

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING

[www.slocounty.ca.gov/coa.htm](http://www.slocounty.ca.gov/coa.htm)

**Meeting Date:** Friday, November 17, 2017 **Time:** 10:00 am - Noon

**Place:** Veteran's Memorial Hall  
801 Grand Avenue  
San Luis Obispo, CA 93401

**Please RSVP to Co-Chair Roger Randall by email or 534-9726, if you are unable to attend this meeting.**

**10:00 am** **Call for a Quorum**

**Call to Order**

- Flag Salute Roll Lists
- Approval of October 2017 Minutes and Approval of Agenda
- Public Comment -2 minutes

**Introductions:** Guests & Members; Agency introductions & updates

**Special Report:** Important Changes coming to AT&T phone usage: Jodi Fringer

**Presentation:** Monica Anderson, 211 Resource Specialist: 211, A Community Resource Project and its Usefulness for Seniors

**Unfinished Business:**

Nominating Committee: Election of 2018 Officers and Alternate Member at Large (**Action Item**)

**New Business:** None

**Chair Report:**

Roger Randall

Kathleen Bellefontaine

**Committee Reports:**

HEARING COMMITTEE: Alice York

OUTREACH: Maryanne Zarycka—Facebook; Tom Clough--PPT news; Rick Cohen--Tolosa

**Member Reports & Consumer Fraud alerts:**

**Other Announcements:**

**Next Meeting:** January 18, 2018

## SLO COUNTY COMMISSION ON AGING

Veterans Memorial Hall  
801 Grand Avenue  
San Luis Obispo

### Minutes November 17, 2017

**Members Present:** Maryanne Zarycka (Dist 1), Alice York (Dist 2), Anita Shower (Dist 3), Marilyn Hamilton, Kathleen Bellefontaine, Roger Randall, Myra Lathrop, Rick Cohen, Anne Wyatt (Alternate), Cindy Deibert (AAA), Karen Jones (LTCOMB), Lori Gomez (DA Ofc), Teri Elliott (Mental Health), Jean Samuela (DSS), Sarah Trauger (RideShare), Cheryl Kippen (SVS for Tom Clough)

**Absent:** Judy Mishoulam (Dist 4), Shirley Summers (Dist 5), Brittany Venia (Alternate), Karen Jones (LTCOMB), Tom Clough (SVS), Lori Gomez (DA Ofc)

**Guests:** JoDee Bob (DSS-Minutes), Mardi Geredes, Whitney Gordon (FCPP), Nancy Seiler, FNP (FCPP), Gail Taylor (St. Stephen's), Linda Quesenberry (Los Osos Cares),

#### **Call to order by Roger Randall: 10:04am**

Flag Salute. Approval of October 2017 Minutes and Nov Agenda.

#### **Public Comment:**

Linda Quesenberry stated that Los Osos Cares is now a 501c(3) organization.

#### **Introductions:**

Cindy Deibert, Area Agency on Aging, handed out needs assessment survey that will take place in January 2018.

Anne Wyatt, Home Share SLO, is completing its first year of operation. They have recruited 40 home providers. Looking for affordable safe housing? Check the website HomeshareSLO.org.

Sara Trauger, Rideshare has Know How to Go Catalogs. Rideshare is doing a survey regarding senior transportation in our region. It's also available on knowhowtogoslo.org. SLO transit now goes to the San Luis Obispo Airport.

#### **Special Report:**

Kathleen reported on the changes to AT&T. June 2, 2018 all calls made to phone numbers in the 805 calling area will need to include the 805 area code. Landlines will require you to add a 1(805). If you just use the 7-digit number, it will not go through. Cellphones will need (805) only. Kathleen distributed a press release handout provided by California Public Utilities Commission: Press Release Docket #: A.16-11-008 [www.cpuc.ca.gov/805areacode](http://www.cpuc.ca.gov/805areacode)

#### **Guest Speaker:**

Monica Anderson: 211, the free information hotline (bi-lingual) will be available 24/7, 365 days a year, helping people to receive resources in our community. The nationwide resource line has been with the United Way since 2010. Resources referrals include housing, transportation, rent, utility assistance, and gas money. Assistance is available online also at [211.slo.org](http://211.slo.org). Texting 211 is available at 898211. Resources are not provided by 211, but people are given phone numbers of who to contact. 211 is available at 1(800)549-8989 from anywhere. PowerPoint was not available at the meeting, therefore Kathleen will email the Power Point material to the members.

#### **Unfinished Business:**

Marilyn Hamilton reported on nominations for officers for the coming year: Kathleen Bellefontaine and Roger Randall as Co-Chairs; Maryanne Zarycka as Vice Chair. Mardi Geredes was nominated as a new alternate member at large on the Commission. Sara Trauger moved to adopt the slate of officers and to accept Mardi as an alternate member to Roger Randall and Rick Cohen seconded the motion, which was adopted unanimously.

It was announced there is an opening for Lynn Compton's representative due to Judy Mishoulam retiring from the Commission. If you are in Lynn's district, please see Lynn if you are interested in the position.

**New Business:** None

**Chair Report:**

**Kathleen Bellefontaine** reported the Federal Trade Commission is going to be requiring the phone companies to stop putting through calls with "unknown" ID and 911 area code calls.

There is a new website for Department of Social Services where the Commission's information is provided i.e. Agenda, Minutes, Vulnerable Elders Power Point, membership, etc.

The Santa Margarita Senior Center that provides nutritional lunches for seniors is looking for \$1,000.00 to make repairs in the kitchen that will prevent fires. If this repair is not made they will no longer be able to serve lunches to the seniors. Suggestions from the group included contacting the Rotary Clubs and Kiwanis by sending a letter. Dial 211 for referrals and additional possible resources. Caitlin Cox, Rep. Salud Carbajal's Field Rep, met with Kathleen to learn about the top Senior concerns and COA's partnerships in the community.

Kathleen attended the Board of Supervisors meeting and spoke on behalf of the Commission to support maintenance of aging in the home.

Housing Trust Fund Workshop – their mission statement is to increase the size of affordable housing for very low and moderate-income residents of San Luis Obispo County, including households with special needs. HASLO is having a housing 101 session November 29<sup>th</sup>. Information will be presented on what is needed when applying for affordable housing.

**Committee Report:**

Alice York, Hearing Committee – Noni Smyth received an outstanding membership award for her work in establishing a Hearing Loss Association Chapter in San Luis Obispo County and North SB County.

HCAA meetings are held at the Palms, on the last Saturday of the month. No meetings in Nov or Dec.

Maryanne Zarycka, Outreach – Facebook input is moving very slowly. She is looking for agencies to post information on Facebook.

Rick Cohen, Tolosa Press – There are 2 publications in the month of December. Lori Gomez's article on scams and Tom Clough's article on vulnerable seniors in our community. He is looking for more presenters for upcoming months.

**Member Reports:**

Kathleen Bellefontaine: PG&E – overcharges being found due to changes in billing cycles.

Maryanne Zarycka: Apple Pay – They have been updating for debit payments. This is not a scam.

Karen Jones: Western Union scams. There have been class action lawsuits. Country Care facility in Atascadero is closed. Hi-CAP and Ombudsmen funding has been approved by House Ways and Means Committee and is looking bipartisan.

**Meeting Adjourned:**

11:33am

**Next Meeting:**

January 19, 2018