

ADULT SERVICES POLICY COUNCIL

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School
San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones
Immediate Past Chair: Laura DeLoye
First Vice Chair: Paulina Flores Jimenez
Second Vice Chair: April Lewallen

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AGENDA

Friday, June 7th, 2024

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

- **Laura DeLoye**

GUEST SPEAKERS: (45 Minutes)

- **Francine Levine and Paulina Flores Jimenez – Healthy Brain Initiative**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (10 Mins)

- **Approve Synopsis**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **MPA Advisory Committee**
- **Healthy Brain Initiative**
- **Elect 2nd Vice Chair**

MEETING LOCATION:

DSS Higuera Conference Room #101
3433 S. Higuera St, San Luis Obispo

NEXT MEETING:

August 2nd, 2024

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones
Facilitator: Karen Jones
Recorder: Danielle Raiss

Meeting Called By: Karen Jones
Time: From: 9:00 AM To: 11:00 AM
Date: June 7th, 2024

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

Members Present:

Karen Jones – LTCO

Mara Whitten – CAPSLO Adult Day Center

Jean Raymond – SLO Health Counts

Monique Matta – Library

Sue Gibson – SLG Senior Care

Paige Anderson – SLOCOG

Laura DeLoye – Alzheimer’s Association

Becca Carsel – SLO Public Health

Jerry Mihaic - ILRC

Nicki Edwards – SLO Village

Karen Florian – CCRC

Sally Kruger – SLO Village

Chris Kurtzman – People’s Self Help Housing

Linda Beck – LADAP

Kim Chartrand – Hospice SLO

Francine Levin – Public Health

Robert Diaz – DSS

Celeste Diaz – Home Instead

Danielle Raiss – DSS

Jen Miller – SLO Public Health

Mark Shaffer - RideOn

Paulina Flores Jimenez – Public Health

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (If Any)
Introductions	
Public Comment	<p>LAURA DELOYE</p> <ul style="list-style-type: none"> • ONLINE AND IN-PERSON SUPPORT GROUPS ONGOING FOR DEMENTIA CAREGIVERS <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • HEALTH AND YOUTH FORUM ON JUNE 11TH <p>MONIQUE MATTA</p> <ul style="list-style-type: none"> • INTERESTED IN EXPANDING RESOURCES AVAILABLE TO ADULT PATRONS OF THE LIBRARY <p>MARK SHAFFER</p> <ul style="list-style-type: none"> • RIDEON IS OFFERING THEIR DRIVERS TO BE DRIVE FOR OTHER ORGANIZATIONS AND IS ALSO OFFERING TRAINING FOR CLASS B DRIVERS <p>FRANCINE LEVINE</p> <ul style="list-style-type: none"> • ONGOING STRENGTH AND BALANCE CLASSES ON PUBLIC HEALTH WEBSITE <p>KAREN JONES</p> <ul style="list-style-type: none"> • NEW OMBUDSMAN TRAINING AVAILABLE • SOME RESIDENTIAL FACILITIES HAVE PLACED LANGUAGE IN THEIR ADMISSIONS AGREEMENTS WHICH MAKES THE SIGNED PERSONALLY LIABLE FOR DEBTS INCURRED. RECOMMEND REVIEWING AGREEMENTS WITH LEGAL SERVICES PRIOR TO SIGNING
Member Spotlight	<ul style="list-style-type: none"> • N/A
Guest Speakers	<p>BECCA CARSEL, FRANCINE LEVINE, PAULINA FLORES JIMENEZ – HEALTHY BRAIN INITIATIVE COMMUNITY NEEDS ASSESSMENT</p> <ul style="list-style-type: none"> • AGENDA: <ul style="list-style-type: none"> ○ WHY HBI? DATA ON AGING AND DEMENTIA ○ NEEDS ASSESSMENT PROCESS ○ WHAT WE HEARD FROM THE COMMUNITY ○ HBI FOCUS AREAS ○ NEXT STEPS • POPULATION IS AGING, DEMENTIA NUMBERS GROWING <ul style="list-style-type: none"> ○ SLO COUNTY RESIDENTS OVER THE AGE OF 65 ARE ESTIMATED TO INCREASE FROM 23% OF THE COUNTY’S POPULATION IN 2020 TO 31% IN 2040 ○ RESIDENTS AGES 85+ ARE PROJECTED TO INCREASE BY NEARLY 200% AND WILL COMPRISE 7% OF THE COUNTY’S POPULATION BY 2040 ○ DUE TO THE INCREASE IN THE NUMBER OF SENIORS, THE NUMBER OF RESIDENTS AGES 65+ WHO ARE EXPERIENCING DEMENTIA IS EXPECTED TO INCREASE BY 128% FROM 2019 TO 2040 ○ LATINO POPULATION IS AGING AND HAVE MORE RISK FACTORS; NUMBER OF LATINO RESIDENTS AGES 65+ EXPERIENCING DEMENTIA IS EXPECTED TO INCREASE BY 258% FROM 2019 TO 2040 ○ LOW-INCOME ADULTS AT HIGHER RISK FOR DEMENTIAS DUE TO INCREASED RISK FACTORS CAUSED BY SOCIAL DETERMINANTS OF HEALTH

