

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator Bill Monning, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
GALA Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Senior Volunteer Services (RSVP/CCCV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health/Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

Chair: Kim Chartrand

Immediate Past Chair: Fred Munroe

First Vice Chair: Laura DeLoye

Second Vice Chair: Nicole Bennett

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AGENDA

Friday, September 4th, 2020

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- **Eligibility**
 - Gina Hambly, Department of Social Services
- **What is CenCal and Explaining Senior Services**
 - Nicole Bennett, CenCal Health

MEMBER COMMENT: (5 Minutes)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- **Approve August 2020 Synopsis**
- **Vote Nicole Bennett as Second Vice Chair**
- **Current Speaker Schedule and Status**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Health Decision Making and Care**
- **Transportation**

MEETING LOCATION:

This month's meeting will be available via Zoom

The Zoom link: <https://us02web.zoom.us/j/86299293146>

Dial In: 669-900-6833

Meeting ID: 862 9929 3146

Public website: <https://www.slocounty.ca.gov/Departments/Social-Services/Adult-Services-Policy-Council.aspx>

NEXT MEETING: Friday, October 2nd, 2020

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Kim Chartrand
 Facilitator: Kim Chartrand
 Recorder: Martina Tovar

Meeting Called By: Kim Chartrand
 Time: From: 9:00 To: 11:00
 Date: Friday, September 4th, 2020

Location: Via Zoom

Members Present:

1. Kim Chartrand Hospice of San Luis Obispo County	14. Ellen Torres HASLO
2. Linda Belch County of San Luis Obispo – Social Services	15. Sadie Weller SLO Legal Foundation
3. Tauria Linala SLO Village	16. Riley Smith United Way of San Luis Obispo
4. Kiersten Arnaudin Coast Caregiver Resource Center	17. Fred Munroe Ridership Development
5. April Lewallen PathPoint	18. Cari Pardo Los Osos Cares
6. Meredith Bates SLO Village	19. Barry Johnson Transitions Mental Health Association
7. Laura DeLoye Alzheimer’s Association	20. Caitlin Cox District Representative
8. Michelle Shoresman County of San Luis Obispo – Health Agency	21. Angela Viles County of San Luis Obispo – District Attorney
9. Jerry Mihaic Independent Living Resource Center	22. Martina Tovar County of San Luis Obispo – Department of Social Services
10. Nicole Bennett CenCal Health	23. Michelle Zulim-Clark County of San Luis Obispo-Health Agency
11. Mara Whitten CAPSLO/Adult Day Center	24. Paul Garth District 2 Representatives
12. Meredith Bates SLO Village	25. Susanna Castaneda Count of San Luis Obispo – Health Department
13. Anna Vela People’s Self Help Housing	26. Michele Duero

27. Gina Hambly County of San Luis Obispo – Social Services	28. Jennifer Nitzel County of San Luis Obispo – Social Services
29. Deanne Martin Soares Amdal Transportation	30. Kayla Quiroga

