

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones  
**Immediate Past Chair: Laura DeLoye**  
First Vice Chair: Paulina Flores Jimenez  
**Second Vice Chair: April Lewallen**

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## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

## Elected Officials

CA Senator John Laird, 17<sup>th</sup> District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

## Non-Profit Agencies

Access Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Gala Pride and Diversity Center Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
San Luis Obispo Legal Assistance Foundation  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/3CV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Amdal In-Home Care  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Coastal Adult School  
San Luis Obispo Council of Governments

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

## AGENDA

**Friday, December 1<sup>st</sup>, 2023**

**9:00 a.m. - 11:00 a.m.**

### **INTRODUCTIONS (15 Minutes or less)**

Name and position within respective organization.

### **PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)**

### **MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)**

- **Paul Garth - VASH**

### **GUEST SPEAKERS: (45 Minutes)**

- **Claire Hermann & Jean Raymond – County Public Health**
  - **SLO Health Counts**

### **CORRECTIONS / ADDITIONS TO THE SYNOPSIS**

### **ACTION ITEMS: (10 Mins)**

- **Approve Synopsis**

### **COMMITTEE UPDATES AS NEEDED (10 minutes or less)**

- **MPA Advisory Committee**
- **Healthy Brain Initiative**

### **MEETING LOCATION:**

**Empleo Conference Room #1**  
**3563 Empleo St, San Luis Obispo**  
**Intersection of Empleo & Granada Streets**

### **NEXT MEETING:**

**January 5th, 2024**



AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<ul style="list-style-type: none"> <li>• AARON PANKRATZ: ABOUT \$2 MILLION IN FUNDING FROM OLDER CALIFORNIANS ACT IS AVAILABLE OVER THE NEXT TWO YEARS</li> <li>• CLINT WEIRICK: ASSEMBLY HAS A NEW SPEAKER AFTER THIS YEAR’S BUDGET WAS APPROVED, SO THERE MAY BE A SHIFT IN ASSIGNMENTS/COMMITTEES SOON</li> <li>• JERRY MIHAIC: ILRC HAS CONTRACTED WITH CENCAL/CALAIM AND CENCAL SEEMS TO BE BETTER FUNDED</li> </ul>
Member Spotlight	<p>PAUL GARTH – VASH</p> <ul style="list-style-type: none"> <li>• OVERVIEW OF COMMUNITY ACTIVISM / AREAS OF FOCUS AND RESPONSIBILITY</li> <li>• JOINED CERT IN 2005 THEN LOCATED TO OJAI TO BECOME IT DIRECTOR IN 2007</li> <li>• BY INCORPORATING CERT TRAININGS FROM CULVER CITY INTO OJAI THERE WAS OPPORTUNITY TO COLLABORATE WITH EMERGENCY OPERATIONS CENTERS, SHERIFF’S, HOSPITALS, FIRE DEPARTMENT, PUBLIC HEALTH ETC.