

PROVIDER DIRECTORY

Behavioral Health Clinics and Contract Providers for Mental Health Services

How to use this list:

This is a directory of names, locations, and phone numbers of our clinics and providers. It explains the services we offer and will help you find the resources you need. It is updated once a month and no later than 30 calendar days after the County receives updated provider information.

Emergency or Crisis Services:

Emergency assistance can be obtained by calling 911. Mental Health emergency calls can also be made to our toll-free number, **1-800-838-1381**. Our Mental Health Evaluation Team may come to you to help with crisis situations. Emergency services do not require pre-authorization (they are available when needed, without prior approval).

For more Information about Mental Health services and your rights:

Please read the "Guide to Medi-Cal Mental Health Services", available on our web site slobehavioralhealth.org, at any clinic location, or by calling us at 1-800-838-1381. The Guide is available in English, Spanish, in large print version and in a CD format.

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-838-1381 or TTY/CRS 1-800-735-2922

繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-838-1381 or TTY/CRS 1-800-735-2922。

Free Language assistance services are available upon request. Please ask any staff person for assistance if you need this information in an alternative communication format such as large font, Braille, or an electronic format, or, if you would like help reading the material.

If you cannot hear or speak well, please call 1-800-735-2922 California Relay Service/TTY.

STEPS TO ACCESS BEHAVIORAL HEALTH SERVICES

Step 1:

Call 1-800-838-1381

This is our toll-free, 24 hour, 7 days-per-week Central Access Line. You will receive information about how to get Mental Health and/or Substance Use treatment services. If you call between 8 AM and 5 PM Monday through Friday (except holidays) we will schedule a first assessment appointment with you to discuss your needs and to help you find services that will work for you.

Step 2:

After completing an assessment, we will explain the services you qualify for and help you find providers who have current openings to work with you. You may read about our services and programs in this Provider List to help us find what you need.

MENTAL HEALTH TREATMENT PROVIDERS

All our locations are handicap accessible and close to public transportation. Services are available in English and Spanish at all locations. Other spoken language or ASL needs can be met as needed. Mental Health clinic treatment teams have openings and are continually accepting new referrals. Clinic staff offer Therapy, Rehabilitation, Case Management, Medication Support and Crisis Intervention services. Services are available both in person and via telehealth.

Staff at Mental Health Clinics and Specialty Programs have specialized training to assist with a wide variety of phase of life concerns (including early childhood, transitional aged youth, and older adult issues). We use a trauma informed care model and can help with recovery from past abuse, trauma, or discrimination. All staff have received cultural competency training and are sensitive to culture, gender and sexual identity, and lifestyle choices and provide services in an open, caring, compassionate manner. Many staff are bilingual and/or bicultural.

Services may be delivered by an individual provider or by a team of providers working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, waived, or registered mental health providers are listed on this Provider Directory. Provider assignment decisions will be made by considering availability, specialization, recommendations, and requests. You may request a change of provider by using a Consumer Request Form, available in all of our clinic locations and on our website: slobehavioralhealth.org. Requests to work with a specific provider will be reviewed and authorized when possible.

Outpatient Clinics and Service Providers

For more information about each clinic provider see the “All Mental Health Staff” list at the end of this directory. All providers offer services both in person and via telehealth.

South County Youth, 1666 Ramona Ave, Suite D, Grover Beach, (805) 473-7060

Email: HA.AGRD.YouthMH.Provider@co.slo.ca.us

Clinic Hours: Monday – Friday 8 AM to 5 PM

Serves clients ages 0-24

Program Supervisor: Christine Hoffman

Prescriber(s): Elizabeth Cottingham, MD

Clinicians: Angela Garcia Arenas, Bryce Johnson, Marisol Mariscal, Jennifer Kioski, Nicole Isakson, Janet Soto

South County SAFE, 1086 Grand Ave., Arroyo Grande, (805) 474-2105

Email: BehavioralHealth.SAFE@co.slo.ca.us

Clinic Hours: Monday – Friday 8 AM to 5 PM

Serves clients ages 0-24

Program Supervisor: Christine Hoffman

Clinicians: Nicola Glanville, Arya Jones, Jakelyn Llamas, Marycruz Salinas, Anne Harris

South County Adult, 1350 Grand Ave., Arroyo Grande, (805) 474-2154

Email: HA.AGRD.AdultMH.Provider@co.slo.ca.us

Clinic Hours: Monday – Friday 8 AM to 5 PM

Serves clients ages 18-99

Program Supervisor: Lauren Rocha

Prescriber(s): Stephen Penepacker, MD, Anthony Koch, PMHNP

Clinicians: Samantha Cvetovac, Randall Delisle, Gricel Mendoza

Martha’s Place Children’s Assessment Center, 2925 McMillan Ave., Suite 108, San Luis Obispo, (805) 781-4948

Email: HA.SLO.MP.Provider@co.slo.ca.us

Clinic Hours: Monday – Friday 8 AM to 5 PM

Provides screening, assessment, referral, and treatment for children birth to five who have been exposed prenatally to substances and/or are exhibiting moderate to severe behavioral issues.