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>KIERSTEN ARNAUDIN</p> <p>KIERSTEN REPORTED THAT THEY WILL BE HOSTING VIRTUAL CAREGIVER CLASSES. THERE WILL BE SIX, 90 MINUTE CLASSES HELD ON MONDAYS. THESE CLASSES WILL START ON SEPTEMBER 21ST.</p> <p>APRIL LEWALLEN</p> <p>APRIL REPORTED THAT THEY DO HAVE SOME PROGRAMS UP AND RUNNING FOR INDIVIDUALS.</p> <p>MEREDITH BATES</p> <p>MEREDITH REPORTED THAT SLO VILLAGE IS CRUISING ALONG AND ADDING MEMBERS, WHICH IS GREAT NEWS!</p> <p>THEY HAVE BEEN DOING OUTDOOR ACTIVITIES FOR THE MEMBERS SUCH AS, WALKS AND PORCH MEETINGS.</p> <p>THEY ARE PLANNING ON ONLINE COLLABORATION WITH THE SENIOR CENTERS WHICH IS EXCITING.</p> <p>LAURA DELOYE</p> <p>LAURA INFORMED THE GROUP THAT ALL SUPPORT GROUP INFORMATION MAY BE FOUND ONLINE OR ON THE NEWSLETTER THAT WILL BE SENT OUT. PLEASE MAKE SURE YOU ARE ON THE LIST TO RECEIVE THE NEWSLETTER.</p> <p>WE DO HAVE RESPITE CARE GRANT FUNDS AVAILABLE IF ANYONE KNOWS SOMEONE WHO MAY BENEFIT FROM THIS, PLEASE LET LAURA KNOW!</p> <p>THE WALK TO END ALZHEIMER'S IS HAPPENING. WE ASK EVERYONE TO WEAR PURPLE AND SIGN UP FOR A TEAM AND HELP GET AWARENESS OUT THERE!</p> <p>MICHELLE SHORESMAN</p> <p>MICHELLE REPORTED THAT WE HAVE UNDERGONE SOME TRANSITIONS IN OUR AGENCY AND WE HAVE VACANCIES.</p> <p>SUSANNA CASTANEDA</p> <p>SUSANNA SHARED THERE IS A SPECIAL ENROLLMENT FOR INDIVIDUALS EFFECTED BY THE WILDFIRES. PLEASE CONTACT SUSANNA FOR ANY ADDITIONAL INFORMATION NEEDED.</p> <p>PAUL GARTH</p> <p>PAUL SHARED THAT THE COMMISSION ON AGING HAS NOT BEEN MEETING SINCE EVERYTHING HAPPENED WITH COVID. BUT HE HOPES TO GET IT GOING AGAIN SOON.</p> <p>JERRY MIHAIC</p> <p>JERRY REPORTED THAT ILRC IS NOW PART OF THE CALIFORNIA DISASTER COALITION.</p> <p>THEY HAD TWO NEW INDIVIDUALS JOIN THE ORGANIZATION AND THEY ARE GOING THROUGH TRAINING CURRENTLY.</p> <p>OUR EXECUTIVE DIRECTOR IS LEAVING THE ORGANIZATION AND WILL BE LEAVING A HUGE GAP.</p> <p>WE DO HAVE CHROME BOOKS AVAILABLE FOR ANYONE WHO MAY NEED ONE.</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>ANNA VELA</p> <p>ANNA INTRODUCED HERSELF TO THE GROUP AND MADE US AWARE SHE WORKS FOR PEOPLE SELF HELP HOUSING.</p> <p>ANNA REPORTED THEY HAVE NOT HAD ANY EVENTS DUE TO COVID. THEY HAVE BEEN MAKING WELLNESS CALLS TO RESIDENTS AND CONNECTING THEM TO RESOURCES.</p> <p>ELLEN TORRES</p> <p>ELLEN REPORTED THAT THERE IS A LOT OF CONSTRUCTION GOING ON AND RESIDENTS ARE BEING RELOCATED AS THEIR HOUSING IS BEING WORKED ON.</p> <p>AS A REMINDER, WE HAVE A NEW PROGRAM CALLED THE "STAR" PROGRAM AND THE GOAL IS TO SUPPORT TENANTS IN ACHIEVING RESILIENCE.</p> <p>RILEY SMITH</p> <p>RILEY REPORTED THEY ARE IN THE BEGINNING STAGES TO HELP PROVIDE LOW INTERNET SERVICES AND THEY HOPE TO BE FULLY ROARING BY END OF MONTH.</p> <p>YOU CAN TEXT "INTERNET" TO 211211 AND IT WILL ALLOW YOU TO SEE IF THERE ARE ANY LOW INTERNET OPTIONS FOR YOU.</p> <p>JEAN RAYMOND</p> <p>FRENCH HOSPITAL IS WORKING ON A NEW EDUCATION PROGRAM.</p> <p>HEALTH COMMISSION HAS NOT MET SINCE LAST YEAR BUT THEY WANT TO MAKE SURE EVERYONE IS GETTING THEIR FLU SHOT.