</li> <li>• IN 2016 STARTED MSW PROGRAM AND RELOCATED TO SAN LUIS OBISPO COUNTY AS AN INTERN WITH PEOPLE’S SELF-HELP HOUSING</li> <li>• DIRECTED BY PEOPLE’S SELF-HELP HOUSING TO JOIN NASW, COA AND ASPC</li> <li>• TRANSITIONED TO VASH IN 2022 TO PRACTICE FOCUSING ON MICRO SCALE TO BETTER UNDERSTAND MACRO ISSUES</li> <li>• VASH FOCUSES ON LOW-INCOME VETERANS WHO REQUIRE CASE MANAGEMENT IN ORDER TO KEEP THEM HOUSED, WORKING CLOSELY WITH HUD AND SSVF</li> <li>• COLLABORATION, COMMUNICATION AND AGREEMENT HAS BECOME A ROUTINE METHOD TO WORK WITH ORGANIZATIONS TO PRODUCE RESULTS</li> <li>• SLO IS A MODEL FOR THE “ONE-TEAM” METHOD FOR VA AND ASPC HAS BEEN A MAJOR HELP FOR THAT</li> <li>• COMMUNITY ACTIVISM AND ENGAGEMENT WOULD NOT HAVE BEEN POSSIBLE WITHOUT RESIDENT SEAN KELLYTHORNE (EXPERIENCED IN HAZMAT AND INCIDENT COMMAND STRUCTURE) AND FIRE CAPTAIN (RETIRED) STEVE LAZENBY (SANTA PAULA FIRE DEPARTMENT), WHO LED ALL CERT TRAININGS, AND OPENED LINES OF COMMUNICATION BETWEEN VOLUNTEER GROUPS CERT, HAM RADIO, RED CROSS AND TO ALL PROFESSIONAL EMERGENCY RESPONSE AGENCIES</li> </ul>
Guest Speakers	<p>CLAIRE HERMAN , SOPHIE GLAZEBROOK &amp; JEAN RAYMOND – COUNTY PUBLIC HEALTH</p> <ul style="list-style-type: none"> <li>• THE SLO HEALTH COUNTS ASSESSMENT IS DIFFERENT FROM A STATISTICAL REPORT BECAUSE IT LOOKS AT COMMUNITY HEALTH MORE BROADLY AND IN COLLABORATION WITH MANY ORGANIZATIONS. THIS ASSESSMENT OCCURS EVERY FIVE YEARS.</li> <li>• SLO HEALTH COUNTS IS A COLLABORATIVE OF COMMUNITY MEMBERS, NONPROFITS, GOVERNMENT AGENCIES, CITIES, SCHOOLS AND LEADERS IN SLO COUNTY WORKING TOGETHER TOWARD THE SHARED GOAL OF A HEALTHY, THRIVING COMMUNITY.</li> <li>• THIS ASSESSMENT BROUGHT TOGETHER PARTNERS FROM SLOCOG, THMA, FIRST FIVE SLO COUNTY AS WELL AS DIFFERENT PARTNER REPORTS, PRIMARY PUBLIC HEALTH DATA, STAKEHOLDER INTERVIEWS, FOCUS GROUPS AND A COMMUNITY SURVEY.</li> <li>• SLOHEALTHCOUNTS.ORG IS A TOOL TO INFORM, INSPIRE AND INITIATE DIALOGUE ABOUT THE HEALTH ASSETS WE STRIVE TO PROTECT AND THE HEALTH CHALLENGES FACING OUR COUNTY.</li> <li>• SLO HEALTH COUNTS BUILDS ON A STRONG HISTORY OF COMMUNITY ENGAGEMENT IN SUPPORT OF HEALTH AND WELLNESS IN SLO COUNTY, INCLUDING THE PIONEERING WORK OF HEAL SLO AND ACTION FOR HEALTHY COMMUNITIES</li> <li>• THE SCOPE OF THE ASSESSMENT IS TO INTERPRET HEALTH AS A RESULT OF LIFE EVENTS,</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>CONSIDERING THAT 20% OF HEALTH OCCURS CLINICALLY AND THE OTHER 80% OCCURS IN YOUR COMMUNITY, SCHOOL AND EVERYDAY LIFE</p> <ul style="list-style-type: none"> <li>• SOCIAL CONTEXT, DEMOGRAPHICS, MENTAL HEALTH ETC. ARE TAKEN INTO ACCOUNT</li> <li>• SLO COUNTY IS A UNIQUE MIX OF RURAL AND URBAN, AND LESS DIVERSE THAN THE STATE OVERALL AND WITH AN OLDER POPULATION WITH 25% OF THE COMMUNITY OVER AGE OF 65 (COMPARED TO 17% STATE AVERAGE)</li> <li>• BIRTHS HAVE BEEN STAGNANT, NOT GROWING OR DROPPING</li> <li>• SLO COUNTY IS HIGHLY EDUCATED COMPARED TO THE STATE AVERAGE</li> <li>• RANKED 14 OF 58 COUNTIES IN HEALTH INDICATORS</li> <li>• RESPONDENTS IDENTIFIED KEY ISSUES TO BE ADDRESSED TO IMPROVE QUALITY OF LIFE IN COMMUNITY: <ul style="list-style-type: none"> <li>○ ACCESS TO HEALTH CARE</li> <li>○ MENTAL HEALTH</li> <li>○ ACCESS