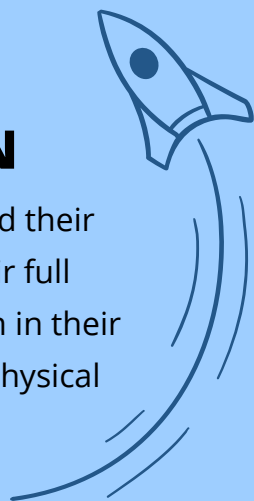




## OUR MISSION

We support children and their families in reaching their full potential and help them in their emotional, social, and physical development.



## HOW TO REFER

Call us at 1-800-838-1381



Referral forms can be found online at:  
[slocounty.ca.gov/MarthasPlace](https://slocounty.ca.gov/MarthasPlace)

Referrals are accepted from  
parents/guardians, schools/daycare  
providers, pediatricians, social workers,  
or other providers.

2925 McMillan Ave  
San Luis Obispo, CA 93401  
805-781-4948

1-800-838-1381  
[slobehavioralhealth.org](https://slobehavioralhealth.org)

Updated July 2025



COUNTY  
OF SAN LUIS  
OBISPO

Health Agency

# MARTHA'S PLACE

Assessment and treatment  
center for children birth to five



# WHO WE SERVE

Children birth-5 years old residing in SLO County with MediCal/CenCal eligibility who may:



have behaviors that are interfering with their social and emotional development



be experiencing moderate or severe mental health symptoms such as:

- Severe emotional outbursts
- Irritability and aggression
- Separation anxiety
- Difficulty with sleep
- Impulsivity and hyperactivity



have been prenatally exposed to alcohol or other substances.

For children displaying only severe speech delays or signs of autism, please call us to discuss appropriate referrals.



# SERVICES WE PROVIDE

## Screening

- Behavioral
- Developmental
- Sensory

## Assessment

- Mental Health Evaluation
- Specialized Pediatric Medical Evaluation

## Referral

- Case Management and Coordination of Services
- Connection to other community service providers

## Treatment

- Trauma-Informed Individual Play Therapy
- Attachment-Focused Family Therapy
- Occupational Therapy
- Caregiver Education and Support



# WHAT TO EXPECT



## Before You Arrive

Specialized pediatric exam scheduled for all children 9 months and younger with prenatal substance exposure. All other children referred up to the age of 6 will be scheduled for a mental health evaluation and referred for a specialized pediatric exam as indicated. Complete the mailed forms and online questionnaires prior to appointment to help inform assessments. Support is available by phone in English and Spanish to assist with completing forms. Limited childcare for siblings may be available.

## When You Arrive

Specialized pediatric exams are scheduled for 1 hour while mental health evaluations last approx. 2 hours. All significant caregivers are encouraged to attend intake appointment. Authorizations signed by a guardian are required for all people in attendance. Bring any previous assessment reports from doctors, school, TCRC, etc.

## After You Leave

You will be contacted within 10 business days regarding determination for specialty mental health services (smhs). If found eligible for SMHS, treatment may be provided at Martha's Place, the behavioral health clinic closest to your home or by a provider in the community. On request, a summary report of the assessment will be provided. You may be provided with additional recommendations or referrals.