

Work Plan: Program Name	Program Description	Providers	FY 2015- 2016 Budget	Key Outcomes & Outputs	County Program Contact I
CSS – 1: Children and Youth Full Service Partnership (FSP)	The Children and Youth Full Service Partnership program serves children and youth ages 0-15 of all races and ethnicities with severe emotional disturbance or serious mental illnesses. Behavioral Health partners with Family Care Network to provide a wide array of culturally and linguistically appropriate services. All services are family driven and may include: individual and family therapy; rehabilitation services focusing on activities for daily living, social skill development, case management; crisis services; and medication supports.	San Luis Obispo County Behavioral Health Dept. (SLOBHD) & Family Care Network(FCN)	\$489,810	<ul style="list-style-type: none"> • Decreased hospitalizations • Decreased juvenile justice involvement • Increased number of clients living with family • Reduced number of clients/families who are homeless <p>Targeted Outputs: 51</p>	Patty Ford-Division Manager Jill Rietjens and Ray Irey, Program Supervisors
CSS – 2: Transitional Aged Youth Full Service Partnership (and Housing)	The Transitional Age Youth Full Service Partnership program serves youth between the ages of 16-25 of all races and ethnicities. Young adults served include those with serious emotional disturbances/serious mental illness and a chronic history of psychiatric hospitalizations; law enforcement involvement; co-occurring disorders. Behavioral Health and Family Care Network collaborate to provide wrap-like services and includes 24/7 crisis availability, intensive case management, housing, employment linkages and supports, independent living skill development and specialized services for those with a co-occurring disorder.	SLOBHD & FCN	\$736,311	<ul style="list-style-type: none"> • Decrease in hospitalizations • Decrease in juvenile justice/jail involvement • Increase number of clients living with family or independently, or independently with support • Reduced number of clients/families who are being homeless <p>Targeted Outputs: 29</p>	
CSS – 3: Adult Full Service Partnership	The Adult Full Service Partnership team is a community and wellness approach to engage persons at risk and targets adults 26-59 years of age with serious mental illness. The participants are usually unserved, inappropriately served or underserved and are at risk of institutional care because their needs are difficult to meet using traditional methods. They may be frequent users of hospital or emergency room services, involved with the justice system or	Transitions Mental Health Association (TMHA) & SLOBHD	\$2,332,692	<ul style="list-style-type: none"> • Decrease in hospitalizations • Decrease in jail days • Decrease in homelessness <p>Targeted Outputs: 65</p>	Judy Vick, Division Manager

	suffering with a co-occurring substance abuse disorder. Transitions Mental Health Association, in partnership with SLOBHD's medical services, provides a full range of services including assessment, individualized treatment planning, case management, integrated co-occurring treatment, medication supports, housing, and integrated vocational services to enable individuals to remain in the community, and live full, productive, self-directed lives.				
CSS – 3: Adult Full Service Partnership: Homeless	The team focuses on outreach to unserved, difficult-to-reach homeless population, and seeks to engage clients in health care, mental health treatment, and housing. Program participants are assisted in their efforts to gain the skills needed to make choices that reflect their own values, preferences, and goals; supports are developed to meet each person's needs and to empower each individual to attain their highest level of independence.				Frank Warren, Division Manager & Josh Peters, Program Supervisor
CSS – 4: Older Adult Full Service Partnership	The goal of the Older Adult Full Service Partnership team is to offer intensive, individualized interventions to older adults ages 60+ to ensure that participants remain in the least restrictive setting possible. Wilshire Community Services provides client driven services to Older Adults who are at risk of inappropriate or premature out-of-home placement due to a serious mental illness and, in many instances, co-occurring medical conditions that impact their ability to remain in home/community environments.	Wilshire Community Services (Wilshire) & SLOBHD	\$342,878	<ul style="list-style-type: none"> • Decrease in hospitalizations • Decrease in jail days • Decrease in homelessness Targeted Outputs: 15	Judy Vick, division Manager
CSS: Housing	NELSON ST STUDIOS: Studios were constructed and continue to be administered by Transitions Mental Health Association. These five studio units are located in South San Luis Obispo County adjacent to a peer-lead wellness center. The studio apartments provide stable and affordable housing with supports to assist low and very low income clients in promoting whole life wellness. Crisis services are available as needed.	TMHA			

