

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, August 18, 2017 **Time:** 10:00 am - Noon

Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Members please RSVP to Co-Chair Bellefontaine by email or 235-5779, if you are unable to attend this meeting.

10:00 am **Call for a Quorum**

Call to Order

- Flag Salute Roll Lists
- Approval of July 2017 Minutes and Approval of Agenda
- Public Comment -2 minutes

Introductions: Guests & Members; Agency introductions & updates

Special Report (15min): Heidi Harmon, Mayor for San Luis Obispo city. Senior Friendly housing in the San Luis Ranch Development plans?

Presentation: "ONE of SLO County's Affordable Senior Housing Solutions—Peoples' Self-Help Housing." Presented by: Brittany Venia, PSHH Service Coordinator and Jane Renahan, Duncan Group

Unfinished Business:

- Annual Report: September 12, COA Report on the BOS Consent Agenda. Public Comment--commissioner's topic suggestions.
- Mission of the Commission:
 - >> Exec Committee plans for topics and speakers that address new priority senior issues.
 - >>Commissioner feedback.
- Support of ASPC's July letter to Supervisors re: changes to Senior Healthcare if ACA is repealed. **ACTION** Item. SLOCOA letter composed.

New Business: none

Co-Chair Reports:

Kathleen Bellefontaine

Roger Randall

Committee Reports:

Hearing Committee: Alice York

Outreach: Maryanne Zarycka—Facebook; Tom Clough--PPT news; Rick Cohen--Tolosa

Member Reports: (3-5 min)

- Members
- Scams

Other Announcements:

Next Meeting: September 15, 2017

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes August 18, 2017

Members Present: Maryanne Zarycka Dist 1, Alice York (Dist 2), Anita Shower (Dist 3), Shirley Summers (Dist 5), Marilyn Hamilton, Myra Lathrop, Kathleen Bellefontaine, Rick Cohen, Roger Randall, Teri Elliott (Mental Health), Cindy Deibert (AAA), Jean Samuela, (DSS), Karen Jones (LTCOMB), Lori Gomez (DA Ofc), Sarah Trauger (RideShare), Brittany Venia, Anne Wyatt

Absent: Judy Mishoulam (Dist 4), Tom Clough (SVS),

Guests: **Heidi Harmon (Mayor of SLO)**, Jodee Bob (DSS-Minutes), Monica Rowcliffe, David Rowcliffe, Mardi Geredes, Scott Smith-Cooke (HICAP), Jean Asher, Tauria Linala (SLOVillage), Charles Whittaker, Susan Warren (No County Connection), Jane Renahan, Jean Raymond (Health Commission)

Call to Order: Quorum Established

Meeting called to order at 10:02am by Co-Chair Kathleen Bellefontaine.

Flag Salute. July 2017 Minutes approved as corrected and Agenda approved.

Public Comment:

None

Introductions:

Sarah Trauger, SLO Regional Rideshare reminder that the bus schedule changes are effective Monday August 21, 2017. Call 511 with questions regarding changes.

Anne Wyatt, Homeshare SLO, having an event at the SLO Senior Center in connection with SLO Village August 31, 2017 at SLO Senior Center at 1:30. Informational meeting and will have a speaker Linda Beck talking about elder independence. Tauria Linala will provide flyers on the event.

Tauria Linala, SLO Village will be hosting live streaming with Dr. Atul Gawande, Sept 25th in SLO. Discussion on aging and living with purpose. To reserve a seat call 805 242-6440 or email to office@slovillage.org

Special Report:

Heidi Harmon, Mayor of San Luis Obispo. Peoples' Self-Help Housing is currently working on 2 affordable housing projects, in San Luis Obispo and Orcutt area. Froom Ranch on Los Osos Valley Road offering a Continuum of Care Community. This is not affordable housing. Del Rio Terrace offers affordable senior housing. San Luis Ranch has a minimum requirement of 70 units to be affordable housing. No units are allocated as strictly senior living. Currently in conversation with the Sheet Metal Union Workers in getting air conditioners in the Senior Center. ADU housing topic was addressed regarding affordability for seniors. Affordable in design and production. They are not designated to seniors.

Guest Speaker: One of SLO County's Affordable Senior Housing Solutions—Peoples' Self-Help Housing

Brittany Venia, LCSW, PSHH Service Coordinator and Jane Renahan, Portfolio Manager for Duncan Group

Who are we: Our mission is to provide affordable housing and programs leading to self-sufficiency for low-income families, seniors and other special needs groups on the Central Coast, operating since 1970, 48 rental properties across 3 counties, (Santa Barbara, San Luis Obispo, Ventura Counties), 5,000 residents, 1,800 units, helped 1,200 families build their own homes, resident services; YEOP, SHP, CB&E, and Home Ownership Counseling

Self-Help Home Ownership Program: Takes a year to complete. Usually 10 families work on this project at a time. 40 hours a week of work from the families is required.

