

MHSA Advisory Committee (MAC)

Thursday, September 21, 2017

Veterans Hall, San Luis Obispo

4:00pm – 5:30pm



**SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT**



WELLNESS • RECOVERY • RESILIENCE

Welcome, Introductions, and Goals for meeting

- Frank Warren, SLOBHD (Division Manager and County MHSA Coordinator)

1) CSS Work Plan Review & Updates

- MHET Statistics Project – Jenna Teagarden, Cal Poly

2) PEI Work Plan Review & Updates

- Nestor Veloz-Passalaqua, SLOBHD (ASO II)

3) INN Work Plan Review & Updates

- New round: Planning 17-18

4) Fiscal Update

- Briana Hansen, SLOBHD (Accountant III)

5) Old Business

- Support for Community Action Team
- LGBTQ Needs Assessment
- CSU: RFP for Services

6) New Business for 2017-18

- WET expenses for 18-19 planning discussion
- Future Support for 40 Prado

7) Next Meetings:

- Annual Update Public Hearing, November 15, 3pm, Health Campus

8) Conclusion

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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MHSA Advisory Committee

- ▶ MHSA Advisory Committee Introductions
- ▶ Staff Introductions



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.



Community Services and Supports (CSS)

1. Child & Youth Full Service Partnership(SLOBHD & FCN)
2. Transitional Age Youth FSP (SLOBHD & FCN)
3. Adult FSP (TMHA & SLOBHD)
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)
6. Latino Outreach Program (SLOBHD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
 1. MHET Statistics Report – Jenna Teagarden
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)



MHET Data Analysis

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Gender and City of Evaluation

Client Gender		
Client_Gender	Frequency	Percent
F	383	53.05
M	338	46.81
transgender	1	0.14
Frequency Missing = 1124		

15-16

Gender		
Gender	Frequency	Percent
F	811	54.69
M	672	45.31
Frequency Missing = 172		

16-17

City of Evaluation		
City_of_Evaluation	Frequency	Percent
SAN LUIS OBISPO	758	49.25
ARROYO GRANDE	292	18.97
TEMPLETON	281	18.26
PASO ROBLES	58	3.77
ATASCADERO	49	3.18
MORRO BAY	23	1.49
NIPOMO	23	1.49
GROVER BEACH	20	1.30
LOS OSOS	14	0.91
PISMO BEACH	7	0.45
SANTA MARGARITA	7	0.45
OCEANO	3	0.19
SAN MIGUEL	2	0.13
CAMBRIA	1	0.06
CAYUCOS	1	0.06
Frequency Missing = 116		

16-17

City of Evaluation		
City_of_Evaluation	Frequency	Percent
SAN LUIS OBISPO	300	46.37
TEMPLETON	119	18.39
ARROYO GRANDE	109	16.85
ATASCADERO	38	5.87
PASO ROBLES	26	4.02
NIPOMO	14	2.16
PISMO BEACH	12	1.85
CAMBRIA	6	0.93
LOS OSOS	6	0.93
SANTA MARGARITA	5	0.77
GROVER BEACH	4	0.62
MORRO BAY	4	0.62
OCEANO	3	0.46
SHANDON	1	0.15
Frequency Missing = 1198		

15-16

Insurance and Ethnicity

Client Insurance Type		
Client_Insurance_Type	Frequency	Percent
MEDICAL	284	30.57
UNKNOWN	227	24.43
PRIVATE	207	22.28
MEDICARE	102	10.98
UNINSURED	60	6.46
MEDICAID	49	5.27
Frequency Missing = 916		

15-16

Client Insurance Type		
Client_Insurance_Type	Frequency	Percent
MEDICAL	719	46.54
PRIVATE	318	20.58
UNKNOWN	303	19.61
MEDICARE	115	7.44
MEDIMEDI	49	3.17
UNINSURED	33	2.14
MEDICAID	8	0.52
Frequency Missing = 110		

16-17

Client Ethnicity		
Client_Ethnicity	Frequency	Percent
White	1456	90.83
Mexican/American	122	7.61
Black	17	1.06
Other Asian	4	0.25
Korean	1	0.06
Mixed Race	1	0.06
Other	1	0.06
Other Hispanic	1	0.06
Frequency Missing = 52		

15 -16

Client Ethnicity		
Client_Ethnicity	Frequency	Percent
White	674	93.48
Mexican	39	5.41
Black	4	0.55
Asian	3	0.42
Other	1	0.14
Frequency Missing = 1124		

