SAN LUIS OBISPO COUNTY
COMMISSION ON AGING
www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, March 16, 2018
Place: Veteran’s Memorial Hall
801 Grand Avenue
San Luis Obispo, CA 93401

Time: 10:00 am - Noon

Please RSVP to Co-Chair Roger Randall by email or 805 534-0726, if you are unable to attend this meeting.

10:00 am Call for a Quorum

Call to Order

- Flag Salute
- Roll Lists
- Approval of February 16, 2018 Minutes
- Public Comment - 2 minutes

Introductions: Guests & Members; Agency introductions & updates

Presentations: Aging in Place Means Home Preservation: Presenters: Julia Ogden of Habitat For Humanity; Jim McNamara of CAPSLO Energy Services

Special Reports: (5-10 min)
- Nominating Committee: Resignation of Myra Lathrop and seating of Brittany Venia as her replacement
- Noni Smith-HLAA: ACTION ITEM: Letter of support and presentation by Ms. Smith

Unfinished Business:
- Annual Report
  - ACTION ITEM: Adoption of COA Goals for 2018-19.
  - PRIORITY ISSUES—Collection of member and public input for 2018-19 Priorities

New Business: None

Chair Reports: Kathleen Bellefontaine; Roger Randall

Committee Reports:
OUTREACH: Maryanne Zarycka—Facebook; Tom Clough--PPT news; Rick Cohen--Tolosa

Member Reports:
- Scam Report
- Members are welcome to report on current affairs in the Senior community that are of interest to all.

Other Announcements:

Next Meeting:
April 20, 2018: Setting Priorities for 2018-19, led by Maryanne Zarycka
SLO COUNTY COMMISSION ON AGING
Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo
Minutes March 16, 2018

Members Present: Alice York (Dist 2), Anita Shower (Dist 3), Marilyn Hamilton, Kathleen Bellefontaine, Rick Cohen, Roger Randall, Brittany Venia, Tom Clough (SVS), Angela Viles (DA Ofc), Karen Jones (LTCOMB), Teri Elliott (Mental Health), Jean Samuela (DSS), Sarah Trauger (RideShare), Mardi Geredes

Absent: Maryanne Zarycka (Dist 1), Shirley Summers (Dist 5), Anne Wyatt

Guests: Reyna Montoya (DSS-Minutes), Alexis Okumura (SVS), Judith Bernstein, Sandra S. Thomas, Kathleen Karle (County Public Health), Noni Smyth (HLAA), Bill Knowlton (Senior Peer Counseling), Gail Taylor (St. Stephen’s), Dianna McFarland, Divina Flores (Victim Witness)

Call to Order: 10:01am by Roger Randall
Flag Salute. Approval of February 2018 Minutes. Minutes adopted as prepared

Public Comment:
Kathleen Karle, Division Manager Public Health Dept
Kathleen asked if she is able to list COA as a community partner on Social Determinate of Health. Goal is to improve access to affordable and attainable housing. Objective is by June 30, 2022 to have support from their community partners on building affordable housing units throughout SLO County. Discussion ensued. Members agreed that letter of support should be drafted and reviewed by members in advance of an Action Item vote at April meeting.

Introductions: Guests & Members-- Agency introductions & announcements
Alice York- March 24th Hearing Loss program on Financial Help for Hearing Aids & Devices. Anyone can attend even if they don’t have trouble hearing. Tips may be helpful to someone who does.
Judith Bernstein introduced her intention to fill the position of Area Agency on Aging Council representative on the Commission.
Jean Samuela: Today is a great day to call our federal legislatures and let them know we support SHIP/HICAP funding. Disaster preparedness awareness at Vets Hall.
Tom Clough- Introduced Alexis Okumura, new Director of senior volunteer services, who joined him at this COA meeting. Senior Volunteer Services having fundraiser called 101 bottles of wine. Will be held on April 30th for non-rsvp program.
Angela Viles-DA Ofc. Reminded everyone regarding the Western Union funds available to individuals who were victims of a scam through Western Union. Deadline to submit request is May 31st 2018.
• May 21st Annual Training Conference “Safeguarding Elders and Dependent Adults Against Abuse” at Veterans Memorial Building. To pre-register call 805-925-9554 or senior@KCBX.net. Fees are $40 dollar fee. Lunch and coffee will be served to participants.
• April 8-14 is National Crime Victims’ Rights Week at 1815 Monterey San Luis Obispo. To pre-register online: standstrongnow.org/IPVC. On April 12th they will be recognizing crime victims from 3pm-5pm.

