

2026 Retiree Benefits



Agenda

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Renewal and premiums



02

Medical & Pharmacy Benefits



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2026 Changes



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Enrollment Reminders



Open Enrollment is October 3 – 22 2025

2026 Renewal Rates

Medical plans: 14%

Aetna Dental: 2.4%

VSP: No rate change

- County Contribution toward medical enrollment **\$162/month** for 2026
- Premiums found at: **slocounty.ca.gov/retireepremiums**

ID Cards

- New medical ID cards **are** sent out if you **newly enroll or change** your health plan
- Accolade **(866) 406-1275** for replacement BSCA medical ID Cards
- All medically enrolled members will receive a **new pharmacy ID card** in December
- ID cards are not mailed for dental and vision plans

New - Navitus Pharmacy Benefit Manager (PBM)

- Navitus will be replacing Express Scripts for pharmacy starting 01/01/26
- All medical plans will utilize Navitus as their Pharmacy Benefit Manager
- New pharmacy cards will be sent to members by mid-December 2025

Find out more on their website

<https://benefitplans.Navitus.com/nvpsm>

Navitus Formulary

- Navitus Formulary (drug list) is based on your health plan
- Early Retiree Formulary list [here](#) (under 65 years old)



Home

Contact Us

Explore Your Plan Options

Click the links in the menu below to access information and tools for your available plan(s).

Standard

Medicare Part D

Standard

Click the links in the menu to access formulary information and benefit information for your available plan(s). There is a Pharmacy Search tool, which can help you find pharmacies within a specific area. There is also a Drug Cost Preview tool. You can use this tool to check drug prices at pharmacies of your choice.

Formulary

Pharmacy Search

Pharmacy Information

The formulary, or preferred drug list, shows the drugs that are covered under the plan(s). To view the preferred drug list, click the Formulary link below. To search for your drug within the document, use 'Ctrl' key + 'F' and type in the drug name. For a Macbook, use the Command key + 'F' and type in the drug name.

Name

PRISM COMMERCIAL FORMULARY

<https://benefitplans.Navitus.com/nvpsm>

Navitus Formulary

- Navitus Formulary (drug list) is based on your health plan
- Medicare Formulary list [here](#) (65 years or older)



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PRISM MEDICARE D FORMULARY

<https://benefitplans.Navitus.com/nvpsm>

Navitus contd – Pharmacy Search

- Navitus' website shows participating pharmacy retailers
- Navitus mail order medications through Costco Mail Order program

[Home](#) [Contact Us](#)

[Explore Your Plan Options](#) Click the links in the menu below to access information and tools for your available plan(s).

[Standard](#) [Medicare Part D](#)

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[Formulary](#) [Pharmacy Search](#) [Pharmacy Information](#)

93401, San Luis Obispo, CA, United States

OR [Use current location](#)

Radius in miles
5 miles

Search Results Total: 11 [Filter Results](#)

1 CVS PHARMACY #09345
[Visit Pharmacy Website](#)
717 MARSH ST
SAN LUIS OBISPO, CA 93401
Phone: (805) 547-9885

Pharmacies within 5 miles of 93401, San Luis Obispo, CA, United States

<https://benefitplans.Navitus.com/nvpsm>

More Navitus PBM

- You do not need a Costco membership to fill prescriptions at Costco
- Customer Support Phone line available!

Early Retiree phone line (under 65 years old)
(855) 847-1035

Medicare Retiree phone line (over age 65)
(855) 213-1106

Find out more on their website
<https://benefitplans.Navitus.com/nvpsm>

2026 New Benefit! Digbi Health

- Digbi Health is a new program for weight and chronic disease management
- Available lifestyle program for all retiree medical plans

Who is eligible?

- 1) Medically Enrolled Members (BS & Anthem)
- 2) 18 years and older

And One of the Following:

- 1) BMI 30 or greater,
- 2) BMI between 25-29 with a related Comorbidity
 - a) Hypertension, Prediabetes, diabetes, coronary artery disease, dyslipidemia, stroke, osteoarthritis, metabolic syndrome, prediabetes, PCOS, NASH and sleep apnea.
- 3) Hypertension or High Cholesterol
- 4) Type II Diabetes or Prediabetes
- 5) Unresolved GI issues - IBS, GERD, NAFLD, or others



Website: digbihealth.com/prism

2026 New Benefit! Digbi Health

- Offers personalized support, including gut and gene testing, glucose monitoring and health coaching

