

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones

**Immediate Past Chair: Laura DeLoye**

First Vice Chair: Paulina Flores Jimenez

**Second Vice Chair: April Lewallen**

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## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council

Behavioral Health Board

Commission on Aging

County Board of Supervisors

Health Commission

SLO Supportive Housing Consortium

## Elected Officials

CA Senator John Laird, 17<sup>th</sup> District

U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

## Non-Profit Agencies

Access Support Network

Alzheimer's Association

Area Agency on Aging

CenCal Health

Central Coast Hospice

Coast Caregiver Resource Center

Community Action Partnership of SLO (CAPSLO)

Community Health Centers (CHC)

Dignity Health-French Hospital Medical Center

Gala Pride and Diversity Center Senior Advocacy

Hospice of SLO County

Independent Living Resource Center

Lifesteps Foundation

Los Osos Cares

LTC Ombudsman Services of SLO County

North County Connection

PathPoint

Peoples' Self Help Housing

Ride-On Transportation

San Luis Obispo Legal Assistance Foundation

Senior Nutrition Program

Senior Volunteer Services (RSVP/3CV/PLS)

SLO Hep C Project

SLO Hotline

San Luis Obispo Legal Assistance Foundation

SLO Village

Transitions-Mental Health Association

Tri-Counties Regional Center

United Cerebral Palsy

United Way of SLO County

Wilshire Community Services

## Private Organizations

Amdal In-Home Care

Bella Vista Transitional Care

Home Instead Senior Care

Mariposa Music Therapy/Arts for Living

Maxim Healthcare Services

Ridership Development Consultants

Senior Living Consultants

SLG Senior Care

## Public Agencies

San Luis Coastal Adult School

San Luis Obispo Council of Governments

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services

District Attorney / Victim Witness Assistance

Public Health

Probation Department

Sheriff Department

Social Services/Adult Services

## AGENDA

**Friday, May 3<sup>rd</sup>, 2024**

**9:00 a.m. - 11:00 a.m.**

### INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

### PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

### MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

- **Kim Chartrand – Hospice SLO County**

### GUEST SPEAKERS: (45 Minutes)

- **Carolyn Berg – County Public Health Project: Climate Resilience**

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS: (10 Mins)

- **Approve Synopsis**

### COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **MPA Advisory Committee**
- **Healthy Brain Initiative**

### MEETING LOCATION:

**DSS Higuera Conference Room #101  
3433 S. Higuera St, San Luis Obispo**

### NEXT MEETING:

**June 7<sup>th</sup>, 2024**

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones  
 Facilitator: Karen Jones  
 Recorder: Danielle Raiss

Meeting Called By: Karen Jones  
 Time: From: 9:00 AM To: 11:00 AM  
 Date: May 3<sup>rd</sup>, 2024