Special Reports:
• Marilyn Hamilton read Myra Lathrop’s letter of resignation out load to members at meeting.
• Noni Smyth- HLAA Chapter President. Request for a letter of support from COA. Noni is requesting $350.00 from the Board of Supervisors through the community project plan to help with fees for captioning services and looping that are used at HLAA meetings. Local HLAA Chapter started 2015, 503c status. Mission—to open the world of communication to those with hearing loss. 7 meetings are held per year which are captioned and looped. Captioning for the meetings comes from an outside source who does it at a reduced rate 100-125 dollars an hour. This enables people at the meeting to look at the tv screen and read what the speaker is saying. T-Coil on hearing aids allows you to talk on the phone with your hearing aid. Looping system at meetings allows people with hearing aids (with TCoil) to hear better in open meetings. Draft letter of support was sent to members in advance of meeting for action item. Unanimous vote to provide a letter to Noni on this day for her Grant request.
**Presentation: Aging in Place Means Home Preservation:**
Julia Ogden-Habitat for Humanity for San Luis Obispo County launched home preservation program in 2012. Program assists low-income homeowners who may be able to stay current with their mortgages but are struggling to maintain their homes. Preservation projects include painting, landscaping, and minor repair services for homeowners in need so their homes continue to be safe and livable. In addition, because most low-income homeowners in the County are seniors, Habitat has launched an aging in place program to ensure that seniors stay safe and secure in their homes. In addition they have now started putting Solar Panels on home to help seniors utility cost. Funding for the home preservation and aging in place program is coming from Bank of America. PG&E provided funding for the solar panel program Habitat for Humanity partners with Jim McNamara of CAPSLO Energy Services for repairs that Habitat cannot do, such as installing ramps, installing double-windows, etc. Seniors should consider installing low-level CO detectors which will give them 2-3 minutes to exit a home in the event of high CO levels. Habitat has an agreement with an organization who provides them with low-level carbon monoxide detectors at low cost and Habitat provides these detectors to homeowners they serve at no cost. For more information on these programs please contact Habitat at PH: 805-782-0687. FAX 805-782-0387. Email address volunteer@fhslo.co.org

**Jim McNamara, CAPSLO Energy Director:** Unable to attend due to illness.

**Unfinished Business: Annual Report**
- **Action Item:** Adoption of COA Goals for 2018-19. Motion to approve goals. Discussion. Tom Clough suggested amending #2 to read “…through partnership with service organizations and in the community.” Unanimous approval with amended wording.

- **Priority Issues:** Collection of member and public input for 2018-19 Priorities. Members and guests encouraged to bring knowledge of senior needs from experience or peer perspective for brainstorming session, April 20 COA meeting.

**New Business:** None

**Co-Chair Reports: Kathleen:**
- Construction will be taking place in Veteran’s Memorial Hall building. Work will begin late spring end sometime in fall. Contacted DSS about using one of their conference rooms.
- Attended the March ASPC meeting and heard a presentation from SLO Noor and discovered they offer free dental!
- Kathleen distributed updated Appointment Roster for COA binders. Last September members received new roster for all members with their contact information.

**Committee Reports:**
Hearing Committee: Alice York announcements
- HLAA meetings March 24 and April 28 from 10:00 am to 11:00 AM at the Palms at The Villages.

Outreach Committees:
- Facebook: Maryanne Zarycka continues to post COA information. She has been working on her CNA license but will be back in attendance in April.
- PPT News-Tom Clough has found an impressive article re: housing issues that he will provide to Kathleen for email distribution. As for the PowerPoint presentation, Kathleen and Tom talked to 7 different groups and they were very receptive but he wants to step it up and gear PPT more specific towards senior housing issues which is the real issue here and is collecting data for that purpose.
- Tolosa- Rick Cohen update. Tom Clough was in the most recent issue. We have HASLO coming up in the April edition. We would articles from HLAA and Meals that Connect for future.

**Member Reports:**
- Reminder, you will be getting a new Medicare card in the mail.

**Other Announcements:** None

**Meeting Adjourned:** 11:32 AM

Minutes submitted by Reyna Montoya. Reviewed by Co-Chairs