What members will get



At-Home Genetic Test
Gut Microbiome Testing
Continuous Glucose Monitor



Mobile App and
Lifestyle Tracker



Condition Specific Devices:
Scale, BP Cuff, iGlucose
Monitor



A Dedicated
Coach



Meals tailored to
your Gut and Genetics



Private Member
Community

Website: digbihealth.com/prism

More Digbi Health



Truly personalized health intelligence

COACHING

Unlimited Access to Coaching Calls, Group Coaching, Async Materials

MEAL PLANNER

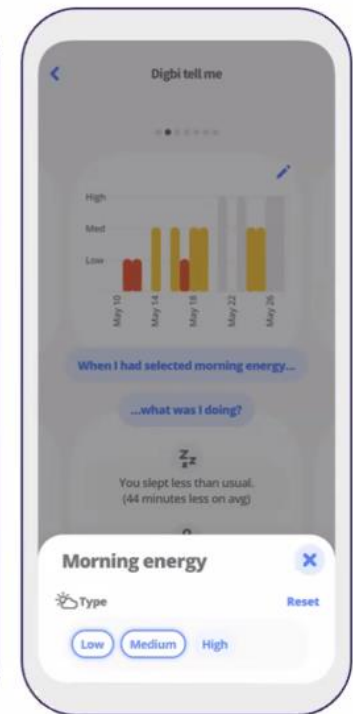
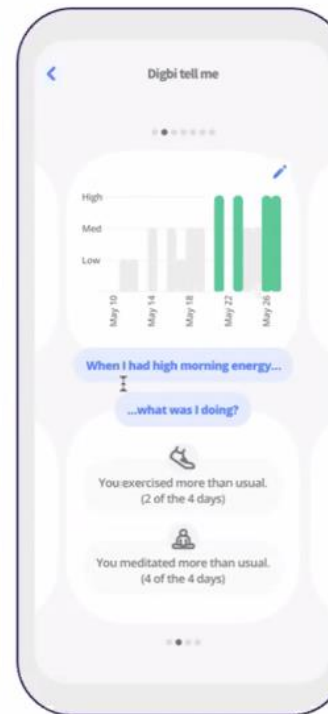
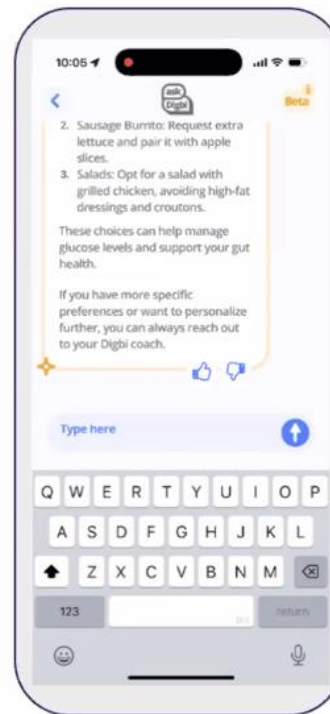
20,000+ rated ingredients and 5,000+ recipes personalized to your biology

FOOD GUIDES

Grocery Label Scanning, Meals from my Fridge, Restaurant Guides

DIGBI COMMUNITY

Connects members with group coaching calls, recipe books, continued learning, etc



Website: digbihealth.com/prism

Digbi Health GLP-1 Track

- **No change to Diabetic GLP-1 process**

Anyone taking a GLP-1 medication for Diabetes will continue with their copays, co-insurance and authorization as in place for 2026

- **No change for Medicare enrollees with specific diagnoses:**

- Diabetes
- Obstructive Sleep Apnea (OSA)
- MASH - Metabolic Dysfunction-Associated Steatohepatitis (a chronic liver disease)
- MACE – Major Adverse Cardiac Events (such as heart attack)

- Any Medicare enrollee taking a GLP-1 medication for the conditions noted above will continue with their copays, co-insurance and authorization as in place for 2026

Website: digbihealth.com/prism

Digbi Health GLP-1 Track

- New weight management GLP-1 track for all members who qualify
- **Exclusive prescriber for weight loss GLP-1 for all health plans**

Weight Loss GLP-1 Eligibility Criteria

Effective January 1st 2026 Digbi Health will serve as the **sole prescriber** for all weight loss GLP-1 medications. This streamlined approach ensures consistent clinical oversight and integrated care management for all patients seeking GLP-1 therapy.



Initial Approval Requirements

Approved for 6 months

- BMI ≥ 40 , or
- BMI 35-39 with ≥ 1 comorbidity
- Documented via charts, labs, or medical records
- Concurrent enrollment in Digbi Health program required



Grandfathering Provision

Deadline: March 31st

Existing patients must transition prescribing authority to Digbi Health by March 31st and meet all current eligibility criteria to continue therapy without interruption.