16 - 17

Speed of Arrival

City_of_Evaluation(City of Evaluation)	Time_till_arrival			Total
	< 30	30-45	>45	
SAN LUIS OBISPO	428 62.39	153 22.30	105 15.31	686
ARROYO GRANDE	112 41.95	95 35.58	60 22.47	267
TEMPLETON	95 38.93	95 38.93	54 22.13	244
PASO ROBLES	22 40.00	25 45.45	8 14.55	55
ATASCADERO	25 53.19	18 38.30	4 8.51	47
MORRO BAY	9 42.86	8 38.10	4 19.05	21
NIPOMO	5 25.00	7 35.00	8 40.00	20
GROVER BEACH	14 73.68	3 15.79	2 10.53	19
LOS OSOS	4 30.77	5 38.46	4 30.77	13
PISMO BEACH	4 57.14	2 28.57	1 14.29	7
SANTA MARGARITA	5 71.43	2 28.57	0 0.00	7
OCEANO	1 33.33	1 33.33	1 33.33	3
CAMBRIA	0 0.00	0 0.00	1 100.00	1
CAYUCOS	0 0.00	1 100.00	0 0.00	1
Total	724	415	252	1391

15-16

City_of_Evaluation(City of Evaluation)	Time_till_arrival			Total
	< 30	30-45	>45	
SAN LUIS OBISPO	185 63.57	75 25.77	31 10.65	291
TEMPLETON	46 41.07	47 41.96	19 16.96	112
ARROYO GRANDE	31 31.00	46 46.00	23 23.00	100
ATASCADERO	19 55.88	13 38.24	2 5.88	34
PASO ROBLES	8 33.33	12 50.00	4 16.67	24
NIPOMO	4 30.77	5 38.46	4 30.77	13
PISMO BEACH	8 72.73	2 18.18	1 9.09	11
CAMBRIA	0 0.00	3 50.00	3 50.00	6
LOS OSOS	2 33.33	4 66.67	0 0.00	6
SANTA MARGARITA	2 40.00	1 20.00	2 40.00	5
MORRO BAY	0 0.00	2 50.00	2 50.00	4
GROVER BEACH	1 33.33	1 33.33	1 33.33	3
OCEANO	1 33.33	1 33.33	1 33.33	3
SHANDON	1 100.00	0 0.00	0 0.00	1
Total	308	212	93	613

Frequency Missing = 2

16-17

_30_or_45(30 or 45)	Time_till_arrival			Total
	< 30	30-45	>45	
30	167 48.41	133 38.55	45 13.04	345
45	4 50.00	1 12.50	3 37.50	8
Total	171	134	48	353

Frequency Missing = 262

15-16

_30_or_45(30 or 45)	Time_till_arrival			Total
	< 30	30-45	>45	
30	719 52.48	408 29.78	243 17.74	1370
45	5 23.81	7 33.33	9 42.86	21
Total	724	415	252	1391

16-17

Most Frequently Found Words in the 15 - 16 Year

word	Frequency
client	990
si	494
hold	272
criteria	249
kill	230
meet	228
with	214
does	204
due	130
wants	127
self	126
but	125
called	117
safety	106
himself	100
stated	97
current	96
denies	95
reported	90
plan	87
herself	86
denied	85
er	83
wanted	78
took	69
homeless	68

this	66
time	65
eval	64
depressed	56
about	55
care	55
phone	55
reports	53
upset	52
issues	49
police	49
he	48
meds	48
stressors	48
went	48
only	47
unable	47
Client	44
SI	44
mhet	43
med	42
states	42
feeling	41
able	39
after	38
hi	37
phf	37

mental	36
recent	36
report	36
school	36
she	36
the	36
a	35
clearance	35
others	35
wanting	34
cleared	33
overdose	33
die	32
drinking	32
family	32
stating	31
continues	29
endorse	29
having	29
home	29
go	28
illness	28
medical	28
problems	28
that	28
depression	27
currently	26
placed	26
gd	25

jail	25
mother	25
pills	25
suicidal	25
taken	25
tarasoff	25
argument	24
harm	24
hospital	24
pd	24
suicide	24
made	23
recently	23
welfare	23
check	22
found	22
friend	22
then	22
agreed	21
anxiety	21
him	21
od	21
possible	21
sent	21
attempt	20
being	20

