Minutes
August 4, 2021

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<tr>
<td>Dan Dow</td>
<td>Lisa Fraser</td>
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<td>Dr. Jim Brescia</td>
<td>Teresa Rothe-Tardiff</td>
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<td>Devin Drake</td>
<td>Anne Robin</td>
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<td>Jill Bolster-White</td>
<td>Kayla Plourde-Reynolds</td>
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<td>Robert Reyes</td>
<td>Melinda Sokoloski</td>
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<td>Mike Hill</td>
<td>Dawn Ortiz-Legg</td>
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<td>Ian Parkinson</td>
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<tr>
<td>Jim Roberts</td>
<td>Dr. Penny Borenstein</td>
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<tr>
<td>Linda Belch</td>
<td>Cherise Day</td>
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<td>Laurel Weir</td>
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<tr>
<td>Dr. Joseph Holifield</td>
<td>Jon Nibbio</td>
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<td>Terry O’Farrell</td>
<td>Owen Lemm</td>
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<td>Wendy Wendt</td>
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Introductions, Announcements, Critical Issues and Additions to the Agenda: Introductions were made.

Announcements and Public Comment:
Wendy Wendt from First 5 announced a request for proposals for the First 5 Thrive program. This invitation is for organizations, nonprofits, private entities, governmental departments, and school districts to submit proposals centered around the strategic plan. The proposal should include early health and development, early learning, and family resilience, including programs and services that benefit children and their families, from prenatal to five years of age, as well as for children up to 32 months. The potential amount is $900,000 and letters of intent are due on August 23rd. To find the application please go to the following link: https://www.first5slo.org/grants.php.

Action Items:
1. Approval of May 5, 2021 CSN Minutes

   Motion: 
   Second: 
   Motion Passed: There were no objections, the minutes were deemed approved by Dan Dow.

Presentation: CAC – Child Advocacy Center – Lisa Fraser and Terry O’Farrell
Lisa Fraser shared statistics from January to June of 2021, citing the CAC has recorded 85 new clients have participated in CAIT interviews. Of those who participated, 46 were Hispanic, which demonstrates how critical our bilingual forensic interviewer and bilingual family advocates are to the CAC. In addition, from the 85 new clients, 48 children were under the age of 12 and 22 were between the ages of 13-17 years of age.

Terry O’Farrell reported on a pre-covid discussion regarding the CAC implementing a single Resource Center for all child advocacy information, or a “one stop destination”, co-housed in one location. This process would begin by having the child advocacy team provide the CAIT interviews at the SART office. Then move forward by creating an MOU between the District Attorney’s Office, who manages the CAIT program and Public Health, who manages the SART office. Once a cost matrix is put together, we're hoping to have rapid implementation. The ultimate goal is to reduce the number of times and multiple agencies an abuse victim must give their statement. Instead, they would have a one-time interview with a Social Worker, an Investigator, and a Forensic Interviewer, reducing the times they have to disclose and relive the pain of their abuse. In addition, Lisa spoke of the importance of therapy dogs during this process, saying the Alliance for Therapy Dogs wants to support the CAIT process, and the CAC is looking for ways to fund.
**Presentation:** Behavioral Health Assessment Response Project—Dr. Joseph Holifield and Owen Lemm

B-HARP is a pilot project developed to assess the scope of school and campus mass shootings by the following:

**Frequency and intensity:**
1. Mass shootings have been increasing in frequency and intensity in the U.S. since 1997
2. 2018 saw highest number of school shootings
3. By November 2019—on average 1 school shooting every 8 school days
4. Active shooter incidents in 2020 (40) increased by 33% compared to 2019 (30) and 100% compared to 2016 (20)
5. May 2021-7th anniversary of Isla Vista Campus shooting

**What have we learned:**
1. School and campus threats can come from a variety of sources
2. There were behaviors prior to the active shooter incident, known by someone
3. Lack of consistency in having staff in key positions and ongoing training
4. Breakdown among agencies in information sharing and monitoring persons who make threats
5. Threat assessment IS prevention and intervention

There’s a lack of communication and information amongst law enforcement agencies who each have pieces of information that isn’t readily shared. What’s needed most is a global fusion center to monitor persons who make threats, then coordinate educational institutions, behavioral health, and law enforcement agencies to triangulate the information. Threat assessment *is* prevention, and through early assessment, we can identify behaviors of concern and divert the person who’s on a path to targeted violence.

