

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING

[www.slocounty.ca.gov/coa.htm](http://www.slocounty.ca.gov/coa.htm)

**Meeting Date:** Friday, July 21, 2017      **Time:** 10:00 am - Noon

**Place:** Veteran's Memorial Hall  
801 Grand Avenue  
San Luis Obispo, CA 93401

Members please RSVP to Co-Chair Bellefontaine by email or 235-5779, if you are unable to attend this meeting.

10:00 am      **Call for a Quorum**

**Call to Order**

- Flag Salute      Roll Lists
- Approval of June 2017 Minutes and Approval of Agenda
- Public Comment -2 minutes

**Introductions:** Guests & Members; Agency introductions & updates

**Special Report (5min):** Cuesta College Emeritus Program. Matthew Green, Ph.D, Director  
Workforce Economic Development

**Presentation:** “County Adult Services Update.” Speaker: new **Department of Social Services Director, Devin Drake.**

**Unfinished Business:**

- Annual Report: Distribution of 2016-17 Annual Report. Plan for submitting to BOS and Public Comment.
- Mission of the Commission:  
>> Apply to new priority senior issues. Speaker suggestions. Research.

**New Business:** Adult Services Policy Council—consider similar recommendation to County Board of Supervisors re: Affordable Health Care Act/Better Care Reconciliation Act ([details to follow](#))

**Chair Report:**

Kathleen Bellefontaine

**Committee Reports:**

Hearing Committee: Alice York

Outreach: Maryanne Zarycka—Facebook; Tom Clough--PPT news; Rick Cohen--Tolosa

**Member Reports: (3-5 min)**

- Members
- Scams

**Other Announcements:**

**Next Meeting:** August 18, 2017

## SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall  
801 Grand Avenue  
San Luis Obispo

### Minutes July 21, 2017

**Members Present:** Maryanne Zarycka, Alice York, Anita Shower, Shirley Summers, Marilyn Hamilton, Myra Lathrop, Kathleen Bellefontaine, Teri Elliott (Mental Health), Cindy Deibert (AAA), Kevin Selman, (DSS), Karen Jones (LTCOMB), Lori Gomez (DA Ofc), Sarah Trauger (RideShare), Brittany Venia, Anne Wyatt

**Absent:** Judy Mishoulam, Rick Cohen, Roger Randall, Tom Clough (SVS),

**Guests:** Devin Drake (DSS), Martina Tovar & Jodee Bob (DSS-Minutes), Francine Martinez (Judson Terrace), Leona Fairchild, Matthew Green (Cuesta College), Laura L. Johnston, Edward Merson

#### Call to order: Quorum Established

- 10:01AM by CO-Chair Kathleen Bellefontaine. Flag Salute. June 2017 Minutes approved as written. Agenda approved.

**Public Comment:** None

#### Introductions:

- Marilyn Hamilton-Only two people have liked our COA Facebook page.
- Karen Jones-Ombudsman new volunteer training starting soon. If interested please contact Karen at 785-0132.
- Sarah Trauger, Rideshare- has "Know How to Go Guide" for distribution.
- Kathleen sent around a get well card for Tom Clough. Introduced Cindy Deibert -- new representative for the Area Agency on Aging Council

#### Special Report:

**Cuesta College Emeritus Program**, Matthew Green, Ph.D, Director Workforce Economic Development

- Make lifelong learning a reality with classes designed just for you! Dare to stretch your mind, discover new talents, and meet new people in classes geared for adults 50+.
- Office Locations: **Paso Robles:** Phone:(805) 591-6212 Email:jessica\_raybon@cuesta.edu  
**San Luis Obispo:** Phone: (805) 546-3942 Email:everardo\_vencesgonza@cuesta.edu
- The program is attendance driven. Have to meet class enrollment minimum to proceed.
- Classes are Free! For more information, please call Continuing Education at (805) 591-6212.

