SAN LUIS OBISPO COUNTY
COMMISSION ON AGING
www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, February 16, 2018
Place: Veteran’s Memorial Hall
     801 Grand Avenue
     San Luis Obispo, CA 93401

Members please RSVP to Co-Chair Bellefontaine by email or 805 235-5779, if you are unable to attend this meeting.

10:00 am Call for a Quorum
Call to Order
• Flag Salute    Roll Lists
• Approval of January Minutes
• Public Comment -2 minutes each

Introductions: Guests & Members; Agency introductions & updates (2 minutes each update)

Presentation: Community Services to Aid Senior Independent Living. Executive Directors Mark Shaffer, Ride-On Transportation, and Elias Nimeh, Meals that Connect

Special Reports: (10 min)
Michelle Berchard: DSS Semi Report: Senior Stats

Unfinished Business:
Annual Report: Goals (see attached)

New Business:
Nominating Committee: ACTION ITEM:
Vote for Slate to be mailed Feb 13.

Chair Report:
Membership

Committee Reports:
HEARING COMMITTEE: Alice York
OUTREACH: Tom Clough—Chair--updates; Rick Cohen—Tolosa updates

Member Reports: (3-5 min)
• Scams
• Other

Other Announcements:

Next Meeting: March 16, 2018
# Meeting Minutes

## SLO County Commission on Aging

<table>
<thead>
<tr>
<th>Facilitator:</th>
<th>Kathleen Bellefontaine</th>
<th>Time:</th>
<th>From: 10:00 AM</th>
<th>To: 12:00 PM</th>
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<tbody>
<tr>
<td>Recorder:</td>
<td>Martina Tovar</td>
<td>Date:</td>
<td>Friday February 16th, 2018</td>
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**Location**: 801 Grand Ave, San Luis Obispo, CA  
**Members Present**: Alice York (Dist 2), Shirley Summers (Dist 5), Marilyn Hamilton, Kathleen Bellefontaine, Myra Lathrop, Rick Cohen, Brittany Venia (Alternate), Anne Wyatt (Alternate), Mardi Geredes (Alternate), Tom Clough (SVS), Lori Gomez (Victim Witness), Teri Elliott (Mental Health), Karen Jones (LTCOMB), Sarah Trauger (RideShare)  
**Members Absent**: Maryanne Zarycka (Dist 1), Anita Shower (Dist 3), Roger Randall  
**Guests**: Louise Justice, Christine Cooper, Linda Quesenberry, Carol Schmidt, Grace Taylor, Shelly Blanc, LCSW

### Call to Order

**FLAG SALUTE**  
**FEBRUARY 2018 MINUTES CORRECTION:**  
- UNDER INTRODUCTIONS, SHOULD READ "SAN LUIS OBISPO" LIBRARY, NOT ATASCADERO  
**MINUTES APPROVED WITH CORRECTION NOTATED**

### Public Comment

**NONE**

### Introductions

**ALICE YORK**  
- HEARING LOSS ASSOC WILL BE HAVING A MEETING FEBRUARY 24TH AT THE PALMS  
**SARAH TRAUGER**  
- SLOCOG AS OF NOW HAS TWO REQUESTS OUT FOR SENIOR RIDES PROPOSAL  
**LINDA QUESENBERRY**  
- PLEASE JOIN US AT THE LOS OSOS RESOURCE CENTER FOR LOS OSOS CARES COMMUNITY COALITION. FOR MORE INFORMATION PLEASE CALL 805-592-2701, OR WALK IN TUESDAY-FRIDAY FROM 12:00PM-4:00PM  
**LORI GOMEZ (VICTIM WITNESS)**  
- THERE WAS A WESTERN UNION SCAM GOING ON! IF YOU THINK YOU MAY HAVE BEEN SCAMMED PLEASE CONTACT WESTERN UNION REMISSION AT 1-844-319-2124.  
- CLAIMS MUST BE SUBMITTED BY MAY 31ST, 2018  
**KAREN JONES**  
- MARCH 22ND THEY WILL BE HOLDING AN EMERGENCY PLANNING SEMINAR AT THE SLO VETERANS MEMORIAL BUILDING. $30.00 PER PERSON  
- FOR MORE INFORMATION CONTACT LONG TERM CARE OMBUDSMAN AT 805.785.0132  
**JOHN KLEVINS**  
- WORKING ON MASTERS IN SOCIAL WORK (CSU SAN BERNARDINO). STUDYING SENIOR AGENCIES IN SLO COUNTY. WRITING SPECIAL REPORT ON THE COMMISSION ON AGING
Presentation
Elias Nimeh,
Executive Director
Meals That Connect

