

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

**Chair:** Karen Jones  
**Immediate Past Chair:** Linda Loeb  
**First Vice Chair:** Paulina Flores Jimenez  
**Second Vice Chair:** Tauria Linala

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[linda@srvolunteer.org](mailto:linda@srvolunteer.org)  
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## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

## Elected Officials

CA Senator John Laird, 17<sup>th</sup> District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

## Non-Profit Agencies

Access Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Gala Pride and Diversity Center Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
San Luis Obispo Legal Assistance Foundation  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/3CV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Amdal In-Home Care  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Coastal Adult School  
San Luis Obispo Council of Governments

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

## AGENDA

Friday, September 1<sup>st</sup>, 2023  
9:00 a.m. - 11:00 a.m.

### INTRODUCTIONS: (15 Minutes or Less)

Name and position within respective organization.

### PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

### MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

### GUEST SPEAKERS: (45 Minutes)

- SLO County Emergency Evacuation Zones, Rachel Monte Dion, Emergency Services Coordinator, SLO County Office of Emergency Services

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS: (10 Mins)

- Approve Synopsis
- Discuss resignation of Linda Loeb and replacement of Immediate Past Chair
- Replacement for:
  - Second Vice Chair
- Meeting Requirements
  - Returning to In-Person meeting AND/OR Zoom Security Plan

### HEALTHY BRAIN INITIATIVE UPDATE

### COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- ASPC Local Master Plan for Aging (MPA) Advisory Committee aka ASPC Advisory Committee
- Legislative Committee

**MEETING In-person LOCATION UPDATE!**

**Empleo Conference Room 1, 3563 Empleo St.  
San Luis Obispo  
Behind the Department of Social Services  
Building**

**NEXT MEETING:  
October 6<sup>th</sup>, 2023**

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Lifesteps Foundation  
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LTC Ombudsman Services of SLO County  
North County Connection  
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Peoples' Self Help Housing  
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Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones  
 Facilitator: Karen Jones  
 Recorder: Sam Graves

Meeting Called By: Karen Jones  
 Time: From: 9:00 AM To: 11:00 AM  
 Date: September 1<sup>st</sup>, 2023

Location: 3563 Empleo St, SLO

**Members Present:**

Karen Jones – LTC Ombudsman SLO

Kim Chartrand – Hospice SLO

Sue Gibson – SLG Senior Care

Carmen Garcia – California Phones

Bev Shannon – Ombudsman Board  
 Tonya DeRose - THMA

Paulina Flores Jimenez – Public Health Dept.  
 Julianne McAdam – Meals that Connect

Mark Shaffer – United Cerebral Palsy & Ride On  
 Jerry Mihaic - ILRC

Bernie Rubio – SLO County Covered California  
 Rachel Dion – OES

Laura DeHaven – Wilshire Hospice  
 Alexandra Morris – Geriatric Care Management

Paul Garth – VASH  
 Sam Graves – DSS

Rod Brown – Geriatric Care Management  
 Caroline Swanson – Alzheimer’s Assc. Intern

Mackenzie Pfligl- DSS  
 Quint – Senator John Laird

Karen Florian – Coast Caregiver Resource Center  
 Laura Deloye – Alzheimer’s Assc.