Research has determined that targeted violence is not “reactive” or a result of “snapping” but is carried out by moving along a continuum. These can begin with grievances, followed by violent ideations or justification, then research, pre-attack weapon preparation, and finally stalking sites for weakness. Mental illness plays almost no role in determining violence potential and we look for behavioral, rather than demographic profiles. In addition, out of 350 school incidents, 65% began with violent ideations, where 13% were actual attacks. From a programmatic perspective, we believe we can work within the communications aspect of intervention.

The following is a US Secret Service National Threat Assessment Center analysis of targeted and averted attacks of the year 2019 vs. 2020, showing high suicidal ideation, with autism now playing a key role:

![US Secret Service National Threat Assessment Center](image)

All violent behavior is caused by the need to establish control. Suicidal thoughts are themes of despair, while thoughts of harming others are themes of retaliation or retribution. When thoughts to harm others coincide with suicidal ideations, you get a catastrophic combination. We’re trying to find ways to intervene in this area.

B-HARP is a study project which is specific to youth. We’re currently seeking an “Innovation Grant” to incorporate a global center of communication for assessment, collaboration, and education. Along with threat management, this center could be an extensive referral network, to include threat assessment and management, along with monitoring. This type of center could potentially divert violent intentions before they become violent acts. B-Harp is looking for experts to connect the threat assessment piece to the proper resources.

For detailed information, refer to the attached B-HARP PowerPoint presentation. You may contact Dr Holifield at drholifield@hpspsych.org or Assistant Grant Coordinator, Owen Lemm, at owenlemm@hpspsych.org.
Information/Discussion Items: FFPSA – Linda Belch:
• Update: Regarding a May 5th action item, Dan and Jim sent a letter to the Director of the CA Department of Social Services, asking them to add Domestic and Partner Violence to cases when utilizing FFPSA.

The State has sent an updated draft plan for FFPSA, which has 2 components:
1. Part 4 regarding the placement of youths into congregate care, scheduled to be implemented on October 1.
2. Part 1, Prevention Services Resources, cannot begin until part 4 is implemented.

The barriers to implementing part 1 has to do with funding uncertainty. The State has been clear that these are not new funds, which also require matching funds. Another barrier is the evidence-based requirement, which dictates the need for FFPSA to spend at least 50% of the funding on evidence-based programs.

We were pleased to see the State has expanded the definition of eligible youths to include those who are in voluntary or court-ordered family maintenance, youth with substantiated or inconclusive dispositions, but who we are not opening a child welfare case, runaway youths who are at eminent risk, trafficked children, and those youths who are exposed to domestic violence. The state has also contracted services with community partners who can receive referrals from multiple services, however, the final eligibility still resides with the Department of Social Services or Probation.

Regarding Prevention and Wellness Services within our community, we have formed two prevention-focused workgroups. The first is the Child Abuse Prevention Planning Team, which is a multi-agency team that includes public and private partners, as well as parents, for primary and secondary prevention. In addition, we have a “Tertiary Team” for families who are already involved in the child welfare system, focusing on the differential response process, voluntary services programs, and improving our voluntary family maintenance program.

Standing Agenda Item: Homeless Services for Children and Families – Laurel Weir
The Homeless Services Oversight Council (HSOC) will begin a 10-year plan to address homelessness in the Fall. This process includes gathering information from stakeholders regarding gaps and best practices. The County will be contracting outside to draft a plan, with a goal to finalize prior to June 2022. This is the latest date to apply for two new grants, which are set aside specifically for homeless youth. In addition, Laurel would like to bring a draft of this plan to the CSN members at the beginning of next year for feedback.

We have finished the Homeless Emergency Aid Program, or “HEAP” grants. One grant is specifically for the 5Cities Homeless Coalition, serving homeless youth. Laurel would like to invite Janna Nichols to present more information regarding this grant at the next CSN meeting.