ELIAS NIMEH, MEALS THAT CONNECT

OUR MEALS DO NOT JUST PROVIDE NECESSARY NUTRITION TO THE SENIORS IN OUR COUNTY. THEY PROVIDE A COMMUNITY. MEALS THAT CONNECT SERVES FREE NUTRITIOUS NOONTIME MEALS EVERY WEEKDAY TO 1,800 SENIORS THROUGHOUT SAN LUIS OBISPO. SENIORS GATHER TOGETHER AT DINING ROOMS THROUGHOUT THE COUNTY TO EAT TOGETHER, SHARE STORIES AND BUILD FRIENDSHIPS. FOR THOSE WHO ARE UNABLE TO LEAVE THEIR HOMES, VOLUNTEERS PERSONALLY DELIVER MEALS, USING THOSE VISITS AS OPPORTUNITIES TO CHECK IN ON THE SENIORS.

MISSION

- WE WILL ENHANCE HEALTH, RESTORE DIGNITY, SUPPORT INDEPENDENCE, AND REDUCE ISOLATION FOR EVERY SAN LUIS OBISPO COUNTY RESIDENT IN NEED WHO IS AT LEAST 60 YEARS OF AGE BY PROVIDING MEANINGFUL CONNECTIONS AND FREE, HOT, NOON-TIME MEALS DELIVERED TO COMMUNITY DINING SITES OR AT HOME.

HISTORY

- THE OLDER AMERICAN’S ACT (ORIGINALLY ENACTED IN 1965) OFFERS SUPPORT TO LOCAL AGENCIES IN ORDER TO PROVIDE SERVICES FOR AMERICA’S AGING POPULATION. MAKING SURE THAT SENIORS HAVE NUTRITIOUS MEALS TO EAT IS ONE OF THESE SERVICES.


- MEALS THAT CONNECT (FORMERLY THE SENIOR NUTRITION PROGRAM OF SAN LUIS OBISPO COUNTY) WAS INCORPORATED IN 1991 AS A PRIVATE NON-PROFIT AGENCY AND HAS PROUDLY BEEN PROVIDING NUTRITIOUS, HOT LUNCHES TO SENIORS FOR OVER 25 YEARS.

• 500 SENIORS PER DAY
• 146,000 MEALS PER YEAR
• 88% OF FUNDS GO TO SENIORS

CONTACT INFO: 2180 JOHNSON AVENUE, SAN LUIS OBISPO, CA 93401
PHONE: 805-541-3312 FAX: 805-541-5631
MAIN OFFICE HOURS: MONDAY - FRIDAY 8:30AM TO 3:30PM

Presentation
Cathy Portugal,
Director of Operations
Ride-On Transportation

CATHY PORTUGAL, RIDE-ON TRANSPORTATION

RIDE-ON TRANSPORTATION IS A NON-PROFIT ORGANIZATION DEDICATED TO IMPROVING TRANSPORTATION SERVICES IN SAN LUIS OBISPO COUNTY, CALIFORNIA. STARTED IN 1993, RIDE-ON IS COMPRISED OF THE CONSOLIDATED TRANSPORTATION SERVICE AGENCY (CTSA) AND THE TRANSPORTATION MANAGEMENT ASSOCIATION (TMA) FOR OUR COUNTY.

