

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, May 19, 2017 **Time:** 10:00 am - Noon

Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Members please RSVP to Co-Chair Randall by email or 534-9726, if you are unable to attend this meeting.

10:00 am **Call for a Quorum**

Call to Order

- Flag Salute Roll Lists
- Approval of April 2017 Minutes and Approval of Agenda
- Public Comment -2 minutes

Introductions: Guests & Members; Agency introductions & updates

Presentation: “Specialized Transportation Options for Seniors” by *Know How to Go* and Rideshare Program Coordinator, Sarah Trauger.

Special Reports: (10 min)

- o New SLO City Transit Schedules coming in June

Unfinished Business:

- Annual Report:
 - o Review Action Items for Ranking
 - o Review Goals Updated in March

New Business: none

Chair Reports:

Roger Randall: Report on 211 as an available resource. Report on the May meeting of the Executive Committee

Committee Reports:

HEARING COMMITTEE: Alice York

OUTREACH: Actions taken to meet 2016-17 Goals.

Maryanne Zarycka—Facebook; Tom Clough--PPT news; Rick Cohen--Tolosa

Member Reports: (3-5 min)

- Scams
- Other

Other Announcements:

Next Meeting: June 16, 2017

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes May 19th, 2017

Members Present: Maryanne Zarycka, Alice York, Anita Shower, Judy Mishoulam, Shirley Summers, Marilyn Hamilton, Roger Randall, Rick Cohen, Teri Elliott (Mental Health), Karen Jones (LTCOMB), Lori Gomez (DA Off), Brittany Venia, Anne Wyatt, Sarah Trauger (RideShare)

Absent: Kathleen Bellefontaine, Myra Lathrop, Tom Clough, Kiana Shelton, (DSS)

Guests: John Peschong, (District 1 Supervisor), Vicki Janssen (Peschong LA), Martina Tovar (DSS-Minutes), Alan Prince (Rebuild for Life), Doris Highland, Louise Justice (MTC), Linda Quisenberry (Los Osos Community Center), Eliane Wilson (SLOCOG), Cindy Deibert (AAA Council), Hunter Snider (Monning Field Rep), Michelle Blanc (Twin Cities LCSW)

Call to Order: Quorum Established

Meeting called to order at 10:02 AM by Co-Chair Roger Randall.

Flag Salute. April 2017 Minutes approved as written. Agenda approved.

Public Comment:

Supervisor John Peschong was introduced. He has been sworn in for 142 days now and is enjoying every minute of it. His goal is to help out in the community as much as he can. He realizes if the IHSS funds are taken away we will be hurt badly by it. We are the 4th highest county with a population of citizens who are 80 or higher in the state. John is focused on doing better for our community. He appreciates receiving our minutes and the reports we do and he appreciates what COA has done for the community so far.

Introductions:

- Alice York- Passed around a pocket hearing device for everyone to give a try.
- Cindy Deibert- Invited the group to an Older Americans Tea at Sierra Vista at 2:00 pm, May 22. Awards will be given.
- Karen Jones- Made us aware of the updated list of facilities they have created. To see the list visit ombudsmanslo.org. They are also going to start to do trainings, if you are interested please contact Karen Jones at 805-785-0132.
- Hunter Snider- Senator Bill Monning Field Representative- updated members re: SB449, a bill the senator has introduced which will increase the hours required in nursing school to prepare nurses for dealing with Alzheimer's.
- Linda Queensberry: Explained to us that she is really trying to reach out to people of low income and educate them on resources available. She meets at the Methodist church in Los Osos on the 1st and 3rd Monday.
- Anne Wyatt- Shared with us great news that the first program matches will be moving in together shortly!
- Elaine Wilson- distributed a flyer introducing special Sierra Club hikes offered for seniors and others who are limited and can no longer go on strenuous or fast-paced hikes. This was initiated in honor of her late husband Dennis Wilson. For more information, email sierraclub8@gmail.com or call Elaine at 805-748-7815.

Presentation:

Sarah Trauger, RideShare Program Coordinator, provided a Power Point for use of "Know How to Go" website.

Rideshare Program:

- Rideshare's Know How to Go Program provides specialized transportation information for seniors and individuals with disabilities. This information can be found online at knowhowtogoslo.org. If you need this information in print, Know How to Go! Guides are available by calling Sarah at (805) 781-1385.
- 511 is a number similar to 411, calling 511 will provide you with transportation information
- Rideshare also hosts Bike Month during this month, May. They also manage the Back n Forth Club, which provides incentives for riders using active transportation (such as riding the bus, bicycle, or carpooling) for their commute, Safe Routes to School, which is aimed at helping families use active transportation to get

their students to and from school, and Rideshare Week, which is a promotion in the month of October geared at promoting the use of alternative transportation.

