SAN LUIS OBISPO COUNTY
COMMISSION ON AGING
www.slocounty.ca.gov/coal.htm

Meeting Date: Friday, February 19, 2016        Time: 10:00 am - Noon
Place: Veteran’s Memorial Hall
       801 Grand Avenue
       San Luis Obispo, CA 93401

Please RSVP to Chair by email or 235-5779, if you are unable to attend this meeting.

10:00 am        Call for a Quorum
Call to Order
   • Flag Salute
   • Roll Lists
   • Approval of January, 2016 Minutes
   • Approval of Agenda
   • Public Comment (2 minutes)

Introductions: Guests & Members; Agency introductions & updates; Guest Comment (2 min)


Unfinished Business:
   • Nominating Committee: ACTION item. Vote for slate of re-appointments for Members at Large, Alternate Member at Large and Senior Service provider announced at Jan 15 COA meeting includes Peta Rimington (application received January 16th & approved for re-appointment by Nominating Committee).
   • Annual Report

New Business:

Member Reports/Updates
   • Chair Updates: Yale Research; BOS Advocacy—senior housing
   • Member Reports:
     * Myra Lathrop
     * Other
   • Q&A re: Scams

Concerns/Questions: Members and GUESTS

Other Announcements:

Next Meeting: March 18, 2016       Topic: “Services for a safe transition from hospital to home.”
Members Present: Maryanne Zarycka, Shirley Summers, Kathleen Bellefontaine, Myra Lathrop, Marilyn Hamilton, Roger Randall, Esmeralda, Angela Viles, Tina Solomon (Senior Nutrition), Karen Jones, Julie Cox, Peta Rimington, Leonard Milstein, Tom Clough, Rick Cohen
Absent: Anita Shower, Alice York, Judy Mishoulam, Brittany Carraway, Carol Schmidt, County Mental Health
Guests: Richard Umphrey (HLAA), Francine Martinez (Judson Service Coordinator), Sally Kruger (Village Movement), Priscilla Ko, Paul R. Smith (Extended Family), Dick Flanders, Doris Highland, Claudia Collins, Shelly Jackson (Bates Care), Mardi Geredes (League of Women Voters), Misti Simms (DSS), Taylor Wells (Victim Witness)

Quorum Established:
Call to Order: 10:03 am. Flag Salute. January Minutes approved. February agenda one modification: “Member & Committee Reports”
Public Comment: none

Introductions:
1. The representative from Bates Care indicates that they plan to extend their Case Management services to include Bill Payment. They are currently looking for office space in Atascadero. They plan to hold an Open House after they have Atascadero space and they are open.
2. The representative of the Long Term Care Ombudsman office states that the Adult Prevention Council is selling Sees Candy in order to enhance their Emergency fund.
3. The Hearing Loss Association will hold a meeting on 3/26/16 regarding available resources. The room will be looped for improved hearing capacity.
4. Senior Nutrition will hold a fundraiser for matching Funds on 5/21/16

Presentations:
Stephanie Hicks Program Manager for Ride Share made a presentation regarding SLOCOG and the proposal for the Self Help Tax.

1. SLOCOG
   a. Is the region’s Metropolitan Planning Organization. Is the primary funding source for State & Federal transportation funds, including bikes trails and highways, etc
   b. There is a 20 yr plan that is looked at every 4 years.
   c. In 2005 there was $1.6 Billion in projected revenues for the next 20 yrs
   d. 2014 showed the same projected revenues but State and Federal funds have decreased. Today the local dollars are being used to replace the lost State and Federal revenue.
   e. Today we have learned that we are not getting new State Highway improvement dollars and that the State is asking for $7 Million back!

2. Gas Tax
   a. Transportation is funded with Gas Tax. The gas tax is less because cars are more efficient and gas prices have decreased.
   b. Gas tax is will decrease in July while project costs are expected to increase.
   c. Los Osos Valley Road improvements have had an estimated cost of $10M in 2005. The actual cost will be somewhere around $30M when completed in 2016.

3. Current Situation:
   a. There has been an increase in traffic congestion, problems and delays.
   b. Improvements have been deferred.
   c. Grants are competitive. Usually takes 10 to 15 years to develop projects.
   d. Savings for a few projects with local contributions of smaller projects.
   e. There is a commitment to multimodal projects but with the decline in funding we have had to Re allocate funds from bike and pedestrian projects to fund roads and Highways.