Serves clients ages 0-5

Program Supervisor: Anthony Huffaker

Pediatricians: Nisha Abul Cader, MD, Mary Nave, MD

Clinicians: Jill Anderson, Gretchen Grant, Julia Coats, Elsa Ledesma Huapaya

San Luis Obispo Youth Services, 2975 McMillan Ave., Suite 160, San Luis Obispo, (805) 781-4179

Email: HA.SLO.YouthMH.Provider@co.slo.ca.us

Clinic Hours: Monday – Friday 8 AM to 5 PM

Serves clients ages 0-24

Program Supervisor: Gina Forgette

Prescriber(s): Elizabeth Cottingham, MD

Clinicians: Coleen Buckley, Leticia Cervantes, Megan Collington, Alissa Esenarro, Debbi Heredia, Anneliese Kindem, Noemi Mariscal, Kyle May, Shyla Storm, Jennifer Weissman

San Luis Obispo Adult, 2178 Johnson Ave., San Luis Obispo, (805) 781-4700

Email: HA.SLO.AdultMH.Provider@co.slo.ca.us

Clinic Hours: Monday - Friday 8 AM to 5 PM

Serves clients ages 18-99

Program Supervisor: Alexis Fraser

Prescriber(s): Christina Calabrese, MD, Stephen Penepacker, MD

Clinicians: April Sears, Kelly Fitzgerald, Kristina Evans

Prevention & Outreach, 277 South Street, Ste. T, San Luis Obispo, (805) 781-4754

Email: HA.SLO.Prevention.Provider@co.slo.ca.us

Clinic Hours: Monday – Friday 8 AM to 5 PM

School and clinic-based programs for youth with co-occurring mental health and substance use disorders and their families. SUD Services for youth (up to age 21). Veteran's Services. MHSA/ BHTA. Individual and Group Counseling, Substance Use Recovery Services and Treatment in schools, youth SUD, and Veteran's Treatment Programming.

Serves clients ages all

Division Manager: Christina Rajlal

Veteran's Services, 2180 Johnson Ave, San Luis Obispo, (805) 781-5766

Office Hours: Monday - Friday 9 AM to 5 PM

Specialty program focused on the need of veterans and their families. Services are by self or court referral.

Serves clients ages 18-99

Behavioral Health Treatment Court & Adult Treatment Court Collaborative, 2180 Johnson Ave., San Luis Obispo, (805) 781-4850

Email: HA.SLO.BHTC.Provider@co.slo.ca.us

Clinic Hours: Monday - Friday 8 AM to 5 PM

Provides services for adults with co-occurring mental health and substance use disorders who are referred by Probation or the court.

Serves clients ages 18-99

Program Supervisor: Josh Woodbury

Prescriber(s): Stefan Lampe, MD

Clinicians: Paul "Corey" Hoffman, Alex Savage

North County Youth, 5575 Hospital Way, Atascadero, (805) 461-6113

Email: HA.ATAS.YouthMH.Provider@co.slo.ca.us

Clinic Hours: Monday - Friday 8 AM to 5 PM

Serves clients ages 0-24

Program Supervisor: Allison Sommers

Prescriber(s): Deborah Brewster, MD

Clinicians: Tomoko Rhoat, Lucila Rodriquez, Dara Kerkorian, Kathleen Cochran, Kendra Cover

North County Adult, 5575 Hospital Way, Atascadero, (805) 461-6060

805 4th Street Paso Robles, (805) 237-3090

Email: HA.ATAS.AdultMH.Provider@co.slo.ca.us

Clinic Hours: Monday - Friday 8 AM to 5 PM

Serves clients ages 18-99

Program Supervisor: Alessia Wallace

Prescriber(s): Joshua Deane, MD, Lorelei Dumaplin, NP

Clinicians: Cynthia Wakefield, Emma Sturm, Juan Plasencia, Lara Laity

Organizational Providers

Organizational providers are larger agencies which work closely with Behavioral Health to provide a range of services to consumers. Services are available in English and Spanish. All locations are handicap accessible and close to public transportation. Organizational providers are continually accepting new referrals. All providers have completed cultural competence training.

Family Care Network, www.fcni.org

1255 Kendall Road, San Luis Obispo, (805) 781-3535

Offers the following field-based services for youth and transitional aged youth: family advocacy and mentors, Wraparound, Therapeutic Behavioral Services, therapy for youth and families, Intensive Care Coordination, and In-Home Behavioral Services (IHBS).

Serves clients ages 0-24

For more information about Family Care Network providers see the "Family Care Network Staff" list at the end of this directory.

Child Development Resource Center, www.childrensresource.org

1720 Bishop Street, San Luis Obispo, (805) 544-0801

Provides the following services for preschool and school aged children and their families: parenting education, counseling, childcare and abuse prevention programs,

Serves clients ages 2-5

For more information about Child Development Resource Center providers see the "Seneca Center Staff" list at the end of this directory as they are the staff stationed at the Child Development Resource Center.

Seneca Center, www.senecafoa.org

6850 Morro Road, Atascadero, (805) 434-2449

Therapy, rehabilitation, case management, and medication support services for youth with problems related to adoption or loss.

Serves clients ages 0-21

For more information about Seneca Center providers see the "Seneca Center Staff" list at the end of this directory.

Transitions Mental Health Association, www.t-mha.org

784 High Street, San Luis Obispo, (805) 540-6500, SLO Hotline: 1-800-783-0607

Peer support and advocacy for adults and families. Programs include" Peer Advocacy and Advisory Team, Supportive Employment Program, Growing Grounds, Wellness Centers, Forensic Re-Entry Services, Homeless Outreach Team, Housing Supports, and three Adult Full Services Partnership teams for adults at risk of incarceration, homelessness, or hospitalization.

Serves clients ages 18-99

For more information about Transitions Mental Health Association providers see the "Transitions Mental Health Association Staff" list at the end of this directory.

Sierra Mental Wellness, www.sierramentalwellness.org

Mental Health Evaluation Team provides emergency mental health evaluations, mental health crisis response services, and post-crisis follow-up services for clients of all ages. 1-800-838-1381

Inpatient Services

Psychiatric Health Facility, 2178 Johnson Ave., San Luis Obispo, (805) 903-1905

A 16-bed psychiatric care facility limited to mental health emergencies only.

Serves clients of all ages.

Network Providers

Network Providers are individual therapists in private practice who contract with Mental Health. Network Providers conduct brief individual and family therapy sessions (up to 18 sessions) for full scope Medi-Cal beneficiaries only. All of our providers have completed cultural competency trainings and all providers have offices that are handicap accessible and close to public transportation.

