SAN LUIS OBISPO COUNTY COMMISSION ON AGING

Presents...

In Home Supportive Services in SLO County

Speaker: Gina Hambly from IHSS
10:00 a.m. Friday, February 15, 2019

Where: San Luis Obispo Veteran’s Hall
801 Grand Avenue, SLO

Public is welcomed and encouraged to participate in Q&A following the presentation.

Questions? Please email: slocommissiononaging@gmail.com
SAN LUIS OBISPO COUNTY
COMMISSION ON AGING
www.slocounty.ca.gov/coa.htm

Meeting Date: Friday, February 15, 2019
Time: 10:00 am - Noon
Location: Veteran’s Memorial Hall, 801 Grand Avenue, San Luis Obispo

✓ Call to Order
✓ Confirm Quorum
✓ Flag Salute (please stand if able)
✓ Approve Minutes = January 18, 2019
✓ Public Comment and Member/Agency Updates – 2 minutes each

Introductions: Members, and Guests
(Agencies please provide brief description of mission)

Presentation: In Home Supportive Services in SLO County
Speaker: Gina Hambly from IHSS
Members and Public Q&A for presenter

Break 10 minutes

Reports:
Greetings from new Co-Chairs – Anita and Maryanne
New Commission email, new legislative and senior center liaisons, new
format, planning session at end of meeting, sync appointments with
county fiscal year, location for meetings during construction...
Tolusa Press Update – What’s the status? What happened? (Rick Cohen)
Others?

Unfinished Business:
Approve new slate of Members at Large and Alternates – Marilyn
Vacancies still needed to fill? Nomination person/team needed?

New Business:
Discuss timelines and appointments as specified in the By-laws and
syncing with county fiscal year.
Explain process to review and update Bylaws for March meeting – last
update was March 2010

Planning Session:
Future presentations?
Brainstorming in March?
Other?

Next Meeting: March 15, 2019
Minutes Friday, February 15th, 2019

Members Present: Paul Garth, Maryanne Zarycka, Anita Shower, Shirley Summers, Brittany Venia, Marilyn Hamilton, Mardi Geredes, Anne Wyatt, Tom Clough, Teri Elliot, Emi Taylor, Anna Devers, Shannon McOuat, Martina Tovar, Meredith Bates

Absent: Roger Randall, D.A. Viles/Gomez, Karen Jones, Michelle Bechard, Michelle Blanc

Call to Order: 10:00 am
Flag Salute. Approval of January 2019 minutes.

Public Comment:
Meredith Bates
Los Osos Cares has now merged with Women Aide!
They are accepting referrals

Kim Chartrand
Started a new volunteer training and so far they have 22 registrants.

Emi Taylor
They will be co-sponsoring an event with Sierra Vista on May 22nd
They are still recruiting for Senior Assembly Position
Governor is in favor of bill SB228

Jerry Mihaic
OIB program is increasing lots of services.
Be aware of new law SB11 stating hospitals must have a safe place to discharge patients to.

Anne Wyatt
Tiny house allowance did pass!! It will take place in March. They will be holding an expo in October and plan on getting tiny house model to show.

Bill Degnan
Next month they will have a flyer on a summit they will be putting on in April.

Introductions: Guests & Members-- Agency introductions & announcements
Members went around introducing their role in the community as well as with the commission.

Presentation:
Gina Hambly
In Home Supportive Services in San Luis Obispo County
Purpose of IHSS
The goal of IHSS is to provide services to eligible recipients so they can remain safely in their own home and avoid out of home care.

IHSS Eligibility Criteria
Over 65, disabled, or blind adults & children
Live in “Own Home”

IHSS Eligibility Criteria
Medi-Cal Eligible
California Resident
US Citizen or Legal Immigrant

IHSS Eligibility Criteria
Unable to remain safely at home without IHSS
At risk of being placed in out-of-home care
Medical certification from a health care professional
IHSS Service Types

Domestic services
- Housecleaning
- Meal Preparation
- Laundry
- Grocery Shopping

IHSS Service Types

Personal Care Services
- Bowel & Bladder care
- Bathing
- Grooming
- Feeding
- Dressing
- Ambulation
- Transfer

IHSS Service Type

Protective Supervision Services
Safeguarding against injury or accident for non-self-directing, confused, mentally impaired or mentally ill persons.

IHSS Service Types

Paramedical Services
- Wound Care
- Injections
- Glucose Monitoring
- Tube Feeding

IHSS Needs Assessment

Social worker conducts a face-to-face home visit to assess functional abilities & limitations to determine service hours
The individual is evaluated on their ability to independently & safely perform specific daily living tasks.

Service Needs are based on
- Recipients level of need & ability
- Frequency of need
- Medical information
- Living situation

IHSS Providers

Recipients have the right to choose provider
Providers can be a relative or friend
All IHSS providers must be approved
Public Authority can match recipient with a provider from the registry

4 ways to apply for IHSS

Online: slocounty.ca.gov, complete online referral
Call: 805-461-6110 Atascadero or 805.474.2103 Arroyo Grande
Walk In: to any DSS office
Fax: SOC 295 to 805-461-6100

Reports:
Greetings from new Co-Chairs:
The commission has a new email: slocommissiononaging@gmail.com
DSS has been really great to work with and they posted our flyers on our website
They have decided to expand executive committee to the whole commission, we will have a planning session at the end of every meeting
Maryanne will be emailing out bylaws so everyone can take a look at and we can review it as a committee
DSS offered conference room to use during construction starting effective in March.

Tolusa Press Update:
Tolusa Press has pulled space in newsletter. Rick will be out of the commission for rest of the year.

Unfinished Business:
Approve New Slate of Members at Large and Alternates
  New Members at Large
    Mardi Geredes
    Shannon McOuat
    Roger Randall
    Brittany Venia
    Anne Wyatt
  Alternate Member
    Meredith Bates
    Michelle Blanc
  Senior/Providers
    Anna Devers
  3 Vacancies
    Bill Degnan
    Mara Whitten
    Vacancy

New Business:
Discuss timelines and appointments
  Last time bylaws updated was March 2010
  Want to change, so all positions are in sync, everyone would start at same time.
  Maryanne will send out bylaws to everyone by email to review and can bring back comments, ideas, concerns to March meeting.

Planning Session:
  • All future information received will be forwarded out via email
  • Planning on doing another brainstorming session in April
  • End of year report is due July 2019
  • Any future presentations that you would like to see please email slocommissiononaging@gmail.com

Meeting Adjourned:
11:52 AM
Minutes submitted by Martina Tovar. Reviewed by Co-Chairs

Next Meeting:
  Friday, March 15th, 2019