



**COUNTY OF SAN LUIS OBISPO HEALTH AGENCY
BEHAVIORAL HEALTH DEPARTMENT**

Nicholas Drews, Health Agency Director

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PROVIDER DIRECTORY

Behavioral Health Clinics and Contract Providers for Substance Use Disorder Services

How to use this list:

This is a directory of names, locations, and phone numbers of our substance use disorder (SUD) clinics and providers. It explains the services we offer and will help you find the resources you need. This directory is updated monthly.

Emergency or Crisis Services:

Emergency assistance can be obtained by calling 911. Behavioral health emergency calls can also be made to our toll-free number, **1-800-838-1381**. Emergency services do not require pre-authorization (they are available when needed, without prior approval).

For more information about our services and your rights:

Please read the "Guide to Medi-Cal Substance Use Disorder Services", available on our web site, slobehavioralhealth.org, at any clinic location, or by calling us at 1-800-838-1381. The Guide is available in English, Spanish, in large print version and in a CD format.

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-838-1381 or TTY/CRS 1-800-735-2922

繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-838-1381 or TTY/CRS 1-800-735-2922。

Free Language assistance services are available upon request. Please ask any staff person for assistance if you need this information in an alternative communication format such as large font, Braille, or an electronic format, or, if you would like help reading the material. If you cannot hear or speak well, please call 1-800-735-2922 California Relay Service/TTY.

STEPS TO ACCESS BEHAVIORAL HEALTH SERVICES

Step 1:

Call 1-800-838-1381

This is our toll-free, 24 hour, 7 days-per-week Central Access Line. You will receive information about how to get Mental Health or Substance Use Disorder treatment services. If you call between 8 AM and 6 PM Monday through Friday (except holidays), we will schedule a first assessment appointment with you to discuss your needs and to help you find services that will work for you.

Step 2:

After completing an assessment, we will explain the services you qualify for and help you find providers who are available to work with you. You may read about our services and programs in this Provider List or on our website to help us find what you need.

Substance Use Disorder Treatment Clinics and Programs:

- ✓ All clinic locations comply with ADA requirements and are wheelchair accessible
- ✓ All clinic locations are accepting new clients
- ✓ All clinics provide services in English and Spanish
- ✓ Other spoken language needs can be met as needed by contract with Language Line
- ✓ American Sign Language is available as needed at all sites
- ✓ Behavioral Health staff complete mandatory annual cultural competence training

Cultural Alternatives and Options

Staff at Behavioral Health Clinics have specialized training to assist with a wide variety concerns that impact recovery. Staff are sensitive to culture, gender, and sexual identity. We provide services in an open, caring, compassionate manner. Some staff are bilingual and/or bicultural. For more information about our programs, visit our website:

<http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Drug-Alcohol-Services.aspx>

Services may be delivered by an individual provider or by a team of providers working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, registered, waived, or certified treatment providers are listed on this Provider Directory. Provider assignment decisions will be made by considering availability, specialization, recommendations, and requests. You may request a change of provider by using a Consumer Request Form, available in all of our clinic locations and on our website: slobehavioralhealth.org. Requests to work with a specific provider will be reviewed and authorized when possible.

SUD Treatment Services

Services include a full array of SUD treatment options including:

- Screening and Assessment to determine optimal level of care
- Treatment Planning
- Group and Individual Counseling (Outpatient and Intensive Outpatient)
- Medication Services/Psychiatry
- Case Management
- Residential Treatment
- Drug Testing
- Perinatal programs
- Family Counseling and multi-family groups
- Education
- Medication Assisted Treatment (MAT)
- Withdrawal Management (Detox)
- Recovery Support

Outpatient Clinics and Service Providers

For more information about each clinic provider see the “All Behavioral Health Staff” list at the end of this directory.

Adult Clinics:

- ❖ **Grover Beach**, 1523 Longbranch Ave Grover Beach, (805) 473-7080
Email: HA.GBC.DAS.Provider@co.slo.ca.us
Serves clients ages 18-99
- ❖ **San Luis Obispo**, 2180 Johnson Ave San Luis Obispo, (805) 781-4275
Email: HA.SLO.DAS.Provider@co.slo.ca.us
Serves clients ages 18-99
- ❖ **Atascadero**, 3556 El Camino Real Atascadero, (805) 461-6080
Email: HA.ATAS.DAS.Provider@co.slo.ca.us
Serves clients ages 18-99
- ❖ **Paso Robles**, 805 East 4th St. Paso Robles, CA 93446, (805) 226-3200
Email: HA.PSRS.DAS.Provider@co.slo.ca.us
Serves clients ages 18-99