To learn about Network Providers' specialties and accessibility contact Central Access at: 1-800-838-1381.

Network Providers are available by referral from a Mental Health clinic only. **Please do not call them to begin treatment without a referral from Mental Health.** First call Central Access at 1-800-838-1381 to schedule an intake assessment at a clinic. You may discuss all your treatment options with the therapist who conducts your assessment. If you are referred to a Network Provider, Managed Care staff will find a therapist who can work well with you and has current openings.

All initial appointments must be pre-authorized by calling our toll free Central Access line (1-800-838-1381) during regular business hours.

Peggy Atwill	LMFT # 20838	NPI: 1285704106
Phone: (805) 234-6435	Address: 1521 Higuera St. Ste. D San Luis Obispo	Email: PJAtwill@gmail.com
Specialties: Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Gestalt, Art and Play therapy, Recovery from trauma, Somatic Experiencing and Narrative Process		
Services: Individual and family therapy for clients ages six through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Hispanic, Hawaiian, Korean, Japanese, Chinese, Evangelical, Buddhist, Mormon, and Jehovah Witness populations served.		
Chris Canclini	LMFT # 53907	NPI: 1639397229
Group Affiliation: The Coastal Wellness Center	Website: thecoastalwellnesscenter.com	
Phone: (805) 598-0631	Address: 11545 Los Osos Valley Rd., Ste C4	Email: chris@thecoastalwellnesscenter.com
Specialties: Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Love and Logic Parenting, Co-Occurring Treatment, Mindfulness, EM.D.R, and Trauma.		
Services: Individual and family therapy for clients ages six through late adulthood.		
Cultural Capabilities: Completed cultural competency training. LGBTQ, Latino, African American populations served.		

Sara Cress	LCSW # 9707	NPI: 1780731497
Phone: (805) 748-3260	Address: 1303 Higuera St. San Luis Obispo	Email: saragator@aol.com
Specialties: Solution Focused Therapy		
Services: Individual and family therapy for clients age eight through late adulthood.		
Cultural Capabilities: Completed cultural competency training.		
Liliana Escobar-Thies <i>Se habla español</i>	PsyD # 20800	NPI: 1902995913
Phone: (805) 215-3518	Address: 1254 2 nd St. Ste. B Los Osos	Email: lescobarthies@gmail.com
Specialties: Cognitive Behavioral Therapy, Family Systems, Humanistic/Existential.		
Services: Individual and family therapy for clients ages four through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Childhood victims of sexual assault, Juvenile offenders, and Latino, Asian, and African American populations served.		
Lisa Finn	LCSW # 22778	NPI: 1134266893
Phone: (805) 720-3039	Address: 1414 S. Miller St. Ste. D Santa Maria	Email: Lisafinn16@gmail.com
Specialties: Family Systems, Play Therapy, Theraplay		
Services: Individual and family therapy for clients ages 18 months through late adulthood.		
Cultural Capabilities: Completed cultural competency training.		
Dana Francis	LMFT # 51468	NPI: 1467712927
Phone: (805) 550-0428	Address: 555 S. 13 th St. Ste. L Grover Beach 900 Los Osos Valley Rd. Ste. C Los Osos	Email: dfdf@charter.net
Specialties: Cognitive Behavioral Therapy, Solution Focused Therapy, Art and Play therapy		
Services: Individual and family therapy for clients ages three through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Hispanic, Filipino, and homeless populations served.		

Gina Garcia-May <i>Se habla español</i>	LMFT #104652	NPI: 1730688003
Phone: (805) 363-5233	Address: 330 James Way Ste. 180 Pismo Beach	Email: ginagarciamaylmft@gmail.com
Specialties: EM.D.R, Trauma Focused CBT, Attachment Therapy, Cognitive Behavioral Therapy, Gestalt Therapy		
Services: Individual and family therapy for clients age two through late adulthood.		
Cultural Capabilities: Completed cultural competency training. LGBTQ, Hispanic, Oxacan-Mixteco, and Christian populations served.		
Susanne Haas-Clark	LMFT # 38332	NPI: 1609937952
Phone: (805) 712-2828	Address: 3522 El Camino Real Atascadero	Email: susannehaasclark@gmail.com
Specialties: Existential-Humanistic, Cognitive Behavioral Therapy, Play therapy, EM.D.R		
Services: Individual and family therapy for clients ages four through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Hispanic, Asian, African American, Native American, and all religious populations served.		
Lisa Jimenez <i>Se habla español</i>	LCSW #85326	NPI: 1790800381
Specialties: Cognitive Behavioral Therapy, DBT, Motivational Interviewing, Solution Focused, Play Therapy, EM.D.R		
Services: Individual and family therapy for clients ages two through late adulthood.		
Cultural Capabilities: Completed cultural competency training. LGBTQ, Latino/Hispanic, African American, Christian, and Catholic populations served.		
Ana Melendez	LMFT # 75079	NPI: 1518211432
Phone: (805) 500-6292	Address: 920 S. Broadway # B Santa Maria, CA	Email: Amelendez523@yahoo.com
Specialties: Cognitive Behavioral Therapy		
Services: Individual and family therapy for clients age three through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Hispanic population served.		

