

# ADULT SERVICES POLICY COUNCIL

## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

## Elected Officials

CA Senator John Laird, 17<sup>th</sup> District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

## Non-Profit Agencies

Access Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Gala Pride and Diversity Center Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
San Luis Obispo Legal Assistance Foundation  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/3CV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Amdal In-Home Care  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants  
SLG Senior Care

## Public Agencies

San Luis Coastal Adult School  
San Luis Obispo Council of Governments

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones  
**Immediate Past Chair: Laura DeLoye**  
First Vice Chair: Paulina Flores Jimenez  
**Second Vice Chair: April Lewallen**

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## AGENDA

**Friday, May 3<sup>rd</sup>, 2024**

**9:00 a.m. - 11:00 a.m.**

### INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

### PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

### MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

- **Kim Chartrand – Hospice SLO County**

### GUEST SPEAKERS: (45 Minutes)

- **Carolyn Berg – County Public Health Project: Climate Resilience**

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS: (10 Mins)

- **Approve Synopsis**

### COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **MPA Advisory Committee**
- **Healthy Brain Initiative**

### MEETING LOCATION:

**DSS Higuera Conference Room #101**  
**3433 S. Higuera St, San Luis Obispo**

### NEXT MEETING:

**June 7<sup>th</sup>, 2024**

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones  
Facilitator: Karen Jones  
Recorder: Danielle Raiss

Meeting Called By: Karen Jones  
Time: From: 9:00 AM To: 11:00 AM  
Date: May 3<sup>rd</sup>, 2024

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

### Members Present:

Karen Jones – LTCO	Leo Ontiveros – SLO Public Health Dept.
Jean Raymond – SLO Health Counts	Danielle Raiss – DSS
Carolyn Berg- Koble Collaborative	April Lewallen – Pathpoint
Paul Garth – VASH	Laura Edwards – Meals that Connect
Joyce Tseng – SLO Public Health	Nell Bennett – CCRC
Aaron Pankratz – CCCS / AAA	Francine Levine – SLO Public Health
Lulu David – SLO Public Health	Linda Beck – LADAP Advisory Comm.
Kim Chartrand – Hospice SLO	Robert Diaz – DSS
Juliane McAdam – Meals that Connect	Tonya DeRose – THMA
Matt Galbraith – Home Instead	Mara Whitten – CAPSLO Adult Day Center
Sue Gibson – SLG Senior Care	Amelia Grover – Dignity Health
Mark Shaffer – Ride On	

