

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Paulina Flores Jimenez
Immediate Past Chair: Karen Jones
First Vice Chair:
Second Vice Chair:

pfloresjimenez@co.slo.ca.us
karenjones@ombudsmanslo.org

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

AGENDA

Friday, August 2nd, 2024

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

ANNOUNCEMENTS: (15 Minutes or less)

GUEST SPEAKERS: (60 Minutes)

- **SLO Village**
 - **Tami Newcomb, Executive Director**
 - **Nicki Edwards, Board of Directors Member**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (10 Mins)

- a. **Update Agenda Letter Head**
- b. **Update Member Roster**
- c. **ASPC Executive Committee open positions**
 - i. **1st Vice Chair**
 - ii. **2nd Vice-Chair**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **MPA Advisory Committee**
- **Healthy Brain Initiative**

MEETING LOCATION:

DSS Conference Room #101
3433 S. Higuera St, San Luis Obispo

NEXT MEETING:

September 6th, 2024

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of _____
 adults and seniors. Our vision is safe and supported adults and seniors with
 access to a full continuum of resources and independence wherever they reside.

Leader: Paulina Flores Jimenez
 Facilitator: Paulina Flores Jimenez
 Recorder: Danielle Raiss

Meeting Called By: Paulina Flores Jimenez
 Time: From: 9:00 AM To: 11:00 AM
 Date: August 2nd, 2024

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

Members Present:

Danielle Raiss – DSS

Robert Diaz – DSS

Tami Newcomb – SLO Village

Nicki Edwards – SLO Village

Sally Kruger – SLO Village

Jean Raymond – SLO Health Counts

Paul Garth – VASH

April Lewallen – PathPoint

Juliane McAdam – Meals that Connect

Kim Chartrand – Hospice SLO County

John Lynch – SLO Tribune

Nancy Puder – SeaCoast Seniors

Jessica Deveraux – Wilshire Community Svcs.