TO AFFORDABLE HOUSING</li> <li>○ ACCESS TO DENTAL CARE</li> <li>○ CAREGIVING SUPPORT</li> <li>○ CHILDCARE SUPPORT</li> <li>○ SUBSTANCE ABUSE</li> </ul> </li> <li>• THESE ISSUES WERE IDENTIFIED MORE OR LESS THE SAME ACROSS DEMOGRAPHIC GROUPS SURVEYED (OVER 65, UNDER 65, SPANISH SPEAKING, ENGLISH SPEAKING)</li> <li>• SLO COUNTY IS NOT IMMUNE FROM NATIONAL TRENDS, SUCH AS RISING RATES OF OBESITY, HOPELESSNESS, COMMON STRESSORS, AND NEEDS TO PLAN FOR DISEASES SUCH AS ALZHEIMER'S</li> <li>• HEART DISEASE AND CANCER TO CONTINUE TO BE LEADING CAUSES OF DEATH</li> <li>• SOME DEATH RATES LIKE FROM CORONARY HEART DISEASE HAVE BEEN DECLINING, BUT OTHER RATES LIKE DRUG OVERDOSE HAVE INCREASED</li> <li>• ANOTHER WAY OF MEASURING THIS IS THROUGH YEARS OF LIFE LOST (YLL) – ANOTHER WAY TO LOOK AT MORTALITY THAT CONSIDERS BOTH THE FREQUENCY OF DEATHS AND THE AGE WHICH IT OCCURS</li> <li>• WEBSITE ALSO HAS A TOOL TO COMPARE SLO COUNTY TO OTHER CA COUNTIES – THIS IS HELPFUL FOR INDICATORS LIKE SUICIDE WHERE WE ARE CONSISTENTLY HIGHER THAN OUR PEERS</li> <li>• ANOTHER FOCUS WAS PLACED ON ACCESS TO CONVENIENT HEALTHY FOOD IN NEIGHBORHOODS – THIS IS NOT UNIFORM DEPENDING ON THE TOWN</li> <li>• SIMILAR QUESTION WAS POSED REGARDING CONVENIENT OPPORTUNITIES TO EXERCISE/RECREATE IN NEIGHBORHOOD</li> <li>• THIS HAS IMPLICATIONS ON HEALTH BASED ON LOCATION: FOR EXAMPLE, 44% OF 5<sup>TH</sup> GRADERS IN OCEANO ARE OVERWEIGHT WHILE 22% ARE IN SLO</li> <li>• THE WAY RESPONDENTS RATED THEIR HEALTH VARIED BY HOUSEHOLD INCOME: THOSE WITH OVER \$130K RATED THEIR HEALTH AS VERY GOOD WHEREAS THOSE WHO MADE LESS THAN \$50K RATED THEIR HEALTH AS POOR</li> <li>• THIS IS A REMINDER THAT INCOME/HOUSING IMPACTS HEALTH</li> <li>• ALL COMMUNITY HEALTH ASSESSMENT DATA IS AVAILABLE ON SLO HEALTH COUNTS WEBSITE</li> </ul>
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> <li>• Synopsis accepted with noted corrections.</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Action Items	N/A
Committee Updates as Needed	<p>UPDATE ON HEALTHY BRAIN INITIATIVE:</p> <ul style="list-style-type: none"> <li>• RECENTLY HAD A BOOTH AT THE OAK PARK POP UP MEXICAN CONSULATE EVENT AND HAD CONVERSATIONS WITH PARTICIPANTS WHO CAME TO EVENT, SUCH AS HEALTHY BRAIN HABITS AND CAREGIVER SUPPORT. COMMUNITY RESPONSE WAS ENCOURAGING AND INFORMATION WILL BE UTILIZED IN NEEDS ASSESSMENT.</li> <li>• RECENTLY MET WITH PROMOTORES GROUP AT THE CENTER FOR FAMILY STRENGTHENING AND PAULINA LED A FOCUS GROUP WITH THEM TO LEARN THEIR THOUGHTS ON HOW TO BRING THIS EDUCATION TO UNDERSERVED POPULATIONS</li> </ul> <p>LOCAL AGING AND DISABILITY PLANNING GRANT ADVISORY COMMITTEE:</p> <ul style="list-style-type: none"> <li>• COMMITTEE IS FINALIZING CONTRACTS WITH THEIR CONSULTANT AND HOPING FOR CONTRACTS TO BE SIGNED BY FEBRUARY 1<sup>ST</sup> AT THE LATEST.</li> </ul>

**The next meeting is: February 5th, 2024**

**Time: 9:00 AM**

**Location: 3433 S. Higuera St. Room#101, San Luis Obispo, CA 93401**