Brittany Nelson		
LMFT # 53290	NPI: 1811018666	
Group Affiliation: n/a	Website: n/a	
Phone: (805) 537-6007	Address: 604 E. Ocean Ste. G Lompoc, Ca. 93436	Email: BrittanyNelsonLMFT@yahoo.com
Specialties: Cognitive Behavioral Therapy (CBT), Trauma-Focused CBT, Play Therapy, and Strength-Based approaches		
Services: Therapy focused on children, adolescents, and adults, with specialties in trauma, ADD/ADHD, and first responders. s		
Cultural Capabilities: Completed cultural competency training.		
Dwayne Nickerson		
LMFT # 96210	NPI: 1780011437	
Phone: 310-897-0140	Address: 11555 Los Osos Valley Rd., Ste 100 San Luis Obispo, CA. 93401	Email: dwayne.nickerson.lmft@gmail.com
Specialties: Cognitive Behavioral Therapy		
Services: Individual and family therapy for clients age 6 through 75.		
Cultural Capabilities: Completed cultural competency training.		
Teresa Pardini		
LMFT # 40720	NPI: 1053515452	
Phone: (805) 260-4833	Address: 151 W. Dana Ste. 200 Nipomo	Email: creativityincounseling@ yahoo.com
Specialties: Trauma Focused therapy, Attachment therapy, Art and Play therapy		
Services: Individual and family therapy for clients age three through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Hearing/sight impaired, Latino, Native American, Christian, Islamic, and gang affiliated population served.		
Diane Rhodes		
LMFT # 46288	NPI: 1962652099	
Phone: (805) 610-2069	Address: 935 Riverside Ave Ste. 12 Paso Robles	Email: drhodesmft@gmail.com
Specialties: EM.D.R, Play therapy, Theraplay, Cognitive Behavioral Therapy, Solution Focused therapy		
Services: Individual and family therapy for clients ages three through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Hispanic, low income, Catholic, and Christian populations served.		

Cynthia Smith	LMFT # 18170	NPI: 1194869560
Phone: (805) 462-1503	Address: 3522 El Camino Real Atascadero	Email: Cyndymft@gmail.com
Specialties: Specializes in treating eating disorders and trauma.		
Services: Individual and family therapy for clients ages four through late adulthood.		
Cultural Capabilities: Completed cultural competency training.		
Elise Tobin	LMFT # 37900	NPI: 1649332032
Phone: (805) 237-4462	Address: 408 S. Main St. Ste. 240 Templeton	Email: elisetobin@sbcglobal.net
Specialties: Art therapy, Play therapy, Cognitive Behavioral Therapy, Family Systems		
Services: Individual and family therapy for clients ages five through late adulthood.		
Cultural Capabilities: Completed cultural competency training. LGBTQ population served.		
Marne Trevisano	PhD # 9162	NPI: 1770677700
Phone: (805) 462-8025	Address: 151 W. Dana St. Ste. 204 Nipomo	Email: marnetrev@gmail.com
Specialties: Supportive Psychotherapy, Attachment therapy, Gestalt therapy		
Services: Individual and family therapy for clients ages 17 through late adulthood.		
Cultural Capabilities: Completed cultural competency training. LGBTQ, Christian, Jewish, Humanism, Hmong, Afghan, African American populations served.		
Nancy Walsh	LMFT # 39934	NPI: 1831251966
Phone: (805) 781-9530	Address: 1190 Marsh St. Ste. C San Luis Obispo	Email: NGW@charter.com
Specialties: Play therapy, EM.D.R		
Services: Individual and family therapy for clients ages three through late adulthood.		
Cultural Capabilities: Completed cultural competency training. Latino, African American, and Caucasian populations served.		
Elaina Weiss	LCSW # 20153	NPI: 1467480962
Phone: (805) 441-2768	Address: 1303 E. Grand Ave. Ste. 215 Arroyo Grande	Email: eweissca@gmail.com
Specialties: Cognitive Behavioral Therapy; Psycho-education, Structural Family Therapy, Dialectical Behavior Therapy, Brief and Solution Focused Therapy		
Services: Individual and family therapy for clients ages 13 through 60 years of age.		
Cultural Capabilities: Completed cultural competency training.		
Specialties: Cognitive Behavioral Therapy; Psycho-education, Structural Family Therapy, Dialectical Behavior Therapy, Brief and Solution Focused Therapy		
Services: Individual and family therapy for clients ages 13 through 60 years of age.		
Cultural Capabilities: Completed cultural competency training.		

All mental health staff work at ADA accessible sites and have completed Cultural Competency Training

Cognitive Behavioral Therapy (CBT); Trauma Focused Cognitive Behavioral Therapy (TFCBT); Motivational Interviewing (MI); Dialectical Behavior Therapy (DBT); Developmental, Individual Difference, Relationship-Based Model of Intervention (DIR); Moral Reconciliation Therapy (MRT); Child and Parent Psychotherapy (CPP); Dyadic Developmental Psychotherapy (DDP); Eye Movement Desensitization and Reprocessing (EMDR); American Society of Addiction Medicine (ASAM)

Column1	Column2	Column3	Column4	Column5	Column6	Column7	Column8
Staff Name	License or Registration Number	NPI Number	Site/Type of Provider	Area Served	Population Served	Languages	Specialties/Training
Abdul Cader, Nisha	MD 62847	1851428981	Youth Services	San Luis Obispo	Youth 0-5	English	Board Certified Pediatrician
Allen, Amy	LCSW 86992	1235521162	Youth Services	North County	Youth 4-21	English	TFCBT; Seeking Safety; Trust-Based Relational Intervention
Anderson, Jill	LMFT 35305	15786223427	Youth Services	San Luis Obispo	Youth 0-5 Parents Families	English	Assessment of children 0-5; Attachment therapy; Play therapy; Infant Parent Psychotherapy
Barmby, Tyler	LMFT 123144	1538537303	Justice Services	SLO	Adults 18-99	English	
Belcadi, Mounir	A93642	1053341073	Adult Services	San Luis Obispo	Adults 18-99	English	Board Certified Psychiatrist
Birchell, Johanna	MFT Trainee	1326903980	Youth Services	North County	Youth 4-21	English	
Bolla, Lindsay	AMFT 138751	1871283069		San Luis Obispo		English	

