



**MHSA Advisory Committee (MAC)
Tuesday, February 26, 2019
Veterans Hall, San Luis Obispo
4:00pm – 5:30pm**

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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- **Welcome, Introductions, and Goals for meeting**
- **CSS Work Plan**
 - Kristin Ventresca, SLOBHD (CSS Coordinator)
- **PEI Work Plan**
 - Nestor Veloz-Passalacqua, SLOBHD (PEI & INN Coordinator)
- **INN Work Plan Review & Updates**
 - New round: Planning for 19-20
- **Fiscal Update**
- **Expansion of HOT Presentation**
 - Transitions Mental Health Association
- **DHCS Program Review**
 - Feedback from Program Review 1/29/19-1/31/19
- **Old Business**
- **New Business for 2018-19; 2019-2020**
- **Next Meetings**
 - 4/30/19 & 6/25/19
- **Conclusion**



The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



MHSA Advisory Committee

- **MHSA Advisory Committee Introductions**
- **Staff Introductions**



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.



Community Services and Supports (CSS)

- 1. Child & Youth Full Service Partnership** (SLOBHD & FCN)
- 2. Transitional Age Youth FSP** (SLOBHD & FCN)
- 3. Adult FSP** (TMHA & SLOBHD)
- 4. Older Adult FSP** (Wilshire CS & SLOBHD)
- 5. Client & Family Wellness** (TMHA, CAPSLO & SLOBHD)
- 6. Latino Outreach Program** (SLOBHD)
- 7. Enhanced Crisis & Aftercare** (Sierra Wellness & SLOBHD)
- 8. Schools and Family Empowerment** (SLOBHD & CAPSLO)
- 9. Forensic Mental Health Services** (TMHA & SLOBHD)



Homeless Outreach Team Graduation



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Veterans Treatment Court Graduation



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Prevention & Early Intervention (PEI)

- 1. Prevention Program** (SLOBHD/The Link, Center for Family Strengthening (CFS), CAPSLO, Cuesta College)
- 2. Early Intervention Program** (Community Counseling Center, TMHA, SLOBHD)
- 3. Outreach for Increasing Recognition of Early Signs of Mental Illness** (Public Health)
- 4. Access and Linkage to Treatment Program** (Wilshire)
- 5. Stigma and Discrimination Reduction Program** (SLOBHD, TMHA)
- 6. Improve Timely Access to Services for Underserved Populations Program** (SLOBHD)
- 7. Suicide Prevention Program** (SLOBHD)



Prevention and Early Intervention (PEI)

PEI Screening and Referral Tracking Form

This form should be completed for all PEI participants who get referred to County funded mental health/behavioral health or substance use services.

1. Did the client report having any mental/behavioral health symptoms prior to referral/contact with the PEI program?

Yes No Unable to determine

a. If yes, has the client received previous treatment for the mental/behavioral health symptoms?

Yes No Unable to determine

i. If the client has not received previous treatment, what is the duration of any current untreated mental/behavioral health symptoms prior to referral/contact with the PEI program?

Unable to determine

2. Are you concerned the mental/behavioral health symptoms reported indicate a possible severe mental illness (SMI)? (If yes, a referral to a mental/behavioral health program should be considered?)

Per PEI regulations, SMI is a mental illness that is severe in degree and persistent in duration, which may cause behavioral functioning which interferes substantially with the primary activities of daily living, and which may result in an inability to maintain stable adjustment and independent functioning without treatment, support, and rehabilitation for a long or indefinite period of time.

Yes No Unable to determine

MENTAL/BEHAVIORAL HEALTH REFERRAL DATE & PROGRAM	
3. Date of mental/behavioral health referral:	
4. Name of the program/agency referred to:	
5. Kind of treatment to which individual was referred to:	
SUBSTANCE USE REFERRAL DATE & PROGRAM	
6. Date of substance use referral:	
7. Name of the program/agency referred to:	
FIRST DATE OF SERVICE RECEIVED	
8. Date of first mental/behavioral health service received:	
9. Date of first substance use service received:	



Innovation (INN)

- COLEGA (Stand Strong/Women's Shelter)
- Late Life Empowerment & Affirmation Project (Wilshire)
- Transition Assistance & Relapse Prevention (TMHA)
- Not for Ourselves Alone: Trauma Informed County (SLOBHD)
- SLO ACCEPTance (Cal Poly)
- 3-by-3 (First 5 San Luis Obispo)



Innovation (INN)

- **Innovation Round 2019-2023**
- **Estimated budget for all four-years of INNnovation is about \$1.5M**
- **Equals roughly to \$375 per year (for all approved projects)**



Innovation (INN)

Swiss Army Knife

- **Problem Definition:** Transition Aged and at-risk youth lack a comprehensive Transition Plan integrating mental health and wellness, milestone achievements, access to resources. Anxiety & Depression Among this Group is Increasing (National Institute of Mental Health and the National Alliance of Mental Illness)
- **Proposal:** Design and develop a transitional plan provided on a mobile phone for youth to continue to have access to a support system that includes mental health resources, contacts, and commitments created specifically for each youth's needs.
- **Outcomes:**
 1. Learn about what technological methods increase youth access to community resources
 2. Learn what technological methods increase County agencies collaboration around consumers' recovery path and success
 3. Learn what technological methods assist youth in accessing online Mental Health content.
 4. Learn about what specific content or information laid out in the application increases youth to be committed to achieve goals.