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (If Any)
Introductions	
Public Comment	<p>JULIANE McADAM</p> <ul style="list-style-type: none"> <li>FESTIVAL MOSAIC UPCOMING IN SUMMER</li> </ul> <p>LAURA EDWARDS</p> <ul style="list-style-type: none"> <li>MEALS THAT CONNECT HAS UNUSED OFFICES AVAILABLE IF OTHERS ARE INTERESTED IN LEASING</li> <li>PICKLE BALL TOURNAMENT FUNDRAISER ON JUNE 22<sup>ND</sup></li> </ul> <p>TONYA DeROSE</p> <ul style="list-style-type: none"> <li>MAY IS MENTAL HEALTH AWARENESS MONTH AND THERE ARE ONGOING EVENTS. OPENING MINDS ART SHOW TONIGHT AT THE BUNKER.</li> <li>WELLNESS CENTERS HAVE OPEN HOUSES THIS MONTH</li> <li>FAMILY SERVICES PROGRAM IS HAVING A FAMILY ORIENTATION CLASS UPCOMING</li> </ul> <p>MARA WHITTEN</p> <ul style="list-style-type: none"> <li>CAREGIVER RETREAT SATURDAY MAY 11<sup>TH</sup> AND RESPITE CARE</li> </ul> <p>MARK SHAFFER</p> <ul style="list-style-type: none"> <li>IN JUNE RIDE ON PLANS TO UNVEIL RIDE ON APP</li> <li>REMINDER OF ACCESS PROGRAM FOR LOW INCOME INDIVIDUALS</li> </ul> <p>KAREN JONES</p> <ul style="list-style-type: none"> <li>FORMER COUNTRY CARE BUILDING IN ATASCADERO WILL BE A 60+ BED RESIDENTIAL CARE FACILITY FOR THE ELDERLY IN THE FUTURE</li> </ul> <p>FRANCINE LEVINE</p> <ul style="list-style-type: none"> <li>SCAM CALLS FROM PEOPLE PRETENDING TO BE PUBLIC HEALTH IS ONGOING</li> </ul>
Member Spotlight	<p><b>KIM CHARTRAND</b></p> <ul style="list-style-type: none"> <li>HAS BEEN A NURSE FOR 43 YEARS</li> <li>WORKS AS A CARE MANAGER FOR HOSPICE SLO COUNTY</li> <li>HOSPICE SLO COUNTY IS ENGAGED WHOLLY WITHIN THE COUNTY AS A NON-PROFIT NON-MEDICAL HOSPICE</li> <li>COMMUNITY SUPPORT AND GRANTS HAS HELPED FUND</li> <li>THEY WORK AS COMMUNITY PARTNERS WITH ANY HEALTHCARE ORGANIZATION AND CAN OFFER SERVICES TO ALL PEOPLE WITH ANY LIFE-LIMITING DIAGNOSIS</li> <li>VOLUNTEERS OFFER RESPITE CARE, HOUSEKEEPING, COMPANIONSHIP AND WORK CLOSELY WITH CAREGIVERS</li> <li>CARE PLANNING FOR CLIENTS WITH DEMENTIA AND END-OF-LIFE SERVICES</li> <li>INDIVIDUALIZED GRIEF COUNSELING AND CAREGIVER SUPPORT GROUP, AND ANTICIPATORY GRIEF SUPPORT GROUP</li> <li>MANY AUXILIARY PROGRAMS AND ADVANCED HEALTH PLANNING</li> </ul>
Guest Speakers	<p><b>CAROLYN BERG – PUBLIC HEALTH CLIMATE RESILIENCE STUDY</b></p> <ul style="list-style-type: none"> <li>PURPOSE: <ul style="list-style-type: none"> <li>UNDERSTAND HOW CLIMATE CHANGE WILL AFFECT HEALTH OF SLO COUNTY RESIDENTS</li> </ul> </li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>○ LISTEN TO COMMUNITY PERSPECTIVES AND PREFERENCES FOR PROGRAMS</li> <li>○ DEVELOP RECOMMENDATIONS FOR COUNTY PUBLIC HEALTH</li> <li>• INITIAL FINDINGS: <ul style="list-style-type: none"> <li>○ EXTREME HEAT: PUBLIC HEALTH IMPACTS <ul style="list-style-type: none"> <li>▪ HEAT RELATED ILLNESS, HEAT STROKE, DEATH</li> <li>▪ COMPOUNDING EXISTING HEALTH CONDITIONS</li> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ OZONE/SMOG</li> <li>▪ POLLEN</li> <li>▪ WEST NILE VIRUS</li> <li>▪ MOSQUITOS</li> <li>▪ MENTAL HEALTH</li> </ul> </li> <li>○ INLAND AND COASTAL FLOODING <ul style="list-style-type: none"> <li>▪ INJURIES AND DEATH</li> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ MOLD</li> <li>▪ HANTAVIRUS ACTIVITY</li> <li>▪ RODENTS</li> <li>▪ MENTAL HEALTH</li> <li>▪ DAMAGE TO RESIDENCES AND DISPLACEMENT</li> </ul> </li> <li>○ WILDFIRE <ul style="list-style-type: none"> <li>▪ INJURIES AND DEATH</li> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ SMOKE</li> <li>▪ MENTAL HEALTH</li> <li>▪ DAMAGE TO RESIDENCES AND DISPLACEMENT</li> </ul> </li> <li>○ DROUGHT <ul style="list-style-type: none"> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ DUST</li> <li>▪ VALLEY FEVER</li> <li>▪ WEST NILE VIRUS</li> <li>▪ MOSQUITOS</li> <li>▪ POTENTIAL CHANGES IN WATER QUALITY</li> <li>▪ NITRATE</li> <li>▪ ARSENIC</li> <li>▪ MENTAL HEALTH</li> </ul> </li> </ul> </li> <li>• SENSITIVE POPULATIONS IN SLO COUNTY: OLDER ADULTS, PEOPLE WITH PREEXISTING CONDITIONS, PEOPLE WHO ARE PHYSICALLY OR SOCIALLY ISOLATED</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>• POTENTIAL RECOMMENDATIONS: <ul style="list-style-type: none"> <li>○ RESILIENCE CENTERS: <ul style="list-style-type: none"> <li>▪ SUPPORTS COMMUNITIES DURING AND AFTER CLIMATE-RELATED EVENTS AND OTHER DISASTERS</li> <li>▪ AT THE MINIMUM, THEY HAVE A/C, HEATING, AND BACKUP POWER</li> <li>▪ OFTEN A LOCATION WHERE THE COMMUNITY GATHERS AND GETS RESOURCES AND INFORMATION. (I.E. LIBRARY, COMMUNITY CENTER, ETC).</li> </ul> </li> <li>○ AIR QUALITY AND EXTREME HEAT MONITORING AND ALERTS <ul style="list-style-type: none"> <li>▪ AIR POLLUTION CONTROL DISTRICT MONITORS CONDITIONS CURRENTLY</li> <li>▪ ALERT PROTOCOL FOR ADULT SERVICE PROVIDERS, ASSISTED LIVING FACILITIES, NEIGHBORHOODS, OR OTHERS GEARED TOWARDS OLDER ADULTS</li> </ul> </li> <li>○ HAZARD PREPAREDNESS EDUCATION <ul style="list-style-type: none"> <li>▪ FACT SHEETS, FAQs, VIDEOS, CLASSES/TRAININGS, PSAS</li> <li>▪ COUNTY OFFICE OF EMERGENCY SERVICES COMMONLY DOES THIS</li> <li>▪ PUBLIC HEALTH COULD FOCUS ON SENSITIVE POPULATIONS, HARD-TO-REACH GROUPS, AND/OR CLINICIANS</li> </ul> </li> <li>○ NEIGHBOR-TO-NEIGHBOR PROGRAMS <ul style="list-style-type: none"> <li>▪ VOLUNTEER-BASED SUPPORT PROGRAM</li> <li>▪ CHECK INS WITH HEAT-SENSITIVE PEOPLE DURING EXTREME HEAT EVENTS</li> </ul> </li> <li>○ ADDRESSING MENTAL HEATH <ul style="list-style-type: none"> <li>▪ BEFORE DISASTERS: INCREASE SOCIAL SUPPORT NETWORKS, OFFER EDUCATION TO BUILD RESILIENCE AND EASE STRESS</li> <li>▪ DURING AND AFTER DISASTERS: RECONNECT WITH PURPOSE AND HOPE, WORK WITH ADVOCACY ORGANIZATIONS, SERVICE ENTITIES, AND SUPPORT GROUPS</li> </ul> </li> <li>○ REBATE PROGRAMS OR PILOTS: <ul style="list-style-type: none"> <li>▪ FOR EXTREME HEAT: INDOORS, AIR CONDITIONING AND WINDOW SHADING, OUTDOORS STREET TREES, SHADE STRUCTURES AND SHADED BENCHES</li> <li>▪ FOR CLEAN AIR AND VALLEY FEVER: AIR PURIFIERS, RESPIRATORS</li> </ul> </li> </ul> </li> <li>• WHERE ARE PROGRAMS MOST NEEDED? <ul style="list-style-type: none"> <li>○ IN THE NEIGHBORHOOD/TOWN</li> <li>○ AT HOME</li> <li>○ ASSISTED LIVING FACILITIES, SENIOR CENTERS</li> <li>○ OTHER PLACES?