# OUTPATIENT CLINICS —

#### **SOUTH COUNTY**

#### **Adult Mental Health Services**

1350 E. Grand Ave., Arroyo Grande, CA 93420 (805) 474-2154

## **Adult Drug & Alcohol Services**

1523 Longbranch Ave., Grover Beach, CA 93433 (805) 473-7080

#### **Youth Mental Health Services**

1666 Ramona Ave., Grover Beach, CA 93433 (805) 473-7060

#### **SAN LUIS OBISPO**

## **Adult Drug & Alcohol Services**

2180 Johnson Ave., San Luis Obispo, CA 93401 (805) 781-4275

#### **Adult Mental Health Services**

2178 Johnson Ave., San Luis Obispo, CA 93401 (805) 781-4700

## Youth Drug & Alcohol and Mental Health Services

2975 McMillan, Suite 160, San Luis Obispo, CA 93401 (805) 781-4179

## Martha's Place Children's Center Mental Health Services (Children 0-5)

2925 McMillan, Suite 108, San Luis Obispo, CA 93401 (805) 781-4948

#### **Prevention & Outreach Services**

277 South St., Suite T, San Luis Obispo, CA 93401 (805) 781-4754

#### **Justice Services**

2180 Johnson Ave., San Luis Obispo, CA 93401 (805) 781-4850

#### **NORTH COUNTY**

#### ATASCADERO HEALTH CAMPUS

5575 Hospital Dr., Atascadero, CA 93422

Adult Mental Health Services (805) 461-6060 Youth Mental Health Services (805) 461-6113 **Adult Drug and Alcohol Services** (805) 461-6080

#### **PASO ROBLES HEALTH CAMPUS**

805 4th St., Paso Robles, CA 93446

Adult Mental Health Services (805) 237-3090

Youth Drug & Alcohol and Mental Health Services (805) 237-3070

Adult Drug and Alcohol Services (805) 226-3200

# **CRISIS RESOURCES**

If you are experiencing a medical emergency, please call 911.





## **MOBILE CRISIS RESPONSE TEAM (MCRT)**

These crisis services are performed in any community or private setting across SLO County, 24/7, 365 days a year.



To request Mobile Crisis, community members can call the Central Coast Hotline at 1 (800)-783-0607.

The Mobile Crisis Response Team provides crisis services to individuals in the community who are experiencing acute distress and require a rapid response and urgent care. Services are available to youth and adults. Psychiatric response is operated by Sierra Mental Wellness Group.

## **PSYCHIATRIC HEALTH FACILITY (PHF)**

2178 Johnson Ave., San Luis Obispo, CA 93401 Call 1 (800)- 838-1381 for services.



The locked facility provides observation and treatment for those in psychiatric crisis with acute behavioral health symptoms. Ages 18 and older only. The PHF is operated by Crestwood Behavioral Health.

## **SOBERING CENTER SAN LUIS OBISPO**

2180 Johnson Ave., San Luis Obispo, CA 93401 Call 1 (820) 280-0415 for bed availability.

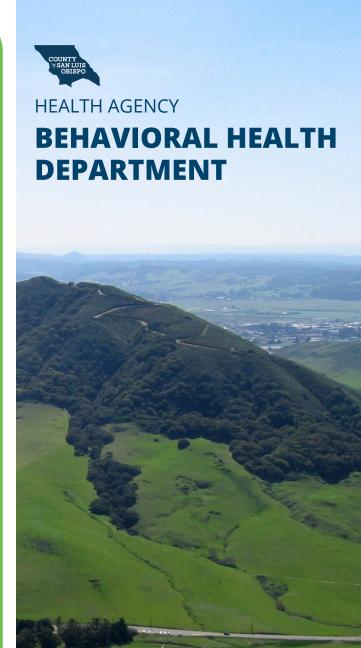


CenCal HEALTH®

The Sobering Center is a harm reduction facility that provides short-term sobering and transition services and certified withdrawal management services.

Medication Addiction Treatment (MAT) services are available as needed. Non-medical drop offs are accepted. Ages 18 and older only. The Sobering Center is operated by Good Samaritan.



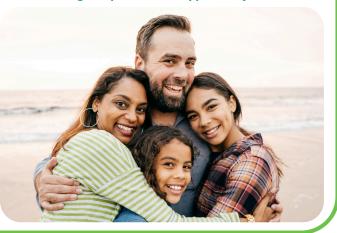




www.slobehavioralhealth.org 1-(800) 838-1381

Se habla español. Tiene a su disposición servicios gratuitos de asistencia linguística. The Behavioral Health Department's mission is to provide compassionate behavioral health services that empower individuals to embrace their unique journeys towards wellness and promote a community that fosters healing and recovery.

On the road to wellness, every path leads towards unwavering compassion and opportunity to thrive.



**Step 1:** Call us at 1-(800) 838-1381. During the phone conversation, we will ask you whether your needs are urgent and what type of help you are looking for.

**Step 2:** Once we identify what type of help you would like, we will schedule an appointment to go into more detail and complete your assessment so we may understand your specific needs.

**Step 3:** At your follow-up appointment once your assessment is complete, we will connect you and/or your family member to services and treatment that you and your counselor agree will help you most.

SLO Behavioral Health is licensed by the State Department of Health Care Services. No clients are denied access to services due to inability to pay. Discounted fees and schedules are available based on family size and income. The Health Agency complies with Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, or any other protected class.

# **OUR SERVICES:**

**Individual and group therapy** to help you find ways to cope and grow through your wellness journey.

**Medication management services** with a psychiatrist to discuss the best medication options for treating and managing your illness.

**Case management** to connect you to local agencies to get the other services you need to achieve the highest quality of life.

**Drug testing, treatment, and withdrawal management** for opiate, alcohol, cannabis, and methamphetamine use.

**FREE Naloxone** and test-strips at Behavioral Health Clinic sites, community distribution NaloxBox sites and by mail to your home by order at:

WWW.NALOXONENOWSLO.ORG



#### **MENTAL HEALTH SERVICES:**

- Adult and Youth Outpatient and Inpatient Mental Health Services
- Martha's Place Children Ages 0-5 Mental Health Services
- Veterans and Military Counseling
- Co-Occurring Treatment for Both Mental Health and Substance Use Disorders
- Suicide Prevention Training
- Community-Focused Mental Health Trainings, Education, and Outreach

#### SUBSTANCE USE TREATMENT SERVICES:

- Intensive and Outpatient Treatment
- Recovery Residences
- Residential Treatment
- Perinatal Outpatient Extended Group (POEG) Women and Children Treatment (Pregnant-Age 6)
- Friday Night Live (FNL) Educational School Clubs
- Student Support Counseling at Schools
- Overdose Prevention Training
- Community-Focused Substance Use & Opioid Safety Trainings, Education, and Outreach

## **JUSTICE SERVICES:**

- Court-Directed Mental Health, Substance Use, and Co-Occurring Treatment Programs
  - Diversion Court Programs: Assisted Outpatient Treatment Mental Health, Mental Health
    Diversion Court, Co-Occurring Treatment Court, and Adult Drug Court
- Behavioral Health Bridge Housing
- Community Assistance, Recovery and Empowerment (CARE Court)
- Veterans Treatment Court