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • NEEDS ASSESSMENT PROCESS <ul style="list-style-type: none"> ○ SURVEYED 94 LOW-INCOME, PRIMARILY LATINO, COMMUNITY MEMBERS IN NORTH, CENTRAL AND SOUTH COUNTY AT MEXICAN CONSULATE EVENT AND FOOD BANK DISTRIBUTIONS TO ASSESS INTEREST IN EDUCATION AND CURRENT NEEDS ○ FOCUS GROUPS WITH ADULT SERVICES POLICY COUNCIL AND WITH PROMOTORES COLLABORATIVE MEMBERS TO IDENTIFY EXISTING RESOURCES, NEEDS, AND BARRIERS ○ DOCUMENT REVIEW OF RELATED LOCAL DATA, SURVEYS, AND NEEDS ASSESSMENTS ○ PUBLIC HEALTH’S HEALTHY AGING NEWSLETTER SURVEY • COMMUNITY NEEDS IDENTIFIED <ul style="list-style-type: none"> ○ MORE EDUCATION ○ TOPICS: HEALTHY BRAIN STRATEGIES, DEMENTIA RISK FACTORS, SIGNS OF DEMENTIA, LOCAL RESOURCES ○ OVER 75% OF RESIDENTS SURVEYED WANTED TO LEARN MORE ABOUT IMPROVING BRAIN HEALTH AND PREVENTING DEMENTIAS ○ INCREASED RESOURCES ○ PATIENT SERVICES, INCLUDING PROVIDERS, CARE FACILITIES, RESPITE CARE ○ CAREGIVER SERVICES, INCLUDING SUPPORT GROUPS, EDUCATION, AND RESPITE CARE ○ GREATER AWARENESS AND KNOWLEDGE AMONG HEALTH CARE PROVIDERS ○ CAREGIVER SUPPORT RESOURCES ○ SKILLS FOR WORKING WITH PATIENTS WITH DEMENTIA • HBI PROJECT RESPONSE <ul style="list-style-type: none"> ○ FOCUSING ON AREAS OF NEED THAT PUBLIC HEALTH DEPARTMENT AND PARTNERS CAN BEST ADDRESS: ○ COMMUNITY EDUCATION ON BRAIN HEALTH AND DEMENTIA RISKS/SIGNS ○ WORKSHOPS, OUTREACH, MEDIA CAMPAIGNS, NEWSLETTER, WEBPAGE ○ MULTI-LINGUAL IN SPANISH AND ENGLISH ○ CAREGIVER SUPPORT AND EDUCATION ○ WITH ALZHEIMER’S ASSOCIATION ○ TRAINING OF PUBLIC HEALTH PROFESSIONALS ○ TRAINING PROVIDED BY PUBLIC HEALTH/INJURY PREVENTION STAFF ○ TRAINEES INCLUDE PUBLIC HEALTH STAFF, ASPC, DSS ADULT PROTECTIVE SERVICES, LATINO OUTREACH COUNCIL, FARMWORKER OUTREACH, PROMOTORES ○ TRAINING OF MEDICAL PROVIDERS ○ WITH ALZHEIMER’S ASSOCIATION • NEXT STEPS <ul style="list-style-type: none"> ○ ALIGNMENT AND SUSTAINABILITY ○ WRITE FORMAL HBI STRATEGIC PLAN ○ STAY ALIGNED WITH DSS MASTER PLAN ON AGING DEVELOPMENT ○ CONTINUE TO SEEK ADVICE FROM ASPC, OUR HBI ADVISORY COMMITTEE ○ EMBED HBI IN FALL PREVENTION, NOW HEALTHY AGING, FOR SUSTAINABILITY ○ SEEK FUTURE FUNDING