</p> <p>MICHELE DUERO</p> <p>MICHELE REPORTED THAT THEY ARE LAUNCHING A NEW BUSINESS, WHICH WILL FOCUS ON HELPING SENIORS WITH MEDICAL CONDITIONS SAFELY STAY IN THEIR HOME.</p> <p>GINA HAMBLY</p> <p>GINA SHARED WITH THE GROUP THAT OPEN ENROLLMENT IS 11/1/2020 TO 01/31/2021</p> <p>BARRY JOHNSON</p> <p>BARRY REPORTED THAT SERVICES ARE ROLLING ALONG BUT WITH MODIFICATIONS. YOU MAY FIND ANY UPDATES ON T-MHA.ORG.</p> <p>THIS MONTH IS SUICIDE PREVENTION MONTH. WE WILL BE HAVING A FULL DAY SUMMIT TO PROVIDE MORE TRAINING FOR SERVICE PROVIDERS. THIS WILL BE HELD ON SEPTEMBER 9TH, AND IT WILL BE A FULL DAY TRAINING AND FREE!</p> <p>CAITLIN COX</p> <p>CAITLIN REPORTED THEY ARE WORKING ON THE STIMULUS PACKAGE VERY SOON AND PASSING BUDGETS.</p> <p>DEANNE MARTIN SOARES</p> <p>DEANNE INTRODUCED HERSELF TO THE GROUP AS AM EMPLOYEE FOR AMDAL TRANSPORTATION.</p> <p>KAYLA QUIROGA</p> <p>KAYLA REPORTED THAT THE OFFICES HAVE BEEN CLOSED BUT THEY ARE OCCASIONALLY DOING FOOD PANTRY ORDERS.</p> <p>WE HAVE BEEN ABLE TO SUCCESSFULLY LAUNCH A TELE-MEDICINE!</p> <p>WE ARE EXPANDING PREP SERVICES, WHICH IS A DAILY HIV MEDICINE THAT INDIVIDUALS CAN TAKE.</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>MARA WHITTEN</p> <p>MARA REPORTED THE ADULT DAY CENTER HAS BEEN CLOSED SINCE MARCH 19TH AND WE JUST GOT INFORMATION THAT THEY CAN OPEN WITH MODIFICATIONS. CLIENTS WILL HAVE TO SOCIAL DISTANCE AND WEAR A MASK.</p> <p>WE ARE DOING ZOOM ACTIVITIES WITH CLIENTS AND WILL CONTINUE TO.</p> <p>WE HAVE BEEN DOING CARE PACKAGES AND YOU CAN JUST SEE IT IN THE FAMILIES FACES THAT THEY ARE WORN OUT.</p> <p>JENNIFER NITZEL</p> <p>THE DEPARTMENT OF SOCIAL SERVICES OFFICE IS OPEN MONDAY THROUGH FRIDAY 8:00AM-1:00PM.</p> <p>APPLICATIONS ARE AVAILABLE OUTSIDE OUR OFFICES AND YOU CAN CALL IN OR GO ONLINE TO APPLY AS WELL.</p> <p>MONICA ANDERSON</p> <p>MONICA REPORTED THAT THEY HAVE BEEN GETTING MANY CALLS FROM SENIORS.</p> <p>CARI PARDO</p> <p>CARI REPORTED THAT THEY ARE STILL HELPING PEOPLE BUT THEY HAVE TO PHONE IN. WE ARE NO LONGER GIVING OUT CLOTHING BUT GIVING OUT VOUCHERS INSTEAD.</p> <p>MICHELLE ZULIM-CLARK</p> <p>MICHELLE REPORTED THEIR FALL PREVENTION PROGRAM IS POSTED ONLINE AT OUR COUNTY WEBSITE. IF YOU WOULD LIKE THE LINK TO OUR WEBSITE, PLEASE LET ME KNOW.</p> <p>ANGELA VILES</p> <p>ANGELA REPORTED THERE IS A LOT OF COURT SERVICES HAPPENING VIA ZOOM.</p>
Public Comment	NONE
<p>Guest Speakers</p> <p>Gina Hambly Department of Social Services</p>	<p>WHAT IS MEDI-CAL</p> <p>MEDI-CAL PAYS FOR HEALTH CARE SERVICES FOR ELIGIBLE PERSONS WHO ARE CALIFORNIA RESIDENTS.</p> <p>Medi-Cal is supported by federal and state taxes.</p> <p>Ways to Apply for Medi-Cal</p> <ul style="list-style-type: none"> Phone Online Mail Walk-in <p>Medi-Cal at a Glance</p> <p>Magi</p> <ul style="list-style-type: none"> Age 64 & younger Not eligible for medicare Low Income: <ul style="list-style-type: none"> Children Adults Pregnant women Parents or caretaker of Medicaid eligible child under 19 years old