Most Frequently Found Words in the 16 - 17

Year

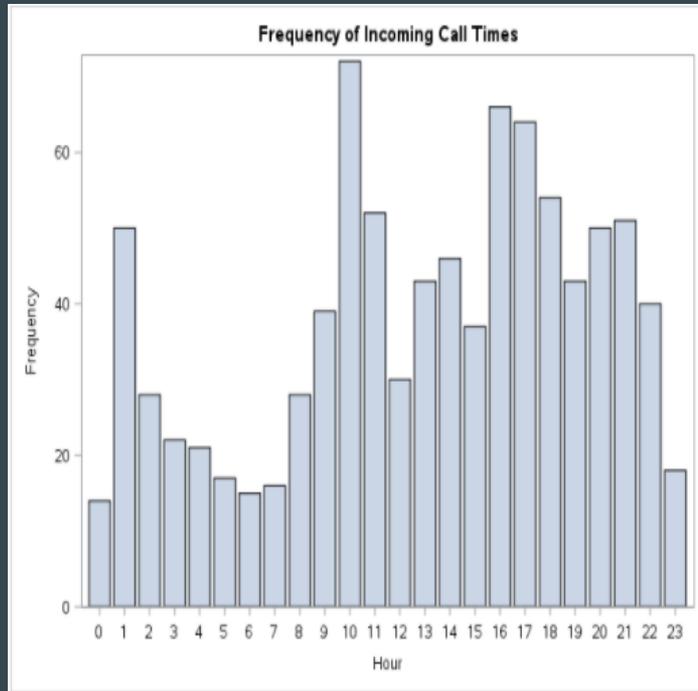
word	Frequency
si	753
client	537
self	517
meet	485
kill	444
doesn't	416
hold	412
criteria	404
wants	390
denies	296
current	213
denied	212
er	204
with	200
due	173
reports	168
care	159
took	135
safety	134
plan	131
able	117
unable	109
remain	103
mi	102
police	98
called	96

himself	82
reported	75
meds	72
report	72
eval	70
herself	69
overdose	69
phf	60
about	59
issues	58
went	55
pills	52
homeless	51
upset	50
hi	49
access	47
stressors	47
pos	46
critiera	44
taken	44
depressed	43
med	43
transported	40
drinking	39
medical	39
meth	39

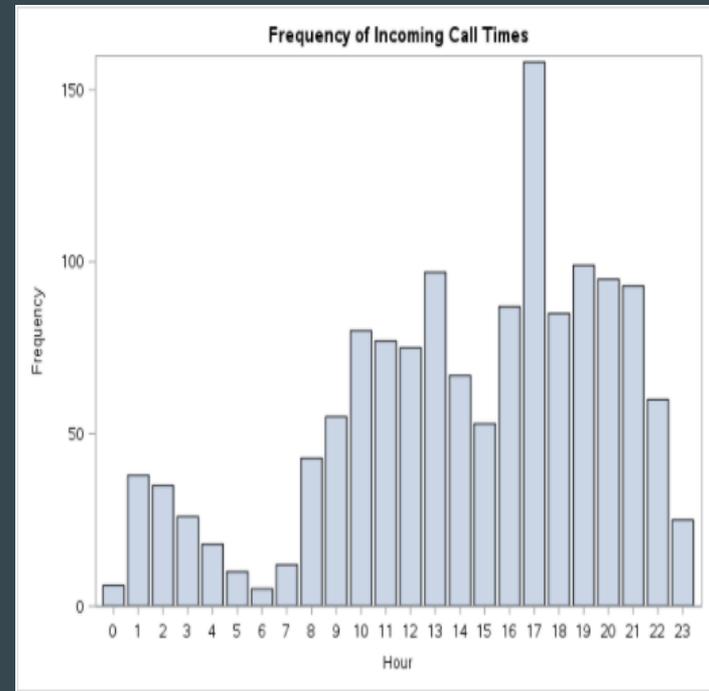
fight	38
mhet	38
needed	38
needs	38
clearance	37
found	37
wanted	36
contract	35
does	35
others	35
cut	34
phone	34
home	33
kil	33
tarasoff	33
drunk	32
basic	31
criteira	31
pain	31
fsp	30
continues	29
die	29
mother	29
cps	28
meets	28
recent	28

stated	28
then	28
jail	27
cannibas	26
evaluation	26
school	26
family	25
possible	25
re	25
acting	24
anxiety	24
attempt	24
mom	23
suicide	23
doenst	22
ilano	22
planned	22
resources	22
tri	22
ambulance	21
arrested	21
drug	21
go	21
issue	21
od	21
will	21