Karen Jones – LTC Ombudsman

Nancy Crawford – Care Connection Transport

Jerry Mihaic – ILRC

Nell Bennett – CCRC

Clint Weirick – Office of Sen. Laird

Linda Beck – SLO County MPA Advisory

Mark Shaffer – Ride ON

Jeffrey Smith – THMA

Laura Edwards – Meals that Connect

Sue Gibson – SLG Senior Care

Amelia Grover – Dignity Health

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<p>NELL BENNETT</p> <ul style="list-style-type: none"> • PEARLS PROGRAM AT CCRC IS A NO-COST PROGRAM FOR INDIVIDUAL DEPRESSION COACHING FOR SENIORS OVER 60 IN SLO COUNTY <p>LAURA EDWARDS</p> <ul style="list-style-type: none"> • PICKLE FESTIVAL UPCOMING IN OCTOBER AS NEW ANNUAL FUNDRAISER • COLLABORATIVE FOR HEALTHY AGING GRANTS TEAM SUBCOMMITTEE HAS BEEN DEVELOPED <p>MARK SHAFFER</p> <ul style="list-style-type: none"> • ACCESS PROGRAM WITH RIDE-ON IS AVAILABLE FOR LOW-INCOME INDIVIDUALS, A \$3 RIDE FOR ANYWHERE IN THE COUNTY <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • ILRC IS EXPANDING CONTRACT WITH CENCAL/CALAIM <p>NANCY PUDER</p> <ul style="list-style-type: none"> • TWO SEMINARS UPCOMING: <ul style="list-style-type: none"> ○ MERRILL GARDENS IN SANTA MARIA: DOWNSIZING MADE EASY ○ PISMO HILTON GARDEN INN 9/11/24: TESTING KNOWLEDGE ON AGING SKILLS <p>JOHN LYNCH</p> <ul style="list-style-type: none"> • SLO TRIBUNE WORKING ON SERIES OF STORIES FOCUSING ON HEALTH OF HOMELESS SENIORS
Member Spotlight	N/A
Guest Speakers	<p>NICKI EDWARDS AND TAMI NEWCOMB – SLO VILLAGE</p> <ul style="list-style-type: none"> • LOCAL NONPROFIT MEMBERSHIP ASSOCIATION HELPING PEOPLE ENGAGE BETTER IN THEIR ORGANIZATION • ORIGINS: IN 1999 IN MASSACHUSETTS NEIGHBORS GOT TOGETHER TO HELP ELDERS WITHSTAND ISOLATIONS OF WINTER. THIS CAUGHT ON AND BECAME NATIONAL ORGANIZATION AND “VILLAGE TO VILLAGE NETWORK” WAS FORMED TO SHARE BEST PRACTICES AND BUILD MOMENTUM WITH OVER 300 VILLAGES NATIONWIDE (OF WHICH OVER 50 ARE IN CALIFORNIA). • THE VILLAGES HELPS SENIORS ACHIEVE: INDEPENDENCE AND FREEDOM OF CHOICE, A SENSE OF PURPOSE AND BELONGING, ABILITY TO LIVE AT HOME, OPPORTUNITY FOR SOCIAL CONNECTION, AND PERSONAL GROWTH • SLO VILLAGE WAS FOUNDED IN 2015. NOW THERE ARE 125 MEMBERS • STRUCTURE: ACTIVITIES PROGRAM AND SERVICE COORDINATION ARE SUPPORTED BY ANNUAL DUES AND SUBSIDIES ARE AVAILABLE FOR LOWER INCOME MEMBERS. SERVICE REQUESTS ARE FULFILLED BY VOLUNTEERS. • PROVIDE: FIRST STEP TO SUPPORTED INDEPENDENCE. SOCIAL CONNECTIONS FROM HAPPY HOUR GROUPS, COFFEE MEETINGS, MOVIES AND OTHER GROUPS. WALKS AND PHONE CALLS, GROCERY SHOPPING, TRANSPORTATION, HOME AND YARD TASKS, NAVIGATION OF TECHNOLOGY, WALK PETS, HELP WITH GARDENS, ETC. • SLO VILLAGE WAS CRITICAL DURING THE PANDEMIC TO MITIGATE THE ISOLATION • STARTS WITH A PHONE-CALL FOLLOWED BY A HOME VISIT TO ENSURE BEST MATCH

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • COMMUNITY IMPACT IN 2023: PERSONAL CONNECTIONS INCLUDED 2000 HOURS OF VOLUNTEER SERVICE, 1200 SERVICE REQUESTS, 36 SOCIAL ENGAGEMENTS, 3000 CONTACT HOURS • LATELY COFFEE ENGAGEMENTS HAVE HAD SPEAKERS AS WELL • SLO VILLAGE IS FUNDED BY: MEMBERSHIP DUES (49%), DONATIONS (37%), AND GRANTS (14%) • HOW CAN ONE HELP? <ul style="list-style-type: none"> ○ COMMUNITY PARTNERSHIP AND SPONSORS ○ BOARD MEMBERS ○ VOLUNTEERS ○ MEMBER REFERRALS
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> • SYNOPSIS ACCEPTED WITH NOTED CORRECTIONS.
Action Items	<ul style="list-style-type: none"> • UPDATE AGENDA LETTERHEAD • UPDATE MEMBER ROSTER • MOTION MADE TO VOTE KIM CHARTRAND AS FIRST VICE CHAIR. <ul style="list-style-type: none"> ○ KAREN JONES MAKES THE MOTION ○ APRIL LEWALLEN SECONDS THE MOTION ○ MOTION APPROVED • SECOND VICE CHAIR TBD
Committee Updates as Needed	<p>LOCAL MPA ADVISORY COMMITTEE</p> <ul style="list-style-type: none"> • HMA PULLED ABOUT 100 SURVEYS AT LIBRARY LOCATIONS WHICH PROVED VALUABLE LEARNING OPPORTUNITY FOR CONSULTANTS. SURVEYS BEING SENT OUT TO MEALS-THAT-CONNECT RECIPIENTS AS WELL. HASLO CONSIDERING COORDINATING TRANSPORTATION TO SURVEY LOCATIONS. SCHEDULES FOR AUGUST EVENTS ARE TBD. OCTOBER 8TH HAS BEEN DECLARED DAY OF ACTION FOR STATEWIDE MPAs, THE COMMITTEE HAS A SPOT ON BOS AGENDA FOR THAT DAY TO BUILD A COUNTYWIDE EVENT AROUND IT.

The next meeting is: September 6th, 2024

Time: 9:00 AM

Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101