



**MHSA Advisory Committee (MAC)
Tuesday, June 11, 2019
Veterans Hall, San Luis Obispo
3:00pm – 4:30pm**

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

- **Welcome, Introductions, and Goals for meeting**
 - Frank Warren, SLOBHD
- **CSS Work Plan**
 - Kristin Ventresca, SLOBHD
- **PEI Work Plan**
 - Nestor Veloz-Passalacqua, SLOBHD
- **INN Work Plan Review & Updates**
- **Fiscal Update**
 - Joni McCoy, SLOBHD
- **Old Business: Request for New or Additional Funding**
 - Continuation of TARP (TMHA)
 - Transfer Med Manager for OAD FSP from County (Wilshire)
 - Increase in Peer Support Child/Youth & TAY FSP (FCNI)
 - New Martha's Place FSP (County)
- **New Business for 2018-19; 2019-20**
 - Crisis Stabilization Unit
 - Promotores
 - Adult FSP/AOT
 - HMIOT/Prado
 - Prudent Reserve Plan
 - Forensic Division Manager
 - Case Manager for Bishop Street
 - Approval of Transfer
- **Updates**
 - Forensic FSP
 - CHFFA Infrastructure Grant
 - No Place Like Home
- **Next Meetings:**
 - Town Hall: Coastal – August 28, 2019
 - MAC: October 30, 2019
- **Conclusion**



The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



MHSA Advisory Committee

- **MHSA Advisory Committee Introductions**
- **Staff Introductions**



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.



Community Services and Supports (CSS)

- 1. Child & Youth Full Service Partnership (FCN & SLOBHD)**
- 2. Transitional Age Youth FSP (FCN & SLOBHD)**
- 3. Adult FSP (TMHA & SLOBHD)**
- 4. Older Adult FSP (Wilshire CS & SLOBHD)**
- 5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)**
- 6. Latino Outreach Program (SLOBHD)**
- 7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)**
- 8. Schools and Family Empowerment (SLOBHD & CAPSLO)**
- 9. Forensic Mental Health Services (TMHA & SLOBHD)**



YEAR 1: 4/1/18 - 3/31/19

CRISIS STABILIZATION UNIT

Since implementation of the Crisis Stabilization Unit with Sierra Mental Wellness Group on April 1, 2018, there have been a total of 271 unduplicated persons in the CSU through March 31, 2019. In total, 307 people have been admitted in the last year. A total of 65 CSU clients were referred to outpatient services and 46 were enrolled.



*Data provided by Sierra Mental Wellness Group and County Electronic Health Record

From 7/1/18 –
3/31/19 46 CSU
clients were
referred to
community-based
services and 25
were verified

Wellness scores for
CSU clients
increased an
average of 6.89 on
a scale to 40 from
intake to discharge,
a 17.2% increase



Law Enforcement Requests to Admit Individuals to the PHF

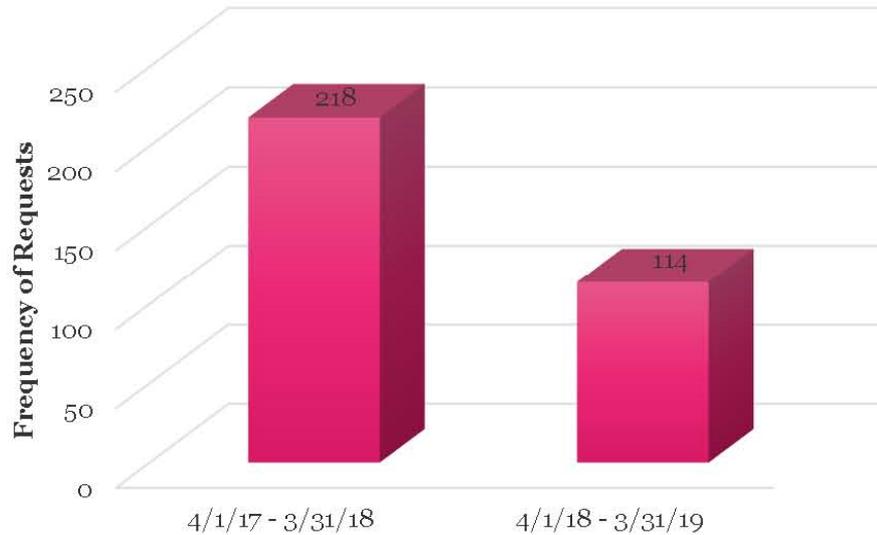


Figure 1

Reduced law enforcement requests to admit individuals to the PHF by 47.7%

(Figure 1)