SLO County has 6 Transit Providers: SLO Transit, RTA, Paso Robles Express, South County Transit, City of Morro Bay, and Monterey Salinas Transit, which comes into Paso Robles. New maps are coming up June 10th for public transit routes, starting June 18th.

ADA Certification

- Carol Woodard 805-781-1170
- ADA certification is for RTA's Runabout Service, the complementary (comparable) bus service for people with disabilities

What age is considered "Seniors"

- 65 and over get discounts for transportation
- 80 and over get free rides using their VIP Pass. To obtain a VIP pass you must go to the SLOCOG Office or RTA Office and fill out a short application and have your picture taken.

Wilshire Volunteer Driver Program

- If you are thinking about using the Volunteer Driver service, start the sign up process now, this is not a same day service.
- Book at least three days in advance

Shuttle Services

- Ride-On Senior Shuttle
- Cayucos Senior Van
- Cambria Community Bus
- Local Dial-A-Rides

For Specialized Non-Emergency Medical Transportation

- Amdal

If you have any questions, or need a phone number for any of these services, call 511.

Special Report:

Megan Cutler, SLO Transit Assistant

City of San Luis Obispo Transit (SLO Transit) service is only available in city limits. A new routing system has been evaluated and approved by City Council. System wide changes to SLO Transit are coming June 18th. There will be 12 new bus stops and the groups of new routes will be bidirectional.

Schedule Improvements

- Academic year service 6:00 AM to 10:00 PM
- Summer service 6:00 AM to 9:00 PM
- Weekend service 8:00 AM to 9:00 PM (not all routes operating)

Updated Fares

- Single ride regular was \$1.25 now \$1.50
- Single ride senior/disabled was \$0.60 now \$0.75
- 31 day pass regular was \$37.00 now \$38.00
- 31 day pass senior/disabled was \$12.50 now \$14.00
- 16 ride regular was \$20.00 now \$24.00
- 15 ride senior/disabled was \$9.00 now \$11.25
- 7-day pass was \$14.00 now \$15.00
- 5-day pass was \$10.00 now \$12.00
- 3-day pass was \$6.00 now \$7.00
- 1-day pass was \$3.00 now \$3.25
- People who have a multi-ride or multi-day pass purchased before June 18th will still have their passes honored

There is a SLO transit app! Download it!

For more information, contact Megan Cutler, Transit Assistant: mcutler@slocity.org 805-783-7818

919 Palm Street, San Luis Obispo, CA 93401

Unfinished Business:

Attending members voted unanimously to accept the Goals and Priority Issues for the upcoming 2017-18 fiscal year. Opinions about Senior Priority issues were gathered from COA members and guests at the April 21st meeting. The Executive Committee prepared a list of 17 topics from those comments. Votes by email received from 14 members and 2 alternates resulted in 5 top ranked issues and 2 Advocacy issues. Those were affirmed through today's unanimous vote.

New Business:

None

Chair Reports:

Roger Randall shared with us that if you call 211, you will get someone in Ventura County, since the three Central Coast counties have consolidated their operations. It was suggested by a member that United Way is putting together a 211SLO.org site which will provide information exclusively for our county. That site is not yet operational. Roger described some of the type of calls received: People requesting times for movies and plays; wanting to know where to get information on Amtrak schedules, etc.

Committee Reports:

- Hearing (Alice York)-Next Saturday the 27th at the Palms in the Village at 10:00 AM there will be a meeting on how hearing loss affects voice recognition.
- Facebook (Maryanne Zarycka)-Like our page SLOCOA! If anyone has any information they'd love to share and want Maryanne to post on our Facebook page, contact Maryanne.
- Tolosa Press (Rick Cohen)-June's issue will be the 12th month anniversary of our column. June issue was "Home Safe Home" provided by Alan Prince, Occupational Therapist. If anyone has anything they'd like in the press, contact Rick because we could use ideas and people to write additional columns.

Member Reports:

- Scams (Lori Gomez, Victim Witness Program)-They continue to see scams regarding grandchildren being in trouble and wanting money from grandparents. Also mail theft has been on the rise, thieves are taking checks from mail boxes and with a special device they are able to take the ink off of the check and fill in their information. For more information or help contact Lori Gomez at 805-781-5821 or email lgomez@co.slo.ca.us

Other Announcements: None

Meeting Adjourned at 11:33 AM
Next Meeting is June 16th, 2017

Minutes submitted by Martina Tovar. Reviewed by Co-Chair Roger Randall