	<p>NIPOMO ST STUDIOS: This MHSA housing project provides 8 units to serve adults who are homeless or at risk of homelessness and have a diagnosis of severe mental illness, consistent with the CSS Plan and the MHSA definition of target population. Those with co-occurring disorders are also considered for residency in a unit.</p> <p>FSP INTENSIVE RESIDENTIAL: A total of 29 units (100%) are occupied in Atascadero and San Luis Obispo.</p>				
<p>CSS – 5: Client and Family Wellness Supports</p>	<p>Client and Family Wellness and Supports provides an array of services designed to facilitate and support wellness, recovery, and resiliency.</p> <p>SUPPORTIVE EMPLOYMENT AND VOCATIONAL TRAINING TMHA partners with Department of Rehabilitation to provide employment readiness classes, on the job training, and job placement.</p> <p>PEER SUPPORT & EDUCATION TMHA provides peer mentoring, peer and family educational and support groups focused on wellness, recovery and resilience. Peer to Peer and Family to Family education course are delivered throughout the County.</p> <p>WELLNESS CENTERS Peer driven wellness centers offer support groups, socialization activities and sponsored educational activities in comfortable, welcoming settings throughout the county.</p> <p>CLIENT & FAMILY PARTNERS Individuals with lived experience act as advocates to provide navigation for various systems and day-to-day, hands on assistance and recovery services and supports. Services include assistance with individual and family needs such as health care, food, short-term housing, transportation, and education.</p> <p>GROWING GROUNDS RETAIL TMHA provides vocational training, support and direct work experience in their retail outlet store. The program offers job coaching, assessment, vocational support and work experience.</p> <p>INTEGRATED ACCESS THERAPISTS AND CO-</p>	<p>TMHA & SLOBHD</p>	<p>\$1,435,154</p>	<ul style="list-style-type: none"> • Program participants will demonstrate improvements in quality of life as a result of intervention • Parent and family member program participants will demonstrate improved relations and capacity for providing mental health care with loved ones • Outpatient program participants will demonstrate improved wellness and recovery outcomes <p>Targeted Outputs: 1,600</p>	<p>Frank Warren, Judy Vick, and Patty Ford</p>

	<p>OCCURRING SPECIALISTS Located in every adult outpatient clinic, caseload reduction therapists and co-occurring specialists facilitate a “no wrong door” approach and ensure that every participant receives appropriate services regardless of how they enter the system.</p>				
<p>CSS – 6: Latino Outreach and Engagement (Therapy Services)</p>	<p>Bilingual and bicultural therapists to provide culturally appropriate treatment services offered in both community and clinic settings. The target population is the unserved and underserved Latino community, particularly those in identified pockets of poverty in the north and south county areas and rural residents.</p>	<p>SLOBHD & Silvia Ortiz, Ph,D</p>	<p>\$780,888</p>	<ul style="list-style-type: none"> • The County will maintain a Medi-Cal-eligible penetration rate equal to or higher than the State’s for Latino clients • Clients surveyed will report that Latino Outreach Program services were helpful in addressing their mental health needs • Clients upon program completion will demonstrate improved coping skills to improve resiliency and recovery <p>Targeted Outputs: 175</p>	<p>Patty Ford and Heather Anderson, Program Supervisor</p>