69 law enforcement requests for CSU admissions



Prevention & Early Intervention (PEI)

- 1. Prevention Program** (SLOBHD/The Link, Center for Family Strengthening (CFS), CAPSLO, Cuesta College)
- 2. Early Intervention Program** (Community Counseling Center, TMHA, SLOBHD)
- 3. Outreach for Increasing Recognition of Early Signs of Mental Illness** (Public Health)
- 4. Access and Linkage to Treatment Program** (Wilshire)
- 5. Stigma and Discrimination Reduction Program** (SLOBHD, TMHA)
- 6. Improve Timely Access to Services for Underserved Populations Program** (SLOBHD)
- 7. Suicide Prevention Program** (SLOBHD)



Prevention & Early Intervention (PEI)

Prevention & Early Intervention (PEI) Summit

When:

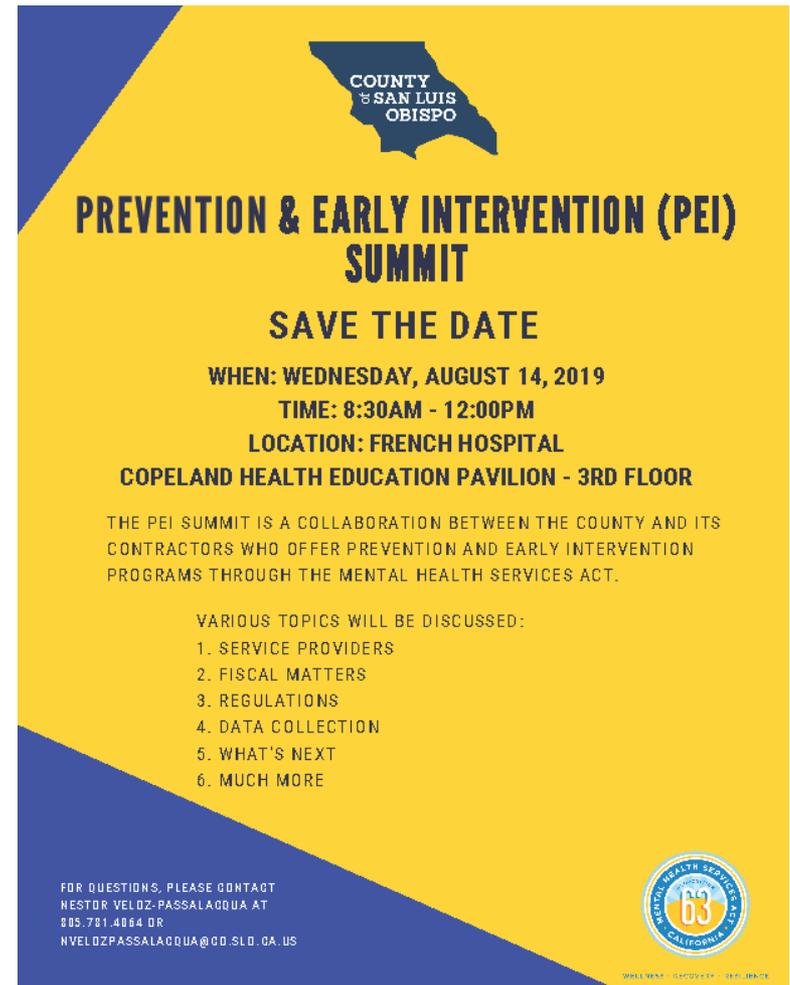
Wednesday, August 14th 2019

Time:

8:30am – 12:00pm

Location:

