELD EVERY SUNDAY AT LOCAL PUBLIC LIBRARY'S UNTIL APRIL 6<sup>TH</sup>.</p>
<p>Public Comment</p>	<p>NONE</p>
<p>Guest Speakers</p> <p><b>2020 CENSUS</b></p> <p><b>JOYCE ELLEN LIPPMAN</b></p> <p><b>CENTRAL COAST COMMISSION FOR SENIORS</b></p>	<p>JOYCE ELLEN WAS NOT ABLE TO PHYSICALLY JOIN US TO PRESENT. THIS RESOURCEFUL INFORMATION WAS PROVIDED TO US THOUGH.</p> <p>HISTORY</p> <ul style="list-style-type: none"> <li>• EVERY 10 YEARS THERE IS A NATIONWIDE COUNT OF EVERY PERSON LIVING IN THE UNITED STATES. THE DECENNIAL CENSUS IS MANDATED BY ARTICLE 1, SECTION 2 OF THE UNITED STATES CONSTITUTION.</li> <li>• THE FIRST CENSUS TOOK PLACE IN 1790, AND THE NEXT WILL BE HELD APRIL 1, 2020.</li> </ul> <p>WHY IT MATTERS</p> <ul style="list-style-type: none"> <li>• HELPS OUR COMMUNITY GET ITS FAIR SHARE OF FEDERAL FUNDS</li> <li>• CREATE JOBS</li> <li>• HELPS OUR COMMUNITY PLAN FOR THE FUTURE</li> <li>• SUPPORTS PUBLIC SAFETY AND EMERGENCY PREPAREDNESS</li> </ul> <p>HOW CAN I PARTICIPATE?</p> <ul style="list-style-type: none"> <li>• FILLING OUT THE CENSUS IS EASIER THAN EVER BEFORE AND CAN BE DONE ONLINE, OVER THE PHONE, OR BY A REQUESTED PAPER FORM.</li> <li>• IT CAN ALSO BE DONE BY VISITING AN OFFICIAL QUESTIONNAIRE ASSISTANCE CENTER AND KIOSK LOCATION IN MARCH THROUGH JUNE 2020.</li> <li>• HOUSEHOLDS THAT DO NOT FILL OUT THE QUESTIONNAIRE DURING THE SELF-RESPONSE PERIOD WILL BE CONTACTED BY THE UNITED STATES CENSUS BUREAU FOR FOLLOW UP.</li> </ul>

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	<p>WHAT SHOULD I KNOW?</p> <ul style="list-style-type: none"> <li>• THE 2020 CENSUS QUESTIONNAIRE WILL NOT INCLUDE A QUESTION ABOUT AN INDIVIDUAL'S CITIZENSHIP STATUS.</li> <li>• THE UNITED STATES CENSUS BUREAU WILL ALWAYS SHOW A VALID CENSUS BUREAU ID AND WILL NEVER ASK FOR THE FOLLOWING: <ul style="list-style-type: none"> <li>• PAYMENT TO FILL OUT THE QUESTIONNAIRE</li> <li>• SOCIAL SECURITY NUMBER</li> <li>• FINANCIAL INFORMATION</li> </ul> </li> <li>• EVERY PERSON COUNTS INCLUDING BABIES, CHILDREN, AND COLLEGE STUDENTS WHERE THEY RESIDE ON APRIL 1, 2020.</li> </ul> <p>CONTACT INFORMATION</p> <p><a href="http://WWW.SLOCOUNTY.CA.GOV">WWW.SLOCOUNTY.CA.GOV</a> OR <a href="http://WWW.CENTRALCOASTSENIORS.ORG">WWW.CENTRALCOASTSENIORS.ORG</a></p>
<p>Guest Speaker</p> <p><b>2020 for Medicare</b></p> <p><b>Julie Posada</b></p> <p><b>HICAP Program Manager</b></p>	<p>WHAT IS HICAP?</p> <ul style="list-style-type: none"> <li>• THE HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) IS A VOLUNTEER SUPPORTED PROGRAM THAT HELPS MEDICARE BENEFICIARIES OF ANY AGE MAKE INFORMED CHOICES AND PROVIDES ADVOCACY WHEN THEIR HEALTH CARE BENEFITS AND RIGHTS ARE THREATENED OR DENIED.</li> </ul> <p>HICAP OPERATIONS</p> <ul style="list-style-type: none"> <li>• FREE AND UNBIASED SERVICES</li> <li>• HICAP DOESN'T SELL OR ENDORSE ANY PRODUCTS</li> <li>• NO AFFILIATION WITH AGENTS, BROKERS, INSURANCE COMPANIES OR HMO'S</li> <li>• LOCAL TRAINED VOLUNTEERS REGISTERED BY THE CALIFORNIA DEPARTMENT OF AGING</li> <li>• ADVOCATE ON BEHALF OF MEDICARE BENEFICIARIES</li> <li>• ENGLISH AND SPANISH SPEAKING COUNSELORS</li> </ul> <p>HICAP SERVICES</p> <p>INDIVIDUAL MEDICARE COUNSELING SERVICE</p> <p>15 COUNSELING SITES THROUGHOUT SANTA BARBARA AND SAN LUIS OBISPO COUNTIES</p> <p>COUNSELING TOPICS INCLUDE:</p> <ul style="list-style-type: none"> <li>• UNDERLYING MEDICARE AND MEDI-MEDI BENEFITS INCLUDING ORIGINAL MEDICARE, MEDICARE SUPPLEMENTS, ADVANTAGE PLANS AND PRESCRIPTION DRUG PLANS.</li> <li>• IDENTIFYING COST-EFFECTIVE PRESCRIPTION DRUG PLANS</li> <li>• RESOLVING MEDICAL BILLING ISSUES</li> <li>• PREPARING MEDICARE CLAIMS AND APPEALS</li> <li>• UNDERSTANDING LONG TERM CARE INSURANCE OPTIONS</li> </ul> <p>HICAP SERVICES</p> <p>COMMUNITY EDUCATION</p> <p>IF YOU ARE TURNING 65, RETIRING, CARING FOR A FRIEND OR RELATIVE OR MOVING TO THE AREA, HICAP OFFERS FREE UNBIASED PRESENTATIONS COVERING THE BASICS OF ORIGINAL MEDICARE, MEDICARE SUPPLEMENTS, MEDICARE ADVANTAGE PLANS AND PRESCRIPTION DRUG PLANS. ADDITIONAL PRESENTATIONS INCLUDE MEDICARE OPEN ENROLLMENT CHANGES AND LONG TERM CARE INSURANCE OPTIONS. PRESENTATIONS CAN BE CUSTOMIZED TO COVER ANY MEDICARE TOPIC.</p>