There’s no significant update on the assessment of homeless minors, specifically since shelters had to reduce capacity due to COVID-19 and are not accepting new clients. The “Point in Time” count will be conducted at the end of January 2022, which will provide updated numbers, however, no new information is currently available. We’ve noted a fluctuation in homeless families, declining in some areas, while increasing in others, most due to families waiting for non-congregate housing.

Standing Agenda Item: SLO County CSEC Collaborative – Linda Belch
There are no new case referrals to report, since we’re not able to identify as many children as we would normally. After school begins in September, we expect to see an uptick in referrals. Programmatically, we are working closely with the SLO Co. Office of Education and the Family Care Network to create a Youth Education Program, which will hire a youth mentor for peer-lead opportunities.

We’re currently in the process of changing a CSEC screening tool. We had previously been using the West Coast Children's Clinic Commercial Sexual Exploitation and Identification Tool, however it's not able to provide data without cost and the staff was finding it difficult to navigate. We’re going to update and reestablish a different screening tool, which will be better serve the CSEC youth and their needs.

Case updates: There are three youths currently identified as CSEC impacted. One was placed out of state and away from their trafficker, however, this youth was able to run away and went back to their trafficker and has been AWOL since that time. The other two youths who are doing very well, maintaining placement, and accessing services.
Round Table:
Supervisor Ortiz-Legg has the opportunity to go with the Veteran’s Outreach Team for a hike with the families of Veterans. When she returned to her office, she had a message from a woman asking for information about services. Supervisor Ortiz-Legg wasn’t expecting to hear from someone so soon after the hike but realized that if you can reach even one person, it can make a big difference in that person’s life. She wanted the group to know that if there’s a need for help within our community, she’s happy and willing to participate in any way.

Kayla Plourde-Reynolds announced the hiring of 3 new commissioners, one is a local Attorney and two are retired educators. There’s still an opening for youth if anyone interested in bringing their voice to the table.

Melinda Sokolowski reported they’re now accepting applications for enrollment to the Head Start Centers, to open in the middle of August. We’re excited to have children coming into the childcare center and getting off of the waiting list for subsidized childcare. We’re also offering a Family Support Service drive-through, where families can drive up and speak with family advocates while remaining in their car. We’re also providing PPE along with emergency food bags in Paso Robles and San Luis Obispo.

Jon Nibbio reminded the group that there’s still a great need for foster care parents.

Please note: The November 3, 2021, CSN meeting will be last meeting with Dan Dow as Chair. The next Chair automatically goes to Jim Roberts. Please come prepared to nominate and vote on the next Vice Chair.

Next Meeting:
November 3, 2021
Via Zoom invitation
1:15-3:00 p.m.
The Behavioral Health Assessment Response Project (B-HARP)

Joe Holifield, Ph.D.  
Holifield Psychological Services, Inc.  
Threat Management Coordinator  
Grant Coordinator  

Owen Lemm, B.A.  
Holifield Psychological Services, Inc.  
Assistant Grant Coordinator
Scope of the Problem: School and Campus Mass Shootings

Frequency and Intensity

1. Mass shootings have been increasing in frequency and intensity in U.S. since 1997
2. 2018 saw the highest number of school shootings
3. By Nov 2019-on average 1 school shooting every 8 school days
4. Active shooter incidents in 2020 (40) increased by 33% compared to 2019 (30) and 100% compared to 2016 (20).
5. May 2021-7th Anniversary of Islay Vista Campus Shooting

What Have We Learned?

