SAN LUIS OBISPO COUNTY COMMISSION ON AGING

Presents...

Disaster Preparedness for Aging Populations

Presenters:
Elizabeth Merson & Denise Yi, CoSLO Health Agency
Kelly Van Buren, SLO Office of Emergency Services

10:00 a.m. Friday, August 16, 2019

We are BACK AT THE VET’S HALL!!
SLO Veteran’s Hall
(Side Meeting Room – ADA entrance through the front)
801 Grand Avenue, San Luis Obispo

Public is welcomed to attend and encouraged to participate in Q&A following the presentations.

Questions? Please email: slocommissiononaging@gmail.com
SAN LUIS OBISPO COUNTY
COMMISSION ON AGING
www.slocounty.ca.gov/coa.htm

Meeting Date:  Friday, August 16, 2019
Time:  10:00 am - Noon
Location:  We are BACK AT THE VET’S HALL!!
SLO Veteran’s Hall, 801 Grand Avenue
(Side Meeting Room – ADA entrance through the front)

✓ Call to Order
✓ Flag Salute (please stand if able)
✓ Public Comment and Member/Agency Updates – burning desires from members or guests about current concerns, issues, scams - 2 min. max

Introductions:  Members, and Guests (please provide brief agency description)
Member rollcall:  (Chairs establish Quorum)
Approve Minutes:  July 19, 2019

Presentation:  Disaster Preparedness for Aging Populations
Presenters:  Elizabeth Merson & Denise Yi, CoSLO Health Agency
            Kelly Van Buren, SLO Office of Emergency Services

Break 10 minutes

Reports:
Legislation Report (5 min) – Paul Garth
ASPC (5 min) – Jerry Mihaic
Membership Committee (5 min) – Anne Wyatt

Unfinished Business:
Update on Archives – Maryanne

New Business:
Critique Brainstorming Results to share with ASPC, AAA, BOS?
Senior Health Fair (AAA) - Mara

Next Meeting:  September 20, 2019

Please submit agenda and program items, ideas, and feedback to slocommissiononaging@gmail.com
Members Present: Maryanne Zarycka, Paul Garth, Anita Shower, Shirley Summers, Brittany Venia, Mardi Geredes, Shannon McOuat, Anne Wyatt, Roger Randall, Teri Elliot, Lori Gomez, Tom Clough, Karen Jones, Eric Rounds, Mara Whitten, Jerry Mihaic
Absent: Anna Devers, Michelle Blanc, Meredith Bates

Call to Order: 10:00 am
Flag Salute. Approval of July 2019 Minutes. Minutes adopted with modifications

Public Comment:
Carol Weiser
Trying to get the word out about solutions to reduce heat in the houses that HASLO may be able to do.
Some ideas we have are:
- Installing double pane windows
- Door stops in laundry rooms opposite open windows
- Paint cement surfaces with heat repellent paint
- Paint exterior walls facing south and east with mixed metal oxide heat repellent paint
Carol provided a list, which was passed out at the meeting, of what HASLO could do now to lower internal building temperatures.

Shirley Summers
A request for a presentation from Adult protective services on when is it appropriate for referrals? How to write referrals efficiently so things go forward? Also how to do an intervention?

Karen Jones
The state announced the Master Plan for Aging Stakeholder Advisory Committee. Will forward info to Chair for distribution.

Introductions: Guests & Members-- Agency introductions & announcements
Members went around introducing their role in the community as well as with the commission.

Presentation:
Disaster Preparedness for Aging Populations
Elizabeth Merson and Denise Yi, County of San Luis Obispo Health Agency
Kelly Van Buren, San Luis Obispo Office of Emergency Services

Public Safety Power Shutoff Program (PSPS)
- Proactive shutoff of electric lines through high fire threat areas
- Based on weather, fuels and fires
- Includes distribution and transmission lines

PSPS Program
- Forecast for extreme weather
- Potential PSPS notifications
- Conditions continue-power is shut off
- Power off for a duration of weather event
- PG&E inspect all lines
- Power is restored