Specific adult programs include:

- Adult Justice/Court Programs
- Behavioral Health Treatment Court
- Co-Occurring Disorder Treatment
- Driving Under the Influence (DUI)
- Drug and Alcohol Residential Programs
- Family Treatment Court
- Jail-Based Services
- Medication Assisted Treatment
- Mental Health Diversion Court
- Narcotic Treatment Program
- Perinatal Outpatient Extended Group (POEG)
- Recovery Support Services
- Withdrawal Management (Detox)
- Coordination with local Recovery Residences

Youth Clinic:

For more information about each clinic provider see the "All Behavioral Health Staff" list at the end of this directory.

- ❖ **South Street**, 277 South Street, Suite T San Luis Obispo, (805) 781-4754
Serves clients ages 12-20

Specific youth programs include:

- Co-Occurring Disorder Treatment for Adolescents/young adults
- Outpatient and Intensive Outpatient
- School-Based Outpatient Treatment

Perinatal Residential

Provider	Address/City	Phone
Bryan’s House Recovery Home, Inc.	2000 Traffic Way Atascadero, CA 93422	(805) 464-4661 (805) 464-4660 (866)-306-5825 (fax)
Bryan’s House Recovery Home provides perinatal residential treatment services. Enrollment in this program requires assessment and authorization from a SLOBHD adult clinic program.		

Out of County Residential Treatment Providers

Provider	Address/City	Phone
Tarzana Treatment Centers, LLC	2 Locations: 18646 Oxnard Street Tarzana, CA 91356	(818) 654-3816
	For youth only: 44447 North 10th Street West, Building C Lancaster, CA 93534	(818) 996-1051
Tarzana provides residential treatment and medical detoxification services. Enrollment in this program requires assessment and authorization from a SLOBHD adult clinic program.		

Provider	Address/City	Phone
Sun Street Centers	3 Locations: Men's Residential 8 Sun Street, Salinas, CA 93901	(831) 753-5145
	Women's Residential 335 6th Street, Hollister, CA 95023	(831)265-7317
	Men's & Women Residential 637 Broadway Street, King City, CA 93930	(831) 525-8181
Sun Street provides residential treatment and medical detoxification services. Enrollment in this program requires assessment and authorization from a SLOBHD adult clinic program.		

Provider	Address/City	Phone
Good Samaritan	4 Locations: Another Road Detox 113 South M Street Lompoc, CA 93436	(805)736-0357 ext 207
	Recovery Point Acute Care Detox 401 B. West Morrison Avenue, Suite B Santa Maria, CA 93458	(805) 347-3338 ext 102
	Recovery Way Home	(805) 736-0357

	608 West Ocean Avenue Lompoc, CA 93436 Transitional Center for Women & Children 412 E. Tunnell St \$ 412 C. E. Tunnell St. Santa Maria, CA 93458	Ext 201 (805) 925-0315
Good Samaritan provides residential treatment and medical detoxification services. Enrollment in this program requires assessment and authorization from a SLOBHD adult clinic program.		

Narcotic Treatment Provider

Clinic	Address/City	Phone
Aegis Treatment Centers AegisTreatmentCenters.com	<u>2 Locations:</u> 6500 Morro Road, Suite D Atascadero, CA 93422 115 East Fesler Street Santa Maria, CA 93454	(805) 964-4795 (805) 461-5212

Services

- Replacement Therapy*
- Caseload Management and Coordination of Care
- Medication and Medical Care
- Individual and Group Counseling
- Keys To Recovery (K2R) Support Groups
- Educational Programs
- Crisis Intervention, Case Conferences, Peer Review

*Replacement therapy is an evidence-based, medically supervised procedure, in which a longer acting opioid such as Methadone or buprenorphine (Suboxone) is prescribed as a substitute for an illegal opioid (e.g., heroin) or prescribed medication (e.g. Oxycodone). The medication used in replacement therapy has a dual purpose – it not only blocks the effects of other opioids, but also relieves cravings and withdrawal symptoms. While the medication can cause physiological dependence, it helps prevent other dangerous long-term health problems caused by drug abuse.

Network Providers:

Network Providers work closely with Behavioral Health to provide medication support services for full scope Medi-Cal beneficiaries only. All of our providers complete Cultural Competency trainings. Network Providers are available by referral from a Drug and Alcohol clinic only.

Please do not call them to begin treatment without a referral from County of San Luis Obispo Behavioral Health. All initial appointments must be pre-authorized by Behavioral Health.