1. School and campus threats can come from a variety of sources
2. There were behaviors prior to the active shooter incident that were known by someone
3. Lack of consistency in having staff in key positions and ongoing training
4. Breakdown among agencies in information sharing and monitoring persons who make threats
5. Threat Assessment IS prevention and intervention
Pathway to Targeted Violence

Targeted violence is not reactive or a result of “snapping”

Result of an understandable and often discernible process of thinking and behaving

No consistent profile

Attack behaviors move along a continuum of idea to action, including justification, planning, rehearsing, and logistical preparations

Mental illness plays almost no role in determining violence potential

Adapted from F.S. Calhoun & S.W. Weston (2003), John Van Dreal 2020 and Manny Tau 2020
U.S. Secret Service
National Threat Assessment Center

2019-Analysis of Targeted Attacks

- 63% of Attackers Symptoms of Depression
- 61% Suicidal Ideation
- 69% Had either ADHD or ODD
- 12% Experienced Psychotic Symptoms
- 100% Experienced Social Stressors
- 92% Experienced Family Stressors
- 54% had some type of mental health treatment (School or Community)

2020-Analysis of Averted Attacks*

- 40% of Potential Attackers Symptoms of Depression
- 48% Suicidal Ideation
- No Data on ADHD or Psychotic Symptoms
- 58% Experienced Social Stressors
- 55% Experienced Family Stressors
- 22% had some type of mental health treatment (School or Community)

*Examined Open Source Documents in Media
B-HARP Goals and Threat Assessment Process

Program Goals

1) Increase and Maintain Threat Assessment Knowledge.

2) Community Design of Threat Assessment of Best Practice Model. Increase community collaboration and utilization of threat assessment skills.

3) Educate School/Campus Staff, Students, and Parents about Behaviors of Concerns (Warning Signs).

4) Increase the knowledge of mental health professionals of threat assessment professionals. Increase community capacity to provide mental health intervention.
Introduction to B-HARP

CA MHSA Innovation Sponsored Grant

- Ongoing Training, Case Reviews, and Professional Consultation
- Ongoing Access to National Experts in Threat Assessment
- Community experts assist K-12 and College Site teams
- One Model-One Community
- Selected S-K/Cascade Model
  - Practical and Community-Based Component
  - Opportunity to Measure Training & Implementation

Community Based Threat Assessment System

- Tiered Approach (Site-Level-Local Expert team)
- Increase collaboration among education, law enforcement, and mental health in assessment and monitoring
- Ongoing education- Faculty, Staff, Students, Parents, and the SLO community
- Educate and build capacity of community mental health providers to work with individuals who may make threats.
# GOAL 1-B-HARP Training Protocol

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<tr>
<th>YEAR 1</th>
<th>YEAR 2</th>
<th>YEAR 3</th>
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<tr>
<td>FY 20-21</td>
<td>FY 21-22</td>
<td>FY 22-23</td>
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<tr>
<td>BASELINE PILOT</td>
<td>FOLLOW-UP / EXPANSION</td>
<td>FOLLOW-UP / NEW EXPANSION</td>
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<td>ADVANCED TRAINING (COHORT 3) (ONGOING CASE REVIEWS)</td>
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General Training-Sept 2020

- 2 Half-day workshops (4 hours each)
- Via Zoom
- Survey Monkey Pre-Post Test
- IHE Case Level 2-Manny Tau
- John Van Dreal-Intro S-K Level 2

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<td>Post Test</td>
<td>16.19</td>
<td>1.69</td>
<td>80.95%</td>
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B-HARP GOAL 1- ADVANCED-Level 2 Training-FY 2020-21

Advanced Training-Sept 2020
- 2 Half-day-workshops (4 hours each)
- All Via Zoom
- Survey Monkey Pre-Post Test
- S-K Model Level 2-John Van Dreal
- Manny Tau-Digging Deeper
- A smaller group of participants
- The focus on the development of clinical forensic threat assessment skills

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<tr>
<td>Pre Test</td>
<td>10.4</td>
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<td>Post Test</td>
<td>12.4</td>
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<td>88.57%</td>
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Goal 1-Supplemental Training

- Level 1-School District Team-Detailed Case Review
  - John Van Dreal-Expert

- Level 2 B-HARP Team-Training Syllabus-Jan 21-June 21
  - Manny Tau-Expert
  - 8 Additional Complex Case Reviews
    - Institutes of Higher Education and K-12

- Content Training Topics
  - Interview Strategies and Tactics
  - Deceit and Veracity
  - Executive Debriefing
Level 2 B-HARP Team