Triggered for PSPS
- Red flag warnings
Low humidity levels
Forecasted sustained winds or gusts
Condition of dry fuel
Real-Time observations
Actual fires
Areas Affected
Potentially anywhere
High Risk Areas
Tier 2 – elevated fire threat
Tier 3 – elevated fire threat
PG&E Medical Baseline
A fulltime resident in your home requires use of qualifying medical devices to treat ongoing medical conditions
Restoration of Power
Approximately 4-7 days
Op Area Challenges
Food & water
Water distribution systems
Boil water alerts
Well pumps
Business closures
Loss of refrigeration, food safety
Shelter
Sheltering policies
Cooling center policies
Medical Care
In-home medical equipment
Refrigerated medicine
Hospital limitations
Care homes and dialysis centers
Heat related illnesses
Secondary Disasters
Fires and fire suppression challenges
Civil unrest security and looting
Heat, food and water borne illnesses
Hazardous materials
Communication Failures
Commercial and public sector
Public alert and notification
Media blackouts
Transportation
Loss of traffic signals
Lack of fuel
Public transit
Supply Chain Shortages
Fuel
Food
Medicine
Cash
Business/Commercial Impacts
Security
Refrigeration
Financial Loss

County Wide Focus
Life safety issues
Limiting water system issues
Continuity of emergency replacement
Identifying medical/health challenges
Planning for safety & security
Encouraging personal preparedness

What can you do?
Have a plan
Your plan cannot rely on your phone, VoIP, or internet
Request help from friends and neighbors
Do not plan on emergency responders
Stockpile supplies
Including food, water, medicine and cash
Stay informed
Stay tuned to local news
Have a battery-powered radio
Update your contacts with PG&E
Register for reverse 9-1-1
Sign up for PG&E medical baseline
Sign up for county evacuation assistance

Consider Leaving the Area
Keep your gas tank full

Individual Medical Needs during Disasters
They will assist the most vulnerable patients first

Disasters exacerbate chronic illness
Disaster related stress
Interruption of care
Lack of food/water
Temperature extremes
Exposure to infection
Worsened chronic illness of death

Advance Preparations
Recommendations vary
Access to health care
Supply chain disruption
7-14 days on hand of medicine
Home and go bag

Patient knowledge of medications
Written summaries of medical history and medications
Educate yourself on medical history and medicines
Know your medication resume

Coordination of Aid
Family/friends/neighbors support network
Local registries

DMC/Medical supplies
Same concept of medications
7-14 days on hand
Home and go bag
Unique circumstances for medical supplies
  Long-term power outages
  Inventory items you need which require electricity
  Oxygen concentrator/ventilators/suction units
  CPAP
  Wheelchairs/scooters
  Refrigerated medicine
Power Outage Kit
  Batteries for medical devices and flashlights
  Create a backup power plan
  Remember hospitals and fire stations are not designed to supply power
For more information
  Readyslo.org
  Redcross.org
  Prepareforpowerdown.com

Reports:
Legislation – Paul Garth
  The state announced the Master Plan for Aging Stakeholder Advisory Committee.
ASPC – Jerry Mihaic
  Transitions Mental Health was presenter at last month’s meeting. They provided great information on services and locations available, as well as workgroups. They also showed a wonderful movie called the shaken tree, which was written and produced here locally by a local producer. Donna Hayes from Behavioral Health will be producer at next month’s meeting.
Membership Committee – Ann Wyatt
  We have open positions in alternate member at large, as well as the position for Lynn Compton’s district representative is open. Please let us know if you are interested.

Unfinished Business:
Update on Archives - MZ
  Stay tuned.

New Business:
Critique brainstorming results to share with ASPC, AAA, BOS? - MZ
  Shannon McOuat is working on consolidating the themes and working on the document. It was suggested to present to ASPC first, once the document is ready.
Senior Health Fair (AAA)
  The fair will be held sometime in May 2020 (?) at the Twin Cities Hospital. The goal is to have non-profit supportive services for seniors. Possibly, we could have or chair a table there? Action: MZ contacting Kathleen for COA poster and table materials. New fliers/handouts need to be designed and printed.

Meeting Adjourned:
12:00 PM
Minutes submitted by Martina Tovar. Reviewed by Co-Chairs

Next Meeting:
September 20th, 2019