

WELCOME!

MHSA Advisory Committee (MAC)

Monday, March 28, 2016

Veterans Hall, San Luis Obispo

4:00pm – 5:30pm

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE



- 1) **Welcome, Introductions, and Goals for meeting**
 - Frank Warren, SLOBHD (Division Manager and County MHSA Coordinator)
 - a) **Stakeholder Process Review**
- 2) **CSS (and other components) Work Plan Review & Updates**
 - INN Updates – Juan Munoz-Morris
- 3) **Fiscal Update**
 - Raven Lopez, SLOBHD (Accountant III)
- 4) **Homeless Outreach/Full Service Partnership**
 - Updates and Proposal
 - Joe Madsen, TMHA (Division Director)
- 5) **Assisted Outpatient Treatment (Laura's Law)**
 - Follow-Up Discussion
 - Anne Robin, SLOBHD (Director)
- 6) **New Business for 2016-17**
 - a) **Co-Occurring Disorder Tx for Youth**
- 7) **Conclusion and Next Meetings**

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The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



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MHSA planning benefits from community stakeholder input

- Consumers, family members, and providers
- Review programs and make recommendations
- Input for improvements outlined in Annual Update
- Plans reviewed (30 days) & public hearing at Behavioral Health Board



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Goals/Objectives

- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHPA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHPA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

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MHSA Advisory Committee

- ▶ MHSA Advisory Committee Introductions
- ▶ Staff Introductions
- ▶ Demographic Survey (if you were not here in February, please complete and hand to Emma De La Rosa before leaving)

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1. Child & Youth Full Service Partnership (SLOBHD & FCN)
2. Transitional Age Youth FSP (SLOBHD & FCN)
3. Adult FSP (TMHA & SLOBHD)
 - Med Mgr changes, New Housing for HOT
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA & SLOBHD)
6. Latino Outreach Program (SLOBHD & Silvia Ortiz, PhD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
 - Collapse CRT and move services to Sierra
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)¹

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1. COLEGA
 2. Late Life Empowerment & Affirmation Project
 3. Transition Assistance & Relapse Prevention
 4. Not for Ourselves Alone: Trauma Informed County
- Status Report - Juan

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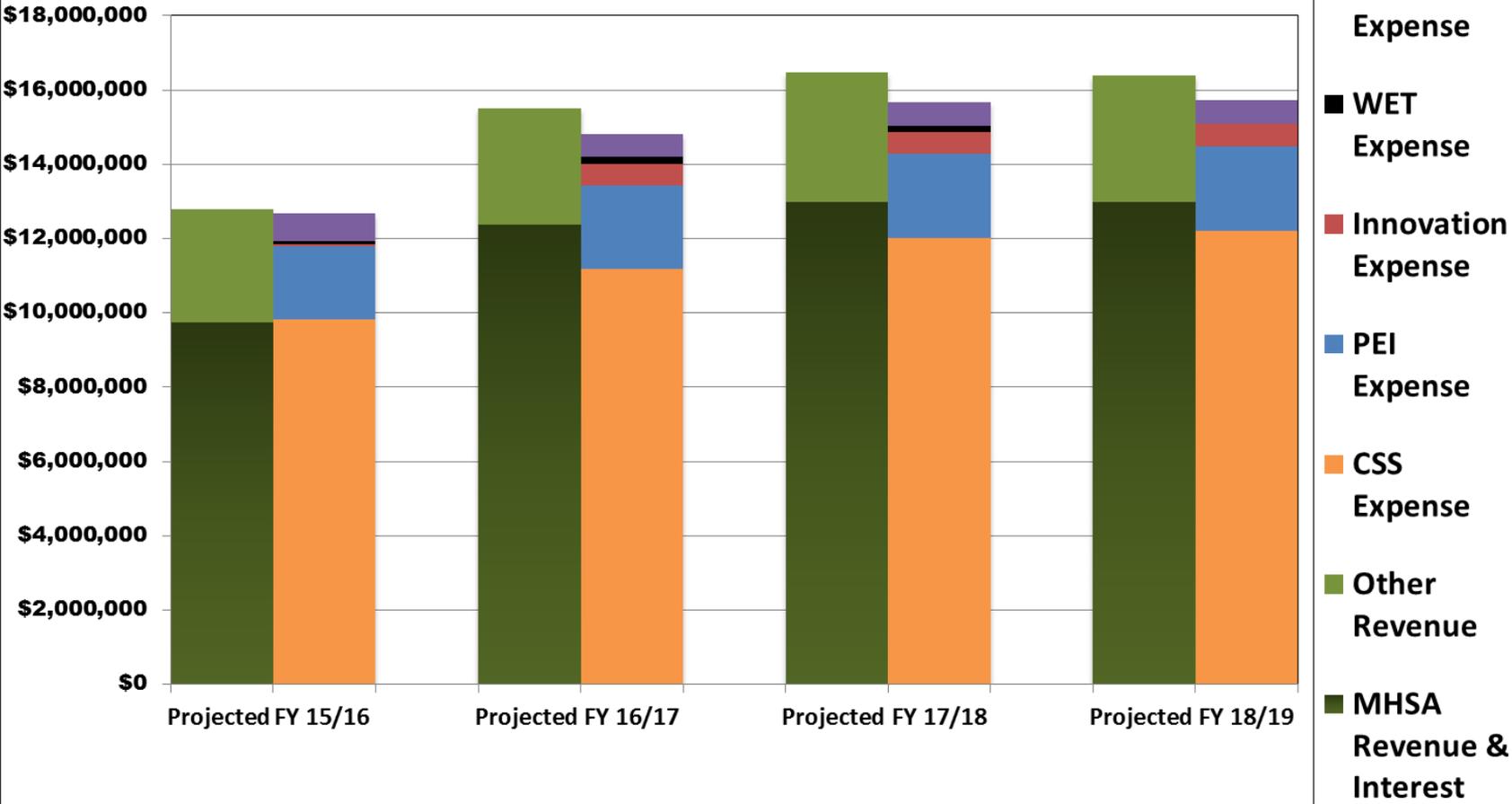
1. Mental Health Awareness and Stigma Reduction (TMHA & SLOBHD)
 2. School-based Wellness (CAPSLO, SLOBHD, & The LINK))
 3. Family Education and Support (Center for Family Strengthening (CFS))
 4. Early Care and Support for Underserved Populations (Cuesta College & Wilshire CS)
 5. Integrated Community Wellness (Community Counseling Center, TMHA & SLOBHD)
- Planning group looking at small expansions in FY16-17
 - Potential of \$150k in new expenses