Francine Levin – Public Health  
 Sally Kruger – SLO Village

April Lewallen - Pathpoint  
 Danielle Raiss – DSS

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<ul style="list-style-type: none"> <li>• LAURA DEHAVEN – WILSHIRE WILL BE HOSTING A GRIEF AT THE HOLIDAYS SUPPORT GROUP THROUGHOUT OCTOBER ON WEDNESDAYS FROM 2:00 – 3:00</li> </ul>
Member Comment/Spotlight	<ul style="list-style-type: none"> <li>• MEALS THAT CONNECT WILL BE HAVING A PICKLEBALL FUNDRAISER ON SEPTEMBER 8<sup>TH</sup> AND 9<sup>TH</sup></li> <li>• ALZHEIMER’S ASSOCIATION IS HAVING A KICK-OFF PARTY FOR THE WALK FOR ALZHEIMER’S AT WOODSTOCK’S PIZZA</li> <li>• ILRC PROVIDED A REMINDER ABOUT THE MARIPOSA FESTIVAL HOSTED BY PARKS AND REC</li> <li>• MARK SHAFFER PROVIDED A REMINDER THAT RIDE-ON IS AN AVAILABLE OPTION FOR THOSE WITH MOBILITY NEEDS</li> <li>• LAURA DELOYE NOTIFIED THAT ALZHEIMER’S ASSOCIATION WILL BE HOSTING A RESOURCE VILLAGE ON NOVEMBER 4<sup>TH</sup></li> <li>• STATE LEGISLATURE MEETS THROUGH THURSDAY OCTOBER 14<sup>TH</sup> AND COMMUNICATIONS ARE BEST SENT THROUGH EMAIL RATHER THAN PHONE CALLS. THERE IS A LOT OF LEGISLATION FACING AMENDMENTS</li> </ul>
Guest Speakers	<p>RACHEL DION - EMERGENCY PLANNING INFORMATION FOR ADULT SERVICES PROVIDERS</p> <p>OFFICE OF EMERGENCY SERVICES MISSION: ENSURE THAT THE COUNTY IS PREPARED TO RESPOND AND RECOVER FROM EMERGENCIES AND DISASTERS BY PROVIDING LEADERSHIP, COORDINATION, AND SUPPORT TO MINIMIZE THE LOSS OF LIFE AND PROPERTY. THIS IS ACHIEVED THROUGH AN ALL-HAZARDS EMERGENCY MANAGEMENT PROGRAM OF MITIGATION, PREPAREDNESS, RESPONSE, AND RECOVERY.</p> <p>HAZARDS THAT THE OES PREPARES FOR INCLUDE:</p> <ul style="list-style-type: none"> <li>○ EARTHQUAKES</li> <li>○ DAM FAILURE</li> <li>○ TSUNAMI</li> <li>○ ADVERSE WEATHER</li> <li>○ FIRE RESPONSE</li> <li>○ NUCLEAR POWER PLANT</li> <li>○ PANDEMIC</li> </ul> <p>WHAT DOES OES DO?</p> <ul style="list-style-type: none"> <li>○ WRITE PLANS, INCLUDING EOP</li> <li>○ TRAIN RESPONDERS</li> <li>○ MANAGE EOC</li> <li>○ ALERT AND NOTIFY</li> <li>○ SHELTERING</li> <li>○ EXERCISES</li> <li>○ EMERGENCY RESPONSE</li> <li>○ DISASTER RECOVERY</li> <li>○ LOGISTICS</li> </ul> <p>HOW OLDER ADULTS CAN PREPARE:</p> <ul style="list-style-type: none"> <li>○ KNOW COMMUNITY DISASTER RISK</li> <li>○ SIGN UP FOR ALERTS AND WARNINGS</li> <li>○ IDENTIFY PEOPLE WHO CAN PROVIDE HELP</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>○ CREATE A CONTACT LIST</li> <li>○ GATHER EMERGENCY SUPPLIES</li> </ul> <p>ALERT AND WARNING:</p> <ul style="list-style-type: none"> <li>○ EARLY WARNING SIRENS IN THE DCPD EPZ</li> <li>○ EMERGENCY ALERT SYSTEM VIA TV AND RADIO</li> <li>○ WIRELESS EMERGENCY ALERTS VIA CELLPHONE</li> <li>○ REVERSE 911 (REQUIRES SIGN UP)</li> <li>○ NOAA WEATHER RADIO (MUST BE PURCHASED)</li> </ul> <p>DEVELOP YOUR PLAN:</p> <ul style="list-style-type: none"> <li>○ COMMUNICATIONS PLAN</li> <li>○ CONTACT INFO</li> <li>○ MEETING PLACE</li> <li>○ EVACUATION ROUTES</li> <li>○ SPECIFICS TO YOUR HOUSEHOLD</li> <li>○ AMERICAN RED CROSS TEMPLATES</li> </ul> <p>EMERGENCY SUPPLY KIT:</p> <ul style="list-style-type: none"> <li>○ FOOD / WATER</li> <li>○ MEDICATIONS / EQUIPMENT</li> <li>○ CLOTHING</li> <li>○ BLANKETS</li> <li>○ FIRST AID KIT</li> <li>○ BASIC SUPPLIES (RADIO, BATTERIES, MATCHES, CAN OPENERS, ETC)</li> <li>○ HYGIENE PRODUCTS</li> <li>○ CASH</li> </ul> <p>WHAT IS AN EMERGENCY OPERATIONS PLAN?</p> <ul style="list-style-type: none"> <li>○ SLO EOP ESTABLISHES OVERALL POLICIES AND PROCEDURES FOR RESPONSE TO EMERGENCIES IN A COMMUNITY</li> <li>○ PROVIDES AN OUTLINE ON PREPARING FOR, RESPONDING TO AND RECOVERING FROM EMERGENCIES</li> </ul> <p>PLANNING PROCESS:</p> <ul style="list-style-type: none"> <li>○ GUIDANCE TO FOLLOW</li> <li>○ BASED ON LOCAL HAZARDS AND PROCESSES</li> <li>○ WHOLE COMMUNITY APPROACH</li> </ul> <p>HOW YOU CAN HELP:</p> <ul style="list-style-type: none"> <li>○ MEETING WITH GROUPS TO ENSURE PLANNING FOR THE ENTIRE COMMUNITY</li> </ul> <p>FEEDBACK NEEDED:</p> <ul style="list-style-type: none"> <li>○ PREPAREDNESS: WHAT ARE THE BEST METHODS TO COMMUNICATE WITH OLDER ADULTS? WHAT INFORMATION DO OLDER ADULTS NEED TO LEARN MORE ABOUT?</li> <li>○ PUBLIC INFORMATION DURING EMERGENCY: WHAT ARE THE PREFERRED METHODS OF RECEIVING INFORMATION? WHAT INFORMATION DO YOU NEED IN AN EMERGENCY?</li> <li>○ WHAT ELSE SHOULD OES KNOW? WHAT GETS FORGOTTEN?</li> </ul>
<p>Corrections/Additions to the Synopsis</p>	<ul style="list-style-type: none"> <li>● SYNOPSIS ACCEPTED WITH NO CORRECTIONS. JULIANNE McADAMS ABSTAINS.</li> </ul>