French Hospital Copeland Health Education Pavilion – 3rd Floor



The flyer is a vertical rectangle with a yellow background and blue diagonal accents in the top-left and bottom-right corners. At the top center is a blue silhouette of San Luis Obispo County with the text 'COUNTY OF SAN LUIS OBISPO' inside. Below this is the title 'PREVENTION & EARLY INTERVENTION (PEI) SUMMIT' in bold black letters. Underneath is 'SAVE THE DATE' in bold black letters. The event details are listed: 'WHEN: WEDNESDAY, AUGUST 14, 2019', 'TIME: 8:30AM - 12:00PM', and 'LOCATION: FRENCH HOSPITAL COPELAND HEALTH EDUCATION PAVILION - 3RD FLOOR'. A paragraph explains that the summit is a collaboration between the county and its contractors. A list of topics to be discussed is provided: 1. SERVICE PROVIDERS, 2. FISCAL MATTERS, 3. REGULATIONS, 4. DATA COLLECTION, 5. WHAT'S NEXT, 6. MUCH MORE. At the bottom left, contact information for Nestor Veldz-Passalacqua is given. At the bottom right is the logo for the Mental Health Services Act (MHSA) with the number 63 and the text 'CALIFORNIA'.

COUNTY OF SAN LUIS OBISPO

PREVENTION & EARLY INTERVENTION (PEI) SUMMIT

SAVE THE DATE

WHEN: WEDNESDAY, AUGUST 14, 2019
TIME: 8:30AM - 12:00PM
**LOCATION: FRENCH HOSPITAL
COPELAND HEALTH EDUCATION PAVILION - 3RD FLOOR**

THE PEI SUMMIT IS A COLLABORATION BETWEEN THE COUNTY AND ITS CONTRACTORS WHO OFFER PREVENTION AND EARLY INTERVENTION PROGRAMS THROUGH THE MENTAL HEALTH SERVICES ACT.

VARIOUS TOPICS WILL BE DISCUSSED:

1. SERVICE PROVIDERS
2. FISCAL MATTERS
3. REGULATIONS
4. DATA COLLECTION
5. WHAT'S NEXT
6. MUCH MORE

FOR QUESTIONS, PLEASE CONTACT
NESTOR VELDZ-PASSALACQUA AT
805.781.4064 OR
NVELDZPASSALACQUA@CO.SLO.CA.US

MENTAL HEALTH SERVICES ACT
63
CALIFORNIA



BEHAVIORAL HEALTH DEPARTMENT

www.slobehavioralhealth.org

Innovation (INN)

- COLEGA (Stand Strong/Women's Shelter)
- Late Life Empowerment & Affirmation Project (Wilshire)
- Transition Assistance & Relapse Prevention (TMHA)
- Not for Ourselves Alone: Trauma Informed County (SLOBHD)
- SLO ACCEPTance (Cal Poly)
- 3-by-3 (First 5 San Luis Obispo)



Innovation (INN)

- **Innovation Round 2019-2023**
- **Estimated budget for all four-years of INNnovation is about \$1.5M**
- **Equals roughly to \$375 per year (for all approved projects)**
 - SLO Threat Assessment Program (SLOTAP)
 - Holistic Adolescent Health



Innovation (INN)

- Stakeholders are welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- 30 Day Public Review
- BHB and BOS Approval
- MHSOAC Final Approval



Innovation (INN)

- County INNovation Evaluator (CIE)
 - Developing contract
 - Start work in July/August
 - 4-Year contract
 - Work will all current six providers
 - Strategize and develop a plan of implementation within the first 3-6 months



Innovation (INN)

- FY 2019-2020 New INNOvation Round
- Submit Ideas:
<https://www.surveymonkey.com/r/C8VT9K3>

INNOVATION STARTS HERE!

INNOVATION ROUND 2019-2020
DO YOU HAVE A BRAND-NEW, CREATIVE
IDEA FOR MENTAL HEALTH PRACTICE
THAT HAS NEVER BEEN DONE BEFORE?