RIDE-ON CTSA PROVIDES DOOR-TO-DOOR SHUTTLE SERVICES FOR SENIORS, VETERANS, PEOPLE WITH DISABILITIES AND SOCIAL SERVICE AGENCIES. RIDE-ON ALSO PROVIDES SUPPORT SERVICES FOR SOCIAL SERVICE AGENCIES THAT PROVIDE THEIR OWN TRANSPORTATION SERVICES WITH VEHICLE MAINTENANCE, DRIVER TRAINING, EMERGENCY RESPONSE PLANS, AND OTHER SERVICES.

RIDE-ON TMA PROVIDES TRANSPORTATION SERVICES FOR THE GENERAL PUBLIC WITH VANPOOLS, AIRPORT/AMTRAK SHUTTLES, EMERGENCY RIDE HOME, LUNCHTIME EXPRESS, VISITOR SHUTTLES, SPECIAL EVENT TRANSPORTATION, AND MEDICAL TRANSPORT.

RIDE-ON HAS IN-HOUSE MECHANICS, A FLEET OF OVER 90 VANS, BUSES, AND WHEELCHAIR LIFT-EQUIPPED VEHICLES THAT PROVIDE OVER 299,000 RIDES EVERY YEAR. RIDE-ON ALSO OPERATES CONTRACT SERVICES FOR DIAL-A-RIDE SERVICES IN SAN LUIS OBISPO COUNTY.

FOR MORE INFORMATION CALL 805.541.8747 OR EMAIL CONTACT@RIDE-ON.ORG

Special Report
Michelle Berchard,
DSS Semi Report—July 1- Dec 31, 2017: Senior Stats

TWO CHANGES THAT AFFECT SENIORS

- CalFresh has been simplified to make it easier for seniors to apply. Amount of seniors getting food benefits has increased.

RECEIVE 73 APPLICATIONS A MONTH

RECEIVE 255 CALLS PER MONTH TO ADULT PROTECTIVE SERVICES

HOTLINE PHONE NUMBER 805.781.1790
### Unfinished Business

**ANNUAL REPORT:**
- Revised goals emailed to members. Discussion about wording. Ideas offered by Sarah Trauger will be considered by exec com. Final goal wording will be voted on at March COA meeting.
- In April, we will hold a community meeting to gather opinions from members and public about concerns to focus on in next fiscal year. Maryanne and Roger will manage collection and ranking.

### New Business

**NOMINATING COMMITTEE: ACTION ITEM**
- Motion was made by Anne Wyatt to accept new terms for Kathleen Bellefontaine and Sarah Trauger. Karen Jones seconded motion.
- We currently have two openings for alternate members at large if interested, please contact Marilyn Hamilton

### Chair Report

**HOW CAN WE ATTRACT NEW MEMBERSHIP?**
- We already do:
  - Tolosa Press
  - Social Media
  - PowerPoint Presentations
- Any ideas?
  - Maybe have everyone bring a friend to one meeting

### Committee Reports

**ALICE YORK, HEARING COMMITTEE**
- Alice read a letter in support of a grant for tech support at the SLO hearing loss association meetings. With commission approval at March meeting, letter will go to the supervisors.

**TOM CLOUGH, OUTREACH COMMITTEE**
- In the March issue for Tolosa Press he will be submitting “The Invisibles” article
- Tom will be targeting north county residents as far as collecting data looking at in home support services

**RICK COHEN, TOLOSA UPDATES**
- “The Invisibles” will be March issue
- Scott Smith from HASLO will be April issue
- Elias Nimeh will do May’s issue
- Possibly Alice York for June’s issue?

### Members Report

**KAREN JONES**
- Announced See’s candy sale: The SLO County Elder and Dependent Adult Abuse Prevention Council is selling See’s candy as a fundraiser for an emergency fund. The proceeds are used to pay for one-time, emergency needs for a senior or dependent adult who has no other means of covering the emergency. Checks can be made out to LTC Ombudsman.

**SCAMS:** Be careful because people are calling pretending to be PG&E

### Other Announcements

**NONE**

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**The next meeting is:** March 16th, 2018

**Time:** 10:00 AM – 12:00 PM

**Location:** 801 Grand Ave, San Luis Obispo, CA