</li> </ul> </li> <li>• WHICH PROGRAM WOULD YOU PRIORITIZE FOR SLO COUNTY? <ul style="list-style-type: none"> <li>○ RESILIENCE CENTERS</li> <li>○ NEIGHBOR-TO-NEIGHBOR PROGRAMS</li> <li>○ HAZARD PREPAREDNESS EDUCATION</li> <li>○ RESOURCES TO ADDRESS DISASTER-RELATED STRESS/MENTAL HEALTH</li> <li>○ AIR QUALITY AND EXTREME HEAT MONITORING AND ALERTS</li> <li>○ REBATE PROGRAMS OR PILOTS FOR EQUIPMENT</li> </ul> </li> <li>• RESILIENCE CENTERS</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> <li>○ WHAT PLACES COULD WORK WELL AS RESILIENCE CENTERS?</li> <li>○ WHAT ORGANIZATIONS SHOULD BE INVOLVED?</li> <li>○ WHAT AMENITIES WOULD BE MOST IMPORTANT?</li> <li>○ ACCESSIBILITY (ADA, PUBLIC TRANSIT, INTERPRETER SERVICES)</li> <li>○ ACTIVITIES FOR CHILDREN</li> <li>○ ADEQUATE SEATING</li> <li>○ ENTERTAINMENT OR PROGRAMMING</li> <li>○ KITCHENS</li> <li>○ PUBLICLY AVAILABLE REFRIGERATION (FOR MEDICATIONS)</li> <li>○ OTHER IDEAS?</li> <li>• NEIGHBOR-TO-NEIGHBOR PROGRAMS <ul style="list-style-type: none"> <li>○ WHICH COMMUNITIES AND GROUPS NEED THIS THE MOST, AND WHAT WOULD BE THE BEST WAYS TO REACH THEM?</li> <li>○ WHICH ORGANIZATIONS COULD SUPPORT THIS TYPE OF PROGRAM?</li> </ul> </li> <li>• HAZARD PREPAREDNESS EDUCATION <ul style="list-style-type: none"> <li>○ WHO SHOULD BE INVOLVED?</li> <li>○ WHAT IS THE BEST WAY TO DELIVER THIS INFORMATION?</li> <li>○ IN-PERSON CLASSES</li> <li>○ TV</li> <li>○ RADIO</li> <li>○ PHYSICAL WRITTEN RESOURCES</li> <li>○ VIDEO RESOURCES</li> <li>○ SOCIAL MEDIA (FACEBOOK) OR ONLINE RESOURCES</li> <li>○ WHATSAPP</li> </ul> </li> <li>• ADDRESS STRESS AND MENTAL HEALTH: WHICH ORGANIZATIONS SHOULD BE INVOLVED? WHAT ARE THE BIGGEST BARRIERS? BEST WAY TO LOWER BARRIERS?</li> <li>• AIR QUALITY AND EXTREME HEATH MONITORING: WHERE IS EQUIPMENT NEEDED MOST? WHO NEEDS ALERTS MOST? HOW COULD EDUCATION BE PAIRED WITH ALERTS? WHO NEEDS TO BE INVOLVED?</li> <li>• REBATE PROGRAMS: WHAT WOULD BE MOST BENEFICIAL?</li> <li>• FOR MORE INFO: LEO ONTIVEROS AT LONTIVEROS@CO.SLO.CA.US OR (805) 781-4943 CAROLYN BERG AT CBERG@KOBLECOLLABORATIVE.COM OR (805) 242-1002 HENRY ECKOLD AT HECKOLD@DUDEK.COM OR (816) 605-0203</li> </ul>
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> <li>• SYNOPSIS ACCEPTED WITH NO CORRECTIONS.</li> </ul>
Action Items	<ul style="list-style-type: none"> <li>• N/A</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Committee Updates as Needed	<p>LOCAL MPA ADVISORY COMMITTEE</p> <ul style="list-style-type: none"> <li>THE CONSULTANTS RAN AN EXERCISE AND BREAK-OUT GROUPS AT THE LAST ADVISORY COMMITTEE TO PREPARE GROUP. COMMITTEE PERSONNEL WILL BE RECEIVING SURVEY VIA EMAIL TO PROVIDE INSIGHT ON HOW CONSULTANT SHOULD BE INFORMED ON WORK TOWARDS LOCAL MPA. FROM SURVEY BASELINE THEY CAN FOCUS ON THEIR LISTENING GROUPS. ASCP WEBSITE HAS BEEN UPDATED FOR HBI AND LOCAL MPA.</li> </ul>
	<p>HEALTHY BRAIN INITIATIVE</p> <ul style="list-style-type: none"> <li>FIRST SERIES OF EDUCATION FOR LATINOS/PROMOTORES HAS BEEN DONE AND WORKING TO ORGANIZE WORKSHOPS FOR DISCUSSIONS OF BRAIN HEALTH AND DEMENTIA. GREAT TURN OUT OF OVER 30+ IN SAN MIGUEL. ANOTHER SESSION WAS DONE IN OAK PARK WITH 12 PARTICIPANTS. HOPING TO GET MORE SESSIONS ON THE CALENDAR TO MEET THE NEEDS OF LATINOS IN SLO COUNTY.</li> </ul>

**The next meeting is: June 7th, 2024**

**Time: 9:00 AM**

**Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101**