Innovation (INN)

San Luis Obispo Threat Assessment Program (SLOTAP)

- **Problem Definition:** San Luis Obispo County lacks a coordinated and collaborative training model and system to assess and intervene as necessary with school-based threats.
- **Proposal:** Develop a coordinated, collaborative training model and system to: assess, intervene, and provide care as a threat becomes apparent or imminent.
- **Outcomes:**
 1. Learn about the best approaches for teaching and training for threat assessment for MHPs, LE, and EI staff
 2. Understand the best components that make up an efficient, coordinated, and collaborative model
 3. Learn better methods to increase prevention, early detection, and engagement
 4. Understand how MHPs should approach and treat individuals or students who have made threats



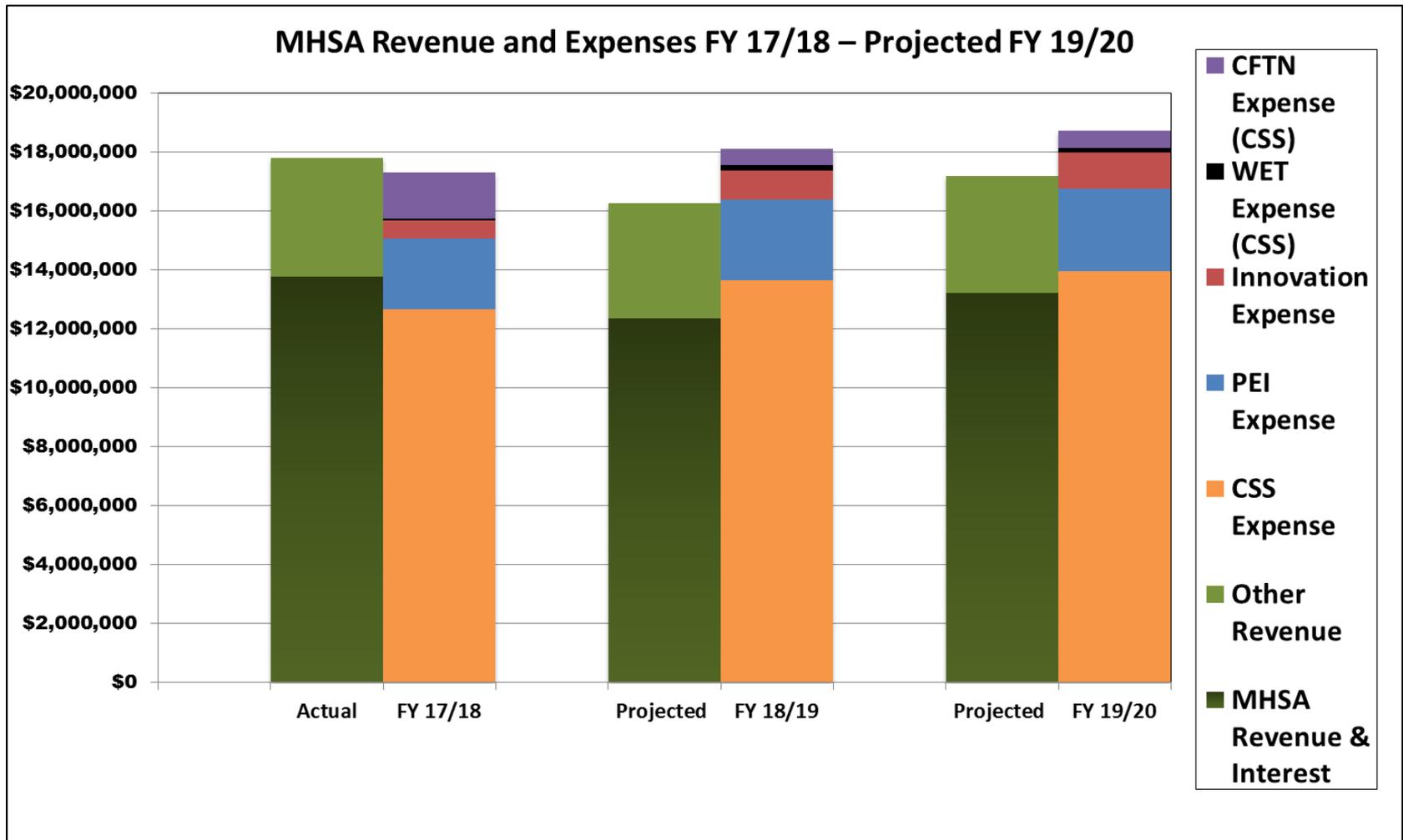
Innovation (INN)