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<p>CSS-7: Enhanced Crisis and Aftercare</p>	<p>The Enhanced Crisis Response and Aftercare work plan features the Mobile Crisis team, and the new clinic-based Crisis Resolution Team (funded as part of an SB 82 grant), to increase the county's capacity to meet the needs of individuals requiring specialized, critical intervention and aftercare. The goal and objectives of the work plan include the aim to increase access to emergency care, prevent further exacerbation of mental illness, and be available to all county residents, across all age, ethnic and language groups. Additional to this work plan is a Crisis Mental Health Therapist assigned to coordinate efforts between emergency rooms, law enforcement, jails, the local Hotline, and inpatient psychiatric health facility.</p>	<p>Sierra Mental Wellness Group & SLOBHD</p>	<p>\$1,467,515</p>	<ul style="list-style-type: none"> • Mobile Crisis services will respond within 45 minutes of initial crisis calls • A majority of individuals receiving crisis intervention services will be diverted from psychiatric hospitalization • A majority of individuals receiving Forensic Re-entry Services will access Behavioral Health system of care <p>Targeted Outputs: 2,000</p>	<p>Judy Vick and Star Graber, Division Manager</p>
<p>CSS – 8: Community School Mental Health Services</p>	<p>Behavioral Health and the San Luis Obispo County Office of Education have partnered with the community schools in the county to provide mental health services to seriously emotionally disturbed youth, engaging these youth and their families in services that enable them to stay in school.</p>	<p>SLOBHD & Community Action Partnership of San Luis Obispo County (CAPSLO)</p>	<p>\$721,201</p>	<ul style="list-style-type: none"> • Client students will demonstrate improvements in grades, attendance, and disciplinary actions • Client students will demonstrate a reduction in substance use/suicidal ideations/levels of depression • Reduce truancy and drop-out rates for students with serious mental illness/serious emotional disturbance <p>Targeted Outputs: 100</p>	<p>Patty Ford and Jill Rietjens</p>

<p>CSS-9: Forensic Mental Health Services</p>	<p>BEHAVIORAL HEALTH TREATMENT COURT (BHTC): The BHTC team serves adults, ages 18 and older, with a serious and persistent mental illness, who are on formal probation for a minimum of two years, and who have had chronic use of mental health treatment observed as a factor in their legal difficulties. BHTC clients volunteer for the program forming a contractual agreement as part of their probation orders. These individuals have been previously underserved or inappropriately served because of lack of effective identification by all systems, may be newly diagnosed, or may have been missed upon discharge from jail or Atascadero State Hospital. BHTC clients, in many cases, have little insight or understanding about having a mental illness or how enhanced collaborative services could meet their needs.</p> <p>FORENSIC RE-ENTRY SERVICES -A Forensic Re-entry Services (FRS) team, comprised of community-provided Personal Services Specialists (PSS) provides a “reach-in” strategy in the County Jail, adding capacity for providing aftercare needs for persons exiting from incarceration. The Forensic PSS is provided in partnership with TMHA, and is responsible for providing a “bridge” for individuals leaving the jail in the form of assessment and referral to all appropriate health and community services and supports in addition to short-term case management during this transition.</p> <p>VETERANS PROGRAM Behavioral Health has a Mental Health Therapist located in the Veterans Services Office in order to serve veterans referred directly from the and those participating in the Veterans Treatment Court. The placement of the Therapist on-site at the VSO provides a culturally competent environment for veterans and their families to seek support and engage in behavioral health services.</p>	<p>TMHA</p>	<p>\$994,962</p>	<ul style="list-style-type: none"> • A majority of clients in treatment court programs will demonstrate reduced symptoms of serious mental illness • Clients will demonstrate a reduction in substance use/suicidal ideations/levels of depression • Reduce recidivism for individuals in criminal justice system because of, or inclusive of, their behavioral health issue <p>Targeted Outputs: 270</p>	<p>Star Graber and Frank Warren</p>
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WET - 1: Peer Advisory, Mentoring, and Advocacy Team	The Peer Advisory, Mentoring, and Advocacy Team (PAAT) provides formalized collaboration between members of PAAT, clients, family members, and SLOBHD staff members.	TMHA	\$12,500		Frank Warren
WET – 2: E-Learning	The Essential Learning program provides electronic access to employees, contracted employees and volunteers to the Behavioral Health library of curricula. E-Learning helps providers meet training and licensing requirements and to ensure our workforce’s ability to provide quality of care and culturally and linguistically competent services to the community.	Relias Learning	\$19,000		Frank Warren
WET – 3: Crisis Intervention Training	Crisis Intervention Training is considered a “best practice” for peace officers and other first-responders. This training is made available to local law enforcement.	SLOBHD	\$6,950		Star Graber and Theresa Pemberton, Program Supervisor
WET – 4: Cultural Competence	The Cultural Competence Committee meets regularly to monitor the training, policies, and procedures of the public mental health system and their relative enhancements of cultural competence in serving consumers and families. The primary objective of the group is to coordinate training to improve engagement with underserved populations.	SLOBHD	\$3,000		Frank Warren, and Nancy Mancha- Whitcomb, Program Supervisor
WET – 5: Bi-Lingual Internships	This workplace training program is designed to build capacity for threshold language services within Behavioral Health. Bilingual interns are placed regionally throughout the county.	SLOBHD	\$9,124		Frank Warren
PEI -1: Mental Health Awareness and Stigma Reduction	This universal and selective prevention project for all ages includes media, social marketing strategies, and targeted outreach to underserved cultural populations. Transitions Mental Health Association (TMHA) provides stigma reduction presentations to underserved and at-risk populations such as college students, LGBTQ, homeless, and veterans.	TMHA & SLOBHD	\$180,062	<ul style="list-style-type: none"> • Increased awareness of risk and protective factors • Reduced stigma <p>Targeted Outputs: 2,930</p>	Frank Warren