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MHSA Revenue and Expenses FY 15/16 – Projected FY 18/19



- FY 2016-17 Status Quo budget is \$13.9M (MHSA \$11M/Other Revenue \$2.9M)
 - CSS – \$10.4M
 - PEI – \$2.2M
 - INN – \$475K
 - WET – \$185K
 - CFTN (Electronic Health Record Support) - \$620K
 - Budget Augmentation Requests (to add to Status Quo): CSU and Innovation will increase budget by \$600K (\$14.5M total Budget)
- Prudent Reserve Balance: \$2,813,066
- Current year MHSA allocation for the county increased from .681393% to .686873%

- MHSA Revenue forecast is positive for the next few years; however, the proposed No Place Like Home initiative could potentially reduce future year's available revenue by 7%
- Potential revenue available for new or expanded programs beginning in FY 16/17:
 - CSS: Potential to add \$300K in expenses (less AOT cost)
 - PEI: Potential to add \$150K in expenses

Request to Expand Homeless Outreach FSP Services in 2016-2017

Joe Madsen

Division Director

Transitions-Mental Health Association



Current Program Overview

Transitions-Mental Health Association (TMHA) currently manages the Homeless Outreach Full Service Partnership Program, which is currently contracted to provide the following deliverables annually:

- Outreach and engagements – 150
- Referrals for mental health screenings – 50
- Clients screened and enrolled into full mental health services – 30
- Clients screened by team's nurse – 50

The Team is made up of County and TMHA staff:

County

1.0 FTE Therapist

1.0 FTE Medication Manager

TMHA

1.0 FTE Case Manager

1.5 FTE Outreach Workers

.50 FTE Program Mentor

.50 FTE Registered Nurse

The TMHA Case Manager acts in the lead-staff position for program direction.



