



## Parenting Classes

Organization	Description	Location	Contact
BrightLife Kids <a href="https://www.hellobrightline.com/ca-families">HelloBrightLine.com/ca-families</a>	Peer support and expert advice for parents and caregivers of children aged 0-12 years old who experience behavioral challenges	This is a virtual resource	Visit the website: <a href="https://www.hellobrightline.com/ca-families">HelloBrightLine.com/ca-families</a>
CAPSLO POPS2 Father Involvement Program <a href="https://www.capslo.org/pops2/">Capslo.org/pops2/</a>	Groups designed to help all types of fathers: single dads, co-parents, and expectant fathers; Groups meet in English and Spanish	Groups meet throughout the County	Call: 805-544-4355 x237   Email: <a href="mailto:mmccallister@capslo.org">mmccallister@capslo.org</a>
Parent Connection of SLO County <a href="https://sloparents.org/">https://sloparents.org/</a>	Free, confidential parent education and coaching for all SLO County families with children of all ages	Coaching is done over the phone or via email	Call: 805-543-3700 (English)   Call: 805-540-1223 (Spanish)   Email: <a href="mailto:info@sloparents.org">info@sloparents.org</a>
Parents Helping Parents of SLO County (PHP) <a href="https://www.phpslo.org/">https://www.phpslo.org/</a>	Family resource and empowerment center providing workshops, training, support groups, resources, and more for families with special needs children	Locations in Atascadero and San Luis Obispo	Call: 805-543-3277   Email: <a href="mailto:php@ucp-slo.org">php@ucp-slo.org</a>
San Luis Coastal Adult School Parent Participation <a href="https://ae.slcsd.org/parent-part">https://ae.slcsd.org/parent-part</a>	Classes for parents and caregivers and their young children to engage and learn together; Prices range from \$75-154 for a 14-week semester	Classes offered in Morro Bay and San Luis Obispo	Call: 805-549-1253   Email: <a href="mailto:parentparticipation@slcsd.org">parentparticipation@slcsd.org</a>
South County Youth Coalition (SCYC) <a href="http://www.scyouthcoalition.org/">http://www.scyouthcoalition.org/</a>	Free parenting and child-parent participation classes; Offers grants for students to participate in activities	Events in South SLO County	Call: 805-474-2032   Email: <a href="mailto:scyouthcoalition@gmail.com">scyouthcoalition@gmail.com</a>