



Substance Use

Local Supportive Programs

Organization	Description	Contact
Aegis Treatment Center AegisTreatmentCenters.com	Outpatient center offering Medication Assisted Treatment (MAT) and therapy, and offers a specialized program for pregnant women; Accepts Medi-Cal and most other insurances	Call: 805-461-5212 Walk-in Clinic: 6500 Morro Road, Suites C & D, Atascadero
Alcoholics Anonymous (AA) Central Coast California SLOAA.org	Local supportive groups offering in-person and virtual meetings to support people seeking help; Groups meet throughout SLO County; Phone answered 24/7	Call: 805-541-3211 Email: info@sloaa.org
Aspire Counseling Service AspireCounselingService.com	Offers an Intensive Outpatient Program (IOP) and a Partial Hospitalization Program (PHP) for men, women, teens, and families experiencing substance use disorder; Accepts some insurances	Call: 805-329-5595
Bryan's House Recovery Home, Inc BryansHouseRecoveryHomeInc.com	An inpatient program for pregnant and parenting women with substance use disorder and at least one (1) child younger than five (5) years old; Services include counseling, parenting classes, case management, and more	Contact SLO County Drug & Alcohol Services to request a referral to Bryan's House: 800-838-1381
Casa Solana, Inc. CasaSolanaInc.org	Low-cost, 90-day, sober-living home for women aged 18 years and older	Call: 805-481-8555
Captive Hearts-San Luis Obispo CaptiveHearts.org	A six-month to one-year program and safe home for women seeking healing and support from intimate partner violence, human trafficking, or other trauma	Call: 805-481-4500 Email: info@captivehearts.org
Central Coast Area Narcotics Anonymous CentralCoastNA.org	Local supportive groups offering in-person and virtual meetings to support people seeking help with drug addiction and recovery; Groups meet throughout SLO County; Phone answered 24/7	Call: 800-549-7790 Email: Webmaster@centralcoastna.org
County of SLO Behavioral Health Services SloCounty.gov/DAS	Offers a variety of services and programs to help people with substance use disorders; Services include walk-in clinics, outpatient treatment programs, prevention programs, court-mandated programs, and the SLO Sobering Center	Call: 800-838-1381 Visit a walk-in clinic near you: SloCounty.gov/DAS-clinics



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County of SLO Perinatal Outpatient Extended Group (POEG) Slocounty.gov/POEG	Intensive outpatient treatment program for families providing a safe, positive, structured, and drug & alcohol free environment; Locations in Atascadero and Grover Beach	Call: Atascadero 805-461-6081 Grover Beach 805-473-7080 Visit any County Drug & Alcohol Office
Kick It California KickItCA.org	Free, personalized support to help people quit tobacco and nicotine; Supports people who smoke, vape, or use smokeless tobacco	Call or Text: 800-300-8086 Download the App Chat Online: KickItCA.org
Restorative Partners' Anna's Home RestorativePartners.org/Housing/	Supportive program for formerly incarcerated women and their children in a safe and sober living environment; Services include employment support, balancing children and work, financial literacy trainings, and more	Call: 805-242-1272 Complete a Waitlist application: RestorativePartners.org/waitlist-application/
SLO Sobering Center SLOCounty.gov/SoberingCenter	Short-term, 24/7 sobering center for adults (18+ years) experiencing acute intoxication; Services free or covered by Medi-Cal	Call: 805-280-0415 for bed availability 2180 Johnson Ave, Annex, San Luis Obispo
Tobacco Free SLO TobaccoFreeSLO.org	Free online tool that promotes education, prevention, and cessation of tobacco in SLO County; Quit resources for youth, adults, and older adults	Email: TobaccoFreeSLO@gmail.com

For Teens & Young Adults

Organization	Description	Contact
County of SLO Youth Substance Use Treatment Program SLOCounty.gov/YouthSUD	Personalized outpatient counseling and treatment services for youth aged 12-21 who are facing substance use disorders; Drug testing required; Services covered by Medi-Cal	Call: 805-781-4754 Email: BH.YouthSUDReferral@co.slo.ca.us
EX Program Join.EXProgram.com	Free texting program and online community for young people who want to quit smoking, vaping, Zyn, or other tobacco products	Visit: Join.EXProgram.com
Smokefree Teen Teen.SmokeFree.gov	Free program aimed at preventing early tobacco use and supporting cessation for youths aged 13-17; Offers texting and in-app support	Text "Quit" to: 47848 Download the "quitSTART" app for your mobile device Visit: Teen.SmokeFree.gov