Time of Day

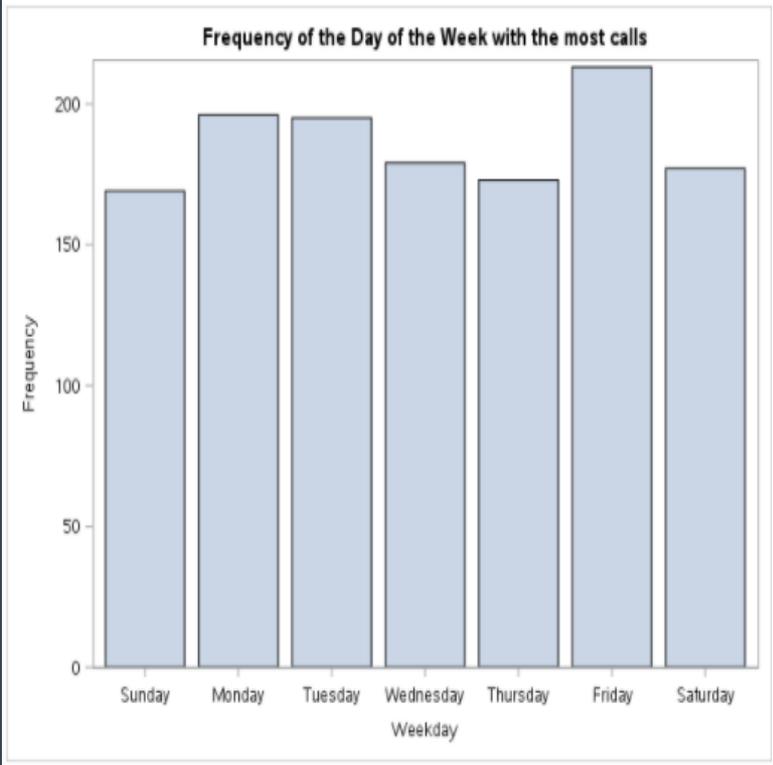


Year 15-16

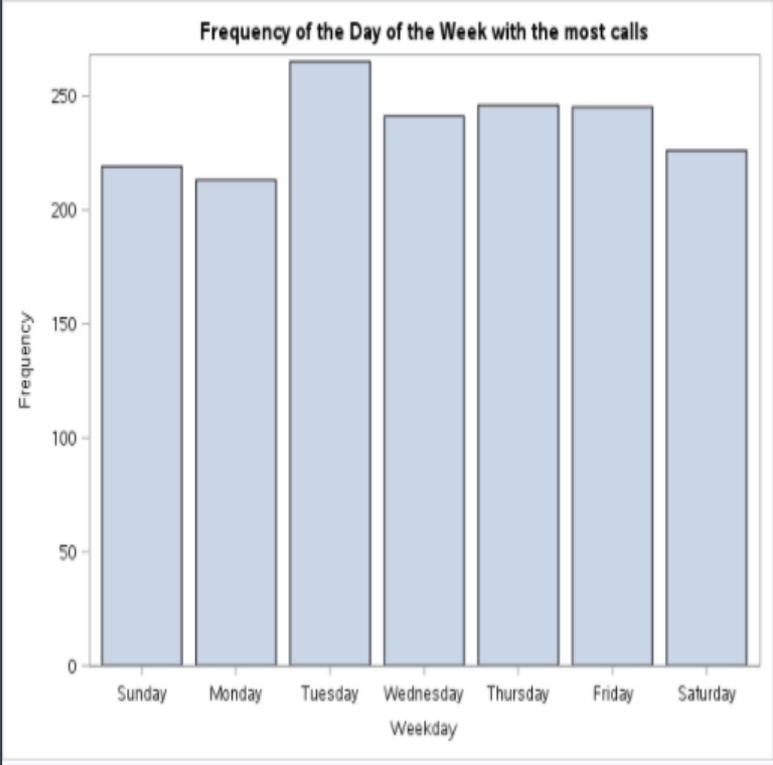


Year 16-17

Day of the Week

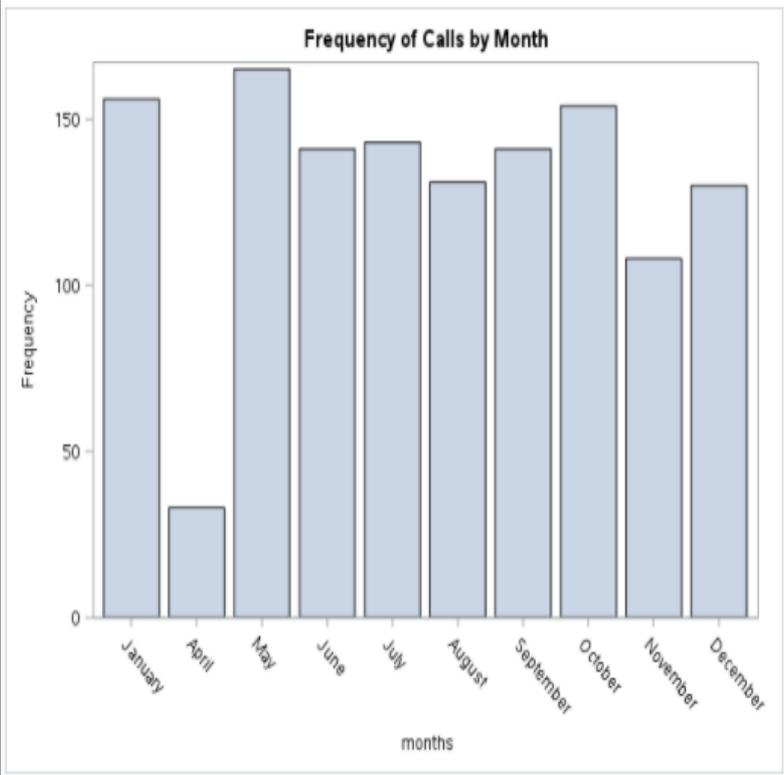


Year 15-16

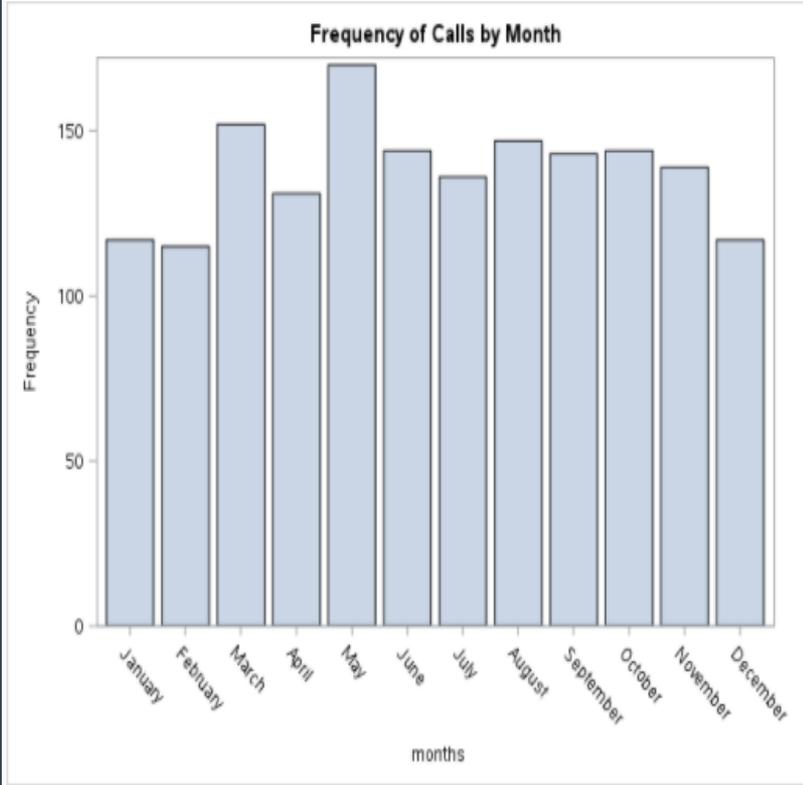


Year 16-17

Frequency of Months



