

# ADULT SERVICES POLICY COUNCIL

## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

## Elected Officials

CA Senator John Laird, 17<sup>th</sup> District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

## Non-Profit Agencies

Access Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Gala Pride and Diversity Center Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
San Luis Obispo Legal Assistance Foundation  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/3CV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Amdal In-Home Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Obispo Council of Governments

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Paulina Flores Jimenez  
**Immediate Past Chair:** Karen Jones  
First Vice Chair:  
**Second Vice Chair:**

[pfloresjimenez@co.slo.ca.us](mailto:pfloresjimenez@co.slo.ca.us)  
[karenjones@ombudsmanslo.org](mailto:karenjones@ombudsmanslo.org)

## AGENDA

**Friday, August 2nd, 2024**

**9:00 a.m. - 11:00 a.m.**

### INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

### ANNOUNCEMENTS: (15 Minutes or less)

### GUEST SPEAKERS: (60 Minutes)

- **SLO Village**
  - **Tami Newcomb, Executive Director**
  - **Nicki Edwards, Board of Directors Member**

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS: (10 Mins)

- a. **Update Agenda Letter Head**
- b. **Update Member Roster**
- c. **ASPC Executive Committee open positions**
  - i. **1<sup>st</sup> Vice Chair**
  - ii. **2<sup>nd</sup> Vice-Chair**

### COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **MPA Advisory Committee**
- **Healthy Brain Initiative**

### MEETING LOCATION:

**DSS Conference Room #101**  
**3433 S. Higuera St, San Luis Obispo**

### NEXT MEETING:

**September 6<sup>th</sup>, 2024**

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Paulina Flores Jimenez

Facilitator: Paulina Flores Jimenez

Recorder: Danielle Raiss

Meeting Called By: Paulina Flores Jimenez

Time: From: 9:00 AM To: 11:00 AM

Date: August 2nd, 2024

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

### Members Present:

Danielle Raiss – DSS

Tami Newcomb – SLO Village

Sally Kruger – SLO Village

Paul Garth – VASH

Juliane McAdam – Meals that Connect

John Lynch – SLO Tribune

Jessica Deveraux – Wilshire Community Svcs.