Provider	Address/City	Phone	Website
Ken Starr, MD Wellness Group	107 Nelson Street Arroyo Grande, CA 93420	(805) 242-1360 (ph) (805) 528-8178 (fax)	Kenstarrmd.com

All Behavioral Health staff work at ADA accessible sites and have completed Cultural Competency Training

Evidenced-based practices used: Seeking Safety trauma-based treatment: Helping Men and Women Recover (Gender specific services); Matrix Model for Substance Use Disorder Treatment; Illness Management Recovery (co-occurring disorders); Cognitive Behavioral Therapy (CBT); Trauma Focused Cognitive Behavioral Therapy (TFCBT); Motivational Interviewing (MI); Dialectical Behavior Therapy (DBT)); Moral Recognition Therapy (MRT); Eye Movement Desensitization and Reprocessing (EMDR)

Staff Name	License or Registration Number	NPI Number	Area Served	Population Served	Languages	Specialties/Training
Acosta, Angie	CADC-CAS C055540518	1336509132	Grover Beach	Adults	Spanish	
Acosta, Richard	ASW 96263	1114359163	San Luis Obispo	Adults		ASAM/MI/CBT/Disaster Response, IOT Clinician
Armendariz, Rosie	CADC I R1291920218	1306218078	Grover Beach	Adults		Addictions/Co-Occurring Treatment, MI, SAMHSA Peer Training
Atwell, Brian	PT 28932	1457546673	San Luis Obispo County	Adults		Program Supervisor
Axelrod, Michael	A01930315	1659661122	Atascadero	Adults		Matrix, MRT, Helping Men Recover
Azruei, Christina	AMFT 91842	1184134678	San Luis Obispo	Youth	Arabic	
Barmby, Tyler	LMFT 123144	1538537303	San Luis Obispo	Adults, Justice Services		Mental Health Diversion
Basulto, Paloma	RADT R1300490318	1760987556	Grover Beach	Adults and Criminal Justice		Testing, Case Management, ASAM Certified
Benavidez, Anthony		1235500901	San Luis Obispo	Adults, Justice Services, FSP		Case Management
Bonniwell, Christy			San Luis Obispo DAS			Assessment Coordinator (Temp Contractor)
Biberston, Brianna	A061040322	1164688420	San Luis Obispo	Youth		Trauma Informed Care, Crisis Intervention
Brar, Harmeet "Bob" Singh	PT 24970 RN 786001	1104984020	San Luis Obispo County	Adults/Youth	Punjabi, Urdu	
Cantu, Humberto	APCC 6812	1144606849	Paso Robles	Adults, Criminal Justice, Spanish Speaking Adults	Spanish	MRT trained, Matrix Model, Helping Men Recover / Program Supervisor
Carnes, Caitlin	R1294340318	1225546799	Atascadero	Adults and Children		POEG CM
Castro, Christie	R1405360920	1427669787	San Luis Obispo	Adults		AA Addiction, AA Social Sciences, Certification Addiction Treatment Studies
Christensen, Jaime	LMFT 87904	1811240443	San Luis Obispo	Adults, Adolescents		Assessment Coordination
Colebrook, Seth	RADT R1451401221	1346831328	SLO County Jail	Adults		Case Management, AB109, Testing/ 5150 Certification
Coolidge, Brant	SUDRC 14436		Grover Beach	Adults		DUI Program, Education
Davis, David	CCAPP, CADC	1073762209	San Luis Obispo	Adult, Criminal Justice		MI, MRT, CBISA, TFC
Dolezal, Kathryn	NP 16293	1982645180	San Luis Obispo County	Adults, Medication Assisted Treatment Program		"X" Waivered Buprenorphine Prescriber
Donovan, Savanah	RADT R1393980620	1306357603	Paso Robles	Adults		Perinatal Services