Re-Authorization Criteria

Required for continuation

- $\geq 5\%$ weight loss achieved within 6 months
- Medication adherence for previous 4 months
- Continued active participation in Digbi Health program

Website: digbihealth.com/prism

Other Changes for 2026

Blue Shield Teledoc Service

- All members (Medicare or Early Retiree plans) can still use Accolade Care for telehealth at \$0 copay

Livongo Diabetes program ending

- All members (Medicare or Early Retiree plans) can use Digbi Health will offer Diabetes support and supplies

Express Script Pharmacy Benefit Manager ending

- All members will have Navitus as their PBM

Not Changing - RxNGo



- Free generic medications for Early Retiree (under 65 years old)
- Free mail-order system that delivers a 90-day supply of medications to your home with \$0 copay and \$0 shipping
- Provides access to over 1,200 generic medications
- To get started, visit rxngo.com and complete the Pharmacy Profile form

Website: <https://rxngo.com/>

Call: (888) 697-9646



Not Changing - Cylinder



- Free digestive health program for all members (Medicare and Early Retirees) for nutrition plans, and access to dietitians and health coaches.
- No criteria to qualify, if you don't meet Digbi Health's Lifestyle program eligibly, you can still receive services with a registered dietitian through Cylinder at \$0 copay to you

Call: (888) 200-5492

Visit Go.CylinderHealth.com/SLO

with code SLO

Cylinder





Accolade Care

\$0 Co-pay Telemedicine platform. Offers same day, evening and weekend appointments

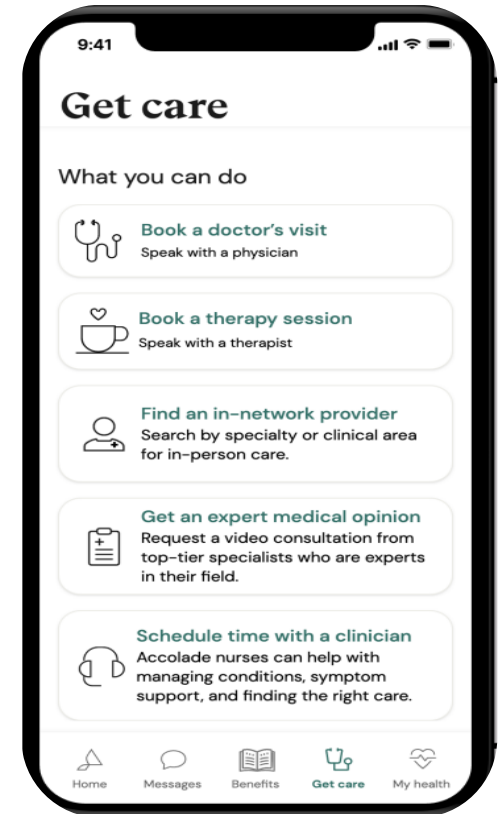
Virtual Health Assistant

Assists with benefits guidance, medical providers, pharmacy issues, Blue Shield ID cards, billing claims, and offers 24/7 support from nurses

2nd.MD

\$0 Free connection with a medical expert

Get started at: 2nd.md/sanluisobispo-county



Visit member.accolade.com
Call (866) 406-1275

Enrollment & Resources



- **Contact the SLO Retiree Enrollment Line at (833) 574-1838**
 - Open Monday-Thursday 6:00AM to 5:00PM
 - Friday 6:00AM – 3:00PM
 - Operates on Central Time hours
- Contact Navitus or attend the webinar on **October 27 at 10:30AM**, link [here](#)
- Digbi Health webinars on October 22 or November 6, links [here](#)

Open Enrollment is October 3 – 22 2025

Resources

- Benefits Webpage: slocounty.ca.gov/oe
- **2026 Retiree Benefits Brochure**
- Accolade Health Assistants
(866) 406-1275



Important Information - Updated Regularly

- What's New
- Employee Resources
- Important Dates for Employees
- ▾ Retiree Resources

Retiree Resources	Details
2026 Premium Rates	Review the new 2026 premiums and cafeteria rates.
2026 Retiree Benefit Brochure	Review the comprehensive Retiree Benefit Brochure to understand all the benefits offered to you by the County.
Navitus Pharmacy Formulary Early Retirees under 65 years old	New - Navitus as the Pharmacy Benefit Manager (PBM) for all County health plans. The Formulary is the list of covered medications by Navitus. If your medication is not covered, contact Navitus at 1-855-847-1035.
Navitus Medicare D Pharmacy Formulary Retirees 65 years and older	New - Navitus as the Pharmacy Benefit Manager (PBM) for all County health plans. The Formulary is the list of covered medications by Navitus. If your medication is not covered, contact Navitus at 1-855-213-1106.
Benefits Coordinator Corporation (BCC): (833) 574-1838	Contact BCC during Open Enrollment to make changes to your medical, dental, or vision plan enrollments. Changes will be effective January 1, 2026.

Questions?