Education Department: 9 Learning Centers – 300 students served each day afterschool, College Club – 140 students, 100% High School graduation rate, Youth Literacy Program, Adult Literacy, Program and Workforce Readiness

Supportive Housing Program: 10 Masters Level Clinicians, senior properties have an assigned social worker, allowing to age in place, counseling, referrals, transportation, etc.

Community Building & Engagement: Community Builder and Health Services coordinator on staff, SLO Noor Foundations – provides Health Service, Foodbank, flu shots, nutrition classes, Boys and Girls Club; Hospice and many others

Senior Properties: 8 affordable senior and disabled properties (240 units), new development in Santa Maria 2018, Senior Friendly Designs

Senior Property Funding: Department of Housing and Urban Development has 5 properties (HUD)-Rents based on income, approximately 30% of monthly income. California Tax Credit has 3 properties-Rents based on area median income. Both properties allow a utility allowance

Application Process: pre-application, requires wet signatures for each application, annual notifications, interview is scheduled as the applicant gets to the top of list, photo identification, birth certificates and several documents are required at the time of the interview

Income limits: change every year, limits are set at the county level for where the property is located

Waiting list timing: Cannot guarantee specific time

Grounds for Denial: Inappropriate behavior, household income exceeds income limit, inappropriate household size, inadequate verification, failure to cooperate, evictions, history of late payments, illegal activity, bad credit history, criminal background, etc.

Additional Information: seniors can apply at any of our properties with income and unit size requirements. VASH-Tax Credit has homeless veteran's preference. Can request service animals, hand rails, hearing/vision adaptations

Future Projects: Sierra Madre 40 units, Multi-family 174 units, and 33 units in Cambria

Unfinished Business:

- SLOCOA Annual Report to be on Board of Supervisors Meeting Agenda, September 12, 2017
- Mission of the Commission: Looking for concerns that affect seniors in the community that we are missing. Providing information about resources.
 - Executive Committee met and chose the topics for programs: September-- Stephanie Hicks from SLOCOG will come to discuss transportation, October-- Buff Larson discussing changes to Medicare, November -- what are other counties doing about providing affordable senior housing? Changes to United Way-211 has new victims resource specialist that has joined them.
 - Need Commissioners' feedback about concerns of peers
- Re: July 2nd ASPC letter sent to Supervisors (regarding damaging changes that have been proposed by the Congress to the Affordable Care Act and the adverse consequences for our County Seniors). Action Item: for the Commission on Aging to support the ASPC stand. Move to approve the Commission's letter as written (emailed to members, August 11, 2017) by Karen Jones, LTC Ombudsmen, second by Marilyn Hamilton, Member at Large. Unanimous vote in favor.

New Business: None

Co-Chair Report:

Kathleen gave handouts for binders with names and addresses for legislators.

CSL Chairperson is relocating to Bakersfield. CSL has an open position and is also looking for contributions. CSL information distributed.

Committee Reports:

- Hearing Committee – nothing to report.
- Facebook Committee, Maryann Zarycka – send links and messages to Facebook
- Tom Clough, PPT news – sent note doing well and planning to return in September.

- Rick Cohen, Tolosa Press – September issue will feature an article from Devin Drake from DSS

Member Reports:

Karen Jones, LTC Ombudsman –ASPC has a task force to investigate ways to have low and no-cost case management in the County. Looking for funding. Reaching out to those that do grant funding. Meeting the third Thursday of each month to discuss this topic at the Ombudsman office at 2:30. Everyone is welcome. At next month's COA meeting, that task force might be looking for support letters from COA.

Karen also reports calls from people requesting information on how to protect their inheritance which she cannot answer!

Maryanne Zarycka – On a mission to put care back in caregiving. Focusing on problems of low pay for caregivers and inadequate training for caregivers.

Scams:

Lori Gomes, Victim Witness/District Attorney's Office – phishing scam regarding a recent purchase from an X-box. Saying it's from Apple. Requesting person to call and correct an error.

Alice York – Neighborhood websites providing too much information to everyone. (Neighbors)

Other Announcements:

Meeting Adjourned 11:57am

Minutes submitted by JoDee Bob and reviewed by the Co-Chair