Nancy Crawford – Care Connection Transport

Nell Bennett – CCRC

Linda Beck – SLO County MPA Advisory

Jeffrey Smith – THMA

Sue Gibson – SLG Senior Care

Robert Diaz – DSS

Nicki Edwards – SLO Village

Jean Raymond – SLO Health Counts

April Lewallen – PathPoint

Kim Chartrand – Hospice SLO County

Nancy Puder – SeaCoast Seniors

Karen Jones – LTC Ombudsman

Jerry Mihaic – ILRC

Clint Weirick – Office of Sen. Laird

Mark Shaffer – Ride ON

Laura Edwards – Meals that Connect

Amelia Grover – Dignity Health

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (If Any)
Introductions	
Public Comment	<p>NELL BENNETT</p> <ul style="list-style-type: none"> <li>PEARLS PROGRAM AT CCRC IS A NO-COST PROGRAM FOR INDIVIDUAL DEPRESSION COACHING FOR SENIORS OVER 60 IN SLO COUNTY</li> </ul> <p>LAURA EDWARDS</p> <ul style="list-style-type: none"> <li>PICKLE FESTIVAL UPCOMING IN OCTOBER AS NEW ANNUAL FUNDRAISER</li> <li>COLLABORATIVE FOR HEALTHY AGING GRANTS TEAM SUBCOMMITTEE HAS BEEN DEVELOPED</li> </ul> <p>MARK SHAFFER</p> <ul style="list-style-type: none"> <li>ACCESS PROGRAM WITH RIDE-ON IS AVAILABLE FOR LOW-INCOME INDIVIDUALS, A \$3 RIDE FOR ANYWHERE IN THE COUNTY</li> </ul> <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> <li>ILRC IS EXPANDING CONTRACT WITH CENCAL/CALAIM</li> </ul> <p>NANCY PUDER</p> <ul style="list-style-type: none"> <li>TWO SEMINARS UPCOMING: <ul style="list-style-type: none"> <li>MERRILL GARDENS IN SANTA MARIA: DOWNSIZING MADE EASY</li> <li>PISMO HILTON GARDEN INN 9/11/24: TESTING KNOWLEDGE ON AGING SKILLS</li> </ul> </li> </ul> <p>JOHN LYNCH</p> <ul style="list-style-type: none"> <li>SLO TRIBUNE WORKING ON SERIES OF STORIES FOCUSING ON HEALTH OF HOMELESS SENIORS</li> </ul>
Member Spotlight	N/A
Guest Speakers	<p><b>NICKI EDWARDS AND TAMI NEWCOMB – SLO VILLAGE</b></p> <ul style="list-style-type: none"> <li>LOCAL NONPROFIT MEMBERSHIP ASSOCIATION HELPING PEOPLE ENGAGE BETTER IN THEIR ORGANIZATION</li> <li>ORIGINS: IN 1999 IN MASSACHUSETTS NEIGHBORS GOT TOGETHER TO HELP ELDERLY WITHSTAND ISOLATIONS OF WINTER. THIS CAUGHT ON AND BECAME NATIONAL ORGANIZATION AND “VILLAGE TO VILLAGE NETWORK” WAS FORMED TO SHARE BEST PRACTICES AND BUILD MOMENTUM WITH OVER 300 VILLAGES NATIONWIDE (OF WHICH OVER 50 ARE IN CALIFORNIA).</li> <li>THE VILLAGES HELPS SENIORS ACHIEVE: INDEPENDENCE AND FREEDOM OF CHOICE, A SENSE OF PURPOSE AND BELONGING, ABILITY TO LIVE AT HOME, OPPORTUNITY FOR SOCIAL CONNECTION, AND PERSONAL GROWTH</li> <li>SLO VILLAGE WAS FOUNDED IN 2015. NOW THERE ARE 125 MEMBERS</li> <li>STRUCTURE: ACTIVITIES PROGRAM AND SERVICE COORDINATION ARE SUPPORTED BY ANNUAL DUES AND SUBSIDIES ARE AVAILABLE FOR LOWER INCOME MEMBERS. SERVICE REQUESTS ARE FULFILLED BY VOLUNTEERS.</li> <li>PROVIDE: FIRST STEP TO SUPPORTED INDEPENDENCE. SOCIAL CONNECTIONS FROM HAPPY HOUR GROUPS, COFFEE MEETINGS, MOVIES AND OTHER GROUPS. WALKS AND PHONE CALLS, GROCERY SHOPPING, TRANSPORTATION, HOME AND YARD TASKS, NAVIGATION OF TECHNOLOGY, WALK PETS, HELP WITH GARDENS, ETC.</li> <li>SLO VILLAGE WAS CRITICAL DURING THE PANDEMIC TO MITIGATE THE ISOLATION</li> <li>STARTS WITH A PHONE-CALL FOLLOWED BY A HOME VISIT TO ENSURE BEST MATCH</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>• COMMUNITY IMPACT IN 2023: PERSONAL CONNECTIONS INCLUDED 2000 HOURS OF VOLUNTEER SERVICE, 1200 SERVICE REQUESTS, 36 SOCIAL ENGAGEMENTS, 3000 CONTACT HOURS</li> <li>• LATELY COFFEE ENGAGEMENTS HAVE HAD SPEAKERS AS WELL</li> <li>• SLO VILLAGE IS FUNDED BY: MEMBERSHIP DUES (49%), DONATIONS (37%), AND GRANTS (14%)</li> <li>• HOW CAN ONE HELP? <ul style="list-style-type: none"> <li>○ COMMUNITY PARTNERSHIP AND SPONSORS</li> <li>○ BOARD MEMBERS</li> <li>○ VOLUNTEERS</li> <li>○ MEMBER REFERRALS</li> </ul> </li> </ul>
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> <li>• SYNOPSIS ACCEPTED WITH NOTED CORRECTIONS.</li> </ul>
Action Items	<ul style="list-style-type: none"> <li>• UPDATE AGENDA LETTERHEAD</li> <li>• UPDATE MEMBER ROSTER</li> <li>• MOTION MADE TO VOTE KIM CHARTRAND AS FIRST VICE CHAIR. <ul style="list-style-type: none"> <li>○ KAREN JONES MAKES THE MOTION</li> <li>○ APRIL LEWALLEN SECONDS THE MOTION</li> <li>○ MOTION APPROVED</li> </ul> </li> <li>• SECOND VICE CHAIR TBD</li> </ul>
Committee Updates as Needed	<p>LOCAL MPA ADVISORY COMMITTEE</p> <ul style="list-style-type: none"> <li>• HMA PULLED ABOUT 100 SURVEYS AT LIBRARY LOCATIONS WHICH PROVED VALUABLE LEARNING OPPORTUNITY FOR CONSULTANTS. SURVEYS BEING SENT OUT TO MEALS-THAT-CONNECT RECIPIENTS AS WELL. HASLO CONSIDERING COORDINATING TRANSPORTATION TO SURVEY LOCATIONS. SCHEDULES FOR AUGUST EVENTS ARE TBD. OCTOBER 8<sup>TH</sup> HAS BEEN DECLARED DAY OF ACTION FOR STATEWIDE MPAs, THE COMMITTEE HAS A SPOT ON BOS AGENDA FOR THAT DAY TO BUILD A COUNTYWIDE EVENT AROUND IT.</li> </ul>

**The next meeting is: September 6th, 2024**

**Time: 9:00 AM**

**Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101**