#### Presentation:

**"County Adult Services Update"** Speaker: new **Department of Social Services Director, Devin Drake.**

#### **What Does DSS Offer for Adults?**

**In Home Supportive Services** -- Pays for services so that they can live at home safely

- Who receives services?
  - DSS has approximately 1800 IHSS clients in San Luis Obispo County
  - Eligibility Requirements: SSI Recipient, Medi-Cal Eligible, Blind, California Residence, US Citizen
  - Clients under age 65: Male-546 Female-542
  - Clients over age 65: Male-200 Female-513
- Number of clients in area of residence
  - North County-714
  - San Luis Obispo City-256
  - South County-596
  - Coastal-215
- Public Authority
  - 2,200 IHSS Caregivers
  - 250 Caregiver Registry
- Difficulty with finding caregivers for this job field
  - Not a high paying field. Rate right now is at \$11.85/hr with a \$.20 for medical and dental
  - Attitude of State legislators still seems to be that caregiving should be a family member's responsibility and they shouldn't be making money off of caring for a relative
- Other problems:
  - Transportation needs of clients to get to medical services

- Lack of needed durable medical equipment that would help clients
- Recipient of care is responsible to hire and fire caregiver therefore case manager cannot intervene with that process
- “Less government” perspective affects what IHSS can provide. It seems until this need for care is critical, Legislators are not going to take action
- Future outlook for IHSS
  - IHSS will be operating as it is now for at least the next two years
  - Not enough votes to throw out Obama care, right now ACA is staying

**Adult Protective Services:**

- Responsible to investigate citizen reports about Adults who seem to need guidance.
  - Identity of informants is completely confidential

**Unfinished Business:**

- Annual Report-Has been completed. Waiting till August to present to Board of Supervisors.
- Mission of the Commission-Doing more outreach in the community. One of our new priorities is seeking information about how other Counties are managing their solutions for affordable housing. It was discussed that Gary Grossman’s project, San Luis Ranch was just approved and maybe we can have him come talk to us? Chair is also considering inviting Heidi Harmon to speak about senior housing on that property. Francine Martinez (Judson Terrace) pointed out that an upcoming Federal budget cut to HUD housing is coming up for vote. She will send contact the Chair addresses for those who wish to voice their opinion.

**New Business:**

**Adult Services Policy Council recent letter to BOS re: Congressional Bills to repeal ACA**

**Question: Should SLOCOA compose a similar letter to Board of Supervisors based on the partnership COA has with ASPC in standing up for the protection of this County’s Senior medical care needs.**

It was recommended by Anne Wyatt and seconded by Anita Shower to write a letter to the supervisors to express the devastation that the Affordable Health Care Act/ Better Care Reconciliation Act would have on our seniors. Commission members agreed to a letter being composed and reviewed by members for a vote at the August meeting. The task force will be made up of, Anne Wyatt and Kathleen Bellefontaine so far. They will present it at the August Meeting.

**Co-Chair Report: Kathleen Bellefontaine -**

- CenCal focus group to collect information from Agencies that work closely with Seniors related to health issues. Kathleen represented the Commission. Discussion re: systems improvements.
- Circulated list of Farmers Market with Senior coupons available (through help of AAA)!
- Senior Center updates--Need member help to update our contact addresses with senior centers
- Mayors—included on our email list

**Committee Reports:**

Hearing: None

Outreach: Tolosa Press- Kathleen spoke about the July 13-26 article, “Healthy Aging” submitted by Maryanne Zarycka on fitness. Facebook-None. PPT-None

**Members Reports:**

- Shirley Summers is representing SLOCOA on the ASPC case management task force. First meeting was a learning experience for her and at this time she has no report.

**Scams-**

- Filing taxes on behalf of people by stealing their social security
- Romance scams still going on
- Scams with solar panel sales
- Scams with Apple calling saying you’ve had a data breach

**Adjournment: 11:49AM**

Minutes submitted by Martina Tovar and reviewed by Co- Chair