Estes, Kirk	CATC #112944	1144357054	San Luis Obispo	Adults, Justice Services, ATCC, MH Diversion		Addiction Treatment, Co-occurring Disorders, Moral Recognition Therapy, Medically Assisted Treatment, Living in Balance, Seeking Safety, Motivational Interviewing, CBT, Matrix Model.
Ferra, Joseph	MFCC 45177	1124325816	San Luis Obispo	Adults		Cognitive Behavioral Therapy, Cultural Competence Training, ASAM Certified, Matrix Model for Substance Use Disorder, Helping Men Recover, Seeking Safety Trauma-Based Treatment.
Figueroa, Alexiis	ACSW 111453	1720700131	Paso Robles	Adults		Assessment Coordinator
Franklin, Deanna	LMFT 43810	1649480732	Atascadero	Adults and Children		Matrix Model, MI, Seeking Safety
Galloway, Sean	PT 40085	1003369372	Paso Robles	Medication Assisted Treatment Program		Medication Assisted Treatment, CPR Certified, Narcan trained, CDPH-EZIZ Immunization Certification
Goode, Kiley	RADT R1442470821	1417520040	San Luis Obispo	Prevention & Out Reach		AC case manager, IOT case manager
Goodman, Kevin	AMFT 104925	1306137005	Grover Beach	Adults, Post release/Reentry, Co-occurring disorders		Adults, Post release/Reentry, Co-occurring disorders, PC 290, Children
Gonzales, Zondra	217495	1033576640	SLO County Jail	Adults		Training in Addiction Studies, Family Studies, and Co-Occurring Disorders
Green, Kathryn	RADT R1375470120	1497312367	Paso Robles	Adults		AB109
Grimes, Kathryn "Rose"	RADT R1300490318	03162018575629	Atascadero	Adults	ASL	AC case manager, IOT case manager, Celebrating Families "Connecting with Families"
Hardisty, Sara	LPT 38394	1265831754	North County	Adults, Justice Services, CAT		Medication Management
Heriford, Julie	PT 28093	1548700842	San Luis Obispo	Medication Assisted Treatment Program		Medication Assisted Treatment
Herrera-Magnia, Liliana		1780369397	San Luis Obispo County	Adults, Justice Services, CAT	Spanish	Case Management
Hoffman, Paul Corey	A043181116	1114350816	San Luis Obispo	Adults, Justice Services		Addiction Treatment, CBT, Helping Men Recover Matrix Model for substance use disorder treatment, Moral Recognition Therapy, Certified Cultural Competency Training
Jensen, Lillian	LPCC 11587	1902318264	San Luis Obispo Drug & Alcohol, San Luis Obispo Jail	Adults, Incarcerated, AB109 and LGBTQ		ASAM certified, Matrix Model, Seeking Safety, MI
Lauritzen, Derek			San Luis Obispo DAS			Student Intern

Lampe, Stefan "Nobbi"	G63813	1366647463	San Luis Obispo County	Adult, Psychiatry/MAT	German	Psychopharmacology
League, Justen	LPT 41076	1245965888	Atascadero/Paso Robles	Adults, Justice Services, CAT		Medication Management
Lederer, Lauren	LMFT	1902116023	San Luis Obispo	Adults		Court Screener
Lopez, Gloria	R1246600317	1326246406	Grover Beach	Adults/Youth	Spanish	ASAM Certified, LGBTQIA2 certificate, Cultural Competency
Lopez, Ricardo	CADA CAS C032560315	1821219320	San Luis Obispo	Veterans and Youth	Spanish	Drug and Alcohol Treatment
Lowry, Ernie	RN 823274	1265943674	San Luis Obispo	Adults, Justice Services, CAT		Medication Management
Lowry, Justine	APCC 8052	1003488651	San Luis Obispo	Youth/Schools		
Madden, April	CADC - 11 Aii050200218 AMFT 143768	1508164385	Paso Robles	Adults		Forensic Addictions Counselor, Co-Occurring Disorders Specialist, Certified Women's Treatment, HIV/HepC testing counselor
Martinez, Breana	ACSW 102744	1922748680	San Luis Obispo County	Youth	Spanish	Youth Substance
Masullo, Maria		1508457599	San Luis Obispo	Adults, Justice Services		Case Management
McGrath, Paula	LCSW 78538	1457669624	San Luis Obispo	Youth		Program Supervisor
Mello, Cody			San Luis Obispo County	Adults		Level 1 Clinician
Mena, Roberto	ASW97337	1710629480	Paso Robles	Adults	Spanish	CVT, DBT, MI, Lv. 1 SUD
Meyer, Kelly	C10251214	1477087518	SLO County Jail	Adults	ASL	Certified Addiction Specialist
Michetti, Annika	LMFT 98961	1326329145	San Luis Obispo	DUI		DUI Program Supervisor, EMDR Trained, Theraplay Trained
Miranda, Heather	PT30859	1023151248	San Luis Obispo	Prevention & Out Reach		Medicated Assisted Treatment
Mora, Yesenia	AMFT 74612	1710132881	San Luis Obispo	Youth	Spanish	Matrix Model, Seeking Safety, CBT, TFCBT, MI
Mott, Kim		1235445313	Paso Robles	Adults, Youth		Program Supervisor
Myers, Sean	LPT 27043	1063570836	San Luis Obispo	Adults, Justice Services and Co-occurring Disorders		Medication Management
Palafox, Leticia	AMFT 117843, APCC 7423	1982181574	Atascadero	Adults	Spanish	Assessment Coordinator, Spanish Substance Use Treatment, Thera-play, Crisis Councilor Training (65hr Training on Sexual Assault & Domestic Violence), Cultural Competency Training
Paramore, Kristina	LMFT 92765	1952549073	San Luis Obispo	Adults, Youth, and Families		CBT, MI, DBT
Parker, Samantha	LCSW 103409	1316689276	San Luis Obispo	Adults, Justice Services	Spanish	Program Supervisor