IF YOU ANSWERED "YES" TO THE QUESTION ABOVE,
THE COUNTY OF SAN LUIS OBISPO BEHAVIORAL
HEALTH DEPARTMENT WANTS TO HEAR FROM YOU!
ACCESS THE LINK BELOW AND SUBMIT YOUR IDEAS!
<https://www.surveymonkey.com/r/C8VT9K3>

WHEN: TUESDAY, JUNE 11
TIME: 4:30PM - 5:30PM
LOCATION: SAN LUIS OBISPO VETS HALL

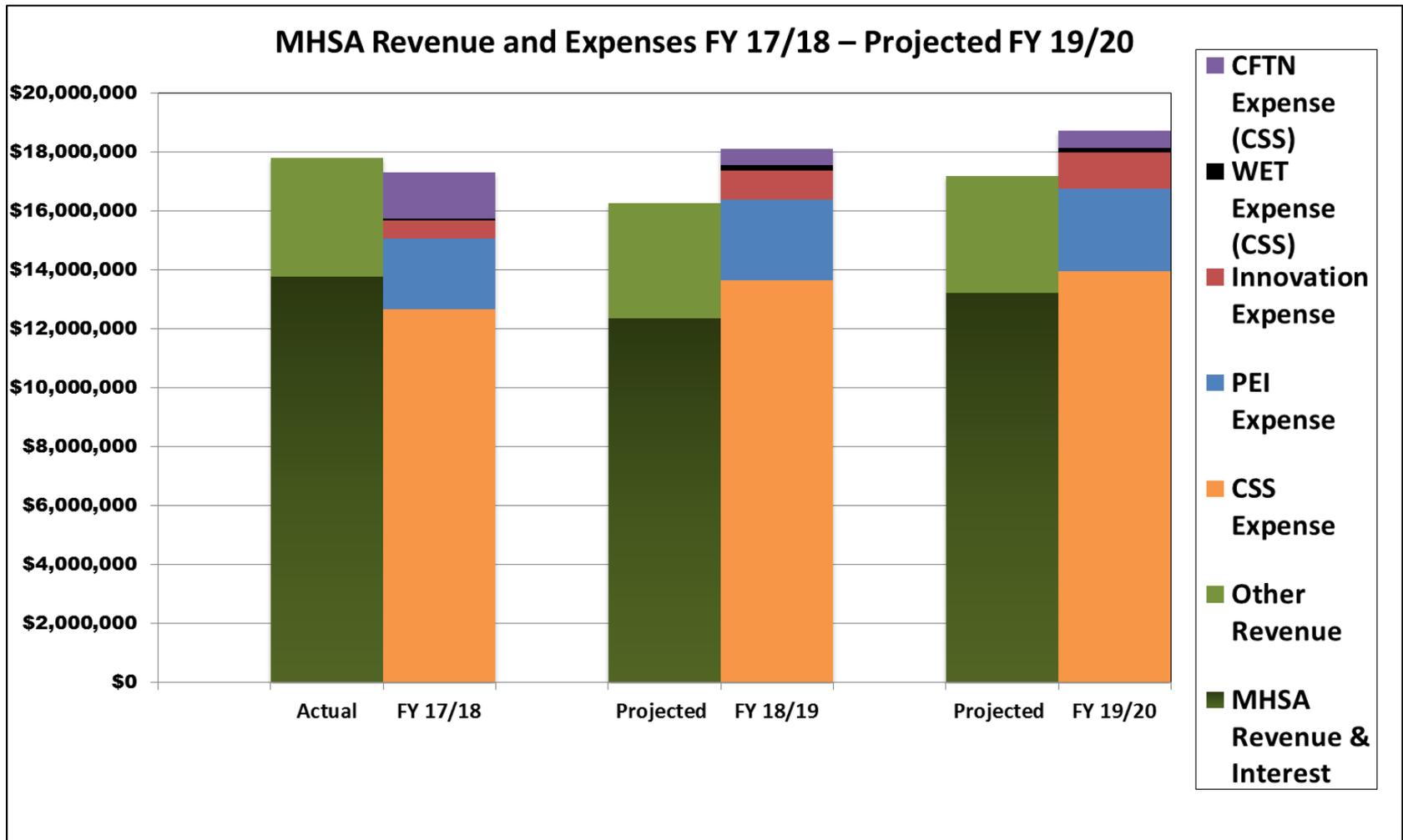
Nestor Veloz-Passalacqua, M.P.P.
nvelozpassalacqua@co.slo.ca.us
805.781.4064
County of San Luis Obispo
Behavioral Health Department

