Housing Solutions for Seniors

Presenter:
Anne Wyatt, Executive Director
SmartShare Housing Solutions

10:00 a.m. Friday, January 17, 2020

SLO Veteran’s Hall
(Side Meeting Room – ADA entrance through the front)
801 Grand Avenue, San Luis Obispo

Public is welcomed to attend and encouraged to participate in Q&A following the presentations.

Questions? Please email: slocommissiononaging@gmail.com
Call to Order
Flag Salute (please stand if able)
Public Comment and Member/Agency Updates – burning desires from members or guests about current concerns, issues, scams - 2 min. max

Introductions: Members, and Guests (please provide brief agency description)

Member rollcall: (Chair establish Quorum)

Approve Minutes: November 15, 2019

Presentation: Housing Solutions for Seniors
 Presenter: Anne Wyatt, Executive Director SmartShare Housing Solutions

Break 10 minutes

Reports:
Legislation Report (5 min) – Paul Garth
ASPC (5 min) – Jerry Mihaic
Co-Chairs report (5 min) – Maryanne Z/Anita S.

Unfinished Business:
Membership review and update - MZ

New Business:
Focusing Our Vision for 2020: Presenters, Community Action and Advocacy – what can we do to make a difference? Ideas? Concerns?

Next Meeting: February 21, 2020 – Bring a friend!

Please submit agenda and program items, ideas, and feedback to slocommissiononaging@gmail.com
SAN LUIS OBISPO COUNTY COMMISSION ON AGING
Veterans Memorial Hall
801 Grand Avenue
San Luis Obispo

Minutes Friday January 17th, 2020

Members Present: Maryanne Zarycka, Paul Garth, Anita Shower, Mara Whitten, Meridith Bates, Anne Wyatt, Roger Randall, Teri Elliot, Angela Viles, Cheryl Kippen, Karen Jones, Anna Devers, Eric Rounds, Jerry Mihaic

Absent: Shirley Summers, Brittany Venia, Joyce Ellen Lippman

Guests:

Call to Order: 10:00 am
Flag Salute. Approval of November 2019 Minutes. Minutes accepted as written.

Public Comment:

Jerry Mihaic
  • Their local office has three portable power generators available for anyone if needed.

Karen Jones
  • We have hired a new staff member at our Ombudsman office! Her name is Kari Bowron.
  • Soon we will be doing a new volunteer training if anyone is interested.

Francine Levin
  • Additional classes have been added to our Fall Prevention Program!

Anna Devers
  • Our Travel Trainer is available for all seniors if needed!

Paul Garth
  • There will be two listening sessions available for seniors to attend on Thursday January 30 at SLO City/County Library and Friday January 31 at the Senior Center, 270 Scott Street, Paso Robles, CA. For more information, visit www.centralcoastseniors.org or call 805-541-0384

Introductions: Guests & Members-- Agency introductions & announcements

Members went around introducing their role in the community as well as with the commission.

Presentation:

Housing Solutions for Seniors
Presented By: Anne Wyatt, Executive Director
Smartshare Housing Solutions

Trying to not duplicate efforts and share information.

Three Programs
  • HomeSLO
  • Tiny House Consulting
  • Co-Living

Purpose
  • Educate community on diversity
  • Develop consistent vocabulary
  • Understand housing challenges
  • Inspire action

Why alternatives are needed:
  • Increasing numbers on seniors
    o Expected to be 93,532 in 2030
  • Few available units
  • High cost/income not enough
  • Demographics
Changing Demographics
- Fewer family households
- More non-family households
- More single person households
- Mobility limits > isolation, challenges to progression of health care and other services

Support Needed
- Mental health
- Physical health

Hurdles
- Zoning and codes
- Infrastructure challenges
- Social
  - Local neighborhood
  - Lack of awareness/creativity
  - Fewer children
- Economic
  - Cost of housing and lower incomes

Solutions
- Diversity
  - Alternative
  - Standard

Existing Resources
- Vacant Units
  - 17% houses are in San Luis Obispo County
- HomeShare
  - 10,000 single seniors/empty bedrooms
- Repurpose existing commercial
  - Co-living

Vacant Units
- Untapped potential – approximately 17% of homes in San Luis Obispo County.
- Programs to capture units, policies to encourage use

Home Share SLO
- Increasing seniors, woman living alone
- Self-determination and aging in place
- 105 persons matched since 2017
- Together with SLO Village, Wilshire Community Services

Existing Conversions-Motel, Boarding House and Co-Living
- Motels now housing off season
  - Weekly rental
- Residential Hostels
  - Work with providing of common area

Granny Units/Second Units
- Smaller affordable units
- Rental opportunity
- Opportunities for multiple-generation and in home care
- Attached or detached from home; garage conversions

ADU definition: accessory dwelling unit, 2nd unit on resident lot

Tiny House
- San Luis Obispo County defines them as under 400 sq ft
- Tiny house on foundation
o Requires building permit
  • Tiny house on wheels
    o Moveable
    o No building permit
Manufactured Housing and mobile home parks
  • Ownership opportunities with lower purchase price
  • Shared facilities
New Construction
  • Multi-family housing
    o Micro units
    o Shared walls
Tiny House Community/Organized campgrounds
  • Hopes villages in SLO
  • Dignity Village
  • Shared Facilities
  • Simple living in Community
Issues with not being housed
  • Credit is number one issue
  • Minimum income
  • Credit score of 600 or higher
  • References
Contact information
  • Email address: ann@smartsharehousingsolutions.org
  • Phone: 805.215.5474

Reports:
Legislative:
  California proposed budget 2021 and the state is recognizing the increase in older population, yet it is not showing it in their budget! There needs to be more talk about it now. What is it that we can do to get the states attention? It has been said that there is no plan or intent to put in to the master plan on aging.
ASPC:
  Meeting was held on January 3rd. The Area of Aging will be holding two listening sessions if interested. Transitions Mental Health has Savvy Caregiver training available. Hospice of San Luis Obispo was the presenter for the meeting. They offer end of life doula program, offer pet care and even guided light imagery among many other great services.
Co-Chairs:
  By laws are done and Maryanne is meeting with Devin Drake today to get final stamp of approval. Thank you to Anna, Jerry, Roger and everyone who helped with all their hard work.

Unfinished Business:
Membership Review and Update:
  All positions are filled!
  There are four alternate members’ at large positions available.
If you would like to be added to our email distribution list, please let Maryanne know.

New Business:
Focusing our vision on 2020: Presenters, Community Action and Advocacy – What can we do to make a difference? Ideas? Concerns?
  Travel trainer – July
  How to reach homebound seniors
  Technology for seniors – Paul Mertolla CCATC
  Updates on Scams
CAPSLO-Utility assistance program, community needs assessment
HealSLO Healthy communities – Vision for our community
Wilshire – Mental Health Counseling services
Create legislation platform with brown act
ARP livable community – become, we could then get grants etc.
Organization where seniors gave their opinion – “SCOPE”

**Meeting Adjourned:**
12:00 PM
Minutes submitted by Martina Tovar. Reviewed by Co-Chairs

**Next Meeting:**
Friday, February 21st, 2020