Holistic Adolescent Health

- **Problem Definition:** San Luis Obispo County lacks a comprehensive health education model that gives students the help and support they need to maintain all aspects of their physical and social/emotional health
- **Proposal:** Deliver a new holistic health education model that includes both instruction and coaching based on skill building practices to increase healthy living, maintain positive relationships, cope with stress and anxiety, and more.
- **Outcomes:**
 1. Learn about what specific new models increase teens' ability to cope with stress and anxiety
 2. Learn about what mindfulness practices in conjunction with other health-focused curriculum may increase teens' ability to make healthy decisions
 3. Learn about methods, such as one-on-one coaching, increases the likelihood to practice learned healthy behaviors
 4. Learn about best methods for increasing early detection of mental health-related issues



MHSA Fiscal Update



MHSA Fiscal Update

- **FY 2017/18 Actuals \$15.9M**
(MHSA \$11.9M (Interest \$996K)/Other Revenue \$4.0M)
 - CSS: \$11.2M
 - PEI: \$2.4M
 - INN: \$605K
 - WET: \$86K
 - CFTN (Electronic Health Record Support & CSU building): \$1.6M
- **Prudent Reserve Balances:**
 - CSS: \$5,768,556
 - FY 2017/18 Transfer = \$1,432,009
 - PEI: \$67,608



MHSA Fiscal Update

- FY 2018/19 MHSA Revenue projected to decrease by about 11% due to

- No Place Like Home \$140M
- Annual Adjustment for state \$272.5M

MHSA Estimated Component Funding
(Cash Basis-Millions of Dollars)

	Fiscal Year				
	Actual		Estimated		
	15/16	16/17	17/18	18/19	19/20
CSS	\$1,078.3	\$1,388.6	\$1,519.7	\$1,371.1	\$1,472.7
PEI	\$269.6	\$347.1	\$379.9	\$342.8	\$368.2
Innovation ^{a/}	\$70.9	\$91.4	\$100.0	\$90.2	\$96.9
Total	\$1,418.8	\$1,827.0	\$1,999.7	\$1,804.1	\$1,937.8

a/ 5% of the total funding must be utilized for innovative programs (W&I Code Section 5892(a)(6)).

- County of San Luis Obispo**

- Info Notice 18-038 MHSA Allocation & Methodology
- FY 2018/19 Allocation = 0.671845% (decrease of 0.002194% or \$40K)



MHSA Fiscal Update

- **FY 2018/19 Adopted Budget is \$18.1M**
(MHSA \$13.9M/Other Revenue \$4.2M)
 - CSS: \$13.7M
 - PEI: \$2.7M
 - INN: \$991K
 - WET: \$159K
 - CFTN (Electronic Health Record Support): \$554K
- **Prudent Reserve Balances:**
 - CSS: \$5,768,556
 - FY 2018/19 no proposed transfer due to new guidance
 - FY 2019/20 will propose a transfer at a future meeting once calculations are made
 - PEI: \$67,608
 - Info Notice 18-033 – 33% max of largest distribution (\$4.5M)
 - Proposed SB 192 – 33% max of CSS 5 year avg (\$2.8M)
 - Draft Info Notice: FY 2013/14-FY 2017/18
 - Must be 33% max by June 30, 2020



MHSA Fiscal Update

- **CSS Update:**

- Full Service Partnership Majority of CSS Funding (51%)

- FY 18/19 current budget at about 43%

- Add \$2.3M growth to FSP programs (not sustainable) or redirect CSS funding to FSP programs \$1.1M or a combination of both

- **PEI Update:**

- No projected additional funding available at this time



MHSA Fiscal Update

- **Innovation Update:**

- Round 3 projects began in FY 2018/19
- AB 114 funding FY 2018/19
- Round 4 projects to begin in FY 2019/20:
 - Propose \$500K per year for 3 year project

- **Workforce, Education & Training Update:**

- FY 17/18 start of CSS funds transfer to WET
- FY 18/19 AB114 funding

- **Capital, Facilities, & Tech Needs Update:**

- FY 17/18 CSS funds transfer to CFTN
- Exploring update to Electronic Health Record



MHSA Fiscal Update

- **Fiscal Reporting Tool**

Mental Health Services Oversight & Accountability Commission (MHSAOAC)