Paulson, Avery	PMHNP 95018268 MP7873664	1013489715	San Luis Obispo County	Adults/Youth		Psych/Addiction
Pemberton, Teresa	LMFT 47439	1004036565	San Luis Obispo	Adults, Justice Services, Forensic, and Co-occurring Disorders		Matrix Model; Seeking Safety; Helping Women Recover
Proctor, Carli	AMFT 136532	1326691395	Atascadero	Adult and Children		Level 1, POEG, Co-Occurring
Quintana-Reyes, Adilene	SUDRC 16658	1659144210	South County	Adults	Spanish	
Quiring, Lindsay	ACSW 93179	1689282972	Paso Robles	Youth		
Reynolds, Nathaniel	LMFT 124562	1790158517	San Luis Obispo	Youth		IMR for co-occurring disorders
Reynolds, Paterese	LMFT 133864	1508171513	San Luis Obispo	Adults		Assessment Coordinator (Temporarily Reassigned)
Rhoat, Tomoko	LMFT 42972	1659428555	Atascadero	Adults and Children		CADA, POEG
Righetti, Tricia	LCSW #273737	1568910289	Grover Beach	Adults, Youth, and Families		Trauma Informed Care, Motivational Interviewing, Matrix Seeking Safety
Sabiron, Angela	2013192 II- CATC II	1821665043	Paso Robles	Adults		CBI-SA (CBT) Helping Men Recover, MI, TIC, Parenting inside out and Thinking for a change.
Saenz, Jeannette	CAADE-ACCBC pending	1811158413	SLO County Jail	Adults		Certified Housing Specialist, Offender Employment, Vocational Rehabilitation, AB 109 Case Management
Salmeron, Joshuah	AMFT 119064	1881013720	San Luis Obispo	Youth		COD
Salmon, Breanne	MS, LMFT 91318		San Luis Obispo			Program Supervisor
Ysabel Sanchez			Atascadero	Adults		BH worker (POEG program)
Savage, Alexandra	LCSW 110869	1508405614	San Luis Obispo	Adults, Justice Services		Co-occurring disorders, Motivational Interviewing, CBT, Collaborative Assessment and Management of Suicidality (CAMS), Problem-Solving Therapy, Solutions- Focused Therapy, LGBTQ+, eating disorders, trauma-focused interventions, CPR/first aid certified
Selby, August	CA 36896	1073854261	San Luis Obispo	Adults, Justice Services, FSP		Medication Management
Sheard, Michael	SUDCC 8321	1487361994	San Luis Obispo	Adults		AB-109 Case Management, DUI
Thomas, Catherine			San Luis Obispo			
Torres, Nereida			San Luis Obispo	DUI	Spanish	DUI
Truppa, Joseph		1689144412	San Luis Obispo	Adults, Justice Services		Case Management
Turner, Garth		1730556234	San Luis Obispo	Adults, Justice Services		Case Management

Vann, Melanie	ACSW 79830	1841833027	San Luis Obispo	Adult, Criminal Justice		MI, Trauma Informed Care, LGBTQ Training
Vaughn, Ann Marie	LMFT 108237	1942358304	San Luis Obispo	Adults		ASAM
Vierra, Allie	AMFT 110938	1699124040	San Luis Obispo	Adults, Justice Services		Mental Health Diversion
White, Jeff	CACD II A055321019	1003261447	San Luis Obispo	Adults		Case Manager
Woodbury, Joshua	LMFT 116983	1698852236	San Luis Obispo	Adults, Justice Services, Forensic and Dual Co-occurring Disorders		Matrix Model
Woodward, Jennifer	LMFT 114372	1790036291	San Luis Obispo	Youth		Drug and Alcohol Addictions
Young, Allison	AMFT 143588		Paso Robles	Adults		CADA/OJJDP
Zemke, Rebecca	AMFT 132392	1255072930	San Luis Obispo	Youth		