Year 15-16



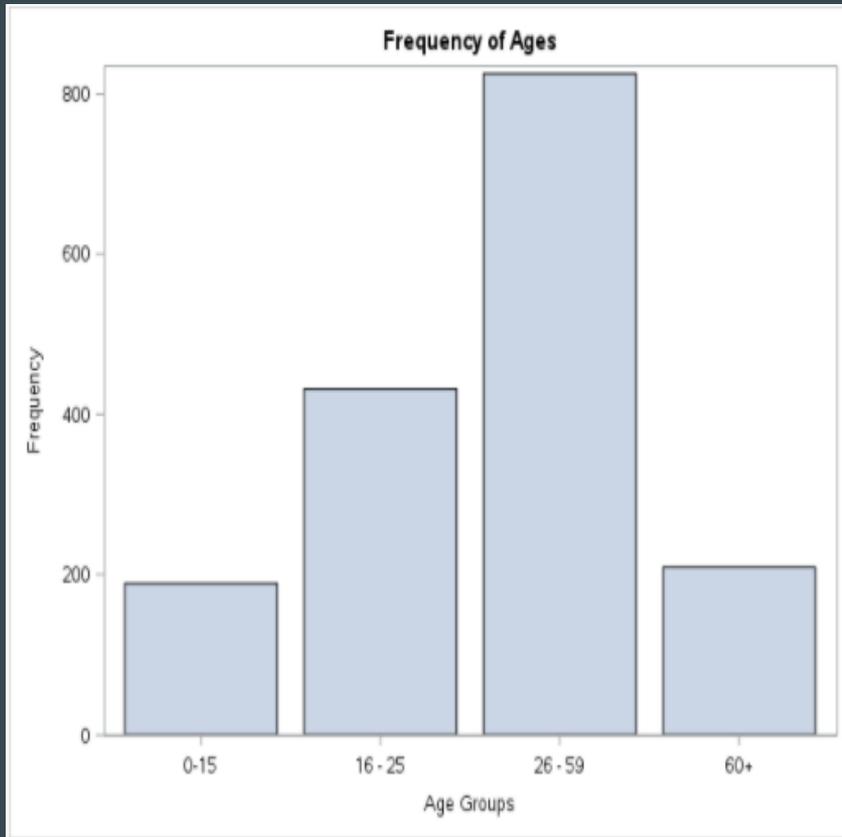
Year 16-17

Day of the Year

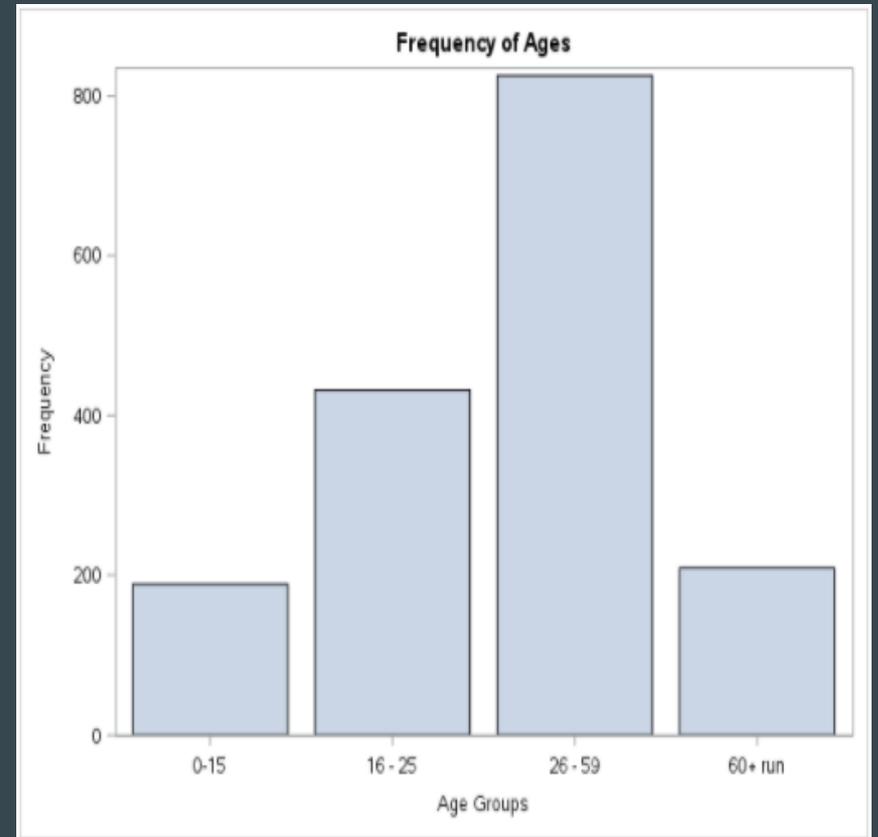
The days of the year where responders received the most calls in the 2015-2016 fiscal year were May 17th (15 calls), September 18th (13 calls), and June 24th (11 calls).

The most common days of the year for which responders received calls in the 2016-2017 fiscal year were June 7th (13 calls), August 3rd (13 calls), March 26th (12 calls), May 5th (12 calls), September 28th (12 calls) and December 17th (12 calls).