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	<p>HICAP COUNSELORS</p> <ul style="list-style-type: none"> <li>• OUR HICAP CURRENTLY HAS 27 REGISTERED MEDICARE COUNSELORS; ALL BUT 3 ARE VOLUNTEERS</li> <li>• HICAP MEDICARE COUNSELORS RECEIVE INITIAL TRAINING WITH THE LOCAL HICAP AND ARE REGISTERED WITH CALIFORNIA DEPARTMENT OF AGING</li> <li>• HICAP MEDICARE COUNSELORS ARE REQUIRED TO COMPLETE MINIMUM CONTINUING EDUCATION AND COUNSELING HOURS EACH YEAR TO MAINTAIN THEIR REGISTERED STATUS</li> <li>• VOLUNTEERS ARE RECRUITED ON AN ON-GOING BASIS TO MEET THE NEEDS IN EACH COMMUNITY</li> <li>• VOLUNTEERS COUNSEL IN THEIR LOCAL COMMUNITY AND ARE ABLE TO SET THEIR OWN SCHEDULES</li> </ul> <p>HICAP COUNSELING AND ADVOCACY SERVICES</p> <p>MEDICARE CHANGES FOR 2020:</p> <ul style="list-style-type: none"> <li>• MEDICARE'S DESIRED INCREASE IN ENROLLMENT OF MEDICARE ADVANTAGE (MA) PLANS</li> <li>• MA OPEN ENROLLMENT PERIOD FROM JANUARY 1<sup>ST</sup> THROUGH MARCH 31<sup>ST</sup></li> <li>• ENHANCEMENTS OF MA PLANS INCLUDING CHRONIC CARE BENEFITS</li> <li>• SUPPLEMENT (MEDIGAP) PLAN ENHANCEMENTS AND ELIMINATION OF PLAN F</li> <li>• CHANGES IN SEP FOR DUAL ELIGIBLE BENEFICIARIES</li> </ul> <p>CONTACT INFORMATION</p> <ul style="list-style-type: none"> <li>• 1-800-434-0222 OR 805-928-5663</li> <li>• SENIOR CONNECTION 1-800-510-2020</li> <li>• MEDICARE 1-800-633-4227</li> <li>• SOCIAL SECURITY 1-800-772-1213 <ul style="list-style-type: none"> <li>• SAN LUIS OBISPO 1-855-207-4865</li> <li>• SANTA MARIA 1-866-331-2316</li> <li>• SANTA BARBARA 1-866-695-6285</li> </ul> </li> </ul> <p>FOR UPCOMING MEDICARE PRESENTATIONS BY HICAP VISIT HICAP FREE SEMINARS  <a href="http://WWW.CENTRALCOASTSENIORS.ORG">WWW.CENTRALCOASTSENIORS.ORG</a></p>
Member Comment	NONE
Corrections/Additions to the Synopsis	SYNOPSIS WAS ACCEPTED
Action Items	<p>APPROVE ANNUAL REPORT FY 18-19</p> <p>THE ANNUAL REPORT FY 18-19 WAS PROVIDED TO THE MEMBERS VIA EMAIL AS WELL AS A PAPER COPY WAS AVAILABLE AT THE MEETING.</p> <p>A MOTION MADE TO APPROVE THE ANNUAL REPORT FY 18-19 AND IT WAS APPROVED.</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE</p> <p>HEALTH DECISIONS DAY IS APRIL 16<sup>TH</sup>. WILL BE AT FIVE DIFFERENT LIBRARIES TO OFFER HEALTH CARE DIRECTIVES. THERE WILL BE TWO DIFFERENT DIRECTIVES AVAILABLE. THERE ARE TWO SESSION, 10-12 AND 3-5. DISCUSSIONS WILL TAKE ANYWHERE BETWEEN 15-20 MINUTES.</p> <p>THE NEXT MEETING IS APRIL 1<sup>ST</sup> 3-4 AT LONG TERM OMBUDSMAN OFFICE.</p> <p>TRANSPORTATION</p> <p>RIDE ON TRANSPORTATION IS AVAILABLE FOR VEHICLE MAINTENANCE. FOR \$60 AN HOUR, YOU GET PARTS ON LOW RATES AND THEY WILL DO ALL THE PAPERWORK FOR YOU. DRIVER TRAINING IS ALSO AVAILABLE. VEHICLES ARE AVAILABLE TO LEASE FOR FUNDRAISERS, EVENTS ETC.</p>

**The next meeting is: Friday April 3<sup>rd</sup>, 2020                      Time: 9:00 AM**  
**Location: Veterans Memorial Building-801 Grand Ave, San Luis Obispo, CA 93401**