COUNTY OF SAN LUIS OBISPO

COUNTY OF SAN LUIS OBISPO



MHSA Fiscal Update



MHSA Fiscal Update

- **FY 2018/19 Actuals \$13.8M (as of May 31, 2019)**
(MHSA \$12.5M /Other Revenue \$1.3M)
 - CSS: \$10.6M
 - PEI: \$2.2M
 - INN: \$516K
 - WET: \$66K
 - CFTN (Electronic Health Record Support & CSU building): \$475K
- **Prudent Reserve (PR) Balances:**
 - CSS: \$5,768,556
 - PEI: \$67,608
 - SB 192 – 33% max of CSS 5 year avg (\$2.8M)
 - FY 2018/19 propose transferring back to CSS & PEI operating pending guidance



MHSA Fiscal Update

- **CSS Update:**

- Full Service Partnership Majority of CSS Funding (51%)

- **PEI Update:**

- Additional \$254K for Potential PEI Expansion



Old Business

Request for New or Additional Funding

- Continuation of TARP (TMHA)
- Transfer Med Manager for OAD FSP from County (Wilshire)
- Increase in Peer Support Child/Youth & TAY FSP (FCNI)
- New Martha's Place FSP (County)

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New Business

- **Crisis Stabilization Unit**
- **Promotores**
- **Adult FSP/AOT FSP**
- **HMIOT/Prado**
- **Prudent Reserve Plan**
 - **Forensic Division Manager**
 - **Case Manager for Bishop Street**
 - **Approval of transfer in August**

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New Business

Crisis Stabilization Unit

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**Promotores Collaborative
of San Luis Obispo County**

**Mental Health
Interpretation
Promotores**



Promotores



- We're a community-based model of outreach volunteers who work to eliminate barriers between public and private organizations and minority populations.
- We empower and support communities in identifying needs, educating and providing quality resources to families in need.

Contract



**Promotores Collaborative
of San Luis Obispo County**

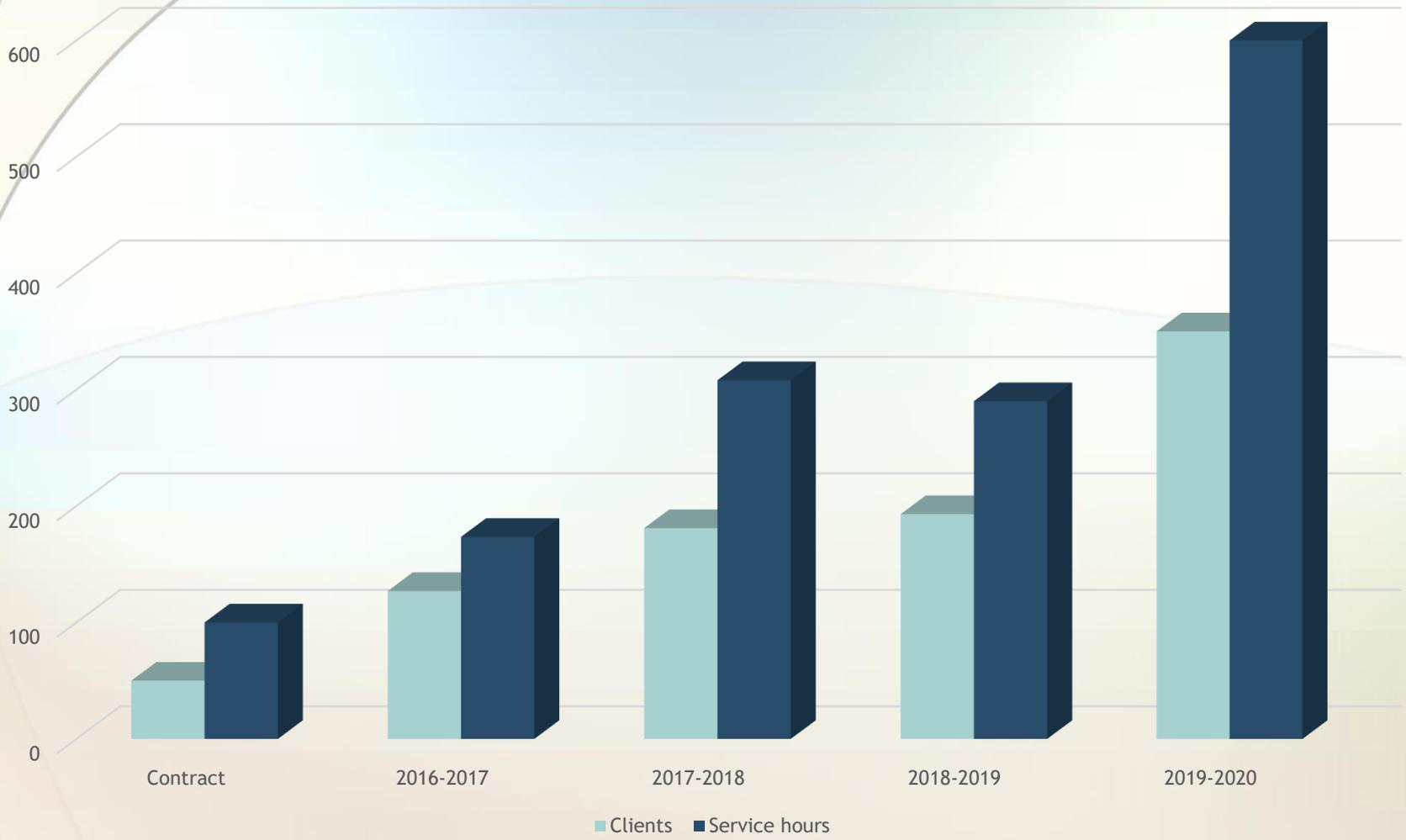
- The Latino Mental Health Enhancement Collaborative compliments the contract Promotores has with the County of San Luis Obispo Behavioral Health Dept. to provide mental health interpretation for recipients of County Mental Health services. The Promotores assist monolingual families at the Mental Health Clinics in Atascadero, San Luis Obispo, and 2 Clinics in Arroyo Grande.