Ages



Year 15 -16



Year 16 - 17

Suggestions

- Use drop down menus for the majority of the variables
- Keep note section consistent (consistent abbreviations, capitalization, decrease spelling mistakes, etc.)
- Create a variable that can measure the client's baseline health so we can see if their health improved after the call (can then be measured again in the follow up call)

Prevention & Early Intervention (PEI)

1. Mental Health Awareness and Stigma Reduction (TMHA & SLOBHD)
 1. Approval of Suicide Prevention Coordinator (approx. \$102k)
 2. School-based Wellness (CAPSLO, SLOBHD, & The LINK))
 3. Family Education and Support (Center for Family Strengthening (CFS), CAPSLO)
 4. Early Care and Support for Underserved Populations (Cuesta College, Public Health & Wilshire CS)
 5. Integrated Community Wellness (Community Counseling Center, TMHA & SLOBHD)
- Stakeholders approved increase of \$35k for CalMHSA statewide PEI projects
 - We will seek MAC approval (in lieu of PEI stakeholder mtg) for a LGBTQ Needs Assessment
 - One-time cost of \$25-30k (based on Cal Poly indirect rate)
 - Will not affect future spending of \$33k for new programming



1. COLEGA
2. Late Life Empowerment & Affirmation Project
3. Transition Assistance & Relapse Prevention
4. Not for Ourselves Alone: Trauma Informed County



Road to Innovation

NEW ROUND, NEW IDEAS

SEPT 21st, 2017

STEP
01

- INNOVATION PLANNING LAUNCH
- IDEA STATION IS OPEN TO PUBLIC
- GROUP FACILITATION, ENGAGEMENT, TECHNICAL ASSISTANCE & CONSULTATION TO STAKEHOLDERS



STEP
02

NOV 1st, 2017
INNOVATION IDEA
SUBMISSION
DEADLINE



- INNOVATION TEAM VERIFIES SUBMITTALS, INNOVATORS CLARIFY AND REFINE PROJECTS.

DECEMBER 2017

STEP
03

- COMMUNITY PRIORITIZES IDEAS
- FINE TUNING OF PROPOSED PROJECTS



STEP
04

JAN 2018 - FEB 2018

- INNOVATION PROJECTS POSTED FOR COMMUNITY FEEDBACK AND BEHAVIORAL HEALTH BOARD APPROVAL.



STEP
05

MARCH 18 - MAY 18

- BOARD OF SUPERVISORS AND OAC APPROVAL
- BEGIN RFP PROCESS



**NEW INNOVATION PROJECT BEGINS
JULY 1st, 2018**

iNNOVATION

INNOVATION STARTS HERE!

INNOVATION ROUND 2017-2018
DO YOU HAVE A BRAND-NEW, CREATIVE IDEA FOR
MENTAL HEALTH PRACTICE THAT HAS NEVER BEEN
DONE BEFORE?

IF YOU ANSWERED "YES" TO THE QUESTION
ABOVE, THE COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT WANTS
TO HEAR FROM YOU!
CLICK ON THE LINK BELOW AND SUBMIT
YOUR IDEAS!

<https://www.research.net/r/WBRL8B6>

Nestor Veloz-Passalacqua, M.P.P.
nvelozpassalacqua@co.slo.ca.us
805.781.4064
County of San Luis Obispo
Behavioral Health Department



