

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, September 15, 2017 **Time:** 10:00 am - Noon

Place: Veteran's Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Please RSVP to Co-Chair Roger Randall by email or 534-9726, if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute Roll Lists
- Approval of August 2017 Minutes and Approval of Agenda
- Public Comment -2 minutes
- Announcement and Active Plan 2018 survey distribution, Matt Leal, County Planner

Introductions: Guests & Members; Agency introductions & updates

Special Report: Important Changes to CalFresh: Kat Lauterback, Program Manager, DSS

Presentation: Ron De Carli, SLOCOG Executive Director: Obtaining input in the development of SLOCOG's 2019 Regional Transportation Plan (RTP) and Sustainable Communities Strategy (SCS)

Unfinished Business:

Mission of the Commission: What position should COA be taking re: new housing construction in the County?

New Business:

Nominating Committee:

- Election of Officers for 2018
- Discussion of the need for new member applicants

Chair Report:

Roger Randall

Kathleen Bellefontaine

Committee Reports:

HEARING COMMITTEE: Alice York

OUTREACH: Maryanne Zarycka—Facebook; Tom Clough--PPT news; Rick Cohen--Tolosa

Member Reports:

- Members
- Consumer Fraud alerts

Other Announcements:

Next Meeting: October 20, 2017

SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes September 15, 2017

Members Present: Maryanne Zarycka Dist 1, Marilyn Hamilton, Myra Lathrop, Kathleen Bellefontaine, Rick Cohen, Roger Randall, Tom Clough (SVS), Lori Gomez (DA Ofc), Sarah Trauger (RideShare), Brittany Venia,
Absent: Alice York (Dist 2), Anita Shower (Dist 3), Judy Mishoulam (Dist 4), Shirley Summers (Dist 5), Teri Elliott (Mental Health), Cindy Deibert (AAA), Karen Jones (LTCOMB), Michelle Bechard, (DSS), Anne Wyatt

Guests: Martina Tovar (DSS-Minutes), Mardi Geredes, Mary McCurdy (SeniorHelpers), Tauria Linala (SLOVillage), Mary Weeks (AAA), Simone Levine (AAA), Brady Lock (MB Fun Club), Patricia Hogan (SLO Senior Center), Linda Quesenberry (Los Osos Community Coalition), Cassandra Marquez (County), Priscilla Ko, Matt Leal (County)

Call to Order: 10:01am

Flag Salute. Approval of August 2017 Minutes. Minutes adopted as prepared

Public Comment:

Matt Leal, County Planner

Passed out a survey to the group. He is extending deadline for return for COA until Thursday September 21st Feedback is very important.

Tauria Linala, SLO Village

On Monday September 25th SLO Village is celebrating 15 years of the village movement
Please visit slovillage.org for more information or call 805.242.6440

Linda Quesenberry, Los Osos Community Resource Center

The Los Osos Community Coalition will meet on Thursday September 21st at 9:00 Am at the SB Community Center. The Topic for the meeting will be "Transportation"

Resource Center is open at Sunnyside School room 18, from 12:00 PM-4:00 PM

Introductions: Guests & Members-- Agency introductions & announcements

Cassandra Marquez: County of SLO Fall Prevention Program.

They are offering fall prevention classes. They have four going on now in San Luis Obispo, Los Osos, Heritage Ranch

Special Report:

Kat Lauterback, Program Manager, DSS

Important Changes to CalFresh make It is easier now for Senior and Disabled people with no earned income to apply for CalFresh benefits

Fewer verifications required

Interviews are conducted over the phone, unless an in-person interview is requested

No annual recertification's. Certification periods have been extended to every 3 years. After 3 years a recertification application is due, but a recertification interview is not required.

A status report will be due at 12 and 24 months

All Senior and Disabled households regardless if they have earned and/or unearned income may be eligible to receive a standard medical deduction of \$155.00 a month

Under \$35.00 a month

Not eligible for medical deduction

\$35.01 to \$155.00 a month

Eligible for the standard medical deduction

\$155.01 a month and over

Eligible to a deduction of actual verified expenses over \$35.00

Presentation:

Sarah Trauger, SLOCOG

Obtaining input in the development of SLOCOG's 2019 Regional Transportation Plan (RTP) and Sustainable Communities Strategy (SCS). The group participated in a survey of priority needs for transportation projects.

The survey can be taken at home or in Spanish at: <https://www.slocog.org/2019RTP> until October 31, 2017.

Unfinished Business:

Mission of the Commission: What position should COA be taking re: new housing construction in the county?

Kathleen thinks the problem is that COA, as a voice for Seniors who need affordable housing, is not at the planning tables. Reality is that after COA advocating over last 8 years for affordable senior housing with Supervisors there are no plans for that in current developments being built. Kathleen wanted to learn more about hope for senior housing in San Luis Ranch and how COA could be more effective in being a part of the process from Gary Grossman. From comments by COA members, Co-Chair thought that he would be willing to have that dialogue. She tried to arrange an appt for this purpose through email and phone, but received no response.

Maryanne voiced that she personally feels the county should make it easier to obtain permits and licenses to build granny units for people so they could bring mom and dad home instead of trying to find affordable housing.

Tauria Linala and Mardi Geredes commented that more senior livable communities are needed in all communities in the County.

If anyone has any suggestions in voicing and making our thoughts known to try to instill movement on affordable housing please let Kathleen know or bring it up to the commission.

New Business:

Nominating Committee: Marilyn Hamilton announced time to prepare the slate for 2018 Chair & Vice Chair.

Officer candidates for Chair and Vice Chair will be announced in October. Please turn in self-nomination applications by October 16th Request email form from Marilyn.

Chair Reports:

Roger reminded the group to remember that Commissioners ***cannot take public positions on issues -- before the COA-- in a fashion that makes it appear that the position is being taken on behalf of COA.***

Kathleen described outreach on behalf of COA: Congalton radio show, Aug 24, gathering re: "Community Connections for Aging in Place" Aug 31, email dialogue with Heidi Harmon re: San Luis Ranch. She will be presenting COA Annual Report at Sept 19 Supervisor meeting. Kathleen and Shirley Summers met with Debbie Arnold, Aug 25. Good meeting regarding need for more affordable senior housing and need for developers having to pay fees. Co-Chair Kathleen has been working with Louis Cuellar, DSS Webmaster, in updating COA website.

Committee Reports:

Hearing Committee:

Hearing loss of America meeting on September 23rd from 10:00 am to 11:00 AM at the Palms at The Villages.

Outreach Committees:

Facebook-reminder to send any information or events to Maryanne Zarycka so she may post them on our Facebook page.

PPT News-Tom Clough had a conversation with Kathleen regarding how seniors don't have a high profile about critical senior issues. He also feels we are not at the table. Tom feels we need to be harder hitting in the community.

Tolosa- Rick Cohen update. In October we have Brittany Venia with People Self Help Housing doing an article and in November we have Lori Gomez regarding current scams. We will have Tom Clough for December. If anyone is interested please contact Rick Cohen.

Member Reports: None

Other Announcements: None

Meeting Adjourned:

11:32 AM

Minutes submitted by Martina Tovar. Reviewed by Co-Chairs

Next Meeting:

October 20th, 2017