Location: 3433 Higuera St, San Luis Obispo, CA 93401 Conference Room #101

### Members Present:

|                                     |   |
|-------------------------------------|---|
| Karen Jones – LTCO                  | Leo Ontiveros – SLO Public Health Dept. |
| Jean Raymond – SLO Health Counts    | Danielle Raiss – DSS                    |
| Carolyn Berg- Koble Collaborative   | April Lewallen – Pathpoint              |
| Paul Garth – VASH                   | Laura Edwards – Meals that Connect      |
| Joyce Tseng – SLO Public Health     | Nell Bennett – CCRC                     |
| Aaron Pankratz – CCCS / AAA         | Francine Levine – SLO Public Health     |
| Lulu David – SLO Public Health      | Linda Beck – LADAP Advisory Comm.       |
| Kim Chartrand – Hospice SLO         | Robert Diaz – DSS                       |
| Juliane McAdam – Meals that Connect | Tonya DeRose – THMA                     |
| Matt Galbraith – Home Instead       | Mara Whitten – CAPSLO Adult Day Center  |
| Sue Gibson – SLG Senior Care        | Amelia Grover – Dignity Health          |
| Mark Shaffer – Ride On              |   |
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| <b>AGENDA ITEMS</b> | <b>COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)</b>  |
|---------------------|---|
| Introductions       |   |
| Public Comment      | <p>JULIANE MCADAM</p> <ul style="list-style-type: none"> <li>• FESTIVAL MOSAIC UPCOMING IN SUMMER</li> </ul> <p>LAURA EDWARDS</p> <ul style="list-style-type: none"> <li>• MEALS THAT CONNECT HAS UNUSED OFFICES AVAILABLE IF OTHERS ARE INTERESTED IN LEASING</li> <li>• PICKLE BALL TOURNAMENT FUNDRAISER ON JUNE 22<sup>ND</sup></li> </ul> <p>TONYA DEROSE</p> <ul style="list-style-type: none"> <li>• MAY IS MENTAL HEALTH AWARENESS MONTH AND THERE ARE ONGOING EVENTS. OPENING MINDS ART SHOW TONIGHT AT THE BUNKER.</li> <li>• WELLNESS CENTERS HAVE OPEN HOUSES THIS MONTH</li> <li>• FAMILY SERVICES PROGRAM IS HAVING A FAMILY ORIENTATION CLASS UPCOMING</li> </ul> <p>MARA WHITTEN</p> <ul style="list-style-type: none"> <li>• CAREGIVER RETREAT SATURDAY MAY 11<sup>TH</sup> AND RESPITE CARE</li> </ul> <p>MARK SHAFFER</p> <ul style="list-style-type: none"> <li>• IN JUNE RIDE ON PLANS TO UNVEIL RIDE ON APP</li> <li>• REMINDER OF ACCESS PROGRAM FOR LOW INCOME INDIVIDUALS</li> </ul> <p>KAREN JONES</p> <ul style="list-style-type: none"> <li>• FORMER COUNTRY CARE BUILDING IN ATASCADERO WILL BE A 60+ BED RESIDENTIAL CARE FACILITY FOR THE ELDERLY IN THE FUTURE</li> </ul> <p>FRANCINE LEVINE</p> <ul style="list-style-type: none"> <li>• SCAM CALLS FROM PEOPLE PRETENDING TO BE PUBLIC HEALTH IS ONGOING</li> </ul> |
| Member Spotlight    | <p><b>KIM CHARTRAND</b></p> <ul style="list-style-type: none"> <li>• HAS BEEN A NURSE FOR 43 YEARS</li> <li>• WORKS AS A CARE MANAGER FOR HOSPICE SLO COUNTY</li> <li>• HOSPICE SLO COUNTY IS ENGAGED WHOLLY WITHIN THE COUNTY AS A NON-PROFIT NON-MEDICAL HOSPICE</li> <li>• COMMUNITY SUPPORT AND GRANTS HAS HELPED FUND</li> <li>• THEY WORK AS COMMUNITY PARTNERS WITH ANY HEALTHCARE ORGANIZATION AND CAN OFFER SERVICES TO ALL PEOPLE WITH ANY LIFE-LIMITING DIAGNOSIS</li> <li>• VOLUNTEERS OFFER RESPITE CARE, HOUSEKEEPING, COMPANIONSHIP AND WORK CLOSELY WITH CAREGIVERS</li> <li>• CARE PLANNING FOR CLIENTS WITH DEMENTIA AND END-OF-LIFE SERVICES</li> <li>• INDIVIDUALIZED GRIEF COUNSELING AND CAREGIVER SUPPORT GROUP, AND ANTICIPATORY GRIEF SUPPORT GROUP</li> <li>• MANY AUXILIARY PROGRAMS AND ADVANCED HEALTH PLANNING</li> </ul>   |
| Guest Speakers      | <p><b>CAROLYN BERG – PUBLIC HEALTH CLIMATE RESILIENCE STUDY</b></p> <ul style="list-style-type: none"> <li>• PURPOSE: <ul style="list-style-type: none"> <li>○ UNDERSTAND HOW CLIMATE CHANGE WILL AFFECT HEALTH OF SLO COUNTY RESIDENTS</li> </ul> </li> </ul>  |