Buckley, Coleen	LCSW 103210	1174988190	Youth Services	Juvenile Services Center	Youth	ASL	CBT, TFCBT, LGBTQIA+
Calabrese, Christina	MD 90966	1154466530	Adult Services	San Luis Obispo	Adults 18-99	English	
Canter, Glen	LPT 32987	1255903845	Adult Services	San Luis Obispo	Adults 18-99	English	
Cervantes, Leticia	AMF 156843	1730052770	Youth Services Adult Services	San Luis Obispo North County	Youth 5-21 Adults 18-99	Spanish English	Latino Outreach Program (LOP)
Coats, Julia	LMFT 156986	1215514732	Youth Services	Entire County	Youth (Birth-5)	English	
Cochran, Kathleen	LMFT 53272	1770911315	North County Youth	North County	Youth	English	Play Therapy, Family Therapy, CBT
Collington, Megan	ACSW 112295	1467803395	Youth Services	San Luis Obispo	Youth	English Spanish	Children and Adolescents, Families, Early Childhood, Perinatal Mood and Anxiety Disorders, Latinx Population, CBT, DBT, TF-CBT
Cordova, Avery	LPT 37349	1285347948	Adult Services	South Co	Adults 18-99	English	
Cover, Kendra	LCSW 127763	1376816322	Youth Services	North County	Youth 0-21	English	Attachment therapy, EMDR, Prescriptive Play Therapy, Dyadic Developmental Psychotherapy, Polyvagal theory, CBT
Craft, Sara	PT 38180	1962796086	Adult Services	SLO	Adults 18-99	English	

Cottingham, Elizabeth	MD G83288		Youth Services	SLO, South County	Youth 5-21	English	Child Psychiatry
Cvetovac, Samantha	ASW123935	1902520984	Adult Services	South County	Adults 18-99	English	Severe and Persistent Mental Illness Adults 18 - End of Life
Deane, Joshua	MD 78896	1225080468	Adult Services	North County	Adults 18-99	English	Board Certified Psychiatrist
Defirmian, Lisa	MD G71605	1215150040	PHF	SLO	Adults 18-99	English	
Delisle, Randall "David"	LMFT 122536	1972995530	Adult	South County	Adults 18-99	English	Co-Occurring Disorders, Trauma Informed Care, Harm Reduction, Insight Oriented Approaches, Individual and Group Modalities
Delos Trino, Ed	NP 95005513	1346773306	PHF	San Luis Obispo	Adults 18-99	English	
Diaz, Jairo	PT41795	1891284915	Youth Services Adult Services	Entire County	Youth 5-21 Adults 18-99	Spanish	Latino Outreach Program (LOP)
Dumaplin, Lorelei	CA NP License# 95017241, CA RN license# 772976	1306110986	M.H. Nurse Practitioner	North County	Adult 18-99	Filipino English	
Esenarro, Alissa	LMFT 104463	1174949580	Youth Services	SLO County	Youth 4-21	English	Sexual abuse/Complex Trauma; Play therapy; Sand tray; Family therapy; Attachment therapy; TFCBT

Evans, Kristina	AMFT 124108	1467023044	Adult Services	San Luis Obispo	Adults 18-99	English	CBT, DBT, person centered, grief
Ewen, Lynley	LMFT 96975	1427240191	Youth Services	South County	Youth 4-21		LGBTQIA, Trauma
Felix, Sara	VN 233325	1558251322	Adult	Paso Robles	Adults 18-99	English	
Fitzgerald, Kelly	LMFT 90724	1417201641	Adult Services	San Luis Obispo	Adults 18-99	English	
Forgette, Gina	LCSW 26403	1306858630	Youth Services	San Luis Obispo	Youth 4-21	English	CBT; TF-CBT; Trauma Informed Care
Fraser, Alexis	LMFT 85532	1255611448	Adult Services	San Luis Obispo	Adults 18-99	English	CBT; TFCBT; DBT; Solution Focused therapy; Trauma Informed Care; Child and family psychotherapy
Garcia Arenas, Angela	AMFT 130377	1093237471	Youth Services	South County	Youth 4-21	Spanish	Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification, Neurofeedback
Glanville, Nicola	LMFT42794	1104955921	Youth Services	South County	Youth 4-21	English	CBT; Family therapy; TFCBT; Parenting Support
Grant, Gretchen	LMFT 117214	1578951513	Youth Services	San Luis Obispo	Youth (Birth to 5)	English	
Grotte, Michael	LPT 36618	1669813671	Adult Services	San Luis Obispo	Adults 18-99	English	
Hardisty, Sara	LPT 38394	1265831754	Justice Services, CAT	North County	Adult 18-99	English	Medication Management

Harris, Anne	LMFT 47479	1093887143	Youth Services	South County	Youth 4-21	English	EMDR; Play therapy; Attachment therapy; Family and Individual therapy; Sand tray
Heredia, Debbie	AMFT156027	1861626905	Adult and Youth Services	San Luis Obispo	Youth 4-21 Adults 18-99	English Spanish	Grief, Chronic Illness, Training in play therapy
Hernandez, Alexandra	LMFT 111037	1497282883	Managed Care	North County	Adults 18-99	Spanish	Assessment of severe mental illness; ASAM certified
Hoffman, Christine	LMFT 52273	1154609477	Youth Services	South County	Youth 4-21	English	EMDR; Play therapy; Sand tray; Attachment therapy; Family therapy
Hooson, Jason	PT 28879	1083772933	Youth Services	San Luis Obispo	Youth 4-21	English	
Huffaker, Anthony	LMFT 32206	1851463186	Youth Services	San Luis Obispo	Youth 0-5	English	Family Therapy; Grief; Play Therapy
Isakson, Nicole	LCSW 83867	1265847289	Youth Services	South County	Youth 4-21	English	Experience working with adults, children, families, justice system and LGBTQIA+
Joaquin, Tara	LPT 34771	1376015289	Adult Services	South County	Adults 18-99	English	
Johnson, Bryce	AMFT 127365	1326668518	Youth Services	South County	Youth 4-21	English	Neurofeedback
Jones, Arya	LMFT 155535	1497089981	Youth Services	South County	Youth 4-21	English	Cultural Competency
Kerkorian, Dara	ASW 118382	1538949664	Youth Services	North County	Youth 5-21	English	

