

OUTPATIENT CLINICS

SOUTH COUNTY

Adult Mental Health Services

1350 E. Grand Ave., Arroyo Grande, CA 93420
(805) 474-2154

Adult Drug & Alcohol Services

1523 Longbranch Ave., Grover Beach, CA 93433
(805) 473-7080

Youth Mental Health Services

1666 Ramona Ave., Grover Beach, CA 93433
(805) 473-7060

SAN LUIS OBISPO

Adult Drug & Alcohol Services

2180 Johnson Ave., San Luis Obispo, CA 93401
(805) 781-4275

Adult Mental Health Services

2178 Johnson Ave., San Luis Obispo, CA 93401
(805) 781-4700

Youth Drug & Alcohol and Mental Health Services

2975 McMillan, Suite 160, San Luis Obispo, CA 93401
(805) 781-4179

Martha's Place Children's Center Mental Health Services (Children 0-5)

2925 McMillan, Suite 108, San Luis Obispo, CA 93401
(805) 781-4948

Prevention & Outreach Services

277 South St., Suite T, San Luis Obispo, CA 93401
(805) 781-4754

Justice Services

2180 Johnson Ave., San Luis Obispo, CA 93401
(805) 781-4850

NORTH COUNTY

ATASCADERO HEALTH CAMPUS

5575 Hospital Dr., Atascadero, CA 93422

Adult Mental Health Services (805) 461-6060

Youth Mental Health Services (805) 461-6113

Adult Drug and Alcohol Services (805) 461-6080

PASO ROBLES HEALTH CAMPUS

805 4th St., Paso Robles, CA 93446

Adult Mental Health Services (805) 237-3090

Youth Drug & Alcohol and Mental Health Services

(805) 237-3070

Adult Drug and Alcohol Services (805) 226-3200

CRISIS RESOURCES

If you are experiencing a medical emergency, please call 911.



Operated by Transitions-Mental Health Association
**CENTRAL COAST
HOTLINE**
(800) 783-0607
= CRISIS & MENTAL HEALTH SUPPORT =
Text or Call 24/7



MOBILE CRISIS RESPONSE TEAM (MCRT)

These crisis services are performed in any community or private setting across SLO County, 24/7, 365 days a year.



To request Mobile Crisis, community members can call the Central Coast Hotline at 1 (800)-783-0607.

The Mobile Crisis Response Team provides crisis services to individuals in the community who are experiencing acute distress and require a rapid response and urgent care. Services are available to youth and adults. Psychiatric response is operated by Sierra Mental Wellness Group.

PSYCHIATRIC HEALTH FACILITY (PHF)

2178 Johnson Ave., San Luis Obispo, CA 93401
Call 1 (800)- 838-1381 for services.



The locked facility provides observation and treatment for those in psychiatric crisis with acute behavioral health symptoms. Ages 18 and older only. The PHF is operated by Crestwood Behavioral Health.

SOBERING CENTER SAN LUIS OBISPO

2180 Johnson Ave., San Luis Obispo, CA 93401
Call 1 (820) 280-0415 for bed availability.



The Sobering Center is a harm reduction facility that provides short-term sobering and transition services and certified withdrawal management services.



Medication Addiction Treatment (MAT) services are available as needed. Non-medical drop offs are accepted. Ages 18 and older only. The Sobering Center is operated by Good Samaritan.



HEALTH AGENCY

BEHAVIORAL HEALTH DEPARTMENT



www.slobehavioralhealth.org
1-(800) 838-1381

Se habla español. Tiene a su disposición servicios gratuitos de asistencia lingüística.

The Behavioral Health Department's mission is to provide compassionate behavioral health services that empower individuals to embrace their unique journeys towards wellness and promote a community that fosters healing and recovery.

On the road to wellness, every path leads towards unwavering compassion and opportunity to thrive.



Step 1: Call us at 1-(800) 838-1381. During the phone conversation, we will ask you whether your needs are urgent and what type of help you are looking for.

Step 2: Once we identify what type of help you would like, we will schedule an appointment to go into more detail and complete your assessment so we may understand your specific needs.

Step 3: At your follow-up appointment once your assessment is complete, we will connect you and/or your family member to services and treatment that you and your counselor agree will help you most.

SLO Behavioral Health is licensed by the State Department of Health Care Services. No clients are denied access to services due to inability to pay. Discounted fees and schedules are available based on family size and income. The Health Agency complies with Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, or any other protected class.

OUR SERVICES:

Individual and group therapy to help you find ways to cope and grow through your wellness journey.

Medication management services with a psychiatrist to discuss the best medication options for treating and managing your illness.

Case management to connect you to local agencies to get the other services you need to achieve the highest quality of life.

Drug testing, treatment, and withdrawal management for opiate, alcohol, cannabis, and methamphetamine use.

FREE Naloxone and test-strips at Behavioral Health Clinic sites, community distribution NaloxBox sites and by mail to your home by order at:

WWW.NALOXONENOWSLO.ORG



MENTAL HEALTH SERVICES:

- Adult and Youth Outpatient and Inpatient Mental Health Services
- Martha's Place Children Ages 0-5 Mental Health Services
- Veterans and Military Counseling
- Co-Occurring Treatment for Both Mental Health and Substance Use Disorders
- Suicide Prevention Training
- Community-Focused Mental Health Trainings, Education, and Outreach

SUBSTANCE USE TREATMENT SERVICES:

- Intensive and Outpatient Treatment
- Recovery Residences
- Residential Treatment
- Perinatal Outpatient Extended Group (POEG) Women and Children Treatment (Pregnant-Age 6)
- Friday Night Live (FNL) Educational School Clubs
- Student Support Counseling at Schools
- Overdose Prevention Training
- Community-Focused Substance Use & Opioid Safety Trainings, Education, and Outreach

JUSTICE SERVICES:

- Court-Directed Mental Health, Substance Use, and Co-Occurring Treatment Programs
 - Diversion Court Programs: Assisted Outpatient Treatment Mental Health, Mental Health Diversion Court, Co-Occurring Treatment Court, and Adult Drug Court
- Behavioral Health Bridge Housing
- Community Assistance, Recovery and Empowerment (CARE Court)
- Veterans Treatment Court