- Provides RER by County for past fiscal years

<http://mhsoac.ca.gov/fiscal-reporting>



Request to Expand Homeless Outreach FSP Services in 2019-2020

Joe Madsen

Housing, Forensic and Homeless Services Director

Transitions-Mental Health Association



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Current Program Overview

- Transitions-Mental Health Association (TMHA) currently manages the Homeless Outreach Full Service Partnership Program, which is currently contracted to provide the following deliverables annually:
 - Outreach and engagements – 200
 - Referrals for mental health screenings – 50
 - Clients screened and enrolled into full mental health services – 30
 - Clients screened by the team’s nurse – 50
- The Team is currently made up of the following TMHA staff:

0.50 FTE Program Manager
1.0 FTE Therapist
1.0 FTE Medication Manager
0.50 FTE Program Mentor

0.50 FTE Registered Nurse
1.0 FTE Case Manager
2.0 FTE Outreach Workers



Program Outcomes

From October 1, 2012 to January 31, 2019 the Homeless Outreach Full Service Partnership has:

- Outreached to 1,131 homeless people
- Screened 346 people for mental health services
- Enrolled 178 people into Full Service Partnership level support
- Secured housing for a total of 158 of the Enrolled people (88.76%)



Need for Expansion

- In the most recent (January 2017) point in time count for SLO County, 1,125 homeless people were identified and counted; with 262 of the total population meeting the HUD definition of chronically homeless.
- There are only 150 emergency shelter beds in the County of San Luis Obispo on any given night. That means more than 86% of the homeless in this County are un-sheltered every night!
- Warming Center beds count for an additional 140 beds nightly. Even with this temporary support (November – March), more than 74% remain un-sheltered!
- 42% of these people self identified as having a mental health concern; yet only 20% indicated that they were currently receiving services to address those concerns.
- 63% of those meeting the HUD definition of chronically homeless identified as having mental health concerns.
- 15% of those surveyed indicated that mental health issues were the primary reason for their becoming homeless.
- Housing program development was identified as the most necessary support service to develop in order to get people out of homelessness.
- 2017 SLO County Point-In-Time Homeless Census and 50Now Survey Information



Need for Expansion

- SLO County received \$522,000.00 through the Homeless Mentally Ill Outreach and Treatment (HMIOT) funding.
- This funding is one-time funding.
- The funds are being used to bring to the County a mobile service center to use as a way to bring mental health services to more remote camp sites throughout the county, local libraries, and the 3 coordinated entry sites (ECHO shelter, 40 Prado, and 5 Cities).
- The HMIOT funding will be used to purchase a van/recreational vehicle for service delivery, tele-psychiatry equipment, and staff costs.
- Staffing for the project includes:

1.0 FTE Psychiatric Nurse Practitioner

1.0 FTE Case Manager

1.0 FTE Program Mentor

1.0 FTE Therapist



Request for Expansion

TMHA is requesting MHSA monies to expand the Homeless Outreach FSP Team and continue the HMIOT positions after the grant funds are used.

We are requesting the amount of \$493,000.00 to be allocated from MHSA funds for this expansion

Outcome increases would include:

- Outreach contacts increasing from 200 to 300 annually
- Mental Health Screenings increasing from 50 to 100 annually
- Increase the FSP Enrolled volume served by the team from 35 to 50 annually, with an on-going open caseload of 30 at any given point.
- Psychiatry time for clients would move from 8 hours per week with Dr. Remy to 48 hours per week with Psychiatric Nurse Practitioner
- Increasing Medi-Cal billing target from 50,000 minutes to 100,000 minutes for the program



Thank You...

Joe Madsen

Housing, Forensic and Homeless Services Director

Transitions-Mental Health Association

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DHCS Program Review

- **Program Review was 1/29/19-1/31/19**
- **THANK YOU!**
- **Annual Update**
 - Telling Our Story
- **Language between County plan and Contracts**
 - Consistency between submitted State plan and Contracts (Changing on FY19-20 Contracts)
- **FSP Changes**
 - Signed Form for Voluntarily Entering FSP Services
 - PSC and not SAI/Therapist on PAF



DHCS Program Review

- **Stakeholder Training**
 - **Binders**
 - **Additional training throughout the year**



Old Business

- **Triage Grant Update**
- **HMIOT Update**
- **LGBTQ Needs Assessment, update**
- **Requesting New or Additional Funds**



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New Business

- **FSP 51% Decisions**
 - **Homeless service grant**
- **Contract Updates FY19-20**
- **MHSA Accountant**
- **MHSA Bootcamp**
- **Infrastructure/staffing review**
 - **FSP Coordinator**
 - **Training Coordinator**

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Upcoming Meeting

***MHSA Advisory (MAC)
Tuesday, April 30, 2019
4:00pm – 5:30pm***

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