4. The County is exploring becoming a “Self-Help” County.
   a. It is a sales tax only for transportation that would remain local. LA, San Francisco, Santa Barbara are all Self Help Counties.
b. These Counties did not seem to struggle with the reduction of Gas tax, because they had the self help tax.
c. With a Self Help tax a ½ cent tax would generate $25 Million.
d. In formulating a proposal for Self Help tax, SLOCOG must list expenditures in the proposal.
e. 50% of the tax would be paid for by tourists as they visit SLO County.
a. SLOCOG has met with over 50 community groups including all the City Managers and local jurisdiction staff. They are continuing to meet with local groups and organizations during March to see what the Community would support.
b. They are polling in mid-March and will present the results of their survey to the Board of Supervisors on April 6th.

5. Transportation from Bus Stop to home is difficult for residents and is looked at through coordinated services. Sample costs of what SLOCOG currently funds include:
   a. Ride-On approx $600,000 per year.
   b. Runabout costs taxpayers $68.00 per trip
   c. Public Trans costs about $6.00 per trip.

6. They have a citizen’s oversight committee to see that the money is all spent as it should be spent.
   To request a speaker for your group call Stephanie at (805) 781-4462.

**Matt Leal, SLO County Planning Department, presented draft 2016 Action Plan.**
(For details please refer to the handout that everyone received by email).

1. The survey was taken during Sept 2015. (There will be another Survey in Sept 2016). There is a 30 day public review during Jan and Feb.
2. Board of supervisors will hear the proposal in April and it is a public hearing.
   a. 3 grants
      i. CBDG grants for low to moderate income County residents for housing and public services.
      ii. Home Programs. For those building, buying or rehabbing affordable housing and direct rental assistance. An example is the Senior Housing Program in Paso Robles.
      iii. ESG Emergency Solutions Grant, to prevent homelessness and assist the homeless to move toward independent living.
3. A Needs assessment was completed. There were a total of 57 participants.
   a. Special Needs Groups
      Top priority was Homelessness (89%)
      Second priority was people with severe mental illness. (81%)
      Third priority was for Seniors (73%)
   b. Public Facilities
      i. Health care facilities (70%)
      ii. Child Care Centers (64%)
      iii. Community Centers (57%)
4. There is a 5 year Plan and each year a review to reassure the priorities. Matt Leal can be contacted at mleal@co.slo.ca.us

**Unfinished Business:**
1. Nominating Committee Report: ACTION ITEM
   a. The Slate of re-appointments for Members and Alternates at-Large on the SLO County Commission on Aging was presented. Members at Large: Kathleen Bellefontaine and Carol Schmidt. Alternate Member at Large: Peta Rimington. Motion was made by Myra Lathrop and seconded by Maryanne Zarycka of District 1 to accept the slate. The motion passed unanimously.
2. Annual Report: Chair reminded members that process begins next month when members will be asked to review and offer suggestions for GOAL revision.

**Member & Committee Reports:**
1. Chair Report:
   - On 2/29/16 a Masters Student from Yale University School of Public Health will meet with the SLOCOA Chair and other designated persons in the community to gather research on how a community of our size manages a move from hospital to home.
   - Chair--BOS Advocacy, Feb 2nd, for Senior Housing re: Legislative Platform to be sent to State
• Dignity Health: If needed, call hospital staff to request assist from parking lot. Chair also urges members to return surveys that hospitals are sending re: services received.
• RSVP publishing COA Meetings & Speakers. Thank you Tom Clough!

2. Myra Lathrop attended an Area Agency Aging listening session where goals and objectives for the year were presented. Update on CA. Legislation re:
   • 675 Caregivers and discharge plans
   • 1217 Homecare Consumer protection Act.
      1. Registry for people
      2. Aids in assisted living facilities now need 8 hrs training
      3. Survey sent regarding Senior Needs

3. Angela Viles (Victim Witness Program) cautions members about IRS scams at this time of year. IRS doesn’t call people out of the blue and threaten to put them in jail!

**Member and Guest Concerns:**
1. Leonard Milstein explained that he doesn’t understand the reason for non-reappointment to COA. Letter that he received needs clarification. Chair will meet with Mr. Milstein after today’s meeting.

**Adjournment:** 11:55am

Minutes respectfully submitted by Shirley Summers and reviewed by Chair