<b>AGENDA ITEMS</b>	<b>COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)</b>
Action Items	<p><b>APPROVE</b></p> <p>DUE TO LINDA LOEBS' RESIGNATION, LAURA DELOYE IS NOW THE IMMEDIATE PAST CHAIR.</p> <p>NOMINATIONS FOR THE SECOND VICE CHAIR POSITION:</p> <ul style="list-style-type: none"> <li>• APRIL LEWALLEN SELF-NOMINATES</li> </ul>
Committee Updates as Needed	<p>FRANCINE LEVIN - UPDATE ON HEALTHY BRAIN INITIATIVE:</p> <ul style="list-style-type: none"> <li>• NOT TOO MUCH TO UPDATE – SINCE LAST MEETING THEY HAVE MET WITH DSS TO DISCUSS THEIR COUNTY PLAN FOR AGING. THE TWO ORGANIZATIONS WILL BE MEETING MONTHLY TO COLLABORATE. COMMUNITY HEALTH ASSESSMENT FROM PUBLIC HEALTH HAS BEEN RELEASED AND IS ON THE PUBLIC HEALTH WEBSITE.</li> </ul> <p>AD HOC COMMITTEE UPDATES:</p> <ul style="list-style-type: none"> <li>• GRANT WAS ACCEPTED BY BOS. DISCUSSION OF VARIOUS GROUPS THAT CAN GET INVOLVED.</li> </ul>

**The next meeting is: Friday, October 6<sup>th</sup> 2023**

**Time: 9:00 AM**

**Location: 3563 Empleo Street, San Luis Obispo**