<p>PEI – 2: School-based Wellness</p>	<p>This program is a multi-age approach to building resilience among school aged youth and families. This program responds to the universal population of children and youth as well as youth exhibiting risk factors for mental illness by utilizing the following projects: THE POSITIVE DEVELOPMENT PROJECT Community Action Partnership provides by side facilitation of a Pre-K life skills and behavior assessment tools for private daycares and preschools throughout the county. Services and materials are bilingual and bicultural. Child care providers and families also receive education and training regarding mental health issues, and may obtain early recognition and referral to appropriate services. MIDDLE SCHOOL COMPREHENSIVE PROJECT The Middle School Comprehensive project is an integrated collaboration between schools, Behavioral Health staff, and community based organization, The Link. Six selected middle schools operate a Student Assistance Program on campus, which includes a Student Support Counselor, Family Advocates (for the student and the family) and Club Live Youth Development programming. The Youth Development program provides mental health awareness and education opportunities for all middle schools. Students receive individual and group counseling, and wellness education. Family Advocates provide case management and system navigation and supports. Faculty, staff, and parents receive education, training and supports surrounding mental health issues. Youth Development staff work to reduce risk factors and increase protective factors for all students with activities such as: suicide prevention, No Place for Hate, anti-bullying campaigns, and substance use prevention.</p>	<p>Community Action Partnership of SLO (CAPSLO)</p> <p>SLOBHD & The LINK</p>	<p>\$78,254</p> <p>\$550,432</p>	<ul style="list-style-type: none"> • Increased knowledge of emotional and behavioral health issues • Reduced risk factors and increased protective factors <p>Targeted Outputs: 701</p> <ul style="list-style-type: none"> • Reduced risk factors • Increased protective factors • Increased access to extended services and supports for at-risk families <p>Targeted Outputs: 6,891</p>	<p>Frank Warren</p>
<p>PEI – 3: Family Education and Support</p>	<p>The Center for Family Strengthening, formerly known as the San Luis Obispo County Child Abuse Prevention Council (SLO-CAP) alongside Parent Connection</p>	<p>Center for Family Strengthening (CFS)</p>	<p>\$99,000</p>	<ul style="list-style-type: none"> • Reduced risk factors • Increased protective factors • Improved parenting 	<p>Frank Warren</p>