Outcomes

From October of 2012 to March of 2016 (3.5 years) the Homeless Outreach Full Service Partnership has:

- Outreached to more than 550 homeless people
- Screened 157 people for mental health services
- Enrolled 68 people into Full Service level support
- Secured housing for a total of 112 people



Need for Expansion

- In the most recent (January 2015) point in time count for SLO County, 1,515 homeless people were identified and counted; with 388 of the total population meeting the HUD definition of chronically homeless.
- There are less than 150 emergency shelter beds in the County of San Luis Obispo on any given night. That means more than 90% of the homeless in this County are un-sheltered every night!
- 39% of these people self identified as having a mental health concern (591 of 1,515); yet only 10% indicated that they were currently receiving services to address those concerns.
- 59% of those meeting the HUD definition of chronically homeless identified as having mental health concerns. (229 of 388)
- 11% of those surveyed indicated that mental health issues were the primary reason for their becoming homeless.
- Housing program development was identified as the most necessary support service to develop in order to get people out of homelessness.



2015 SLO County Point-In-Time Homeless Census and Survey Information

Request for Expansion

TMHA is requesting MHSA monies to expand the Homeless Outreach FSP Team in the following areas:

Increase Outreach Worker staff by .50 FTE (requested amount - \$38,200.00)

- Increasing Outreach Worker capacity from 150 annual contacts to 200 total contacts.

Provide funding to develop Homeless Outreach FSP Housing (requested amount - \$31,500.00)

- Funds would be used to operate a 4 bed housing program in San Luis Obispo city for clients on the team; providing more permanent supportive housing for our clients.



Assisted Outpatient Treatment (AOT)

- Civil court-ordered mental health treatment for certain individuals who have a serious mental disorder
- Intended to serve individuals while living in the community
- Present in 40+ states
 - Degree of implementation varies

AOT Process Summary

Request for
Petition

Investigation
Evaluation

Petition
Filing

Superior
Court
Hearing

Treatment

Proposed Budget

County Staff

- 1.0 FTE Administrative Services Officer I
- .50 FTE Mental Health Therapist IV

TMHA Staff

- .50 FTE Licensed Clinician (co-occurring)
- 1.0 FTE Peer Support Specialist
- .50 FTE Program Mentor
- .20 FTE Program Manager
- .10 FTE Quality Assurance

Proposed Budget

Program Costs	Year 1 Costs (9 months)	Year 2 Costs
Salaries & Benefits	\$ 105,223	\$ 210,196
Services & Supplies (excl Prof Services)	13,325	44,280
Professional Services (contractor services)	183,915	227,684
Start Up - Computer Equipment	4,440	-
Housing - Independent Living w/Supports	16,845	22,460
Housing - Intensive Residential	45,000	60,000
Housing - Board & Care	24,375	32,500
County Counsel Costs	54,640	60,710
Total Gross Program	\$ 447,762	\$ 657,830
Revenue: Medi-Cal - Treatment services	(81,738)	(126,634)
Revenue: Medi-Cal - Admin/QA	(31,516)	(44,164)
Revenue: Medi-Cal - Intensive Residential	(21,803)	(29,070)
Other Revenue: Client Rents & Grants	(12,150)	(16,200)
Total Net Program	\$ 300,556	\$ 441,762

Discussion

- Should the County's MHSA CSS Plan include an expansion of Adult FSP to serve AOT clients?
- MHSA Cost: Up to \$450K Annually
- Consensus?

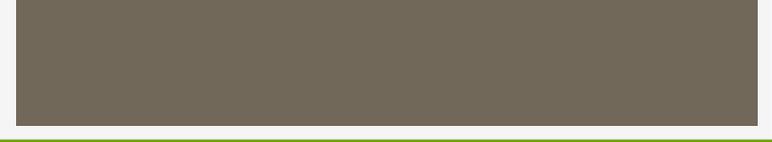
- Co-Occurring Disorder Treatment for Youth
 - *Presentation and proposal at April, 2016 MAC*
 - Current CSS Plan includes a COD-specific Mental Health Therapist and Drug & Alcohol Specialist for adult services
 - *“Many families do not have the resources/willingness needed to consistently get their teen to multiple different treatment providers”*
 - Current adult program consumers benefit from having services in one location
 - Estimated that 1/3 of youth SUD clients would meet criteria for COD services
 - *Caseload of approximately 12*
 - *Seeking .50 FTE*

- ***Monday, April 25, 2016***
 - ***4:00pm – 5:30pm***
 - ***SLO County Veterans Hall***

***Prevention & Early Intervention
Stakeholders Meeting***

May 9, 2016 4:00 – 5:30pm

P&O, 277 South St., Suite T, SLO



Thank You

Frank Warren

***Prevention & Outreach Division Manager
SLO County Behavioral Health Dept.***

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