Training Topics

- Risk factors
- Pathway to Targeted Violence
- Aggressor Continuum
- Threat Management
- Assessing Level of Threat

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<th>Date</th>
<th>TOPIC</th>
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<tr>
<td>Jan 7</td>
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<td>Intro To Case</td>
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<td>Feb 4</td>
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<td>Topic—Interviewing Strategies and Tactics</td>
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<td>May 6</td>
<td>Case 6—K-12 John Van Dreal Participates</td>
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<td>Case 8—K-12</td>
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Level 2 Team Analysis

Dr Holifield and Dr. Tau devised score sheet

Simulated professional discussion between Law Enforcement, Mental Health, and Education

Group saw improvement over the six month span despite the cases increasing in difficulty

Focus on developing strategies for continued threat management
B-HARP GOAL 2-Community Collaboration and Design-Grant Activities FY 2020-21

1. System Flowchart Model & Forms
   a. S-K /Cascade Level 1 and 2
3. Information Sharing System being designed-HIPPA Box Account
4. MOUs –Some Agencies have signed; awaiting information for agency signing designee from others
5. New Community Partners Onboarding
B-HARP THREAT RESPONSE SYSTEMS
FLOW CHART
LEVEL 1 AND LEVEL 2

SLO Sheriff
SLOPD-Campus PD

Police Report

Ongoing information sharing between Law enforcement and Level 1 team

MHET-Harm to Others

THREAT MADE

PROFESSIONAL DISCUSSION:
Administration and Law Enforcement and/or school-based mental health professional determine need for site based (Level 1) assessment.

LEVEL 1 ASSESSMENT:
(Site-based team assessment)
IHE, SLCUSD, Coast Unified
- Administrator
- School-based mental health professional
- School Resource Officer
- Other sources of information (teachers, coaches, parents, case managers, etc.)

LEVEL 2 ASSESSMENT:
(Collaborative community team assessment)
- Dr. Holifield
- Education (IHE, SLCUSD, CUSD)
- Law enforcement (IHE, SLOPD, SLO Sheriff)
- Mental health (Lauren, Jason)
- Dr. Tau (Consult as needed) case specific

Initiate protective response if imminent danger
Contact: law enforcement, district security department, and district level administration

Unfounded concerns

Intervention and supervision plan / recommendations

Intervention and supervision plan / recommendations

Referral to community resources
## B-HARP Goals 3 and 4

### Goal 3—Educating Faculty, Staff, Parents, Students
- Developing Training for Teachers and Staff
  - Linking with School Referral Process
- Parent and Student Training
  - Content and Modality
  - Linking to Current Referral Systems
  - Timing
  - System Stress Test—Expect the Referrals

### Goal 4—Increasing Capacity of Mental Health Providers
- Outreach
  - County Behavioral Health Therapists
  - Outreach to CBO Managers
  - Local Private MFT, Psychologist, and Psychiatrist Organizations
  - School-based mental health providers
- Recruitment and Training
  - Offer 3-Hour Workshop—CEs
  - Interest in B-HARP Provider Network
  - Offer Incentives—Team Case Consultation, Referrals
- Create Informed Intervention Network
B-HARP ACTIVITIES BEYOND MHSA GRANT GOALS

1. Interest in the B-HARP Story-Concept to Implementation
   a. Paper being developed for professional threat assessment journal

1. B-HARP Presentation-San Diego Chapter Meeting of the Association of Threat Assessment Professionals (ATAP)

1. Meeting with Andrija Lopez, Deputy District Attorney, Juvenile Division, San Diego County
   b. Created and leads the School Threat Assessment Team
   c. Future Collaborations and Support
SPEED BUMPS TO B-HARP IMPLEMENTATION

• Grant Administrative Delays- 2019-2020
• Year 2020-21: COVID-19, Social Angst, Etc.
  • Overall Sense of C-19 Burnout, Zoom Fatigue among partners
  • Staff turnover at educational institutions, law enforcement agencies, and mental health affected participation in grant activities
• Difficult for partners to focus on system engagement with beyond the Implementation Phase of B-HARP
• Despite Speed Bumps, there remains a strong interest and support for the project