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>Non-Magi</p> <p>Low income individuals who meet any of the following:</p> <ul style="list-style-type: none"> Age 65+ Blind PERMANENTLY DISABLED BY SOCIAL SECURITY ADMINISTRATION STANDARD REQUESTING AS A MINOR IN A LONG-TERM CARE FACILITY BE A CHILD OR HAVE A CHILD <p>NON-MAGI ELIGIBILITY FACTORS: PROPERTY</p> <p>COUNTABLE PROPERTY</p> <ul style="list-style-type: none"> BANK ACCOUNTS CASH SAVINGS BOND MORTGAGES VEHICLES <p>PROPERTY LIMIT</p> <ul style="list-style-type: none"> 1 PERSON \$2,000 2 PEOPLE \$3,000 3 PEOPLE \$3,150 EACH ADDITIONAL PERSON + \$150 <p>EXCLUDED PROPERTY</p> <ul style="list-style-type: none"> PRINCIPLE RESIDENCE ONE VEHICLE BUSINESS PROPERTY CERTAIN RETIREMENT/PENSION FUNDS AND ANNUITIES <p>NON-MAGI MEDI-CAL</p> <ul style="list-style-type: none"> ZERO SHARE OF COST INCOME LIMITS MARRIED COUPLE = INCOME LIMIT IS \$1,682.00 SINGLE PERSON = INCOME LIMIT IS \$1,242.00 <p>CENCAL AND FEE FOR SERVICE</p> <p>FEE-FOR SERVICE – MEDICAL BENEFITS BILLED TO THE STATE FOR STATE ONLY PROGRAMS OR FOR THE FIRST TWO MONTHS OF ELIGIBILITY AT APPLICATION OR RESCISSION PRIOR TO BEING PICKED UP BY CENCAL.</p> <p>CENCAL HEALTH – ADMINISTERS MEDI-CAL IN SLO COUNTY. THOSE WHO ARE APPROVED FOR MEDI-CAL IN OUR COUNTY ARE AUTOMATICALLY ENROLLED IN CENCAL.</p> <p>FOR MORE INFORMATION: GINA HAMBLY, MEDI-CAL PROGRAM REVIEW SPECIALIST, 805-781-1882</p>
<p>Guest Speaker Nicole Bennett CenCal Health</p>	<p>CENCAL HEALTH HAS GONE COMPLETELY REMOTE UNTIL FEBRUARY</p> <p>EMPLOYEES ARE ACTIVE ON THEIR CELL PHONES!</p>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>CENCAL HEALTH'S WEBSITE</p> <p>HTTPS://WWW.CENCALHEALTH.ORG/CORONAVIRUS/</p> <p>AT THE TOP OF THE PAGE YOU WILL NOTICE ALL UPDATES ARE HIGHLIGHT IN RED, DATED AND HYPERLINKED, ALLOWING THE USER QUICK ACCESS TO PLAN CHANGES DUE TO THE CORONAVIRUS.</p> <p>ALL LINKS ARE AVAILABLE IN BOTH ENGLISH AND SPANISH.</p> <p>THE CORONAVIRUS PAGE IS AVAILABLE AND TRANSLATED IN SPANISH.</p> <p>WE PROVIDE A PAGE THAT DEBUNKS MYTH, PROVIDING RELIABLE FACTS FROM TRUSTED SOURCES.</p> <p>MEMBER SECTION</p> <p>MEMBER HANDBOOK HTTPS://WWW.CENCALHEALTH.ORG/MEMBERS/MEMBER-HANDBOOK/</p> <p>MEMBER SERVICES DEPARTMENT</p> <p>UPCOMING MEMBER PORTAL</p> <p>PROVIDER DIRECTORY - THE PROVIDER WEBPAGE HAS A PLETHORA OF INFORMATION THERE ARE NEW FEATURES THAT WILL IMPROVE YOUR EXPERIENCE. SOME KEY ENHANCEMENTS INCLUDE:</p> <p>A NEW SECTION LISTING OUR BEHAVIORAL HEALTH PROVIDERS, INCLUDING BOTH MENTAL HEALTH AND ABA PROVIDERS</p> <p>AN "ACCEPTING NEW PATIENTS" INDICATOR THAT IS COLOR CODED AND BY COUNTY</p> <p>ADDITIONAL PROVIDER DETAILS, INCLUDING ADDITIONAL LANGUAGES SPOKEN, CULTURAL COMPETENCY TRAINING, GENDER, AGE RANGE SERVED, BOARD CERTIFICATIONS AND HOSPITAL AFFILIATIONS</p> <p>AN EXPANDED SEARCH AND FILTER CAPABILITY</p> <p>2019 COMMUNITY REPORT</p> <p>THE 2019 COMMUNITY REPORT IS OFFERED IN BOTH ENGLISH AND SPANISH THIS YEAR.</p> <p>THE DIGITAL FORMAT COMMUNICATES OUR MISSION, VISION, CURRENT HEALTH IMPROVEMENT PROJECTS, ACHIEVEMENTS, AND FINANCIAL INFORMATION THROUGH MULTIMEDIA.</p> <p>COMMUNITY ENGAGEMENT</p> <p>SUPPORT LOCAL NUTRITION PROGRAMS</p> <p>SPONSORSHIP AND DONATION PROGRAM</p> <p>COMMUNITY BOARDS AND MEETINGS</p> <p>WE HAVE SEEN AN INCREASE IN 132 MEMBERS OF AGE 65+ SINCE PANDEMIC.</p>
Member Comment	NONE
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH CORRECTIONS NOTATED