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)   |
|--------------|---|
|              | <ul style="list-style-type: none"> <li>○ LISTEN TO COMMUNITY PERSPECTIVES AND PREFERENCES FOR PROGRAMS</li> <li>○ DEVELOP RECOMMENDATIONS FOR COUNTY PUBLIC HEALTH</li> <li>• INITIAL FINDINGS: <ul style="list-style-type: none"> <li>○ EXTREME HEAT: PUBLIC HEALTH IMPACTS <ul style="list-style-type: none"> <li>▪ HEAT RELATED ILLNESS, HEAT STROKE, DEATH</li> <li>▪ COMPOUNDING EXISTING HEALTH CONDITIONS</li> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ OZONE/SMOG</li> <li>▪ POLLEN</li> <li>▪ WEST NILE VIRUS</li> <li>▪ MOSQUITOS</li> <li>▪ MENTAL HEALTH</li> </ul> </li> <li>○ INLAND AND COASTAL FLOODING <ul style="list-style-type: none"> <li>▪ INJURIES AND DEATH</li> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ MOLD</li> <li>▪ HANTAVIRUS ACTIVITY</li> <li>▪ RODENTS</li> <li>▪ MENTAL HEALTH</li> <li>▪ DAMAGE TO RESIDENCES AND DISPLACEMENT</li> </ul> </li> <li>○ WILDFIRE <ul style="list-style-type: none"> <li>▪ INJURIES AND DEATH</li> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ SMOKE</li> <li>▪ MENTAL HEALTH</li> <li>▪ DAMAGE TO RESIDENCES AND DISPLACEMENT</li> </ul> </li> <li>○ DROUGHT <ul style="list-style-type: none"> <li>▪ RESPIRATORY IMPACTS</li> <li>▪ DUST</li> <li>▪ VALLEY FEVER</li> <li>▪ WEST NILE VIRUS</li> <li>▪ MOSQUITOS</li> <li>▪ POTENTIAL CHANGES IN WATER QUALITY</li> <li>▪ NITRATE</li> <li>▪ ARSENIC</li> <li>▪ MENTAL HEALTH</li> </ul> </li> </ul> </li> <li>• SENSITIVE POPULATIONS IN SLO COUNTY: OLDER ADULTS, PEOPLE WITH PREEXISTING CONDITIONS, PEOPLE WHO ARE PHYSICALLY OR SOCIALLY ISOLATED</li> </ul> |