Kindem, Anneliese	LCSW 115283	1154084143	Youth Services	San Luis Obispo	Youth 4-21	English	Trauma Informed Care, TF-CBT, Play Therapy, Attachment focused therapy, Family Therapy, Motivational Interviewing
Kioski, Jennifer	AMFT 139416	1639950439	Youth Services	South County	Youth 4-21	English	
Koch, Anthony	PMHNP 95024532	1821676669	Adult Services	South County	Adults 18-99	English	
LaChapelle, Tom	LMFT 37694	1043378466	Access and Crisis Services	SLO County	Youth 4-21 and Adults 18-99	English	CBT; Family therapy; Parent Training/Support
Laity, Lara	LMFT 125458	1457874182	Adult Services	North County	Adults 18-99	English	Theraplay; Domestic Violence; Sexual Assault; Sand Play
Lampe, Stefan	MD 63813	1366647463	Adult Services	San Luis Obispo	Adults 18-99	English	Board Certified Psychiatrist
Lederer, Lauren	LMFT 87857	1902116023	Justice Services	San Luis Obispo	Adults 18-99	English	Court Screener
Ledesma Huapaya, Elsa	AMFT 154637	1720878366	Youth Services	San Luis Obispo	Youth 0-5	Spanish	Cultural Competency
Lee, Eric	MD A137796	1912297177	PHF and Urgent Care	San Luis Obispo	Adults 18-99	English	
Leonard, Katherine	LMFT 137190	1215435904	Adult	San Luis Obispo	Adults 18-60	English	FSP, Forensic
Lewis, Kelly	LPT 36628	14970006662	Adult	San Luis Obispo	Adults	English	SMI
Llamas, Jakelyn (Jackie)	LMFT 111906	1508144361	Youth Services	South County	Youth 4-21	Spanish	CBT; TFCBT; Family therapy, Theraplay
Lowry, Ernest	RN 823274	1265943674	Justice Services, CAT	San Luis Obispo	Adults 18-99	English	Medication Management

Ma, Albert	MD A93179	1275596496	PHF and Urgent Care	San Luis Obispo	Adults 18-99	English	
Mariscal, Marisol	LMFT118057	1316073075	Adult Services Youth Services	South County	Adults 18-99 and Youth 4-21	Spanish	CBT
Mariscal, Noemi	AMFT 142766	106H00000X	Youth Services	San Luis Obispo	Youth 4-21	English Spanish	Family therapy
Martinez, Maria	NP 95014105	1811521578	PHF	San Luis Obispo	Adults 18-99	English	
May, Kyle	LMFT 112737	1124389325	Juvenile Services Center	San Luis Obispo	Youth 11-18	English	CBT; Assessment; PC5150 & PC5585 certified; Custody; Family Therapy; Individual Therapy
McKinney, Brian	A141273	1033536289	Adult Services	San Luis Obispo	Adults 18-99	English	Board Certified Psychiatrist
Mendoza, Gricel	LMFT 104544	1346557220	Adult Services	South County	Adults 18-99	English Spanish	CBT, MI, Dialectical Behavior Therapy, Mental Health Assessments, PC5150 & PC5585 certified, Family Therapy
Miranda, Daniel	LPT 36369	1285994939	Youth Services	San Luis Obispo South County	Youth 4-21	English	LPT (Med Management)
Miranda, Heather	LPT 30859	1023151248	Youth Services	North County	Youth 4-21	English	LPT
Mora, Yesenia	LMFT 157658	1710132881	Justice Services, FSP	San Luis Obispo	Adults	Spanish	Matrix Model, Seeking Safety, CBT

Myers, Sean	LPT 27043	1063570836	Justice Services, Co-Occurring	San Luis Obispo	Adults	English	Medication Management
Oliva, Stephanie	LMFT 53713	1891929485	Adult Services	San Luis Obispo	Adults 18-99	English	TFCBT; Seeking Safety; Dual Diagnosis; Greif/Loss
Otrando, Laura	RN349478 BRN 38510	1831396258	Youth Services	San Luis Obispo	Youth 0-5	English	
Parker, Samantha	LCSW 103409	1316689276	Access and Crisis Services	San Luis Obispo	Adults 18-99	Spanish	
Penepacker, Stephen	MD 180768	1336165125	Adult Services	San Luis Obispo, North County	Adults 18-99	English	
Perez, Alejandro	MD A1377965	1275951832	PHF	San Luis Obispo	Adults 18-99	English	
Peters, Joshua	LMFT 51738	1912215724	Adult Services			English	ASAM Certified
Plascencia, Juan	ASW 113155	1053024659	Adult Services	Atascadero	Adults 18-99	English Spanish	
Poncelet, Wahida	LPT 16194	1396135901	Adult	North County	Adults 18-99	English Malay	mental health/ psych and medications
Powers, Shawn	LPT 38253	1043744709	Adult Services	South County	Adults 18-99	English	
Raymond, Gary	NP 2782	1134171390	PHF	San Luis Obispo	Adults 18-99	English	
Rhoat, Tomoko	LMFT 42972	1659428555	Youth Services	North County	Youth 5-21	English	Individual therapy, individual play therapy, and family therapy.
Roberts, Erin L.	LPT 38139	1821460577	Adult Services	South County	Adults 18-99	English	
Rocha, Lauren	LPCC 18062	1821716689	Adult Services	South County, SLO	Adults 18-99	English	Co-occurring Disorders