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> ○ IMPLEMENTATION ○ GRANT ACTIVITIES FUNDED THROUGH JUNE, 2025 ○ DEVELOP SPANISH-LANGUAGE EDUCATION MATERIALS AND OUTREACH EFFORTS FOCUSED ON LATINO POPULATION ○ FALL 2024 IMPLEMENTATION OF “TAKE ON ALZ” MEDIA CAMPAIGN • TAKE ON ALZ (TAKEONALZ.ORG) IS INFORMED BY RESEARCH BY ALZHEIMER’S ASSOCIATION TO PROMOTE AWARENESS OF THE SIGNS, EARLY DIAGNOSIS, SUPPORT FOR CAREGIVERS, AND WORKFORCE DEVELOPMENT <ul style="list-style-type: none"> ○ THE WEBSITE HAS PAGES AVAILABLE: KNOW THE SIGNS, HOW TO SUPPORT A HEALTHY BRAIN, FIND A PATH FORWARD, RESOURCES FOR ALZHEIMER’S CARE, MEDIA & OUTREACH RESOURCES ○ PLANS FOR IMPLEMENTATION INCLUDE PAID ADVERTISING (BUS, RADIO, ONLINE) AND ALCANCE IN THE COMMUNITY BY THE PROMOTORES COLLABORATIVE AND SOCIAL MEDIA
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> • SYNOPSIS ACCEPTED WITH NO CORRECTIONS.
Action Items	<ul style="list-style-type: none"> • N/A
Committee Updates as Needed	<p>LOCAL MPA ADVISORY COMMITTEE</p> <ul style="list-style-type: none"> • SENIOR CONSULTANT DARI POGACH OF HEALTH MANAGEMENT ASSOCIATES IS SUPPORTING ADVISORY COMMITTEE TO CREATE LOCAL AGING DISABILITY ACTION PLAN. CURRENTLY IN AN OUTREACH PHASE TO GET SUPPORT FOR LOCAL PLAN AND ENLIST THEIR SUPPORT IN FURTHER OUTREACH, IN PARTICULAR WITH A LENS TO MAXIMIZING PARTICIPATION OF MARGINALIZED POPULATIONS. PREPARING TO EDUCATE AND INFORM COUNTY RESIDENTS. THERE ARE PLANS TO HOLD VIRTUAL SESSIONS IN ENGLISH AND SPANISH AND BASED ON FEEDBACK POTENTIAL PLANS FOR IN PERSON SESSIONS. SOCIAL MEDIA AND TOWN HALLS WILL BE UTILIZED. ADVISORY COMMITTEE INTENDS TO IDENTIFY GAPS. ASKING FOR PUBLIC RECOGNITION FROM LOCAL OFFICIALS.

The next meeting is: August 2nd, 2024

Time: 9:00 AM

Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101