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)  |
|--------------|--|
|              | <ul style="list-style-type: none"> <li>• POTENTIAL RECOMMENDATIONS: <ul style="list-style-type: none"> <li>○ RESILIENCE CENTERS: <ul style="list-style-type: none"> <li>▪ SUPPORTS COMMUNITIES DURING AND AFTER CLIMATE-RELATED EVENTS AND OTHER DISASTERS</li> <li>▪ AT THE MINIMUM, THEY HAVE A/C, HEATING, AND BACKUP POWER</li> <li>▪ OFTEN A LOCATION WHERE THE COMMUNITY GATHERS AND GETS RESOURCES AND INFORMATION. (I.E. LIBRARY, COMMUNITY CENTER, ETC).</li> </ul> </li> <li>○ AIR QUALITY AND EXTREME HEAT MONITORING AND ALERTS <ul style="list-style-type: none"> <li>▪ AIR POLLUTION CONTROL DISTRICT MONITORS CONDITIONS CURRENTLY</li> <li>▪ ALERT PROTOCOL FOR ADULT SERVICE PROVIDERS, ASSISTED LIVING FACILITIES, NEIGHBORHOODS, OR OTHERS GEARED TOWARDS OLDER ADULTS</li> </ul> </li> <li>○ HAZARD PREPAREDNESS EDUCATION <ul style="list-style-type: none"> <li>▪ FACT SHEETS, FAQs, VIDEOS, CLASSES/TRAININGS, PSAS</li> <li>▪ COUNTY OFFICE OF EMERGENCY SERVICES COMMONLY DOES THIS</li> <li>▪ PUBLIC HEALTH COULD FOCUS ON SENSITIVE POPULATIONS, HARD-TO-REACH GROUPS, AND/OR CLINICIANS</li> </ul> </li> <li>○ NEIGHBOR-TO-NEIGHBOR PROGRAMS <ul style="list-style-type: none"> <li>▪ VOLUNTEER-BASED SUPPORT PROGRAM</li> <li>▪ CHECK INS WITH HEAT-SENSITIVE PEOPLE DURING EXTREME HEAT EVENTS</li> </ul> </li> <li>○ ADDRESSING MENTAL HEATH <ul style="list-style-type: none"> <li>▪ BEFORE DISASTERS: INCREASE SOCIAL SUPPORT NETWORKS, OFFER EDUCATION TO BUILD RESILIENCE AND EASE STRESS</li> <li>▪ DURING AND AFTER DISASTERS: RECONNECT WITH PURPOSE AND HOPE, WORK WITH ADVOCACY ORGANIZATIONS, SERVICE ENTITIES, AND SUPPORT GROUPS</li> </ul> </li> <li>○ REBATE PROGRAMS OR PILOTS: <ul style="list-style-type: none"> <li>▪ FOR EXTREME HEAT: INDOORS, AIR CONDITIONING AND WINDOW SHADING, OUTDOORS STREET TREES, SHADE STRUCTURES AND SHADED BENCHES</li> <li>▪ FOR CLEAN AIR AND VALLEY FEVER: AIR PURIFIERS, RESPIRATORS</li> </ul> </li> </ul> </li> <li>• WHERE ARE PROGRAMS MOST NEEDED? <ul style="list-style-type: none"> <li>○ IN THE NEIGHBORHOOD/TOWN</li> <li>○ AT HOME</li> <li>○ ASSISTED LIVING FACILITIES, SENIOR CENTERS</li> <li>○ OTHER PLACES?</li> </ul> </li> <li>• WHICH PROGRAM WOULD YOU PRIORITIZE FOR SLO COUNTY? <ul style="list-style-type: none"> <li>○ RESILIENCE CENTERS</li> <li>○ NEIGHBOR-TO-NEIGHBOR PROGRAMS</li> <li>○ HAZARD PREPAREDNESS EDUCATION</li> <li>○ RESOURCES TO ADDRESS DISASTER-RELATED STRESS/MENTAL HEALTH</li> <li>○ AIR QUALITY AND EXTREME HEAT MONITORING AND ALERTS</li> <li>○ REBATE PROGRAMS OR PILOTS FOR EQUIPMENT</li> </ul> </li> <li>• RESILIENCE CENTERS</li> </ul> |