Rodriguez, Lucila	LCSW 126734	1255713210	Youth Services	North County	Youth 4-21	Spanish English	Assessment and treatment of youth 4-21, Neurofeedback, family systems, TF CBT, psychoanalytic.
Sahan, Gurpreet	LMFT 100729	1497293591	Adult Services	San Luis Obispo	Adults	English	Family therapy, Motivational Interviewing, Gender Affirming Therapy, Cognitive-Behavioral Therapy, Dialectical Behavior Therapy, and Recovery Model
Salinas, Marycruz	ACSW 96372	1487038238	SAFE	South County	Latinx Community Youth and Adults	Spanish	Trauma; families
Salmon, Breanne Lyn	LMFT 91318	1184921678	Adult Services	San Luis Obispo	Adults 18-99 Veterans	English	ASAM Certified
Sears, April	ACSW 13972	1942955646	Adult Services	San Luis Obispo	Adults 18-99	English	
Seay, Matthew	LPT 36347	1184039257	Adult	Atascadero	Adults 18-99	English	
Singh, Balveen	DO 13708	1164753745	PHF and Urgent Care	San Luis Obispo	Adults 18-99	English	
Smith, Mykayla A.	AMFT 122433	1932635158	Managed Care	SLO	All Ages	English	CBT, ASAM, Trauma Informed

Sommers, Allison	LCSW 79324	1609116060	Youth Services	San Luis Obispo, North County	Youth 0-21	English Spanish	CBT; TFCBT, Solution Focused therapy; Play Therapy, trained in DDP principles, EMDR, Attachment Focused Therapy
Soto, Janet	AMFT 118947	1669805032	Youth Services	South County	Youth 4-21	Spanish English	
Storm, Shlya	LMFT 159924	1922772433	Youth Services	San Luis Obispo	Youth 4-21	English	Trauma informed care; CBT; Family Systems; Solution Focused therapy; Motivational Interviewing
Sturm, Emma	AMFT 140349	1295513190	Adult and Youth Services	Atascadero	Adult and Youth	English	Chronic illness and LGBTQIA+
Twaddell, Brian	LPT 34029	1891230694	Adult	North County	Adults 18-99	English	
Vierra, Allie	AMFT 110938	1699124040	Justice Services	San Luis Obispo	Adults 18-99	English	Mental Health Diversion
Viglietta, Samuel	A168577	1679937759	PHF	San Luis Obispo	Adults	English	
Wakefield, Cynthia	LCSW 84805	1891823944	Adult Services	North County	Adults 18-99	English	CBT; DBT; MI; Seeking Safety, Trauma Focused
Wallace, Alessia	LMFT102310	1629346275	Adult	North County	Adults 18-99	Italian	TFCBT; CBT; DBT; Play therapy; Theraplay; Attachment Focused therapy, EMDR
Weissman, Jennifer	LMFT 151800	1467846105	Youth Services	San Luis Obispo	Youth 5-21	English	DBT, CBT, ACT

Williams, Nolan	A159440	1811339641	Adult Services	San Luis Obispo	Adults 18-99	English	Board Certified Psychiatrist
Woodbury, Joshua	LMFT 116983	1689952236	Justice Services, Forensics, Co-occurring	San Luis Obispo	Adults 18-99	English	ASAM Certified, Program Supervisor

All Family Care Network staff work at ADA accessible sites and have completed Cultural Competency Training

Staff Name	License or Registration Number	NPI Number	Site/Type of Provider	Area Served	Population Served	Languages	Specialties/Training
Baker, Julia	ASW111990	1740919372	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification
Barnett, Cynthia	LMFT 50125	1801091772	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems, Trauma Informed Care, CANS, Cultural Competence
Brooks, Taylor	AMFT 109848	1538691019	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, CANS, Motivational Interviewing, Trauma Informed Care, Cultural Competence

Carlisle, Daniel	LMFT 52954	1619172574	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, TF-CBT, Adoptions Clinical Training, ACT certified, CANS, Trauma Informed Care, Cultural Competence
Edwards, Hunter	ASW 115060	1447771415	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification, Seeking Safety
Farmer, Tasha	LCSW 29813	1114201019	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, Trauma Informed Care, CANS, Cultural Competence
Fuentes, Karina	LMFT 123490	1306140090	Youth Services	Entire County	Youth 0-17 Adults 18-24	Spanish	TFCBT; Family Systems; Solution Focused therapy, TF-CBT, CANS, Mental Health Adoption Competency, SAFE home studies, Seeking Safety, Trauma Informed, Cultural Competence

Garcia, Myra	AMFT 113384	1194274597	Youth Services	Entire County	Youth 0-17 Adults 18-24	Spanish	TFCBT; Family Systems; Solution Focused therapy, CANS, Cultural Competence
Gladwill, Jess	LMFT 76388	1376867655	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems, CANS, Theraplay Training, Suicide Prevention, Motivational Interviewing, Trauma Informed Care, Cultural Competence, CSEC
Holcomb, Sarah	MFT Trainee	1467973248	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification
Hunt, Dylan	LCSW 81516	1487934709	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems, Solution Focused Therapy, Trauma Informed Care, CANS, Seeking Safety, Cultural Competence

Krumheuer, Seth	LMFT 105341	1447597455	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, Trauma Informed Care, CANS, Seeking Safety, Cultural Competence
Lopez Del Real, Angela	AMFT 130488	1699416198	Youth Services	Entire County	Youth 0-17 Adults 18-24	Spanish	Trauma Informed Care, TF-CBT, Family Systems, CANS, Cultural Competence
Moates, David	LMFT 50189	1932765484	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, CANS, Cultural Competence
Monterroza, Michelle	AMFT 122838	1669875985	Youth Services	Entire County	Youth 0-17 Adults 18-24	Spanish	Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification, Dialectical Behavioral Therapy, Seeking Safety
Mora, Rebekah	LCSW 72496	1215348693	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification, Mental Health Adoption Competency

