



Meeting Minutes

1. Frank Warren welcomed the stakeholder group at 3:30 pm. All participants introduced themselves and Frank presented the goals for the meeting. Frank also reviewed the Stakeholder Process, format, and rules for the meeting (e.g., consensus voting, no rules of order, etc.).
2. **Department Update:** Anne Robin, Behavioral Health Administrator
 - a. Anne spoke to the stakeholders about the staff shortage not only in the county but statewide as well. We are searching for a new Health Agency Director, Dr. Borenstein is currently the interim Director. Josh Peters is the new Adult Mental Health Division Manager.
 - b. Frank Warren gave a warm goodbye to Tim Siler and Kim Espino; both are leaving the department to pursue other employment opportunities.
3. **CSS Update:** Frank Warren, Prevention & Outreach, Division Manager, MHSA Coordinator
Frank gave an overview of FSP services, and states we are currently working on contract updates and renewals.
 - a. Christina Menghrajani, FSP Coordinator- Christina reported the FSP Program is full, and all collaborations are going well.
4. **PEI Update:** Tim Siler, Administrative Services Officer
 - a. Suicide Prevention Plan is available for Public Comment/Review until April 21st
 - b. Middle school programs are going strong: 12 schools have our middle school counselors in them again and Friday Night Live has been active all year with different online activities, and The Link has their family advocates going and expanding with the MHSSA grant (expanded to 6 more schools—total of 13).

- c. Behavioral Health Navigators have been doing some amazing things with helping a client become housed with their first month's rent, helping a client replenish their camping supplies because of a fire, providing bikes for clients to get to work and school, and one client who has been on and off for two years, in jail, and now self-aware and working on their recovery.
- d. All other programs have been moving along with either safe in-person, drive thru, virtual meetings, or virtual outreach events.

5. Innovation Update: Tim Siler, Administrative Services Officer

INN Plan Draft available for Public Comment/Review until April 21st

- a. BHEET: Behavioral Health Education & Engagement Team. Adopts a peer-based outreach and engagement model within the community mental health system for individuals outside of the higher level of service range of SLOBHD or FSP services (people calling Hotline and referred to services outside of SLOBHD, e.g., Holman Group).
- b. SoulWomb: additional, ancillary service for forensic mental health population (pre-and-post adjudication in Behavioral Health Treatment court and Veteran Treatment court) in SLOBHD Justice Services clinic using a sound meditation pod for a holistic, mindfulness-based treatment. (Helping anxiety, coping skills, stress, depression, irritability, etc.)

Current Innovation Plans: SLO ACCEPTance: (Cal Poly) Testing LGBTQ+ affirming training curriculum for community mental health system clinicians trained about 30 local therapists in county and private practice. A cohort of 35 are going through training right now. 3X3: (First 5) we will be hearing from First 5 about this project soon.

Newest Innovation Plans: Holistic Adolescent Health: (CAPSLO) The aim is to empower youth to learn how to make their health and wellbeing a priority through integrated mindfulness, sexual health, and nutrition education all paired with one-on-one coaching has reach nearly 80 youth from Morro Bay and Lopez High Schools. BHARP: Behavioral Health Assessment & Response Project (Holifield Psychological Services). The aim is to provide a community-based training model and system to learn, assess, and intervene when threats at schools become apparent or imminent through a multiple part training for schools and crisis responders. They've completed their first full training and are setting up for their second training.

6. WET Update: Brita Connelly, Program Manager

- a. Brita gave an update on upcoming events. April 23 is Earth Day, May 18 is Bike Breakfast which will be held at South Street, Prevention and Outreach, May 21-22 is Pridefest. May is Mental Health Month and the Suicide Prevention Council meets every month.

7. Fiscal Update: Jalpa Shinglot, MHSA Accountant

- a. The fund balance as of March 24, 2022 (excluding actual Prudent Reserve) is \$21,455,893 with the Prudent Reserve Fund balance of \$2,774,412.
- b. CSS: Although the Full-Service Partnership should have most of the CSS funding (51%) and Fiscal Year 21-22 current budget is approximately 43%. With Forensic FSP 44%.
- c. PEI: Stakeholders will meet this summer to discuss potential new revenue.
- d. The released Prudent Reserve to be spent by 6/30/2022 will be \$119,000 after projected expenses.

8. Old Business:

- a. Forensic FSP, Teresa Pemberton, Justice Services Division Manager has begun recruitment and is waiting for board approval on April 5th.
- b. Latino Outreach Program Managers the program currently has one Case Manager with two more coming soon.
- c. Mini Grant Program-non contacted providers will be listed in the Mini Grant Update.

9. New Business: The following are decision/funding requests; a decision-making survey was sent to the Stakeholders, and all were approved.

- a. Continued funding for a Case Manager for TMHA's Bishop Street Studios.
- b. Adding one full-time Behavioral Health Program Supervisor for the Latino Outreach Program.
- c. Converting the vacant CSS Behavioral Health Clinician for Community Schools to a WET-funded Clinical Supervision Coordinator.
- d. Expanding the contract for Promotores services.
- e. Reorganization of the Prevention and Early Intervention work plan to meet state requirements.

10. Updates: The current grants are coming soon or have been received for Behavioral Health

- a. Mini-Grant Update, Mini Grant awards for non-contracted providers include Big Brothers/Big Sisters SLO, CAPSLO, CASA, CDRC, Hospice SLO, NAMI, Pregnancy and Parenting Support SLO, SLO Noor Foundation. With pending Grants to Along Comes Hope Corp., NAACP.

- b. The Veterans Treatment Court (VTC) Grant has been awarded and accepted by the board.
- c. Crisis Expansion Grants: Awards have been received for the following grants:
 - i CCMU is working with County Real Property personnel to find a location for services.
 - ii CRRSAA/ARPA funding is received, and monies are in the process of being allocated for services.
 - iii BHCIP is in the beginning processes.

11. Next Meetings:

Wednesday: May 25, July 27, September 28, 2022

Meeting adjourned at 5:00pm

12. Attendees:

Jill Rietjens, Christine Menghrajani, Tim Siler, Anne Robin, Nestor Veloz-Passalacqua, Brenda Serna Cortes, Danijela Dornan, Jalpa Shinglot, Lisa Fraser, Frank Warren, Rebecca Redman, Brita Connelly, Cynthia Barnett, Mike Bosenberry, Joe Holifield, Amanda Getten, Dylan Hunt, Barry Johnson, Owen Lemm, Mark Woelfle, Heather Elliott