| AGENDA ITEMS                          | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)   |
|---------------------------------------|---|
|                                       | <ul style="list-style-type: none"> <li>○ WHAT PLACES COULD WORK WELL AS RESILIENCE CENTERS?</li> <li>○ WHAT ORGANIZATIONS SHOULD BE INVOLVED?</li> <li>○ WHAT AMENITIES WOULD BE MOST IMPORTANT?</li> <li>○ ACCESSIBILITY (ADA, PUBLIC TRANSIT, INTERPRETER SERVICES)</li> <li>○ ACTIVITIES FOR CHILDREN</li> <li>○ ADEQUATE SEATING</li> <li>○ ENTERTAINMENT OR PROGRAMMING</li> <li>○ KITCHENS</li> <li>○ PUBLICLY AVAILABLE REFRIGERATION (FOR MEDICATIONS)</li> <li>○ OTHER IDEAS?</li> <li>● NEIGHBOR-TO-NEIGHBOR PROGRAMS <ul style="list-style-type: none"> <li>○ WHICH COMMUNITIES AND GROUPS NEED THIS THE MOST, AND WHAT WOULD BE THE BEST WAYS TO REACH THEM?</li> <li>○ WHICH ORGANIZATIONS COULD SUPPORT THIS TYPE OF PROGRAM?</li> </ul> </li> <li>● HAZARD PREPAREDNESS EDUCATION <ul style="list-style-type: none"> <li>○ WHO SHOULD BE INVOLVED?</li> <li>○ WHAT IS THE BEST WAY TO DELIVER THIS INFORMATION?</li> <li>○ IN-PERSON CLASSES</li> <li>○ TV</li> <li>○ RADIO</li> <li>○ PHYSICAL WRITTEN RESOURCES</li> <li>○ VIDEO RESOURCES</li> <li>○ SOCIAL MEDIA (FACEBOOK) OR ONLINE RESOURCES</li> <li>○ WHATSAPP</li> </ul> </li> <li>● ADDRESS STRESS AND MENTAL HEALTH: WHICH ORGANIZATIONS SHOULD BE INVOLVED? WHAT ARE THE BIGGEST BARRIERS? BEST WAY TO LOWER BARRIERS?</li> <li>● AIR QUALITY AND EXTREME HEATH MONITORING: WHERE IS EQUIPMENT NEEDED MOST? WHO NEEDS ALERTS MOST? HOW COULD EDUCATION BE PAIRED WITH ALERTS? WHO NEEDS TO BE INVOLVED?</li> <li>● REBATE PROGRAMS: WHAT WOULD BE MOST BENEFICIAL?</li> <li>● FOR MORE INFO: LEO ONTIVEROS AT LONTIVEROS@CO.SLO.CA.US OR (805) 781-4943<br/>CAROLYN BERG AT CBERG@KOBLECOLLABORATIVE.COM OR (805) 242-1002<br/>HENRY ECKOLD AT HECKOLD@DUDEK.COM OR (816) 605-0203</li> </ul> |
| Corrections/Additions to the Synopsis | <ul style="list-style-type: none"> <li>● SYNOPSIS ACCEPTED WITH NO CORRECTIONS.</li> </ul>  |
| Action Items                          | <ul style="list-style-type: none"> <li>● N/A</li> </ul>   |

| <b>AGENDA ITEMS</b>         | <b>COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)</b>  |
|-----------------------------|---|
| Committee Updates as Needed | <p>LOCAL MPA ADVISORY COMMITTEE</p> <ul style="list-style-type: none"> <li>• THE CONSULTANTS RAN AN EXERCISE AND BREAK-OUT GROUPS AT THE LAST ADVISORY COMMITTEE TO PREPARE GROUP. COMMITTEE PERSONNEL WILL BE RECEIVING SURVEY VIA EMAIL TO PROVIDE INSIGHT ON HOW CONSULTANT SHOULD BE INFORMED ON WORK TOWARDS LOCAL MPA. FROM SURVEY BASELINE THEY CAN FOCUS ON THEIR LISTENING GROUPS. ASCP WEBSITE HAS BEEN UPDATED FOR HBI AND LOCAL MPA.</li> </ul> |
|                             | <p>HEALTHY BRAIN INITIATIVE</p> <ul style="list-style-type: none"> <li>• FIRST SERIES OF EDUCATION FOR LATINOS/PROMOTORES HAS BEEN DONE AND WORKING TO ORGANIZE WORKSHOPS FOR DISCUSSIONS OF BRAIN HEALTH AND DEMENTIA. GREAT TURN OUT OF OVER 30+ IN SAN MIGUEL. ANOTHER SESSION WAS DONE IN OAK PARK WITH 12 PARTICIPANTS. HOPING TO GET MORE SESSIONS ON THE CALENDAR TO MEET THE NEEDS OF LATINOS IN SLO COUNTY.</li> </ul>                             |

**The next meeting is: June 7th, 2024**

**Time: 9:00 AM**

**Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101**