Call for a Quorum

Call to Order
- Flag Salute
- Roll Lists
- Approval of June, 2016 Minutes
- Approval of Agenda
- Public Comment - 2 minutes

Introductions: Guests & Members; Agency introductions & updates


Unfinished Business:
- Developing plans for 2016-17 Goals

New Business: none

Special Reports: (5 min)
- Pharmacy Problems in SLO and North County. Peta Rimington
- RSVP volunteering. Tom Clough
- May House Tour of Affordable Senior Housing in North County

Concerns/Questions: Members and GUESTS

Chair Report: Community resources

Committee Reports: Nominating, Hearing, Outreach

Member Reports:

Other Announcements:

Next Meeting: August 19, 2016
Members Present: Anita Shower, Alice York, Myra Lathrop, Roger Randall, Marilyn Hamilton, Kathleen Bellefontaine, Misti Simms & Chenoah Hunt (DSS), Teri Elliott (Mental Health), Karen Jones (LTCOMB), Julie Cox (AAA), Brittany Carraway (PSHH), Peta Rimington, Tom Clough, Rick Cohen
Absent: Maryanne Zarycka, Shirley Summers, Judy Mishoulam, Angela Viles (DA Ofc), Tina Solomon (Senior Nutrition)
Guests: Elinore Cottrell, Susan Warren & Loretta Hudson (No County Connection), Anne Wyatt (HomeShare), Scott Smith-Cooke, Sandy Stallings, Dorothy Johnson, Linnaea Phillips, Mark Johnson, Tauria Linala (SLO Village), Judith Bernstein, Jerry Rioux (Housing Trust Fund)

10:05am Quorum Established
Call to Order
Flag Salute
Roll Lists
Approval of June, 2016 Minutes
Approval of Agenda
Public Comment: none

Introductions: Guests & Members; Agency introductions & updates
Julie Cox (AAA Board) announced that Farmers Market Nutrition Program coupons for eligible seniors will be available on Saturday, July 16, in San Luis Obispo and Wednesday, August 3, in Arroyo Grande.

Presentation: “Exploring non-traditional housing options: HomeShare, SLO Village, Tiny Homes.”
Jerry Rioux, Tiny Homes: Tiny homes are really small homes generally 100 to 400 square feet that typically have cooking and bathing facilities and usually are on wheels and treated as a “trailer.” Built to RV Codes if up to 8’ wide or built to Park Model Codes if wider. They can be built on a foundation, in which case local building codes apply. Tiny Homes are usually in settings of tiny home villages, RV parks, private lots, or secondary dwelling units. Hope Village would be one example. Tiny Homes range from $25,000-$150,000. Currently, our county does not allow these as secondary units.

Tauria Linala, Village Movement (slovillage.org): SLO Village is a virtual village of people helping people. It began in February 2015 and has been incorporated as a non-profit this year. Over 86% would prefer to age in their own home if they can, however, most people end up in some sort of assisted living or higher level of care. To stay in their own home, people reported that they would need assistance with in home care, housekeeping, cooking, running errands, etc. SLO Village is looking at supporting low-income residents, as well as middle-income residents. The Village Movement would like to have volunteers that coordinate services and resources from other agencies. They also plan to vet vendors to make sure that individuals can be referred to reputable services. SLO Village is intending to open up for service this fall hopefully in October. Currently accepting volunteers and those interested in being a part of the village can put their name on the waiting list. They need volunteers to help with direct services, event planning, organizing and facilitating, office assistance, and a volunteer training coordinator. The cost is $450 per year per individual with a small increase for couples. Low-income individuals can get sponsorships.

Anne Wyatt, HomeShare: Population of seniors is growing, especially in senior women. With this population growth, we need a change in our housing model. HomeShare SLO established non-profit status in March 2016 and has partnered with Ecologistics Inc. (ecologistcs.org). In June, received first funding award from the City of Morro Bay and is on track to start making matches in September. Currently, HomeShare is in need of more funds and plans to utilize government funding and also charge some fees for service. Would like to get interested parties contact info for a newsletter. A significant need is to find willing participants to share their homes. There are 10,000 single senior women living in SLO County now. If HomeShare could just gather 10%, that would be 1,000 rooms available. If you know anyone or have an extra room available, please contact Anne. Also looking for assistance with outreach.

Unfinished Business
Annual Report Wrap Up: Chair thanked members for completing vote on final pages of the Annual report at
the June Meeting. Chair has indication from DSS that Report will be on the July 26th Consent Agenda at the Board of Supervisors meeting. Invites members to join her in speaking about Senior issues during 3 minutes Public Comment. Chair will confirm date by email.

**Developing plans for 2016-17 Goals:** Chair distributed “Section Two: Attachment B Goals & Plans, 2016” (from Annual Report) to members to discuss changes in wording and emphasis. The difference means outreach not only to seniors, but also to departments and agencies making decisions on issues that affect seniors. Chair pointed out the work that has been done by Tom Clough and Rick Cohen toward these goals. Tom Clough and the Chair have developed a SLOCOA PowerPoint presented to members at the May meeting for public awareness and advocacy. Tom is reaching out to Wilshire Community Services, the Senior Nutrition Program, and Senior Volunteer Services to view this PowerPoint and encouraging their input while it is in draft form. He hopes this will be available on SLOCOA website and other sites in the future.

Due to Rick Cohen’s collaboration with Tolosa Press the first edition of SLOCOA’s column, “Aging and Still Engaging,” appeared in the July 14-27 issue. The article, written by Kathleen and edited by Rick Cohen described the purpose, history, and current SLO County Commission on Aging. The purpose of these publications is to be reaching out to our constituency to help them to become more knowledgeable about services in the community. COA presenters will be asked to assist as well.

**New Business:** None

**Special Reports:**
- **Peta Rimington:** Pharmacy Problems in SLO and North County. Most pharmacies are inaccessible. Peta drives 50 miles to Walgreens so that she can go to a drive through pharmacy. As of last week, they are no longer open 24hrs. Suggested we address these problems with pharmacies and ask for chairs and wheelchairs.

- **Tom Clough:** Volunteering: Commission on Aging members can be part of Senior Volunteer Services, SVS, programs to volunteer and support our SLO county community needs. RSVP (must be 55+) is federally funded and CCCV (must be age 50+) is internally funded. It is recommended that Commission on Aging volunteers be a part of the CCCV volunteer program, which has no limitation on service activities, unlike RSVP. If interested, contact SVS at 544-8740, Cheryl@seniorvolunteers.org or visit our website at www.cccvolunteers.org.

- **Marilyn Hamilton & Brittany Caraway:** May House Tour of Affordable Senior Housing in North County: Several SLOCOA Members toured Peoples’ Self-Help Housing (PSHH) senior properties Templeton Place Apartments, Los Robles Terrace Apartments, and Creekside Gardens. They viewed one story and multi-story complexes with different criteria i.e. HUD or Tax Credit properties. Lists of all affordable Senior properties in the County can be found at the HASLO Office at 487 Leff Street in San Luis Obispo. Senior Information about PSHH can be found on their website www.pshhc.org and in the Senior Resource Guide.

**Concerns/Questions:** Members and GUESTS – No reports

**Chair Report:** Chair provided handouts on medication take back programs and also announced that CCATC can assist with ramps of 10ft (549-7420).

**Committee Reports:** Nominating (none), Hearing (none), Outreach (see reports above)

**Member Reports:** None

**Other Announcements:** Emergency response systems information made available.

**Next Meeting:** August 19, 2016

Minutes respectfully submitted by Brittany Caraway. Reviewed by Chair.