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Action Items	<p>APPROVE AUGUST 2020 SYNOPSIS</p> <p>A MOTION WAS MADE BY TAURIA LINALA TO ACCEPT THE SYNOPSIS WITH NOTATIONS MADE, THE MOTION WAS SECONDED BY JEAN RAYMOND.</p> <p>VOTE NICOLE BENNETT AS SECOND VICE CHAIR</p> <p>A MOTION WAS MADE TO ACCEPT THE VOTE MADE TO APPOINT NICOLE BENNETT AS SECOND VICE CHAIR, ALL WERE IN FAVOR.</p> <p>CURRENT SPEAKER SCHEDULE AND STATUS</p> <p>THE GROUP SHARED IDEAS AND SUGGESTIONS FOR FUTURE PRESENTERS AND SPEAKERS.</p> <p>A MOTION WAS MADE TO MOVE OUR JANUARY 1ST, 2021 MEETING TO JANUARY 8TH, 2021. THE GROUP WAS ALL IN FAVOR OF THE MOTION.</p>
Committee Updates as Needed	<p>END OF LIFE-DECISION MAKING AND CARE</p> <p>NO REPORT, EXCEPT TO REMIND EVERYONE TO ADVISE FOR COMPLETION OF HEALTHCARE DIRECTIVES WHENEVER YOU ARE ON ZOOM CALLS.</p> <p>TRANSPORTATION</p> <p>NO REPORT</p>

The next meeting is: Friday, October 2nd, 2020
Location: Via Zoom

Time: 9:00 AM to 11:00 AM