Training



**Promotores Collaborative
of San Luis Obispo County**

- Emotional- CPR
- Mental Health First Aid
- Mental Health Interpretation Training
- Health Navigator Training
- Communication
- Webinars on Mental Health topics



Year	#Clients	# Service hours
Contract	50	100
2016-2017	127	173.5
2017-2018	181	308
2018-2019	193	290
2019-2020	350	600

New Business

Forensics Division Manager

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New Business

Case Manager for Bishop Street

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Request to Fund a Case Manager Position for the Bishop Street Studios Housing Project 2019-2020



Joe Madsen

Housing, Forensic and Homeless Services Director

Transitions-Mental Health Association



Program Overview

Transitions-Mental Health Association (TMHA) is working in partnership with the Housing Authority of San Luis Obispo (HASLO) to develop the Bishop Street Studios housing program in the city of San Luis Obispo.

The Bishop Street Studios housing program will house 33 residential clients in Studio and 1-Bedroom apartments.

Move-in interviews and paperwork is expected to begin August 1st of 2019. Full occupancy is expected by October 31st of 2019.



Request for Expansion

TMHA is requesting MHSA monies to fund the 1.0 FTE Bishop Street Studios Case Manager position.

We are requesting the amount of \$93,375.00 to be allocated from MHSA funds for the hiring of the position.

Outcomes would include:

- An estimated 600+ hours of Medi-Cal billable service delivery will be produced annually by the position.
- Clients will demonstrate a minimum increase of 20% in their community activity participation.
- Clients will demonstrate a 20% increase in their ability to use learned coping skills to manage their mental illness symptoms.
- Clients will report an increase in the use of interpersonal skills by 20% to deal with stress-related triggers.



Thank You...

Joe Madsen

Housing, Forensic and Homeless Services Director

Transitions-Mental Health Association

Office: (805) 540-6599

jmadsen@t-mha.org



Updates

- **Forensic FSP**
- **CHFFA Infrastructure Grant**
- **No Place Like Home**

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Upcoming Meeting

Town Hall (Coastal)
Wednesday, August 28, 2019
5:00pm-6:30pm

MHSA Advisory (MAC)
Wednesday, October 30, 2019
4:00pm-5:30pm

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Frank Warren

MHSA Coordinator

Prevention & Outreach Division Manager

SLO County Behavioral Health Dept.

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