	provides coordination and provision of bilingual and bicultural parenting classes and resources for all at-risk parents, selective prevention education for parents of high-risk youth, and “on demand” coaching for parents facing specific challenges.			<ul style="list-style-type: none"> • Improvements in child behaviors Targeted Outputs: 13,201	
PEI – 4: Early Care and Support for Underserved Populations	<p>A multi-focus effort to address the needs of two distinct underserved populations:</p> <p>SUCCESSFUL LAUNCH PROJECT Cuesta College models this program after the Independent Living Program to include graduating community school youth, Wards of the Court, homeless, and other high risk TAY. The emphasis of this program is to provide TAY development opportunities and support to ensure that as participants enter adulthood, they are stable, have housing, and momentum for school or work.</p> <p>OLDER ADULT MENTAL HEALTH INITIATIVE Wilshire Community Services provides multi-level services for seniors at risk for mental illness. Services include, Caring Callers for isolated older adults, clinically supervised Senior Peer Counseling, and short term, solution focused therapy. Wilshire also conducts depression screenings and provides older adult specific mental health education throughout the county.</p>	<p>Cuesta College</p> <p>Wilshire Community Services</p>	<p>\$104,731</p> <p>\$208,889</p>	<ul style="list-style-type: none"> • Reduced risk factors (e.g.: lack of education, work, and housing) • Increased protective factors (e.g.: access to extended services and supports, decrease in unhealthy behaviors) Targeted Outputs: 580	<p>Frank Warren</p>
PEI- 5: Integrated Community Wellness	<p>This countywide program maximizes the opportunity for a large number of diverse individuals to access services in community based non-clinic settings.</p> <p>COMMUNITY BASED THERAPEUTIC SERVICESCommunity Counseling Center and Behavioral Health provide no cost, brief, low-intensity group and individual counseling to underserved populations, who are uninsured or underinsured. Services are provided in non-clinic settings throughout the county and appointments are available in the evenings and on weekends. In addition to promoting resilience and recovery, this program aims to reduce prolonged suffering and</p>	SLOBHD & Community Counseling Center (CCC)	\$76,066	<ul style="list-style-type: none"> • Improved mental health and wellness • Reduced risk factors • Increased protective factors Targeted Outputs: 301	<p>Frank Warren</p>

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	identify early signs of severe mental illness in addition to promote resilience. WELLNESS ADVOCATES Transitions Mental Health Association provides advocates to link people referred from PEI projects in need of social supports and basic needs. Wellness Advocates focus on minimizing stress, supporting resilience, and increasing individuals' self-efficacy.	TMHA	\$179,950	<ul style="list-style-type: none"> Increase in protective factors and reduction in risk factors through increased access to community supports <p>Targeted Outputs: 949</p>	
INN	The County is currently finishing its proposals for the Innovation plan beginning in July, 2016.		\$709,916		Juan Munoz-Morris, INN Coord.
CFTN: The Behavioral Health Electronic Health Record (BHEHR)	A comprehensive integrated behavioral health system that will modernize and transform clinical and administrative information systems through a Behavioral Health Electronic Health Record (BHEHR) System allowing for a 'secure, real-time, point-of-care, client-centric information resource for service providers' and the exchange of client information according to a standards-based model of interoperability. The development project is slated to be completed in 2015.	Cerner	\$566,298		Greg Vickery, Division Manager

KEY:

MHSA Mental Health Services Act

CSS Community Services & Supports

FSP Full Service Partnership

OESD Outreach & Engagement/System Development

PEI Prevention & Early Intervention

WET Workforce Education & Training

CFTN Capital Facilities & Technology

INN Innovation