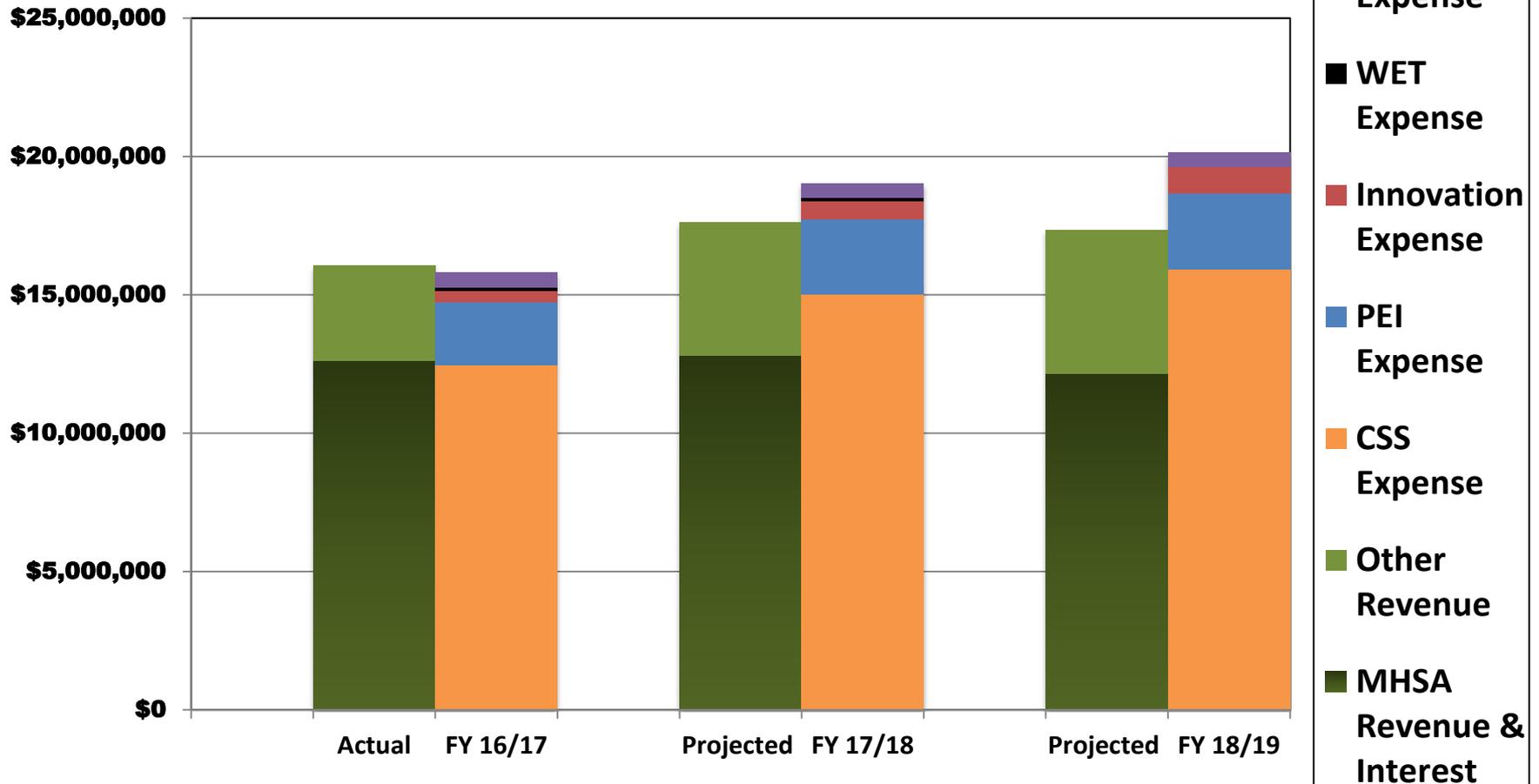
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MHSA Fiscal Update

MHSA Revenue and Expense Projections FY 16/17 – FY 18/19



MHSA Quick Fiscal Update

- CSS
 - Total addition \$500K
 - Less (115K) for CAT member
 - Remaining \$385K
 - Less (120K) for WET transfer or movement of programs to CSS (with MAC approval)
 - Remaining \$265

 - PEI
 - Total addition \$170K
 - Less (35K) for CalMHSA increase
 - Less (102K) for Suicide Prevention Coordinator
 - Remaining \$33K
 - Less (25K) LGBTQ Needs Assessment (with MAC approval)
 - Remaining \$8K in 17-18 (\$33k beginning 18-19)
-

MHSA Quick Fiscal Update

- Innovation Update:
 - Next round of planning to be begin in FY 17/18
 - Can add up to \$300K in FY 18/19
 - Can potentially add up to \$200K in FY 19/20
- Workforce, Education & Training Update:
 - Estimating by FY 18/19 there will be \$0 remaining from the initial allocation
 - Options:
 - Transfer WET programs into CSS
 - Transfer CSS funds to WET

Old Business

- Support for Community Action Team
 - RFP in October
 - \$115 approved in August
- LGBTQ Needs Assessment
 - Proposal adjusted to \$20k
 - Negotiating indirect rate with Cal Poly
 - **Recommending approval of one-time funds: \$25-30k**
- CSU: RFP for Services
 - Proposals due October 16

New Business

Workforce Education & Training expenses for 18-19 planning discussion

- WET Programs FY 17/18 (MHSA \$120K/Other revenue \$35K)
 - Peer Advisory and Advocacy Team (PAAT) \$25K
 - E-Learning \$18K
 - Crisis Intervention Training \$7K
 - Cultural Competence \$13K
 - Co-occurring Training \$3K
 - Internship Program \$88K
 - Admin \$1K

**○ Recommending approval of adopting WET programs and \$120k
budget into CSS in 2018-2019**

New Business

Future Discussions:

- **Support for 40 Prado**

- **Announcements:**

- **A retirement in December**

Upcoming Meetings

- ***Annual Update Public Hearing***
- ***Wednesday, November 15, 2017***
 - ***3:00pm – 5:00pm***
 - ***Health Campus Library, Johnson Ave***

INNovation Stakeholders Meeting

November 30, 2017

3:00 – 4:00pm

Prevention & Outreach, South St.

Thank You

Frank Warren

MHSA Coordinator

Prevention & Outreach Division Manager

SLO County Behavioral Health Dept.

fwarren@co.slo.ca.us

(805)788-2055