Murray, McKenna	MFT Trainee	1629506332	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification
Nibbio, Joanne	LMFT 38416	1386854685	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TFCBT; Family Systems; Solution Focused therapy; CANS Trainer, Certified Play Therapist, CANS, Suicide Prevention, Theraplay, Cultural Competency
Nichols, Dana	LCSW 22856	1194935411	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, CANS, Cultural Competence
Ordunez-Lara, Maria	LMFT 110970	1336344118	Youth Services	Entire County	Youth 0-17 Adults 18-24	Spanish	TFCBT; Family Systems; Solution Focused therapy, Licensed Advanced Alcohol Drug Counselor, SLO Acceptance, CANS, Trauma Informed Care

Palazuelos, Jeannette	AMFT 125352	1508136474	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification, Dialectical Behavioral Therapy, Seeking Safety
Porter, Elisha	AMFT 136412	1598489445	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Cultural Competence, Seeking Safety, CANS Cert.
Rice, Darci	LMFT 116261	1043466261	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, Trauma Informed Care, CANS, CSEC
Ruiz, Ashley	ACSW 105836	1992298723	Youth Services	Entire County	Youth 0-17 Adults 18-24		Trauma Informed Care, TF-CBT, Family Systems, Cultural Competence, CANS Certification
Santiago, Oyuki	ACSW 116283	1063923191	Youth Services	Entire County	Youth 0-17 Adults 18-24	Spanish	Trauma Informed Care, TF-CBT, Cultural Competence, Seeking Safety, CANS

Torres, Erika	LMFT 52064	1942406640	Youth Services	Entire County	Youth 0-17 Adults 18-24		TFCBT; Family Systems; Solution Focused therapy, Trauma Informed Care, CANS, Seeking Safety, Cultural Competence
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All Seneca Center staff work at ADA accessible sites and have completed Cultural Competency Training

Staff Name	License or Registration Number	NPI Number	Site/Type of Provider	Area Served	Population Served	Languages	Specialties/Training
Aiken, Cynthia	BBS LMFT 81844	1033365366	Youth Services	SLO, North County	Children 0-5, Youth	Spanish	Children, families, play therapy
Briggs, Kelsey	LMFT 153988	1245811017	Youth Services	North County	Youth 0-17		
Cain, Karina	ASW 103098	1356988257	Youth Services	South County, SLO, North County	Youth 0-17		
Fu, Emery	MD A91981	1306045976	Youth Services	South County, SLO, North County	Youth 0-17		Board Certified Psychiatrist
Juliano, Nicole	AMFT 129178	104373234	Youth Services	SLO, North County	Youth 0-17 Foster/Adopt		Adopted/Foster Youth and Families; Adoption competent; play therapy; attachment based therapy; LGBTQIA, trauma informed; TF-CBT trained

Lehman, Tina	LMFT 49767	1407927064	Youth Services	South County, SLO, North County	Youth 0-17	Attachment-based play therapy; Family therapy; DDP; Adoption Clinical Training; EMDR, TFCBT; Multi-dimensional Family System
Lords, Bonnie	LCSW 74703	1982986063	Youth Services	San Luis Obispo	Youth 0-17	Adoption Clinical Training; Pathways I Trainer; Resource Family certification; Attachment-focused therapy/Theraplay; EMDR; Trauma Informed
Messinger, Tiffanie	RN 95128606	1588195705	Youth Services	South County, SLO, North County	Youth 0-17	EMDR; Theraplay; DDP; Adoption Clinical Training; Filial therapy; Client-directed play therapy
Murphy, Janeen	LMFT 97533	1467709733	Youth Services	South County, SLO, North County	Youth 0-17	EMDR; Theraplay; DDP; Adoption Clinical Training; Filial therapy; Client-directed play therapy
Rojo, Joanna	LMFT 145476	1962013003	Youth Services	South County, SLO, North County	Youth 0-17	Adoption Competent Care/TF-CBT/Parenting Skills

Royal, Lindsey	RN 740635	1457581720	Youth Services	South County, SLO, North County	Youth 0-17		EMDR; Theraplay; DDP; Adoption Clinical Training; Filial therapy; Client-directed play therapy
All Transitions Mental Health Association staff work at ADA accessible sites and have completed Cultural Competency Training							
Staff Name	License or Registration Number	NPI Number	Site/Type of Provider	Area Served	Population Served	Languages	Specialties/Training
Boaz-Alvarez, Meghan	LMFT 46142	1134244155	Youth and Adult	San Luis Obispo	Youth 0-20		DBT, Trauma Informed Care
Clutter, David	LPT 15664	1205174711					Licensed Psychiatric Technician
Craine, Cassidy	RN 95288239	1487296414	Youth	San Luis Obispo	Youth 0-20		Registered Nurse
Eister, Lori	LMFT 101769	1104972074	Adult	San Luis Obispo	Adults		DBT, EMDR, CBT
Folino, Anthony	LCSW 82064	1538340088	Adult FSP	SLO County	Adults 18-60		CBT; EMDR; Problem-Solving therapy; MI
Holt, Shakora	LPT 34742	1689130288	Adult FSP	San Luis Obispo	Adults 18-99		Trauma Focused-Cognitive Behavioral Therapy, LGBTQ Competency Training, Cultural Competency Training for THMA
Rodarte, Meggan	AMFT 123424	1538551510	Adult FSP	San Luis Obispo	Adults 18-99		DBT, EMDR, Trauma Informed Care

Tidik, Julia	NP 95009437	1396299525	Adult FSP	SLO County	Adults 18-60		Licensed Nurse Practitioner
Wechsler, Jyana	PSY 22616	1902132624	Adult FSP	San Luis Obispo	Adults 18-99		DBT, Trauma Informed Care, MI
Williams, Nicole	LMFT 115146	1962687491	Adult FSP	San Luis Obispo	Adults 18-99		DBT, EMDR, Trauma Informed Care
Yeackle, Anna	LMFT 46501	1467580860	Youth	SLO County	Youth 0-20		Trauma Focused-Cognitive Behavioral Therapy, LGBTQ Competency Training, EMDR, Trauma Focused Yoga