

ATTENTION

To Prevent Spread of Coronavirus (COVID-19):

The Department of Social Services is committed to a continuation of services during this crisis. The Department encourages applicants and participants to go online to apply for benefits, submit documents and manage their cases.

For Assistance Programs:

Avoid coming in: we're available online or by phone.

- Use our online services:
 - Apply for CalFresh at www.getcalfresh.org.
 - Apply for Medi-Cal, CalFresh, CalWORKs, and/or General Assistance at mybenefitscalwin.org. You can also apply for Medi-Cal and health coverage at www.coveredca.org.
 - Complete reports, renew benefits, and submit documents online at mybenefitscalwin.org. For more information on using myBenefits CalWIN:
 - [myBCW Actions for Participants](#)
 - [myBCW Actions for Participants \(Sp\)](#)
 - Submit documents by emailing to ss_SubmitDocs@co.slo.ca.us
 - Please include your full name, your phone number, your case number (if known), and your worker's name and worker number to make sure the information is correctly routed.
 - Please note we cannot reply to this email. If you have questions, please call your worker.
- For replacement EBT cards, PIN changes, or to check EBT balance: (877) 890-4488
- Starting on March 30th, 2020, lobby doors open 8:00 AM – 1:00 PM.
- Give us a call (8:00 – 5:00 PM):
 - San Luis Obispo office: (805) 781-1600
 - Paso Robles office: (805) 237-3110
 - Atascadero office: (805) 461-6000
 - Morro Bay office: (805) 772-6405
 - Arroyo Grande office: (805) 474-2000
 - Nipomo office: (805) 931-1800